



HORIZONS



Welcome to Central Blue Mountains Rotary *Effective - Energetic - Enterprising - Empowered*

Rotary District 9685 - Australia

Wednesday, July 27, 2016

Invite your friends and associates to our outstanding meetings



September 24 - October 1 Penrith and Blacktown

The spirit of the Australian Transplant Games is to encourage individuals to be involved in a sporting competition, and to maintain a healthy, active lifestyle

Many competitors previously may not have been able to engage in any sort of sporting activity due to their illness.

The quality and determination of competitors has led to many participants being selected to represent Australia at the World Transplant Games, held every other two years, with Australia continually being one of the top five nations competing.

The Transplant Games are a fantastic celebration of the gift of life that transplantation is and are centred around saying thanks for organ donation and promoting transplantation to Australia and the World.

While we have some elite athletes that attend the Games, they are by no means an elite sporting competition. The Games are about participation – getting involved and having a go! And...equally important, they are a chance to meet new people and be a part of the transplant community.

• In **DonateLife Week (31 July – 7 August)** we are asking all Australians, **“What are you waiting for? Join the Australian Organ Donor Register today!”**

- 1,500+ Australians are waiting for a life-saving or life-transforming transplant right now.
- Only one in three Australians have joined the Australian Organ Donor Register, although 81% believe registration of donation decisions is important.
- 91% of families agree to donation proceeding where the deceased was a registered organ donor. This drops to just 52% where the deceased was not registered and the family had no prior knowledge.
- Registration of your donation decision leaves your family in no doubt and, in doing so, provides comfort that they are upholding your decision.
- For more information contact PDG Marilyn Mercer, Rotary District 9685, Organ and Tissue Donor Liaison and Australian Transplant Games LOC Member 0416 026 848 mmm@myisp.net.au



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What's On....



Guest Speakers 27/07

- Julie Bargaquist
- Peita Davies

July

Wednesday 27 - Guest speakers:
Julie Bargaquist and Peita Davies

August

Wednesday 3 - Guest speaker: Marilyn Mercer
Transplant Games

Saturday 6 - District Governor's BM visit
Springwood Sports Club

Sunday 7 - Catering van at Leura School Market

Wednesday 10 - Terrance Plowright

Monday 15 - Board meeting - Greystanes

Wednesday 17 - Club Assembly

Wednesday 24 - Guest speaker: Sue Wildman and
Auntie Ellie Chatfield

Fri-Sat-Sun 26-28 - Umina Beach Rotary visiting BM

Wednesday 31 - Guest speaker: Member

September

Sunday 4 - Catering van at Leura School market

Wednesday 7 - Guest speaker: TBA

Wednesday 14 - Guest speaker: TBA

Monday 19 - Board meeting - Greystanes

Wednesday 21 - Club Assembly

Wednesday 28 - Guest speaker: TBA

Our featured speakers this week are from Blue Mountains Regional Business Chamber, formerly BIZNET Blue Mountains.

The Chamber has a membership of around 200 from across the mountains and areas close by.

Julie Bargaquist is the executive general manager. She has worked with Blue Mountains City Council as an executive officer followed by a term in the area of strategic procurement.

Having joined the Regional Business Chamber, Julie has been working with small business to advocate, lobby and train members on key focus areas and issues.

Peita Davies is the Regional Chamber's newly elected president and owner of Mortgage Choice Blue Mountains and Penrith.

While running an active business and juggling a family, Julie still finds time to support the community by offering free educational seminars, fundraising for events such as Australia's Biggest Morning Tea, Relay for Life, and sponsoring Little Athletics groups.

Blue Mountains Regional Business Chamber holds monthly networking events with anywhere from 30 to 70 local business people attending to promote their business and build those very important business relationships.

The Chamber also runs regular business skills workshops and seminars and hold an annual business expo (generally in May) to showcase what's available in the region.

