



SOAP COURIER'S clean outcome

Lucian Keegel, Rotary e-club of Greater Sydney, was recognised Wednesday 01/03 at Central Blue Mountains Rotary for his continuing contribution to Soap Aid.

Lucian regularly delivers used soap from hotels and resorts in the Blue Mountains to a depot at Castle Hill where it is prepared for shipping to Soap Aid head office, Braeside, Vic. and recycling.

"So far, more than seven tons of used soap has been collected from hotels in the Blue Mountains and Sydney and recycled," Lucian said.

Lucian was presented with his Certificate of Appreciation by PDG Jennifer Scott.

Soap Aid wants "Squeaky Clean Kids"

SOAP AID has partnered with the WA Country Health Service to provide soap and education resources as part of the 'Squeaky Clean Kids' Program, an initiative aiming to reduce the incidence of infectious diseases in remote communities, specifically targeting trachoma infections.

The Squeaky Clean Kids program has been developed as part of WA Country Health Service's WA Trachoma Control Program. It aims to strengthen environmental health and health promotion and build capacity in communities affected by trachoma.

The goal is to reach 63 remote Aboriginal communities across the Kimberley, Pilbara, Midwest and Goldfields with populations of up to 19,500 across schools, households and community facilities.

SOAP AID will be providing recycled soap and hygiene education resources to help reduce the spread of preventable infectious diseases and improve hygiene practices.

Squeaky Clean Kids aims to:

- Reduce the incidence of Trachoma and other diseases.
- Overcome a common barrier to good hygiene practices in remote Aboriginal communities by providing free soap to all households and facilities for a two-year period.
- Provide health promotion resources to promote messages about hygiene, particularly hand and face washing to school children, to support the provision of free soap.

What's On....



March

Wednesday 08 - Guest Speakers - Jarrod Sorenson (RYLA) and Griffin Brown (NYSF)

Saturday 11 - District 9685 conference - Penrith Panthers

Sunday 12 - Food van - Grand View Market

Monday 13 - Board meeting

Wednesday 15 - Club assembly

Wednesday 22 - District Governor visit

Wednesday 29 - Joint meeting with Penrith Valley Rotary - Grand View Hotel

Friday 31 - Greystanes Golf Day W.Falls Country Club

Fascinating visit to Otpus Satellite HQ



CBM Rotary Vocation Director Allan Byrnes has organised a club visit to the Optus Satellite Control Centre, Belrose, on Tuesday, April 4.

Departure time is 2.45pm from Wentworth Falls. Estimated return about 9.00pm following dinner at Terry Hills Tavern.

The invitation to visit came from Tim Parsley, Optus Satellite's senior technical specialist, spacecraft payload systems. In his spare time, Tim is president and deputy captain of Wentworth Falls Rural Fire Brigade.

Optus operates six geostationary satellites and one geosynchronous satellite, and provides voice and data connectivity, broadcast services and communication access for international businesses.

Optus Satellite also owns and operates two international teleports with antennas pointed at third party satellites in the Pacific and Indian Ocean regions.

Guest speakers Wed. March 8



Central Blue Mountains Youth Services Coordinator Ava Emdin with Jarrod Sorenson (top) and Griffin Brown (below). They will be CBM Rotary guests at Wednesday night's meeting 08/03.

Jarrod will speak about his experience at RYLA (Rotary Youth Leadership) and Griffin Brown will discuss his recent encounter at NYSF (National Youth Science Forum)

Our Mission

Central Blue Mountains Rotary has a very simple mission; to provide service to others within our local community and overseas, to promote integrity, and to advance goodwill through fellowship.

We have a long and successful history of supporting our local community and assisting overseas. Since being established in 1976 we have achieved, quite simply, nothing less than outstanding results every year. We are proud of our contribution to helping others.

CBM Rotary will be at the Grand View Markets Sunday, March 12.

Grand View Hotel,
Great Western Highway
Wentworth Falls







\$25,000 raised so far for Sustainable Cambodia

Past District Governor Jennifer Scott told Central Blue Mountains Rotary Wednesday 01/03 that A\$25,000 raised so far covered the Big Village Basket project (not education).

"So far this has covered villages 4 & 5, which I inspected. Funds were previously raised for villages 1,2 & 3 with help of clubs in WA and Lismore," Jennifer said.

"We have funds for Village 6 and will need another \$1,000 roughly to do Village 7. Both these villages have been identified.

"We saw the sorry state of Village 6 which they are currently planning over the next few months.

"The main focus is latrines, water wells or ponds and bio sand filters. A lot of the work is also training and education on use, hygiene and maintenance.

"Part of the project is also guidance on sustainable alternative crops, in particular in dry areas where they can only have one rice harvest a year."

Central Blue Rotary members Ian and Jennifer Scott and Steve Cookson have just returned from Cambodia after a 10-day review of the program."



