



# HORIZONS



## Rotary - Central Blue Mountains

*Effective - Energetic - Enterprising - Empowered*

Rotary District 9685 - Australia

Wednesday, November 22, 2017

# CBM Rotary Christmas Raffle



Tickets at \$2 each will be sold at Woolworths Supermarkets, Katoomba and Leura, starting Sunday, December 17. The prize, worth more than \$1,000 retail, will be drawn on December 23.

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# WhatsOn....

## November

- Wednesday 22** - Club Assembly
- Friday 24** - Lawson Public School breakfast
- Sunday 26** - Special Olympics Dream Ride event
- Wednesday 29** - Guest speaker to be advised

## December

- Friday 01** - Leura Mall decorations
- Sunday 03 - 23** - Christmas Giving Tree  
Woolworth's supermarket -Leura
- Wed 06** - CBM Rotary annual general meeting
- Friday 08** - Lawson Public School breakfast
- Sunday 10** - Grand View Market 8.00am-2.00pm  
Carols in the Park 4.00pm-6.00pm
- Wednesday 13** - CBM Rotary Christmas function
- Friday 15** - Late night shopping event Leura Mall
- Sun-Sat 17-23** - Christmas Raffle ticket sales
- Monday 18** - Board meeting
- Monday 20** - Club Assembly

## Central Blue Mountains Rotary Annual General Meeting 2017

The Annual General Meeting of the Rotary Club of Central Blue Mountains Inc. will be held at 7:45 pm, Wednesday 6th of December 2017 at the Grand View Hotel, Great Western Highway, Wentworth Falls.

Nominations for Club Officers in the 2018-2019 Rotary Year are now called for.

Completed nomination forms are required to be returned to the Secretary by end of the normal Club meeting on the 29th of November 2017.

Expressions of interest for other club positions are also being called for, although they do not need to be submitted for, or ratified by, the AGM. These should be submitted to the Secretary for new Board consideration.

Other business includes the election of office bearers, appointment of Public Officer and Auditor, and delivery of financial reports for the 2016-2017 Rotary Year.

## Monster DVD Sale

Central Blue Mountains Rotary had sole use of the bottle shop at the Grand View Hotel, Wentworth Falls, Saturday 18 November for the sale of more than 2,000 DVDs.

The opportunity was too good to miss when a local video store closed and donated their stock of DVDs for sale to Rotary Community Service projects.

Club members worked throughout the day to sell the DVDs and promote the Rotary brand.



SUPER DVD SALESMEN: Steve Cookson, Ray Wiles, and Robert Ralston

# Soar and Roar Festival - 26/11



More than 100 participants will be served breakfast by Central Blue Mountains Rotary, Upper Blue Mountains Sunrise, and the Rotary e-club of Greater Sydney, on Sunday November 26, before "Team Mustang" (about 30 cars) depart Lilianfels Park, Katoomba, heading to Sydney Motorsport Park, Eastern Creek.

Soar and Roar 2017 is an exciting event for motoring enthusiasts to come together to have fun and raise funds and awareness for Special Olympics Australia.



## Rotary District 9685 Conference March 10 and 11, 2018 - Fairmont Resort, Leura NSW

**Full Registration (incl. Saturday, Dinner and Sunday) – \$280** includes all Conference sessions (incl. Saturday morning tea, lunch, and afternoon tea, Dinner and Sunday morning tea).

**EARLY BIRD RATE – \$265 for Full Registration**

**Saturday (Day Only) – \$100**

Registration for the Plenary sessions includes the Conference plenary sessions on Saturday only (incl. morning tea, lunch and afternoon tea). Does NOT include any other sessions or events.

**Saturday (Day and Dinner) – \$200**

Registration for the Saturday Plenary sessions and Dinner includes the Conference plenary sessions on Saturday only (incl. morning tea, lunch and afternoon tea) and Saturday Dinner.

**Saturday (Dinner Only) – \$110**

Registration for the Saturday Dinner includes Saturday Dinner. ONLY Does NOT include any other sessions, catering or events.

