



HORIZONS

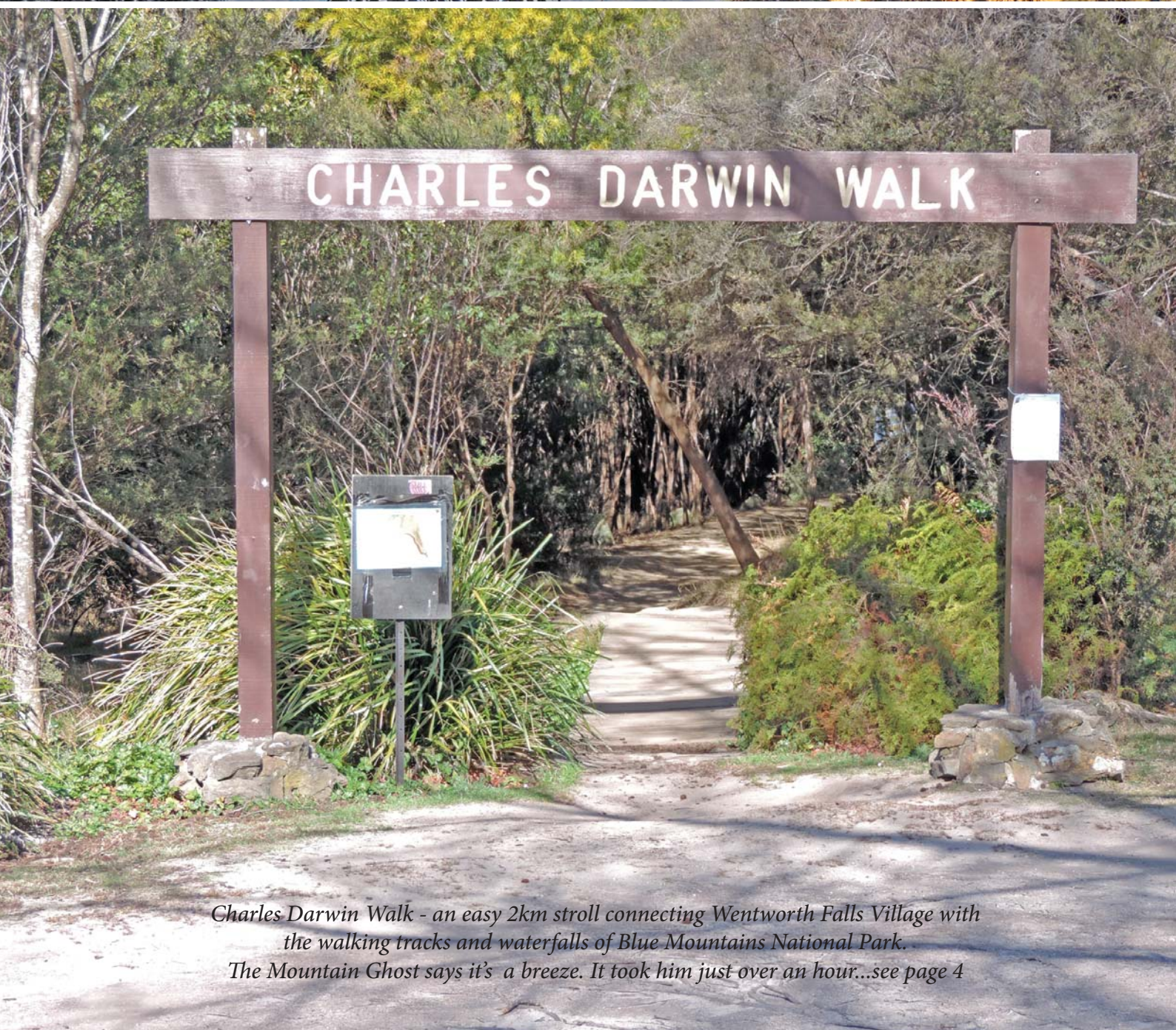


Central Blue Mountains Rotary

Effective - Energetic - Enterprising - Empowered

Rotary District 9685 - Australia

Wednesday, August 22, 2018



Charles Darwin Walk - an easy 2km stroll connecting Wentworth Falls Village with the walking tracks and waterfalls of Blue Mountains National Park. The Mountain Ghost says it's a breeze. It took him just over an hour...see page 4

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August

Wednesday 22: Lisa Gorman managing director of Life Learning will present a light-hearted, lively approach to adult learning.

