



# HORIZONS



## Rotary - Central Blue Mountains

*Effective - Energetic - Enterprising - Empowered*

Rotary District 9685 - Australia

Wednesday, April 05, 2017



## Days for Girls Emu Plains

*It's Sunday April 2, and down at Emu Plains the Days for Girls volunteers for have a vision.*

Every girl and woman has inherent worth and dignity. Days for Girls celebrates this by providing sustainable feminine hygiene solutions and health education.

When girls and women have health, education, and opportunity, communities and our world are stronger.



**Central Blue's Pink Pig raises money for Days for Girls**

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## What's On....



### April

- Wednesday 05 - Ray says: Free and Easy
- April 07-May 07 - Scenic World Sculpture Exhibition
- Sunday 09 - Food van - Grand View Market
- Wednesday 12 - Guest speaker - TBA
- Wednesday 19 - Guest speaker - TBA
- Friday 21 - Chinese Banquet - Katoomba
- Sunday 23 - District 9685 Assembly
- Monday 24 - Board meeting
- Wednesday 26 - Club Assembly
- Friday 28 - Upper BM Sunrise homeless Ball

## Red Shield Appeal May 27-28

### Our Mission

Central Blue Mountains Rotary has a very simple mission; to provide service to others within our local community and overseas, to promote integrity, and to advance goodwill through fellowship.

We have a long and successful history of supporting our local community and assisting overseas. Since being established in 1976 we have achieved, quite simply, nothing less than outstanding results every year. We are proud of our contribution to helping others.

## BIG WET causes golf to be rescheduled

*The Greystanes Foundation and Central Blue Mountains Rotary have rescheduled the 2017 Greystanes Golf Day to next Friday April 7 at Wentworth Falls Country Club.*

The program of the day is still the same - great fun and great prizes. There are places available if you are now able to attend.

Some registered players have already confirmed their availability for next week. Please let Vanessa Balfour know 0439 990 249 if you are still available. Those players unable to compete on April 7 can obtain a refund.

Please contact Vanessa Balfour, Greystanes Community Engagement Coordinator, if you have any questions regarding the Greystanes Golf Day.

Office hours: Monday to Friday 9:30am to 2:30pm

Tel: (02) 4784 1118 (direct line: 4784 4554)

Fax: (02) 4784 3920

Mob: 0439 990 249

Email: [vbalfour@greystanes.org.au](mailto:vbalfour@greystanes.org.au)

Web: [www.greystanes.org.au](http://www.greystanes.org.au)

## Penrith Valley Rotary came to visit

They came all the way up the hill in a mini-bus, hired specially for the occasion, about 14 members led by president Sarah Whereat.

It was a very pleasant evening, and from Central Blue's point of view, just great to have another club come to visit at the Grand View Hotel, Wentworth Falls.

Our guest speaker was Andrew Grant, an interesting bloke who is deeply involved in preserving, documenting and promoting Australia's transport heritage, chiefly as a senior curator at the Powerhouse Museum, Sydney.

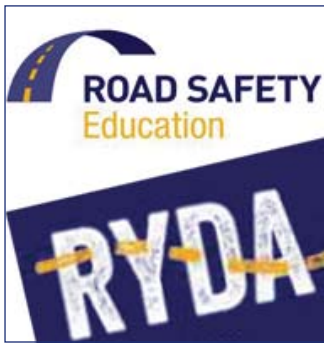
Andrew has extensive experience in collection research, development and management and more recently, significance assessments of objects and collections.

He is also very conversant with the challenges of preserving and/or operating large technology assets. His career began in the mid-1970s in Industrial Arts education in which he took a leading role by introducing new courses in design method.



*Andrew Grant, Sarah Whereat and Tom Hickey, CBM chairman for the evening*

# Racetrack to Road Safety for Barrie Smith



## HIS GOAL:

Working with Rotary Youth Driver Awareness (RYDA), is that if he can 'save one child's life', it will be worth it.

Story by Scott Murphy

The story Racetrack to road safety first appeared in the Northern Argus.

Rotary Club of Clare (Vic) member Barrie Smith has left his days at the race track behind him and teamed up with driving education program RYDA to teach local youth about road safety.

Having professional driving experience with sprint cars and a passion for the motoring craftsmanship of Porsche, Rotary Club of Clare member Barrie Lee Smith knows a thing or two about how to get around a track safely.

Joining up with his club's Rotary Young Driver Awareness (RYDA) program, Mr Smith now passes his knowledge and passion for driving on to student drivers.