**New Rotarians, joining Rotary on or after 11 March 2017 in District 9685. - Full Conference – \$190** Includes all Conference sessions (incl. Saturday morning tea, lunch, and afternoon tea, Dinner and Sunday morning tea).

John Germ  
R.I. President  
2016-2017  
attending the D9685  
conference as the  
Rotary International  
President's  
Special  
Representative



**EARLY BIRD  
REGISTRATION**

**Early Bird  
Discount  
Registration  
closes on  
November 30**

[www.conference2018.rotarydistrict9685.org.au](http://www.conference2018.rotarydistrict9685.org.au)

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# It's all about getting blokes to go to the doctor



## MHERV – Men's Health Education Rural Van



Hosted in Wagga by Wollundry Rotary, MHERV – the Men's Health Education Rural Van – is preparing to provide free health checks to rural men of all ages.

The purpose-built caravan has two consulting rooms and a full time registered nurse.

The health check includes a review of blood pressure, blood glucose and cholesterol levels.

## 21st Century Rotary club is a winner

The one-year-old Rotary Club of Seaford, near Victor Harbor, SA, has tossed out old-style Rotary trappings and made itself female and family-friendly.

It has two-thirds women members; about 90% are in careers rather than retired. Ages range from the 20s to 74. Seaford has a population of 30,000.

The 28-members meet fortnightly on different days-Thursday evenings and Sunday afternoons, to suit all members. It also meets at different places – members homes, libraries, sports clubs and book and coffee shops.

This 21st-Century-style Rotary club has no formality, toasts, raffles, sergeants, head table, bulletin or official bling. Guest speakers are invited only to 25% of meetings, and then because of direct relevance to club operations.

The meeting cost for members is cut through bring-a-plate or optional meals. The dues are \$200.

General opinion is that a club with many females is less intimidating to newcomers, especially as women appear to be more energetic about local community projects.

The club organized a recent Seaside Walk on Suicide Prevention at nearby Onkaparinga which mustered 400 people and raised \$7,000 for Australian Rotary Health.

*Yes*  
**Rotary**  
**Can**



## Rotary clubs make \$7,800 donation towards wiping polio off the planet

A packed theatre audience, together with the Gates Foundation contributing \$2 for every dollar, recently raised \$7,800 towards wiping polio off the planet.

Two-hundred Nowra, Bomaderry and Berry Rotarians and family members, along with Shoalhaven Rotaractors and friends of Rotary enjoyed a PolioPlus fundraiser at the Roxy Theatre to see the premier of "Murder on the Orient Express" last week.

When the Global Polio eradication campaign was started by Rotary International in 1985, 350,000 people mainly children around the world were diagnosed with polio each year.... So far in 2017 only 13 cases have been reported.

This means there has been a 99.9 per cent reduction of cases of polio since the campaign started.

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# Mountain Ghost

The Ghost was amazed at what was in this shop. Everything was different, quirky, weird, and odd.



## Fascinating Facts about the BM

The Mountain Ghost had just returned his library books to the Katoomba Library (he still likes reading real books with real paper pages and lots of pictures) but the real reason they have large print is for seniors!

Just down from the library is a relatively new shop called 'Odd Mountain'. The Ghost was amazed at what was in this shop. Everything was different, quirky weird and odd. It is well worth a visit.

This gets the Ghost thinking about fascinating facts about the Mountains. He thanks Linda Moon for her online contribution.