Friday 24: Lawson Public School Breakfast Club

Saturday 25: Trivia Night, Wentworth Falls Country Club

Wednesday 29: Guest speaker: "Peace Building" a young person's view of our world.

Friday 31: Lawson Public School Breakfast Club

September

Wednesday 05: Guest Speaker - Tony Edwards and his mind dog.

Friday 07: Lawson Public School Breakfast Club

Wednesday 12: Guest speaker - Alex Schwarz, Conditorei Patisserie Schwarz, Wentworth Falls.

Friday 14: Lawson Public School Breakfast Club

Saturday 15: Barbecue - Mitre 10

Wednesday 19: District Governor visit

Friday 21: Lawson Public School Breakfast Club

Friday 28: Lawson Public School Breakfast Club

October

Wednesday 03: Guest Speaker - Steen Rees, Senior Trainer for the Red R Organisation. Provides training for NGO volunteers in dealing with hostage and terrorist situations in trouble spots around the world.

Wednesday 10: Guest Speaker - Susan Templeman MP. Five years on after the fires of 2013, and the effects on the mental health of those adversely affected.

Sunday 21: Graffiti Removal Day

The Science Experience offers a three-day hands-on science experience for Year 9 and Year 10 students at universities throughout Australia.

It was initiated by the Rotary Club of Doncaster over 30 years ago and is a Rotary district supported project.

This is the most cost effective youth activities project. Brochures and application forms were sent to all Australian schools and Rotary clubs during May.

New South Wales Program Dates

University of Technology, Sydney

3 - 5 October 2018

Apply before 30th August 2018

University of Sydney, Sydney

9 - 11 January 2019

Apply before 31 October 2018

Macquarie University, Sydney

15 - 17 January 2019

Apply before 31 October 2018

University of New England, Armidale

15 - 17 January 2019

Apply before 31 October 2018

University of Wollongong, Wollongong

22 - 24 January 2019

Apply before 31 October 2018

For application forms and details contact:

Rotary representative, PDG Marilyn Mercer

mmm@myisp.net.au - 0416 026 848

www.ScienceExperience@rotarydistrict9685.org.au

www.scienceexperience.com.au



Our Guest Speaker August 22

Lisa Gorman is a coach, facilitator and presenter working with leaders and business owners to ensure sustainability

and high performance by developing confident people. She is a dynamic facilitator of programs that impact both personal and professional life. Her key interest areas are communication and presentation skills, igniting effective leadership and workplace behaviours using tools that support relationship and productivity success.



Alex Schwarz, Conditorei Patisserie Schwarz, Wentworth Falls, will bring his vocation to the Grand View Hotel on September 12. He will talk about his life in Europe, his journey to Australia and the business of pastry and bread making. Alex will also have treats to taste. Guests are very welcome.



Purple House staff with Rotary members and officials, some from interstate, during the handover of the vehicles.

New wheels for Purple House in the Red Centre

Rotary Clubs in ACT and southern NSW, in the Blue Mountains and northern Sydney / Central Coast led the way with donations of \$1,000 each, supported by the Alice Springs Rotary Club, the Rotary Club of Alice Springs Mbantua and Centrecorp. The Rotary Club of Gloucester, NSW, donated almost \$28,500.

Working with the Rotary Australia World Community Service and Dick Smith Community Grants, the campaign eventually raised more than \$80,000.

Story by Erwin Chlanda
Alice Springs News on Line

A 2WD hatch and a 4WD dual-cab, both brand new, are replacing a 1959 Morris Minor used as a support vehicle of Western Desert Dialysis, better known as Purple House, just elected the 2018 Telstra NT Business of the Year.

The Morris is owned by Sarah Brown, the CEO of Purple House in Alice Springs, but had been pressed into service when needs exceeded the limits of the small fleet.

The NGO's best known vehicle is its Purple Truck with dialysis equipment on board, carrying out regular rounds of remote Central Australia.

