

Central Blue Mountains Rotary

Effective - Energetic - Enterprising - Empowered

tary District 9685 - Australia

Wednesday, August 07, 2019

Wentworth Falls Lake Waterways Festival Sunday, August 25

up front

Make your club more inclusive

"Having people join your club is not good enough. They need to be included in planning and decision making."

Rotary recently adopted a diversity, equity, and inclusion policy that sends a strong message that we embrace inclusivity.

All over the world Rotary reaches a broad range of people with its service projects. So we are already diverse.

But a second ingredient, inclusion, is the key to unlocking and maintaining the full benefits of that diversity.

This means: It is not enough to invite people from diverse backgrounds to your meetings and events. They need to be included in club planning and decision making. And their contributions should be valued.

About the author: Katey Halliday is a past president and charter member of the Adelaide City Rotaract Club and recently joined the Rotary Club of Adelaide Light. She has also served as a team leader, coordinator, and trainer for Rotary Youth Leadership Awards (RYLA). She is a project officer and training facilitator in the Diversity and Inclusion Branch of the South Australia Police.

Katey's full story can be read by visiting *"Rotary Voices"*.



Give all members something meaningful to do

This requires club leaders to understand why each member is there, and determine what activities would fulfill their passion and purpose for joining.

It is sometimes easier to do a task yourself then delegating, but handing tasks over to someone new is a great way to include them.

Provide diversity and inclusion training

Every club can benefit from an honest discussion about these topics.

- Some people hesitate to join an organisation because of inappropriate comments or behavior they have experienced.
- Use inclusive language: Learn about the effects your words have on creating a culture of normalised behavior.
- Detect and avoid unconscious bias and discrimination.
 Sometimes people can unintentionally be treated unfairly because of a personal characteristic.
- Understand and avoid sexual harassment.
- Call out inappropriate behavior as a bystander.

There are many strategies a club can employ. But for any to work, we must accept that change is vital to Rotary's continued success. We can admire Rotary International for approving the diversity, equity, and inclusion policy. Now it's up to members to work it down to the club level.

WhatsOn....

August

Wednesday 07 - Dr James Hunter - Maritime Archaeology
Wednesday 14 - Steve Price - restoring old vinyl records
Sat 17 -Sun 18 - RAWCS (Eastern Region) meeting Katoomba Christian Convention Centre
Wednesday 21 - Foodbank pick up and delivery
Wednesday 21 - Phillip Isaacs - RAWCS
Thursday 22 - BM Grammar School Athletics Day - catering van
Sunday 25 - Waterways Festival catering van - W. Falls Lake
Wednesday 28 - Youth night

September

Wednesday 04 - Guest Speaker - Dave Parsons SES Wednesday 18 - Foodbank pick up and delivery Saturday 28 - Catering van at Woolworths, Katoomba

Rotary Leadership Institute



The Rotary Leadership Institute course is run over two days, power-packed with information, learning, and skills you can use in your Rotary life straight away.

At only \$75 including all materials, coffee breaks and lunch, this is great value to Clubs and their members.

Networking with other Rotarians and led by experienced facilitators, you are sure to enjoy what others are describing as the best Rotary training they have had.

If you are already an RLI graduate, encourage your fellow Club Members to attend. Register online now at rli.rotarydistrict9685.org.au and supercharge your Rotary.

Dates are;

- RLI 53 August 18 (Sunday)
- RLI 54 October 5-6 (Weekend)

RLI 55 November 16-17 (Weekend)

Guest Speaker August 07



James Hunter - Maritime Archaeology

Dr James Hunter is the inaugural Curator of RAN Maritime Archaeology at the Australian National Maritime Museum. He received his MA in historical archaeology from the University of West Florida, and holds a PhD in maritime archaeology from Flinders University, where he is an Associate Lecturer in the Department of Archaeology.

James has worked in the field of maritime archaeology for nearly two decades, and during that time has participated in the investigation of shipwrecks and other archaeological sites ranging from prehistory to the modern era.

He was a member of the archaeological team that investigated the American Civil War submarine H.L. Hunley, and a staff archaeologist with the U.S. Naval History and Heritage Command's Underwater Archaeology Branch.

