



# HORIZONS



## Rotary - Central Blue Mountains

*Effective - Energetic - Enterprising - Empowered*

Rotary District 9685 - Australia

Wednesday, July 04 2018

## Two Presidents at Central Blue



*Central Blue Mountains Rotary has two presidents for the year 2018-2019.*

*Ava Emdin, a former president of the Rotary Club of Epping and Steve Cookson, former president of the Rotary Club of Burwood.*

*Ava and Steve decided that running Central Blue was a task that could be shared. It has never happened before in the club's 42 year history, "so why not have a change", they said.*

*Throughout the year, Ava and Steve will work together as a team, but every three months they will act alternately as president.*

*Central Blue Mountains Rotary believes that having two presidents eases the task, allowing each person to continue with family commitments, and on another positive note it encourages Rotary members to aspire to the role, knowing they can share the responsibility.*



## July

**Wednesday 04:** Welcome to the new Rotary year

**Thursday 05:** Board meeting - Grand View Hotel - 7pm

**Saturday 07:** Rotary District 9685 changeover

**Wednesday 11:** David Parsons from the SES will ask the questions "Are you prepared?..What would you do?" Through audience participation let's see how we would cope in an emergency.

**Saturday 14:** ScenicWorld garden project - We're planting native grasses - a wonderful community service environmental project.

**Wednesday 18:** Planning and business meeting

**Saturday 21:** BBQ at Mitre 10

**Wednesday 25:** Rick's Musical Trivia Night. Come along for fun and laughs. Partners, fellow Rotarians and friends are most welcome to join us. No fundraising, just music, fun and maybe a few prizes to be won.

**Friday 27:** Lawson Public School Breakfast Club

## August

**Wednesday 01:** Guest Speaker- watch this space

**Friday 03:** Lawson Public School Breakfast Club

**Wednesday 08:** Social meeting.

**Thursday 09:** Board meeting at Grand View Hotel - 7pm

**Friday 10:** Lawson Public School Breakfast Club

**Wednesday 15:** Planning and Business meeting

**Friday 17:** Lawson Public School Breakfast Club

**Saturday 18:** BBQ at Mitre 10

**Wednesday 22:** Lisa Gorman managing director of Life Learning will present a light-hearted, lively approach to adult learning.

**Friday 24:** Lawson Public School Breakfast Club

**Wednesday 29:** Guest speaker: "Peace Building" a young person's view of our world.



*Past District Governor Jennifer Scott was recognised recently as a Companion of Australia Rotary Health.*

*Jennifer received the award from ARH director Graeme Davies for having donated to ARH annually for the past 12 years.*

*In that time, Australian Rotary Health has focussed on mental health and more recently rural health and indigenous medical scholarships.*

## Are you disaster ready?

***On Wednesday July 11, will explore how ready you are for a disaster at home or on holidays.***

*How would you survive a bushfire, earthquake, flood or terrorist attack? Is your home ready?*

*Is your travel bag holding what you need?*

*Be a ready participant in preparing for your survival.*

*Graduate as a disaster survivor.*

*The presenter is David Parsons from SES.*

David Parsons is a Senior Inspector Emergency Management with the NSW Resources Regulator, where he is implementing an emergency management reform program involving the mining industry and emergency services.

David previously managed Sydney Water's Emergency Management and Counter Terrorism programs. He holds a Masters of Emergency Management and degrees in Social Science and Education.

David's areas of expertise include emergency response management, crisis decision making, exercise management, risk management, and organisational resilience.

For the past 40 years David has been an active member of the Blue Mountains State Emergency Service.

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# Changeover 2018



*Roza Sage, Jodie Van der Velden and Kalma McLellan*

## Paul Harris Fellows

Recognised as Paul Harris Fellows at the 2018 changeover were (left) Jodie Van der Velden and (below) past president Raymond Wiles.

Jodie, owner of Josophan's Chocolates, Leura, was recognised for her charity work overseas, Ray Wiles for his continuous work for Central Blue and for charities throughout the Blue Mountains.

They received the awards from president Roza Sage and Rotary District 9685 Governor Nominee 2019-2020 Kalma McLellan, Rotary Club of Ryde.