The boost to the fleet came from donations by Rotary Clubs in NT, SA, NSW and ACT, and generous deals from Sutton Motors and Peter Kittle Toyota, both in Alice Springs.

The 4WD will do bush runs to remote communities in the NT and WA.

Western Desert Dialysis is about to open three new dialysis units at Papunya, Docker River and Mt Liebig, following the Federal Government adding dialysis services to the Medicare Benefits Schedule in April.

For many years NGO had to rely mostly on private donations and fund raising such as selling donated Aboriginal art works.

Rates of end-stage kidney disease are vastly greater among Indigenous people, especially living in remote communities, up to 50 times that of non-Indigenous people.

Last year Ms Brown was honoured as the Hesta Australian Nurse of the Year in recognition of her long time service to Indigenous people of The Centre.



Mountain Ghost

From the (National Park) boundary it is only 400 metres to Wentworth Falls via picturesque Weeping Rock. It is only a 15 minute walk then to the picnic area and a gin and tonic.

Charles Darwin Walk

The Mountain Ghost was invited to do the two-day overnight walk from Brooklyn to Balgowlah along the Great North Road, a mere 100km over rough terrain.

The Ghost was concerned that he would miss his Netflix so he opted for something easier. The Charles Darwin Walk at Wentworth Falls which took the Ghost a little over an hour – more his style.

The walk follows the footsteps (figuratively) of the great naturalist Charles Darwin who walked this track in 1836.

The walk starts at Wilson Park, along the boardwalk and bush track through open forest, shrub and hanging swamps to the National Park boundary.

From the boundary it is only 400 metres to Wentworth Falls via picturesque Weeping Rock. It is only a 15 minute walk to the picnic area and a gin and tonic. The Ghost was surprised how much bird life he saw on this short walk. He even saw a lyre bird.

When did Charles Darwin visit the Blue Mountains, the Ghost wondered. In January 1836 Darwin made the trip from Sydney. He stayed at the Weatherboard Inn which is now the site of the commuter carpark at Wentworth Falls.

On January 17, he made the trip along the current Charles Darwin Walk (obviously it wasn't called the Charles Darwin Walk then) and looked out over the magnificent Jamison Valley.

In his diary he noted that the valley was a drained seabed. The following day he continued onto Blackheath and finished up at Newnes and Bathurst. There is no evidence that he stopped at the Lolly Shop at Little Hartley.

Charles Darwin was an English naturalist who sailed for five years around the world on HMS Beagle. His object was to expand the world's knowledge of nature.

In and around Sydney he collected 110 species of animals, a lot of them not previously recorded. He then went to Hobart and finally to King George Sound in Western Australia. He never got to Darwin.

Twenty years after his voyage he wrote his famous book "On The Origin of Species" which revolutionised the scientific world's view of evolution. It is said that a lot of his views were highly influenced by his observations from his Blue Mountains trip.

The Ghost hopes you liked this bit of history and next time you do the Charles Darwin Walk you may see it through different eyes of approximately 182 years ago..... See you next time....



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Rotary announces US\$96.5M to end polio



EVANSTON, Ill. (August 15, 2018) — Rotary today announced nearly \$100 million in grants to support the global effort to end polio, a vaccine-preventable disease that once paralyzed hundreds of thousands of children each year.

The announcement comes as Nigeria marks two years without any reported cases of wild poliovirus, following four reported cases in 2016.

“The fact that no new cases of wild poliovirus have been detected in Nigeria points to the improved surveillance and rapid response protocols Rotary and its Global Polio Eradication Initiative partners have established, particularly in insecure and inaccessible areas,” said Michael K. McGovern, chair of Rotary’s International PolioPlus Committee.

“While this progress is promising, it’s time to redouble our efforts so we can continue to maintain the political and financial support necessary to end polio for good.”

While significant strides have been made against the paralyzing disease, wild poliovirus is still a threat in parts of the world, with 10 cases in Afghanistan and three cases in Pakistan this year so far. As long as a single child has polio, all children are at risk, which underscores the need for ongoing funding and political commitment to eradication.