*A relatively new shop called 'Odd Mountain'.*

1. The Blue Mountains (BM) is the site of the steepest funicular railway in the world at the Scenic Railway at Katoomba. The gradient is 52%
  2. The BM is the home of the only Japanese bath house and hot mineral spring in NSW. Blue Mountains Sparadise, at Bowenfels, east of Lithgow.
  3. The BM was originally named Carmarthen Hills and Landsdowne Hills by Governor Phillip in 1788.
  4. Residents of Katoomba have fought for years to keep fast food chains out of the BM. Subway is the only fast food chain in Katoomba and McDonalds are at Blaxland (well camouflaged).
  5. The City of the BM has sister city relationships with Sanda City in Japan and Flagstaff in Arizona, USA.
  6. The BM has the highest proportion of residents citing an English, Irish or Scottish heritage (48.6%) than the average for the rest of Australia (39.8%).
  7. The BM attracts a higher percentage of artists, musicians and writers - 7.6% of the residential population are employed in the creative industries compared to the NSW average of 4.7% and the national average of 3.5%. The creative industries are the third biggest contribution of revenue in the BM worth over \$152M.
  8. The BM was named the State's inaugural City of the Arts in 1998.
  9. The BM has the largest network of walking tracks in Australia. These cover an area of 250 kms. The National Park itself covers over 250 million hectares of mostly remote and inaccessible land.
  10. The BM National Park is Australia's busiest park receiving about 4 million visitors annually.
  11. Every year about 130 Bushwalkers get lost or require rescuing.
  12. The BM is the only home of the prehistoric Wollemi Pine.
  13. 150 plant species found nowhere else in the world are protected in the Greater BM area. It is also home to 10% of endangered flora and fauna species in NSW
  14. The first example of Hydro Electric Power used to generate electricity in Australia occurred in the Greater BM region of Jenolan and was completed in 1917. The caves at Jenolan were the first caves in the world to have electric lighting.
  15. The BM has been inhabited by the Aboriginal people for at least 22,000 years and was occupied by the Gundungurra and Darug people.
  16. The Fish and The Chips have been the names of the two commuter trains in the BM for over 100 years. According to local legend they owe their names to John Heron, a burly Scottish train driver based at Penrith who operated the train in the 19th century.  
The guards at Penrith changed his name to 'Herring' and as the train arrived, the guards would shout out "here comes the big 'fish'". The Chips was named to complement the service.
- All this talk about fish and chips has made the Ghost hungry so he is off for a feed. A couple of other facts you might find interesting:-
- A motor cycle club in the BM is known as the Ghosts (no, the Mountain Ghost is not a member as the last bike he rode had 3 wheels) The GHOST stands for "Grey Haired Old Seniors Travelling Slowly"
- It makes you pleased you live in such an interesting part of Australia..... until next week.....

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# Children with disabilities and underprivileged children fly over Sydney

Each year a Qantas Boeing 747 takes children and their carers on a 90 minute joy flight over the Sydney-Newcastle-Wollongong area.

The children are physically or intellectually disadvantaged, suffering life threatening illnesses, or there are circumstances where holidays are not possible.

The Rotary Club of Turramurra organizes the children. Qantas provides the aircraft, the staff, pilots and crew volunteer their time, and Qantas Pathfinders attend to the ticketing and ground support.

Airport charges are waived by Sydney Airport Corporation Ltd and Shell Australia generously donates the fuel. This year's flight was due Saturday, November 18 2017, departing Sydney's Domestic Terminal at 1100, weather permitting.



## R.I. President says get out and plant a tree

President Ian Riseley has challenged all 1.2 million Rotarians to plant a tree before Earth Day, 22 April 2018.

The Environmental Sustainability Rotarian Action Group has compiled inspirational ideas and helpful tips to aid clubs in meeting the challenge.

Consider working with the Food Plant Solutions Rotarian Action Group to identify edible plants with the greatest nutritional value for the region where you wish to plant trees.

The group can help your club and district understand the connection between plant selection and nutrition, while meeting Riseley's tree-planting challenge.



## Rotary Polio Ute raises cash in South Australia

The Mazda BT50, Rotary Polio Ute travelled from Broken Hill to Wentworth, then onto Mildura and into SA's Riverland region, visiting the townships of Renmark, Loxton and Waikerie to raise money for polio eradication.

It passed through Murray Bridge, before heading to the Southern Fleurieu, followed by a number of Adelaide venues.

The Polio Ute event finished on Sunday October 25, to coincide with World Polio Day.



**Rotarian Journey  
into Cambodia  
January, 2018**

**Tour leader PDG  
Jennifer Scott**

**Participate from only  
USD \$825pp**



Join fellow Rotarians from  
around the world on a  
journey into the heart of  
Cambodia

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