*Presidents Ava Emdin and Steve Cookson receive the 2018-2019 Rotary theme banner from past president Roza Sage.*



*Roza Sage, Raymond Wiles and Kalma McLellan*

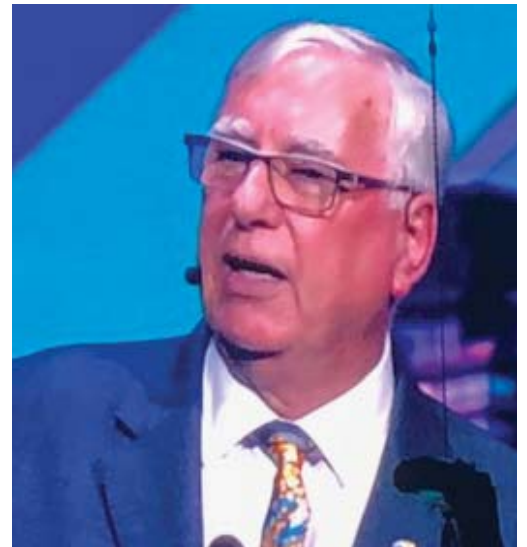


*Maurice Cooper and Jodie Van der Velden, both friends of Central Blue and well-known Leura business owners.*



*Barrie Sutcliffe, past president of Central Blue (1985-86), was recognised for his service to Rotary over 42 years, and as a charter member of the club, June 9, 1976. His award was presented by president Ava Emdin.*





*Rotary International President 2017-2018, Ian Riseley, Rotary Club of Sandringham, Vic.*



*Eric and the moose*



*Britain's Princess Royal, Princess Anne*

*Our far-flung correspondent Eric Cantor arrived in Toronto, Canada, for the 109th Rotary International Convention June 23-27 with about 24,000 Rotarians from 75 countries. He sent these images last week.*

*Eric said it was a most exciting experience to participate in the workshops and entertainment. He also had an opportunity to see some of the scenery. One one city trip he spotted a bus. "Take a look at this", he said. "A Rotary moving billboard encouraging people to 'Join a club near you today.' We should have one of these. It would look great in the Blue Mountains."*

*It is estimated the convention injected nearly \$50 million into the local economy.*





# Mountain Ghost

How big an event is the Ultra Marathon? Well there were 2,200 entries in the 22km baby marathon from Australia and overseas. With family and support staff thousands of people will visit the Blue Mountains over that weekend and enjoy the magnificent sights the area has to offer.

## ULTRA TRAIL MARATHON

Back in May, the Blue Mountains was invaded by the annual Ultra Trail running events.

Now in its 11th year the Ultra Trail Australia (UTA) is Australia's largest trail running event and the biggest annual sporting event in the Blue Mountains.

Each year it just keeps getting bigger. But I know what you are wondering, why is the Mountain Ghost writing about a month old event.

Well he is embarrassed to say he went in the "small race" that is 22km. It starts at the Old Queen Victoria Hospital in Wentworth Falls, then drops down Kedumba Pass before taking the fire trail across the bottom of the Jamison Valley to Leura Forest. Then the runners join the Federal Pass, following it around the base of the Three Sisters until they reach the famous Furber Steps where they climb out of the valley to the finish line at Katoomba's Scenic World.

While warming up in the carpark, the Mountain Ghost had some chest pains (lucky the hospital was close by) and he pulled out. He now feels well enough to write about his experience.

There are even longer races. There is the 50km and 100 km races. The Ghost could even get another heart attack thinking about a 100km run and those Furber Steps again.

How big an event is the Ultra Marathon? Well there were 2,200 entries in the 22km baby marathon from Australia and overseas. With family and support staff thousands of people will visit the Blue Mountains over that weekend and enjoy the magnificent sights the area has to offer.

If the Ghost can recover there are more races coming up in the Blue Mountains. Firstly there is the Bilpin Bush Run from Mt. Wilson to Bilpin on the 18th August. The "easy" run is 16.7km and the harder one is 31.4km trail run. Then if you recover quickly enough the next day is the Glenbrook Trail Marathon at Euroka Clearing, Glenbrook with a selection of distances.