"The road is unpredictable ... and the things which are on the road can be more unpredictable than those on a race track," Mr Smith said.

"You're doing a more consistent speed on a race track than you are in a car, and you need to make sure you don't become distracted."

Having settled into retirement, Mr Smith's life of sprint cars and Porsches is behind him, but his knowledge of driving is still as fluent as ever.

He competed as a sprint car driver for around one year during his racing days in the 1970s, but as he got older he decided to pursue the role of crew chief and use his knowledge and understanding of physics to compete

Knowing the limitations of their own cars and the other vehicles on the road, including what they are capable of doing, has allowed RYDA's students to develop a greater understanding of road safety, Mr Smith said.

"Be aware of the conditions while driving, understanding what the car capabilities are, and the potential things which can go wrong," he said.

The RYDA program shows students how their own perceptions of their car's abilities might be misguided, and in one scenario they closed off a section of road and let students predict braking distance. They did this by heavily applying the car's foot brake at one point, marked out by a witches hat, and let students predict where the car would stop.

"None of the students ever get it right," he said.

Mr Smith said students either over-reached and placed the cone way too far away from the actual stop spot, or they under judged and thought the car would stop sooner than it did.

He said his goal working with RYDA was that if he could 'save one child's life', it would be worth it.



“Who decided to rid the world of polio? - Not politicians or global health organizations, as you might expect - the starting gun was fired by Rotary International.”

A new book in the field of public health highlights Rotary’s role in the global effort to wipe out polio, and places it in the context of humanity’s relentless struggle to contain the world’s epidemics

In “The Health of Nations: The Campaign to End Polio and Eradicate Epidemic Diseases” (Oneworld Publications), British journalist and Sunday Times best-selling author Karen Bartlett surveys the global landscape of epidemics past, present, and future.

Beginning with the 1980 eradication of smallpox, she guides us through more timely threats such as the Ebola and Zika viruses, and looks ahead to a future without malaria, measles, or polio.

“Who decided to rid the world of polio? Not politicians or global health organizations, as you might expect,” she writes, in one of several chapters devoted to polio. The starting gun was fired by Rotary International”

Bartlett offers a comprehensive, readable account of the polio-eradication campaign’s history and Rotary’s unlikely role as its chief advocate.

The narrative traces Rotary’s mission to reach all the world’s children with Albert Sabin’s polio vaccine, the formation of the Global Polio Eradication Initiative (GPEI), and the struggle to interrupt transmission in the world’s poorest communities, particularly in densely populated countries like India.



## BowelCare is happening again

*Central Blue Mountains Rotary is co-ordinating the program at Hazelbrook, Lawson, Wentworth Falls, Leura, Greenwell & Thomas and Blue Mountains Pharmacy Katoomba.*

*The BowelCare program will run from April 1 to May 31.*

*This is the 27th year that Rotary will be providing Australians with an affordable annual bowel cancer screening program.*

The goal of the project is to increase community awareness of the need to use screening tests in order to detect potential or actual bowel cancer early.

Early detection is important because it leads to leads to an improved outcome and less severe treatment. Over 16,000 cases of Bowel Cancer will occur in Australia in 2017. This accounts for 12% of all cancer cases in Australia.

BowelCare kits are sold for \$15.00 each. This is approximately half the normal retail cost of equivalent screening tests.

The cost includes pathology testing and notification of results to both the participant and their nominated doctor



**RED  
SHIELD  
APPEAL**

**May 27 and 28**

*If you would like to volunteer as a doorknocker, driver, or street collector contact Tom Colless 4780 1100 and become part of the happy team helping the Salvos this year.*



*Because*  
**NO ONE**  
*should have to*  
*go it*  
**ALONE**

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# Mountain Ghost

**ORANGE FOOD WEEK - March 31 to April 9**  
Orange has developed in recent years as the food and wine capital west of the Blue Mountains. If you have not been there for some years you are in for a treat.

*Last year the Ghost was invited to the Orange Food Fair. He thought what can you do with oranges that would take a week – count me out. When he learned that the Food Week was in Orange two hours west of Katoomba he decided to go. It was a fantastic week.*

Orange has developed in recent years as the food and wine capital west of the Blue Mountains. If you have not been there for some years you are in for a treat.

The Food Week runs from 31st March to 9th April this year. The Orange week seems to be 10 days.

FOOD by the way stands for Food Of Orange District. What's on in the next 10 days? There are food stalls throughout Orange and the surrounding wineries.

