

## Dist. Gov. makes up at CBM

District Governor 9685 Bruce Lakin and his wife Bette were guests at Central Blue Rotary, Wednesday.

And...the DG, wearing his chain of office, was just in time to participate in the induction of new member, Rick Tasker, of Katoomba.





## Welcome to Rotary

Rick Tasker, welcomed as member of Central Blue Mountains Rotary by past District Governor Ian Scott, is the owner/operator of Multitasker Home Services, a company that installs and maintains EFTPOS terminals for major banks and HiCaps medical terminals.

His area covers the BM, out to Oberon and Portland, and the Bells Line of Road.

Rick says he is a keen bushwalker and avid motor cycle rider.

We wish him every success as he becomes a member of Rotary International.

## What's On....



#### March

Wednesday 29 - Joint meeting with Penrith Valley
Rotary - Grand View Hotel
Guest speaker: Andrew Grant
Transport Heritage

NOTE: CBM members attending Wed 29/03 should book with Tom Hickey - 4757 1473 - 0414 571 473 as soon as possible. Cost is \$25 per person.

Friday 31 - Greystanes Golf Day W.Falls Country Club

#### **April**

Saturday 01 - President-Elect Training Day

Wednesday 05 - Guest speaker - TBA

April 07-May 07 - Scenic World Sculpture Exhibition

Sunday 09 - Food van - Grand View Market

Friday 21 - Chinese Banquet - Katoomba

Sunday 23 - District 9685 Assembly

#### **Our Mission**

Central Blue Mountains Rotary has a very simple mission; to provide service to others within our local community and overseas, to promote integrity, and to advance goodwill through fellowship.

We have a long and successful history of supporting our local community and assisting overseas. Since being established in 1976 we have achieved, quite simply, nothing less than outstanding results every year. We are proud of our contribution to helping others.

#### CBM Rotary

- on your PC
  - on your Tablet
    - on your Phone



### Guest Speaker 29/03

Andrew Grant has been deeply involved in preserving, documenting and promoting Australia's transport heritage since 1980, chiefly as a senior curator at the Powerhouse Museum, Sydney.



Andrew has extensive experience in collection research, development and management and more recently, significance assessments of objects and collections.

He is also very conversant with the challenges of preserving and/or operating large technology assets. His career began in the mid-1970s in Industrial Arts education in which he took a leading role by introducing new courses in design method.

## Optus Satellite HQ informative tour



Join the CBM Rotary tour of Optus Satellite Control Centre, Belrose, on Tuesday, April 4.

It's not too late to join the CBM tour of the Optus Satellite Centre...contact Allan Byrnes 0424 151 904 - 4757 2812 and book a seat on the bus departing Wentworth Falls at 3.00pm, or join the tour at the Optus Satellite headquarters. A dinner booking has been arranged at Terry Hills Tavern.

This is an open invitation to Rotarians and partners to join with Central Blue Mountains at this informative event.



## Canberra dinner - May 1 to showcase Australia's Peace Centre

The Rotary Peace Centres Program is one of Rotary's star performers. Australia is privileged to host one of the six global centres, based at University of Queensland.

Each year a class of around 10 outstanding Fellows study for their Masters in Peace and Conflict Resolution, but there are few opportunities for them to meet the wider Rotary community.

Past RI Director John Lawrence has taken advantage of Class 14's visit to Canberra to convene a dinner on May 1.

Guests include RIPE Ian Riseley, senior politicians and members of the diplomatic community.

Location: Commonwealth Club, Yarralumla

Time: 6:30pm for 7:00pm

Cost: \$70 per person with a cash bar.

For bookings visit: www.rotary.9710.org.au and click

on the link to book.



#### Friday March 31 Wentworth Falls Country Club \$10,000 Hole-in-One

Breakfast and registration at 8.00am, followed by a day of. fun, great prizes and raffles. Drinks are available on course. There is a port hole, a pro-shot and mulligans to make your day a bit easier.

This year's Hole-in-One cash prize of \$10,000 is sponsored by Warren Saunders Insurance.

Individual registration \$85. Teams of four \$320.

Registration includes breakfast, gift bag (sponsored by Telstra Western Sydney) and a picnic lunch.

The competitions include prizes for 1st, 2nd, 3rd and last place teams, nearest the pins, straightest drive, longest drive and best dressed male and female player. Costumes and decorating golf carts are welcome!

If you need more information or a registration form contact Vanessa Balfour 4784 4554 or email events@greystanes. org.au.....see the brochure on page 6.

## Rotary Youth Camp for Stargazers



Photo: Coonabarabran Rotary Facebook

About the camp, students have said: .... "It was awesome" "loved it"... "best camp I've been on"... "fantastic experience".

## Never heard of the Rotary acronym RYSTARS?...well, there is one...it's Rotary Youth Studying Astronomy and Related Sciences.

And... a residential camp for Year 9, 10 and 11 students is on again this year, run by the Rotary Club of Coonabarabran.

To be held from May 4 to May 7, 2017, the camp provides activities, seminars, and workshops run by professional and amateur astronomers resident in Coonabarabran.

Somebody once said: "here in Australia we have the largest sky in the world"... well you can see it all, weather permitting, when you get out to Coonabarabran, a town in the Warrumbungle Shire that sits on the divide between the Central West and North West Slopes regions of NSW.