James has been published widely and is also an accomplished archaeological illustrator whose work has been featured in a number of scholarly books and articles.

Generous support for End Polio boosted D9685 Foundation donation

Central Blue Mountains Rotary Foundation chair Ian Scott said CBM achieved the following in its Foundation targets for 2018-2019 (USD\$):

Annual Fund \$6,362.55 against a target of \$8000

Polio \$8,087.43 against a target of \$4000

Total \$14,449.98 against a target of \$12000

"So we did good overall, he said. "Percentage of giving coming from club was 5.3%; percentage from individuals 94.7%.

"We did agree to give a further \$2,000 AUD from the club to the Annual Fund at the end of Rotary Year and this will show in 2019-2020 figures."



Past District Governor David Rands said recently that Rotary District 9685 donated \$US542,048 to the Rotary Foundation in 2018-2019.

PDG David Rands was Rotary Foundation Chair 2016-2019.

Clubs and individual Rotarians donated \$A764,000 last Rotary year. This figure was helped hugely by generous support for the End Polio campaign, including a very generous bequest of \$100,000 through Belrose Rotary.

The contribution was also boosted by clubs that supported Ride the Train organised by Mark and Dave Anderson from Rotary Beecroft, and five screenings across the district of the Movie Bohemian Rhapsody, in November.

End Polio giving was \$A244,000 against \$A80,000 in the previous year

"Our Annual Fund giving, which is fundamental to our ability to support club projects, both here and overseas, was down; \$US337,000 (\$A475,000) from \$US404,000 (\$A529,000) in 2017-18," David Rands said.

"We believe it was heavily affected by the huge club support for the Drought Appeal earlier in the year. While many clubs were able to provide less support than in the past, there were a good number of clubs that gave more, and very generously. Thank You!."

"We are thankful to the increasing number of personal donors, our Centurions, Paul Harris Society members (now 86 in the district) and in particular some very generous major donors who made a big contribution to our result.

"The Rotary Foundation's funds go almost entirely into doing good in the world, with a world-leading ranking in terms of effectiveness, efficiency, integrity and low cost of operation.

"In particular it is the vehicle through which Rotary has made a huge and on-going commitment to ridding the world of Polio," David Rands said.



The Rotary Club of Pambula, on the NSW South Coast, has adopted the country town of Trundle, fostering an ongoing relationship between the two communities.

Trundle is in Parkes Shire in the Central West of NSW. It and the surrounding area have a small population.

Pambula Rotarians will be arriving in Trundle on August 8.

The relationship began in November when a small team of Rotarians visited Trundle for three days.

During that time they visited the schools, Men's Shed, painted the Trundle preschool great room, donated gift vouchers for each child in the schools and preschool

Discussions between Pambula Rotary and Trundle Progress Association are ongoing.

Grain is a priority in the area and the Rotary club is investigating how it can support the farming community.



In 1954, the Rotary Club of Wollongong built the road up the steep approach to what is now Mount Keira Summit Park, a 1,522-foot peak with expansive views of the Illawarra coastline south of Sydney.

Rotarians built the road from the bottom of the mountain to the top using voluntary labour and donated equipment.

The project was carried out to mark Rotary's golden anniversary in 1955, and on 23 February this year, the club commemorated that endeavor with a community day organized with the New South Wales Aboriginal Land Council and the park's botanic garden.

About 120 people joined guided walks exploring the mountain's significance to aboriginal culture and its flora and fauna. Rotarians and other visitors shovelled mulch and pulled weeds to honour a legacy project. Bomaderry and Nowra Rotary Clubs are coordinating a U-Turn the Wheel program targeting Year 11 students.

The South Coast Register reported Saturday that over 600 students have participated this year with support from local Shoalhaven high schools.

The program is run at no cost to students or schools, which provides an opportunity to as many students as possible to participate.

The program is funded through money raised by Rotary club activities and grants.

Shoalhaven City Council provided grants and support came from the University of Wollongong who supplied the venue.

The Rotary clubs believe the U-Turn the Wheel program provides a valuable platform to connect strongly with youth in the region.

Sessions are delivered by staff from a range of organisations including, NSW Police, Health, Ambulance, and people who have been affected by road fatalities.

