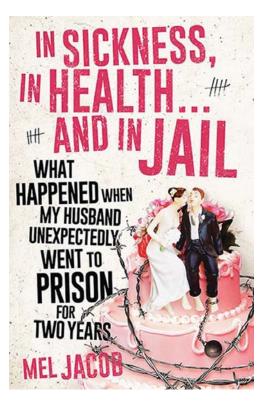


Invite your friends and associates to our outstanding meetings





### Our Guest Speaker Nov. 9

#### Experienced journalist and scriptwriter, Mel Jacob.

Her journalism has been published in The Good Weekend, Sunday Life, Brisbane Times, Adelaide Advertiser, Radio National, Kidspot, MCA and The Australian Museum.

Mel's life took an unexpected detour when her seemingly saintly husband was jailed for two years. "In Sickness, in Health . . . and in Jail" follows Mel's funny, moving and insightful journey as she navigates single parenthood, prison visitations and nosy neighbours.

Her revealing account is the story of the family left behind. It chronicles the grief, the stigma and the conversational minefields of her husband's whereabouts, as well as the logistical problems of making a baby sibling for her two children, and why it's not appropriate to tell people that Daddy's in jail.

## CBM Rotary Dedicated Graffiti Eradicators



CBM Rotary president Ray Wiles says our graffiti removal weekend was a great success with hundreds of tags covered or removed.

"Our team worked from Blackheath to Wentworth Falls.

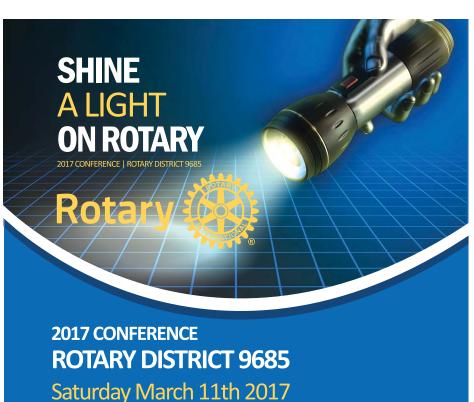
Thanks to Rotarians, partners and family members who assisted. Tom Colless is to be congratulated for the job he did in coordinating this program in the upper mountains." Left: We have Adam, a student from Blue Mountains Grammar School, who joined the crew, and of course, past district governors Ian and Jennifer Scott who appear to be painting the same pole, but not so if you take a

closer look... same tag...different poles.





Please turn to the next page



#### Registration Packages Platinum Package - \$150

Includes all conference sessions. (morning tea, lunch, and afternoon tea, cocktail function and entertainment).

#### Day Package – \$100

Registration for the plenary sessions. includes the conference plenary sessions on Saturday only (incl. morning tea, lunch and afternoon tea). Does NOT include any other sessions or events.



Rotary clubs in the UK should be making a fortune



Penrith Panthers Convention Centre

www.conference2017.rotarydistrict9685.org.au

**Register Now at** 

Rotary

Date: Monday 28 November 2016

Time: 6.30pm for 7.00pm

Venue: The Epping Club, 45 Rawson Street, Epping Keynote Speaker: Kalyan Banerjee, Past RI President and Chairman of Trustees of the Rotary Foundation

Dress: Business Attire

Cost: Table of 10 - \$700 or \$75 per person

Bookings and payment: www.trybooking.com/mmrt or by cheque to: Rotary Club of Epping, PO Box 77, Epping NSW 1710 with attendees' names, club and

dietary requirements

### Help end polio worldwide.

Rotary. Humanity in motion.

rotary.org/endpolio



## On....



#### November

Wednesday 2 - Guest speaker TBA - Vocational visit to Bennetts Printing, Katoomba - 5.00pm

Friday 4 - Pudding sales - Faulconbridge

Sunday 6 - Catering van at Leura School market

Monday 7 - Board meeting

Wednesday 9 - Guest speaker Melissa Jacob

Saturday 12 - International Service workshop

Sunday 13 - Catering - Grand View Hotel market Pudding sales

Wednesday 16 - Club Assembly

Wednesday 23 - Twilight meeting BBQ - W. Falls Lake

Monday 28 - Million Dollar Dinner - Rotary Foundation

Wednesday 30 - Guest speaker - Attila Stopic - ANSTO

#### December

Sunday 4 - Catering van at Leura School market Wednesday 7 - CBM Rotary Annual General Meeting

Saturday 10 - CBM Christmas function

Sunday 11 - Carols in the Park - Wilson Park

Wednesday 14 - Susan Templeman

Friday 16 - 22 - Christmas raffle ticket selling

Monday 19 - Board meeting

Wednesday 21 - Club Assembly

Wednesday 28 - No meeting

### World Toilet day November 19

Such a basic human need - everyone visits the toilet several times a day. Yet, the impact of inadequate (or no) sanitation, especially on women, is devastating. One in three women worldwide risk shame, disease, harassment and even attack because they have nowhere safe to go to the toilet. Some 526 million women have no choice but to go to the toilet in the open. Women and girls living without any toilets spend approximately 97 billion hours each year "finding a place to go".

This has to be an irresistible challenge for Rotarians! The very first Rotary public service project instituted in Chicago in 1907 was the construction of public toilets (often coyly referred to as "comfort stations" in those days!).