**Visitors are always welcome
at CBM Rotary**



www.centralbluemountainsrotary/facebook

YOUR ATTENDANCE

Ray Wiles - **0409 845 415** - raymar40@bigpond.com.au is our attendance person. Please call before 12.30pm, Wednesday, if you are bringing a guest or you are not able to attend. Letting us know helps with setting up the dining room.

Also, you must order your meal by calling the Grand View Hotel 4757 1001 Wednesday afternoon.

Rotary Club of Katoomba

invites you to attend a special night
for Rotarian Harry Dege
Carrington Hotel, Katoomba
Monday August 1, 2016

\$45.00 per person - 6.00pm for 6.30pm

Past members and friends are encouraged
to attend and recognise Harry's dedication,
commitment and service to Rotary

over many years.

RSVP July 25 to:

treasurer@katoombarotary.com

or 0426 866 247

Mountain Ghost

The Ghost says Jenolan Caves are spectacular. Magnificent underground rivers and astonishing limestone formations. The caves are among the finest and oldest in the world....MUST SEE!

The Mountain Ghost had some visitors from the UK staying with him. They had seen all the regular Blue Mountain sites but have they seen some very special Caves, unique in the world – asked the Ghost?

So it was a trip to Jenolan Caves. We set off mid-week and arrived at the Caves about 9.30 a.m. (2hr trip from Katoomba). The road is spectacular but the Ghost remembers doing the trip in heavy fog some 20 years ago and he is sure that is one of the causes for his grey hair.

On arriving at Jenolan Caves the visitors were blown away with the road through the 'Grand Arch'. The Caves are magnificent.

The Ghost did two Caves, the Lucas and River Caves. He was exhausted by the time the tour finished. There are a lot of steps. A certain amount of fitness is required for some of the caves. The Guides are excellent and really make the tour extremely interesting. The Ghost believes the price of \$35 per cave does discourage some people from visiting the Caves.

While we were there we visited Caves House, the historic hotel built in 1897. The Ghost stayed here 30 years ago and it appears the hotel has not changed a lot since. Nostalgia is a great thing. Food and drink at Jenolan Caves is limited.

A bit of history:

First discovered by Europeans in 1838 (obviously the locals knew about them for hundreds of years). The Caves are massive and believed to be the oldest limestone caves in the world (340 million years old – give or take a few years!) There are 40 Km of passages following the subterranean sections of the Jenolan River. 250,000 tourists visit the Caves each year. Jenolan Caves have been listed on the UNESCO World Heritage Listing.

Good to Know:

- No wheelchair access
- Accommodation at Caves House is fairly reasonable.
- Check the weather before going. You can get snowed -in during Winter.
- Parking on the weekend after 11.00 a.m can be tricky no problem for parking mid week.
- Food and Drink – bring your own picnic.
- If you book a cave tour you can come back within 12 months and receive a cave tour for 50% off.

Ghost Rating: 8/10



Jenolan Caves House, the historic hotel built in 1897



The spectacular Orient Cave



- *on your PC*
- *on your Tablet*
- *on your Phone*

Rotary



ROTARY
SERVING
HUMANITY



*You and your Partner are invited to celebrate
THE OFFICIAL VISIT OF THE DISTRICT GOVERNOR*

BRUCE LAKIN

TO THE MOUNTAIN ZONE CLUBS

Saturday, 6th August, 2016

Dinner at Springwood Sports Club Macquarie Road Springwood

6.30 for 7.00pm

Cost: \$40 per person

Entertainment by the one and only PAT DRUMMOND

(Singer, songwriter extraordinaire)

RSVP to Marilyn Kenney by 1st August, 2016

on 0404 041 325 or ckenny@bigpond.net.au

(Please advise any special dietary requirements)

MOUNTAINS ZONE - ROTARY CLUBS OF:

Blackheath
Central Blue Mountains
Katoomba
Lower Blue Mountains
Nepean

Penrith
Penrith Valley
Springwood
Upper Blue Mountains Sunrise