"Living Voice" informs young people about organ donation



CBM president Justine Murphy and guest speaker KarenWest. Image: Yung Kim

Our guest speaker July 31 was Karen West, of Leura, the author of a recent young adult fiction novel, "Living Voice", which informs and raises awareness of organ donation among teenagers.

The popularity of the novel lead to the creation of a website <u>livingvoice.com.au</u>

Dedicated to her mission of the importance of educating teenagers on the subject, Karen West says "Only eight per cent of young adults between the ages of 18 and 24 are registered donors, even though, since 2008, the Australian Government has spent hundreds of millions of dollars on organ donation reform and millions on encouraging parents about the importance of discussing organ donation with their teenage children."

Karen's book is fiction, but importantly, it shares the dynamics of a family in crisis, love, life, death and hope.

"I went on to develop the website because I believe that it is the teenagers that we should be encouraging and educating to discuss the subject of organ donation with their parents.

"The website offers accurate information through direct links to DonateLife and provides a registration form for teenagers over the age of sixteen to become a registered donor," Karen said.

About 1,400 Australians are currently waitlisted for a life-saving organ transplant, but only one in three have joined the national organ donor register.

"Living Voice aims to educate young people on the benefits of registering for organ donation and of the importance of ensuring their loved ones know of their decision," Karen West said.

Sitting and Standing in Parliament

I was watching Federal Parliament last week, one of its regular sitting periods this year. But there appears to more sitting and standing going in that place than anything else.

Parliament only sits in session when the Speaker sits.

When you think about it, in order to sit in Parliament, you first of all have to stand for a seat. But before that, as an aspiring politician, you have to find a seat. Not easy these days when lots of other people covet the seat on which you are proposing to sit.

So...if you stand as a candidate and win an election, you are invited to sit as a member of the House of Representatives, where you sit with lots of other people who are also sitting, but you only sit on a seat which has been allocated to you to sit on.

You are allowed to stand in Parliament and ask a question if you are called to do so by the Speaker, who is also sitting. But then he might ask you to sit. (ie: the member will resume his seat)

The Speaker only stands when members get out of line and he has to bring the sitting back into order.

If you dare to make rude remarks about those opposite, who are also sitting, the Speaker might ask you to stand so that you can be thrown out.

People sitting in the public gallery are never allowed to stand. If they do so, they could get thrown out.

Of course, our Parliament is nowhere near as noisy and congested as the House of Commons, which sits in London...In that chamber there are more than 500 sitting members, some of which have to stand because they can't find a seat on which to sit.

In the House of Commons, MPs stand up and sit down during debates ... When members speak they are always speaking to the Speaker. They stand up and the Speaker selects them and everyone else sits down. If the Speaker stands up or calls members to order everyone must sit down.

Terribly confusing, isn't it.

....Archie

2019 Rotary Henley-on-Todd

Saturday, August 17

Talk about quirky??

It's a boat race with a unique difference - held on the dry sands of the Todd River, in Alice Springs. In fact - it is the world's ONLY dry river bed boating regatta.

AND...it raises thousands of dollars each year for the three Rotary Clubs in Alice Springs.

Regatta attendees compete in 'boat' races in the style of the Flintstones: holding a lightweight boat frame and running around the buoy and back to the finish line.

The finale of the day is known as the Battle of the boats. Past crew members say "it's the best water fight I have been in my life!"

The three motorised boats are each loaded with canons that fire off with plenty of colour, water cannons and water bombs. The winner is decided by the crowd!



It's the most iconic event in the Australian outback.



Sunday, August 25 Wentworth Falls Lake

A FREE, fun event for all ages jam-packed with activities, walks, talks and workshops...10.00am to 2.00pm.

Love our Lake - learn all about swamp critters and find out why they are are so special.

Go on a swamp safari, get up close and personal with crayfish and turtles. Make art and enjoy expert-led walks and talks.

Book in for a specific activity, or just come along for a great day out!

Walking tours include some narrow bush pathways with uneven surfaces. All other activities are suitable for wheelchair or pram access.

Please contact gfitzgerald@bmcc.nsw.gov.au if you have any questions about accessibility.

Central Blue Mountains Rotary will be serving delicious sausage and egg and bacon rolls throughout the day.