On 23rd September is the Lawson Trail Run starting at St. Bernardo's Drive, Lawson. Here there is a choice of two runs – 9.2 km and 17.4 km. If that is not enough running for the Mountain Ghost's readers there is the Kedumba Half Marathon starting at the Old Queen Victoria Hospital at Wentworth Falls (scene of the Ghost's chest pains previously mentioned) This is on the 21st October 2018 and has been called Australia's toughest half marathon.

Did the Ghost mention the famous Six Foot Track race earlier in the year? This starts at Katoomba at Nessie's Glen and finishes at Jenolan Caves – a mere 44km away. All this talk of running is making the Ghost thirsty. He will open another bottle of red and contemplate next year....



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*Blackheath Rotary scored a gig at the newly opened Bunnings store at Katoomba, recently.*

*Flipping sausages and onions in the pic are now past president Barry Taylor and new president Larry Howard.*

*Blackheath's Mina Howard says the inaugural exercise was extremely successful and the club hopes to continue once a month.*

## Federal Government Friendship Grants

The Minister of Foreign Affairs, Julie Bishop, has announced the Government will provide \$50 million in friendship grants to boost Pacific ties.

Grants between \$30,000 and \$60,000 will be awarded to Australian groups to help educational and developmental projects in the region.

The grants are designed to strengthen connection between Australian groups such as Rotary and developing nations with small communities overseas.

DFAT is in the process of finalising the application documentation.

Register your interest at [www.dfat.gov.au/FriendshipGrants](http://www.dfat.gov.au/FriendshipGrants) to be the first to hear when the grant round opens.

**The Snow Ball**

Olivia de Goevik modelling The Darnell Collection. Photography by Brigitte Grant

**Saturday 18 August**

From 7pm till 11pm in the Ballroom

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## Central Blue Mountains Plant Out Saturday, July 14, in association with ScenicWorld

We'll be levelling ground, spreading soil, rolling out turf and cutting in.

We'll be planting native grasses and shrubs along a boardwalk and applying mulch to the plants.

Contact Ray Wiles  
0409 845 415  
and put your name  
on the roster.

# Lower Blue Rotary Charity Night Movie

'Mamma Mia – Here We Go Again' will premiere at Glenbrook Cinema on Friday, July 20, as the feature attraction in another of the popular Rotary Charity night screenings

Bookings open today with Rotarian Gaye Van Der Meer on 0430 433 717 and regular patrons of the nights are urged to book early as the movie will be booked out quickly.

Doors will open at 7pm and the screening commences at 8 pm.

In keeping with the successful theme night history of the Rotary charity nights, the theme for 'Mamma Mia – Here We Go Again' will be a Greek Island Beach Picnic.

A superb beach picnic hamper will be offered as the major prize in the traditional movie night raffle.

Rotarians provide refreshments and finger food – and Lower Blue adds a small margin to the tickets to raise funds for local youth projects, Australian Rotary Health and The Rotary Foundation.

This special night continues the cinema's long history of supporting the local community as it celebrates the 50th anniversary of its operation at Glenbrook.



**MAMMA MIA!**  
— HERE WE GO AGAIN —

50th  
Glenbrook Cinema

MammaMiaMovie.com  
SOUNDTRACK ON POLYDOR RECORDS

**ANOTHER ROTARY CHARITY SCREENING**

**FRIDAY, JULY 20, 2018**

7 pm refreshments; 8 pm movie commences  
**Tickets \$20. Bookings: Gaye Van Der Meer – 0430 433 717**

Profits to support Australia Rotary Health Research and local Rotary youth projects.

After booking with Gaye, payment can be made in cash or on line via the  
Lower Blue Mountains Rotary Service Account - BSB: 062 640 ACC #: 00901 789

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## Rotary Leadership

The Rotary Leadership Institute course is now run over two days, powerpacked with information, learning and skills you can use in your Rotary life straight away.

Networking with other Rotarians and led by experienced facilitators, you are sure to enjoy what others are describing as the best Rotary training they have had. Register online now at [rli.rotarydistrict9685.org.au](http://rli.rotarydistrict9685.org.au) and supercharge your Rotary.

There is 1 course available for registration:  
RLI 48 - Saturday 4 and 25 August 2018

Contact Ian Scott: [ian@scottadr.com](mailto:ian@scottadr.com)  
0402 217 915

..that's all folks