## 'High Tea" with Altitude!

govetts cafe & wine bar Sunday 6th November

3.00 - 5.00pm

Tickets: \$35

Come along and support local, Barb Wall. Barb's "Stepsister" team will raise funds for Interplast when they do the "Eureka Climb" in Melbourne on the 13th of November.

Phone **0409 207 588** to book

Proudly sponsored by



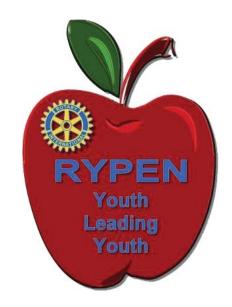
**Lucky Door Prize** \$50 voucher - govetts cafe & wine bar Eureka Tower 88 Floors! 1642 Steps!





# Rotary Youth Program of Enrichment – gaining life skills to cope with an unknown future





Elliot Mulham, year nine student at Blue Mountains Grammar School, Wentworth Falls, was guest speaker at Central Blue Mountains Rotary Wednesday 26/10. Photographed after his presentation with club president Ray Wiles.

Story by Ava Emdin, CBM Rotary Youth Programs Coordinator

The aim of RYPEN is to provide young high school students with a set of ideas, principles and social experiences to assist them in forming their own values and moral standards and broaden their horizons culturally and socially.

Elliot Mulham, a year nine student at Blue Mountains Grammar was one of four students who attended the RYPEN camp in Springwood, last June.

Sponsored by the four Rotary clubs of the upper Blue Mountains, the four students all came away with new approaches to tackling and solving problems, with greater self confidence and pride in their abilities.

On his visit to Central Blue Mountains Rotary last week, Elliot highlighted aspects of his RYPEN weekend which, he said, has him now being far more flexible in his dealing with other people and being able to see the many sides of an argument. This change in his thinking has resulted in him being able to reach solutions more quickly than ever before and has given him the confidence to take on greater leadership roles.

Elliot thoroughly enjoyed collaborative problem solving with his team mates many of whom are now friends. "I have had to go on FaceBook so we can stay in touch and see what everyone is doing.

"Meeting people from other schools and other areas was fantastic and we had such fun challenging the way we usually do and look at things. But the biggest change in the way I approach things is to be more flexible and look at the whole problem and listen to what everyone has to say", he said.

While not able to attend Wednesday's meeting, the other three students sent in a few lines about their experiences: Thongma Pinney, year nine at Blue Mountains Grammar School said: "I was very nervous about going to the camp

because I only knew two of the other people attending but I soon made lots of new friends. After the weekend I felt like I started to appreciate things and people more and now try to get the most of everything."

Noah Hammond, a year nine student from Springwood High School and a member of Hazelbrook Scout Group said: "I found this camp to be a great experience and something I would encourages others to do. The team bonding exercises and leadership building speeches were unforgettably amazing experiences that I thoroughly enjoyed. It was truly an eye opening experience on the world as a whole, opening new chances and experiences." Olivana Reichel, a year nine student from Blue Mountains Grammar School said: "My time at the RYPEN camp was rich with a wholesome environment for teamwork, respect and friendship. It has helped my confidence and leadership skills immensely and has given me a wider friendship group. It has helped me understand group dynamics as well as the importance of great activities in team building. This has given me the benefit of not only understanding how to overcome boundaries but how to help and listen to a group."

# Mountain Ghost

Sculptures by the Sea: There are over 100 sculptures from artists all over the world on the coastal walk from Bondi Beach to Tamarama. The Ghost says it's brilliant and something you must see every year.

#### **SCULPTURES BY THE SEA**

It is a long way from the Blue Mountains, but the Ghost does enjoy the Sculptures By the Sea, at Bondi. The salt air is good for his gout. If you have not been to the Sculptures it should be on your bucket list of things to do in Sydney each year.

There are over 100 sculptures from artists all over the world on the coastal walk from Bondi Beach to Tamarama. The walk is 2km long with magnificent views over the Pacific Ocean.

The sculptures are varied, some are huge and some were in fact washed away at Tamarama last week. It is a

long time since Scenic World, at Katoomba, lost a sculpture to the waves but I guess there are bush fires.

A little bit of history. This is the 20th exhibition and each year it gets bigger and bigger and the crowds get bigger as well.

The first exhibition was for a day only and the budget was \$11,000 but 25,000 people showed up. Five Sculptures By the Sea (SBTS) exhibitions were then commissioned by the Olympic Committee around Australia as a trial for tourists.

The SBTS also launched an annual exhibit at Cottlesloe Beach near Perth. It is now the biggest free to the public sculpture exhibition in the world. Half a million visitors expected this year.

One of the things that intrigued the Ghost apart from the crowds were the number of photographers from all over the world. It is a booming industry.

A little known fact is that Princess Mary of Denmark was so impressed with the exhibition that she took the idea back to Denmark. The Sculptures By the Sea at Aarhus, Denmark's second largest city, is now the largest exhibition of its type in Europe.

#### **Good To Know:**

Takes place: 24 October, 2016 to 06 November, 2016

**Transport:** Not worth driving. Take train to Bondi Junction (\$2.50 Seniors) A bus to Tamarama or Bondi Beach. You can walk, but it is 3km.

**The Walk:** Fairly easy, but there are some stairs. No wheelchair access.

**Crowds:** A problem at weekends. Suggest mid week. **Ghost Rating:** - 8/10 if good weather. 5/10 if raining.

