



# HORIZONS



## Rotary - Central Blue Mountains

*Effective - Energetic - Enterprising - Empowered*

Rotary District 9685 - Australia

Wednesday, January 24, 2018



DAYS FOR  
 GIRLS



Days for Girls International says every girl and woman has inherent worth and dignity, and celebrates this by providing washable menstrual hygiene solutions, and health education to young women throughout the world.

Visiting Cambodia Wednesday, PDG Jennifer Scott had an opportunity to distribute hygiene kits made by Australian volunteers.

CBM Rotary actively supports Days for Girls, in particular the Emu Plains branch, in western Sydney.

Central Blue members PDGs Ian and Jennifer Scott and John Sim have just returned from the Sustainable Cambodia project in Pursat, Cambodia, where Rotarians are involved as volunteers.

*Please turn to the next page*





Wednesday 24 - Club assembly

Friday 26 - Australia Day event

Wednesday 31 - Guest speaker: Robyn Kapp  
Huntington's disease

## Rotary Leadership in 2018

The Rotary Leadership Institute course is now run over two days, powerpacked with information, learning and skills you can use in your Rotary life straight away.

Networking with other Rotarians and led by experienced facilitators, you are sure to enjoy what others are describing as the best Rotary training they have had. Register online now at [rli.rotarydistrict9685.org.au](http://rli.rotarydistrict9685.org.au) and supercharge your Rotary.

There are two courses available for registration:

RLI 45 - Sunday 18 February and Sunday 18 March 2018

RLI 47 - Saturday 5 and 19 May 2018

Contact PDG Ian Scott 0402 217 915 - [ian@scottadr.com](mailto:ian@scottadr.com) for information and booking.

## Start Australia Day with a Rotary breakfast



8.00am  
till Noon

## Australia Day Community Breakfast

Wilson Park, Wentworth Falls  
January 26, 2018



Adults \$8.00  
Children \$4.00

Enjoy freshly cooked eggs, bacon, sausages and Aussie Damper cereal, fruit juice, tea and coffee

*Entertainment, Aboriginal Culture, Games, Contests, Prizes for the best Aussie outfits*

Our Sponsors



*You can do a lot worse than have Central Blue Mountains Rotary cook your breakfast on Australia Day. Our annual Australia Day breakfast will begin on January 26 at 08.00, in Wilson Park, Falls Road, Wentworth Falls....Be There!*

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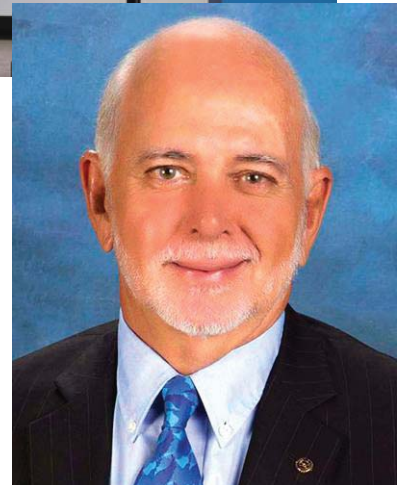
## *2018-19 RI President Barry Rassin announces his presidential theme, “Be the Inspiration”, at Rotary’s International Assembly.*



Rotary International President-elect Barry Rassin laid out his vision for the future of the organization Sunday, calling on leaders to work for a sustainable future and to inspire Rotarians and the community at large.

Rassin, a member of the Rotary Club of East Nassau, New Providence, Bahamas, unveiled the 2018-19 presidential theme, “Be the Inspiration”, to incoming district governors at Rotary’s International Assembly in San Diego, California, USA.

“I want you to inspire in your clubs, your Rotarians, that desire for something greater. The drive to do more, to be more, to create something that will live beyond each of us,” he said.



*This one one of the latrines sponsored by Springwood and Central Blue Mountains Rotary Clubs within the Sustainable Cambodia project in Pursat, Cambodia. The clubs have sponsored 48 latrines and many bio sand water filters for villages 6 and 7....photographs: Jennifer Scott*



# Life changing operation for a 10 year-old girl in the Philippines



***An introduction to a specialist surgeon in the Philippines will improve the lifestyle of a 10 year-old girl who has endured an embarrassing facial disfigurement, since birth.***

What's more...the surgeon, Dr. Mitchell Dennis Gonzales, of the Polymedic Plaza Hospital, Mindanao, and a member of CdO Uptown Rotary Club, has offered his services free-of-charge.

This story comes to us from Walter Bock, Rotary Club of Burwood, NSW.

Walter says the planned operation for Ruby Lasco at Northern Mindanao Regional Medical Centre, is scheduled for March, so as not to interrupt her schooling.

And the cost... Dr Gonzales said his service is FREE and aside from him is another specialist who will do the face reconstruction, and he said it is still FREE, including the hospital charges.

Following a CT scan in December, Dr. Gonzales explained that in the case of Ruby the defect started when she was 29 days old in her mother's womb. On the 29th day after conception, a zipper like opening connected to the brain should have closed. Unfortunately, it did not, so the growth you can see on her nose is dead brain tissue called Encephalocele.

Of course, there have been other costs.

According to Walter Bock, hiring a vehicle to get Ruby to a doctor from the mountains two hours away, then travelling to the capital, about four hours, the appointments required, and the same in return, approximately 16 hours with four or more people, each requiring meals.

And...An important piece of medical equipment needed during the operation is not available at the regional medical centre, so it has been arranged to borrow it from a private hospital.



*Ruby Lasco and Dr. Mitchell Dennis Gonzales*

The journey, thus far, for Ruby and her immediate family has been long and arduous, but determination and referrals, followed by several medical examinations, has brought her to a point where Rotary, two surgeons and medical intervention and will cause her lifestyle to improve dramatically.

We wish Ruby and the medical team every success with the operation...and we also are delighted to add that Rotary, in some way, will help to improve this little girl's life.



***Economic and Community Development, and Peace***  
***17 March 2018 — Sydney, Australia***

Early Bird Deadline: 13 December 2017  
Conference Date: 17 March 2018

For all the latest information like Rotary Presidential Peacebuilding Conference – Sydney 2018 Facebook Page

*Please turn to the next page*



**ShelterBox**  
AUSTRALIA

**INSPIRED**  
ADVENTURES

# Nepal Trek

**ANNAPURNA 2018**

*Join us on the ShelterBox Nepal Trek and help ensure no family goes without shelter following a disaster or humanitarian crisis.*

## HIGHLIGHTS

- Help ShelterBox rebuild communities after disaster strikes
- Experience the majesty and mysticism of the Himalayas
- Immerse yourself in the spectacular scenery of Nepal's Annapurna region
- Discover bustling Kathmandu, the beating heart of Nepal

## FAST FACTS

**Dates:** 3 – 16 September 2018

**Registration fee:** \$770  
(non-refundable)

**Fundraising target:** \$3,500  
(excludes travel)

**Travel quote:** \$4,790\*, including taxes

**Accommodation:** Twin share in 3 star hotels, lodges and teahouses

**Minimum age:** 18 (younger ages considered on application)

**Visit:** [inspiredadventures.com.au/events/ShelterBox-Nepal-Trek-2018](http://inspiredadventures.com.au/events/ShelterBox-Nepal-Trek-2018)

*\*Subject to change*

Get more information and register:

☎ 1300 905 188

✉ [info@inspiredadventures.com.au](mailto:info@inspiredadventures.com.au)

🌐 [www.inspiredadventures.com.au/events/ShelterBox-Nepal-Trek-2018](http://www.inspiredadventures.com.au/events/ShelterBox-Nepal-Trek-2018)

*..that's all folks*