For example the Ghost could go to his favourite winery Philip Shaw wines and have Lebanese feast on Friday or go to Cargo Road Wines for Vietnamese Banquet on Sunday. He could go to Borrodel Wines and listen to jazz.

On Friday 7th April the Orange Food Steam Train leaves Central for Orange with well known chefs giving food talks to the patrons and the odd glass of champagne.

At Molong on the Saturday is the famous 100 Mile Dinner under the stars on the Village Green. Travel by bus from Orange. Cost of this unique dinner is \$125 a head.

Forage on 8th April is also well supported. You stroll through 3.5klm of vineyards being given wine tastings and food tastings every 500 metres. This sounds very dangerous to the Ghost.

One of the beauties of Orange are the vineyards. For example if you start at Lake Canobolus you can make your way up the Mountain. At the bottom you taste Shiraz and Chardonnay and as you ascend you can try great pinots or sauvignon blancs. Mount Canobolus is an extinct volcano and is the highest point in Australia west of the Great Divide. I bet you didn't know that.

Some of the Ghosts recommendations are breakfast at Milthorpe (Tonic Restaurant) lunch at the Agrestic Grocer, drinks at the Union Bank and dinner at Lolli Redinis (one of the top Orange places to dine).

There are no oranges grown in Orange, only apples,

stone fruits and grapes. Evidently it takes its name from the Prince of Orange. It is a lovely place to visit (perhaps not in winter as it gets very cold) and has lovely places to visit in the surrounding areas. The Ghost is looking forward to the 26th Food Festival.

Good To Know:

Plenty of BnB in the area. A lot of the wineries offer accommodation too.

Check on events at [www.orangefoodweek.com.au](http://www.orangefoodweek.com.au)

**Ghost Rating – 9/10**



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# “Winds of Change”

*“If we do not feel that sense of urgency to change then any winds of change will fall on deaf ears”*

*An article by PDG Malcolm Lindquist, Zone 8 Rotary Coordinator, published in the April, 2017 edition of Rotary on the Move.*

*RI Director Noel Trevaskis has reported to the January meeting of the RI Board with suggested changes to the structure of Rotary in our region brought about by the steady decline in total numbers of clubs and Rotarians in Districts.*

*This review is not restricted to our zones but is part of a global restructure that will accommodate the expansion of some regions such as India and decline in others such as USA.*

*What will it mean for us in Australasia and the Islands to the North?*

*RID Noel has had extensive discussions with all of the District Governors and is presenting a more detailed proposal for the RI Board meeting this month.*

Whilst there has been no definitive decisions made there are clear indications that the Board has approved a redefinition of Zones throughout the world and that the current Zones of 7B and 8 will amalgamate as a single Zone, probably with a new Identification number, and the total number of Districts will decrease to better fit the global guidelines of 2,500 members and 75 clubs per District. Zone 7A in the Philippines will become part of the Asian region to the North.

The new structure is planned to be implemented in the 2020-21 Rotary Year!

Noel has also emphasised that the redefinition of Districts is not just absorption of a smaller District by another and that many Districts will be rebadged and that clubs in fringe areas will be consulted about where their future lies. Where Districts have previously been amalgamated, it is anticipated that there will be minimal change in boundaries.

## **What will it mean for clubs?**

For most clubs, there will be little noticeable difference in day to day running of affairs. But the economies of scale of a larger District may result in real advantages for District events.

For example

- bigger PETS audience may attract higher profile speakers and presenters
- bigger budget for advertising
- a larger combined amount of District Designated Funds to support more ambitious Global and District projects
- a bigger pool of suitable candidates for District positions
- ability to devote time to events without the background fear of the immediate consequences of membership falling below a critical number
- bigger and better conferences with more friends to make and successes to share.

Already many Districts are investigating joint conferences and President Elects Training to smooth the passage of restructuring and the changes associated with the reallocation of Zones.

In our region, there has been a significant increase in the number of new Rotarians which in many cases has led to the development of a new and refreshing culture in clubs. However, our total numbers have remained stagnant. Membership is still a club responsibility.

Professor John Kotter of the Harvard Business School in 1995 published an 8-point guide to transforming an organisation and this could include our Rotary Clubs. The first two steps in the guide involve establishing a sense of urgency within the organisation and forming a powerful Guiding coalition with enough power to lead the change effort.

If we do not feel that sense of urgency to change then any winds of change will fall on deaf ears!