For \$300, that covers meals, travel to venues and entrance fees, students learn about telescopes. They enjoy a guided tour of the large 3.9 metre telescope at Siding Springs and they visit the 40 inch telescope at "Milroy". There is planned night time observing and they gain experience with remotely operated telescopes in different parts of the world....WOW! what a weekend.

The camp is limited to 20 students... Accommodation has been arranged at the Warrumbungles Mountain Motel, with supervision by Coonabarabran Rotarians.

Bookings close Friday, April 21...Google Rotary Club of Coonabarabran for the nomination form and details.



# Rotarian brings focus to hearing health





Lyn Davies is no stranger to hearing health, having suffered hearing loss herself, seen it among family members, as well as in her 40-year teaching career focusing on children with special needs.

Even since retiring, hearing support has continued to be high on Lyn's agenda as shown through her dedication to educating Rotarians and their communities about all aspects of hearing health, encouraging global programs for hearing health, and serving on the Board of Central Coast Better Hearing Australia.

Most recently, Lyn and her Rotary Club have teamed up with Australian Rotary Health to fund a PhD scholarship in hearing health. "The Rotary Club of Terrigal is very happy to be a partner with Australian Rotary Health on this scholarship. It is also enabling me to follow one of my passions, it's supportive of young scholars, and supports hearing health at the same time," Lyn said.

Emma Laird from the University of Melbourne was awarded the scholarship this year to start developing an audiologist-administered psychologically-informed intervention to improve mental health and wellbeing in adults with hearing loss.

Lyn hopes this research will give audiologists the tools to enhance their work and connection with their customers.

"We do not need to become isolated and lonely due to hearing loss," Lyn said.

"New protocols for audiologists that look at the whole person and their general wellbeing would be of enormous benefit to the community and reduce health system demands."

Lyn said it was family members who have experienced hearing loss that inspired her to focus on keeping people connected.

Lyn has been a Rotarian since 1995, originally in Griffith NSW. She was a Past President and has been a Director of the Rotary Club of Terrigal since 2005.

Australian Rotary Health is one of the largest independent funders of mental health research within Australia and in 2017 has contributed more than \$2 million towards health research. For more information visit: www. australianrotaryhealth.org.au

Story: Jessica Cooper - jessica@arh.org.au

#### Australian Rotary Health to fund a PhD scholarship in hearing health

Emma Laird is a PhD candidate in The School of Audiology and Speech Pathology at the University of Melbourne. Her field of research incorporates her experience in both audiology and psychology. Emma Laird graduated



from a Bachelor of Science (Psychology) at Monash University in 2011 and a Master of Clinical Audiology at the University of Melbourne in 2016.

Emma has also worked as a research assistant at Cochlear Limited where she has conducted assessments of cochlear implant recipients for a number of studies.

## Mountain Ghost

What the Ghost likes about this Fair is that there are thousands of rare, unusual and long lost plants from all over Australia, and the world for that matter.



The Mountain Ghost always likes to give his readers some inside information (and some bargains). Just down the mountain at Hawkesbury Race Course (opposite the Richmond Airbase at Clarendon) will be the Collectors Plant Fair. This is the biggest range of plant material anywhere in Australia.

This year there will be 80 stalls.

What the Ghost likes about this Fair is that there are thousands of rare, unusual and long lost plants from all over Australia, and the world for that matter.

This year there are 80 stall holders. The Ghost is looking forward to seeing Geranium Roxanne from Planters Patch at Arcadia. This flower won Plant of the Century at the 2013 Chelsea Flower Show.

Why the Fair is so good for gardeners and anyone who likes plants is that a lot of plants never make it into Garden Centres. They might be hard to propagate or slow to grow or otherwise unsuitable for large scale commercial horticulture but you will find them here at the Collectors Plant Fair.

As always the Ghost likes to give you a history. The Fair was established in 2005 by Peta and Peter Trehar and Beth Stokes at the Trehar property at Bilpin.

As the popularity grew so the need for a larger location became evident so they moved to the current location some years ago. I think the Race Course should last for some years to come.

The Convenor for this year's Festival is well known garden personality Linda Ross. I am sure it will receive plenty of TV exposure on Gardening Australia and Better Homes and Gardens amongst others.

Apart from just the plants there are sculptures, landscapers and designers who you can talk to in person.

There is plenty of food and coffee but the Ghost is taking an esky as there is no alcohol. Going on last year's fair the crowds are very large and a great atmosphere.

Good to Know:

When: April 8th and 9th (Saturday and Sunday)

8.00 a.m. to 4.00 p.m.

Where: Hawkesbury Race Course – plenty of parking

Cost: \$14 – Saturday/\$12 Sunday Website: collectorsplantfair.com.au





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## Central Blue Rotary and the Greystanes Foundation invite you to the



Greystanes Disability Services has specialised in support and advocacy for people with multiple disabilities and high support needs in the Blue Mountains, Nepean and Hawkesbury region since 1958. Money raised is spent on items for which government funding is unavailable. Allowing the people Greystanes supports and their families access to items and programs that help lead to a more equitable life in our community.

Call 4784 1118 or email events@greystanes.org.au www.greystanes.org.au

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