To support polio eradication efforts in countries where polio remains endemic, Rotary is allocating the majority of the funds it announced today to Afghanistan (\$22.9 million), Pakistan (\$21.7 million), and Nigeria (\$16.1 million).

Further funding will support efforts to keep 12 vulnerable African countries polio-free:

Host a dinner party for people who need light in their lives!

When disasters strike and power lines go down, families are left vulnerable, wrenched away from comfort and light.

ShelterBox provides essential relief to people who have lost everything. Every ShelterBox we send includes solar lights that can brighten lives in the darkest hour.

It’s easy to help. Just request a free Shine for ShelterBox fundraising kit and we’ll post one to you in time to plan your event.

As you dine, you’ll be raising money to provide light and emergency shelter for families who need it most.

You can make it a cosy supper at home with family and friends, or bring your neighbours together in a local venue. We’ve got all kinds of ideas for making your night special.

The Shine for ShelterBox kit has everything you need to add a little sparkle and stardust to the occasion, from beautiful recipes to invitations and table settings.





Trivia Night

Fundraiser for Central Blue Mountains Rotary & CanAssist

6:30pm for 7pm start

Saturday 25 August

Wentworth Falls Country Club

206 Blaxland Road Wentworth Falls

\$10 per person

Tables of 8 -10

Individual players welcome

Trivia Master Paul Eastment

Snacks provided and food available to order

Drinks at bar prices NO BYO

BOOK NOW

0487 139 381






eQuiz

Rotary Satellite Club of Ryde

24th to 26th August 2018
REGISTER NOW



www.e-quiz.org.au

All proceeds to




Run by the Rotary Satellite Club of Ryde, the e-Quiz promises to test your grey matter while raising money for ShelterBox and Australian Rotary Health. You can get details of how the quiz works and register at: www.e-quiz.org.au.....but do it now!

Daffodil Day August 24



Daffodils are popping up everywhere in the upper regions of the BM at the moment...must be getting close to spring. These little beauties were proudly showing their faces at Leura



graffiti
REMOVAL DAY

Love where we live!

Volunteer
Nominate a Site
Promote the Day

21 Oct 2018

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Empowering families and children to effect lasting change..... community by community www.sustainablecambodia.org



Rotarian Journey into Cambodia

10-Day Excursions – Rotarian Led

3 Trips in 2019 Jan 18-27 Feb 1-10 Mid-Summer TBA

Participate from only USD \$925/pp

Join fellow Rotarians on a trip into ancient Cambodia...

Rotarians from various clubs around the world are joining together with Sustainable Cambodia on a journey into the heart of Cambodia.

Together, we will **explore the ancient temples** of Angkor Wat, and visit cultural sites and museums to gain an understanding of the challenges Cambodia has faced as it rebuilds from the tragedy of the Khmer Rouge genocide. We will travel to the schools and Rotary project sites of Sustainable Cambodia in central Cambodia, and while there each Rotarian can choose from various Rotary-supported projects, such as working with school children, visiting water filter construction sites, water well installations and community ponds. You will have the opportunity to meet first-hand the wonderful families and children in these rural villages, and for those who wish to do so, we can engage in hands-on projects with the families.



As we travel through the country, we will visit Battambang, the second largest city in the country, and Pursat in central Cambodia, the home of Sustainable Cambodia where you will meet the students, teachers and staff. Rotarians from the Rotary Club of Pursat will be your guides as you **meet the village families and the school children in the SC school projects**. You will have the opportunity to **visit and/or participate in various Rotary projects**.



The trip will include an excursion to Angkor Wat. Angkor is a temple complex built by Suryavarman II and Jayavarman VII from the 11th to the 12th century and is one of the seven wonders of the world. In Angkor Wat, you will be **led by experienced tour guides** who will share the rich history of these temple ruins, and will have an unparalleled

opportunity to **explore Cambodia's incredible heritage**. The visit will include a tour of the markets of Siem Reap, near the temples of Angkor, a silk factory, a floating village.

Rotarians who have made the journey previously can customize any portion of the itinerary. We will enjoy a dinner at sunset together before leaving.

More information about this tour can be obtained from Jennifer Scott: jennifer@scottadr.com