At a recent RAWCS meeting in Canberra, Jennifer Scott received a donation of \$1,000 for her Sustainable Cambodia project from the Pink Umbrella Foundation.

Sustainable Cambodia is a RAWCS project, hence donations are tax deductible.

Mountain Ghost

The Ghost says the Blue Mountains Music Festival must be a big boost to the Katoomba economy. He'll be there later this month along with thousands of other music lovers.

The Ghost loves his music especially jazz and he is lucky to live in the Mountains where music is such a big feature. He will be attending the 22nd Blue Mountains Music Festival at Katoomba.



This is a music highlight for anyone who loves music just for the fact that there is such a variety of music by artists from all over the world. It will be held on March 17, 18 and 19, at a variety of venues in Katoomba.

The headline artists will be Paul Kelly and Charlie Owen (Aust), the Waifs (Aust), Urthboy (Aust), Eddie Reader (Scotland), Irish Mythen (Ireland) and Dori Freeman (USA.



The Waifs

The locations are all around Katoomba, for example Lurline Pavilion, The Shed, Palais Royale (replacing Katoomba RSL for obvious reasons) and the Clarendon. It's best if you download the program at bmff.org.au. Last year the Ghost visited the Festival on a Saturday night and was impressed with the great atmosphere. Very family friendly. It must be a big boost to the Katoomba economy.

Last week, the Ghost listened to local icon Pat Drummond at the New Ivanhoe Hotel, Blackheath.

He is as good as he ever was and well worth a listen to. There was jazz at the Norman Lindsey Gallery last week. The band was Galapagos Duck and it was real duck weather with the heavy rain.

Last month the Ghost was distracted by his own importance and he missed the 2017 Ukulele Festival held at the Carrington Hotel. While it can be argued that Ukulele is not real music it is certainly entertaining. It appears the Blue Mountains is now the home of the Ukulele.

Well folks ...there's your culture for another week.

CBM's trees are alive and well, and living at Lithgow

Bob Selinger, Chatswood Sunrise Rotary, has assured Central Blue Mountains Rotary that 40 trees we purchased several years ago (one for each member) are alive and well and living a life of luxury at Lake Pillans, Lithgow.

In a recent email Bob said we should get down to Lithgow and take a look, and help to plant some more trees.

The trees are part of the Chatswood Sunrise Rotary Grow Tree project commenced several years ago.

Bob says: "We planted 500 trees at Lithgow with our own little hands. These were ones from the District appeal. We have just sent \$500 for the next lot of planting and await notification of the planting date. We plan to go to Lithgow.

Speaking to Eric Cantor, former president of Chatswood Sunrise and now a member of Central Blue, Bob said: "Please ask if your Club members are interested in taking part. We'd love to get dirty along with them!!

"You may recall that Landcare is notoriously hard to get answers from. But please reassure everyone that the trees are extremely well and thriving in the area," Bob said.



This is Bob, the tree planter, at Lake Pillans, Lithgow. Don't know whether the trees he's planting are ours.

Rotary Club of Sydney supports Indigenous Health Research

THE ROTARY CLUB OF SYDNEY is hoping to make real change in Indigenous health outcomes this year, as the club pours funding into Indigenous health research.

Collaborating with Australian Rotary Health (ARH) and the University of Technology Sydney (UTS), the Rotary Club will co-fund two PhD scholarships focusing on Indigenous mental health and Indigenous disabilities.

Rotary Club of Sydney President, Alex Shaw, said Indigenous health is an area that desperately needs further attention and funding.

"Indigenous health outcomes in Australia have reached a national crisis. According to the Australian Bureau of Statistics; the average life expectancy for Indigenous people is approximately 10 years less than that of non-Indigenous people," Mr Shaw stated.

"The partnership between the Rotary Club of Sydney, Australian Rotary Health and the University of Technology represents a collective commitment to closing the gap on Indigenous health outcomes."

The Rotary Club of Sydney's Soukup Memorial Scholarship Fund was set up by the Club to improve the education of Indigenous students. The Fund has since been used to support scholarships for young, post-secondary students of Aboriginal or Torres Strait Islander descent who have been unable to afford or access tertiary study.



www.australiancotaryhealth.org.au

Currently, the Club funds scholarships for one post graduate and six undergraduate students at the University of Sydney and the University of Technology, and supports the Poche Centre for Indigenous Health in its endeavour to educate Indigenous children about dental health.

The two new scholarships are currently being advertised to the public and the Rotary Club of Sydney is looking forward to seeing the research projects in action soon.

"The Rotary Club of Sydney strongly believes that education changes the lives of individuals, communities and the nation, and that these scholarships will ultimately contribute to a fairer and a more prosperous Australia," Mr Shaw said.

Australian Rotary Health is one of the largest independent funders of mental health research within Australia. To help Australian Rotary Health improve the mental health and well-being of all Australians, visit: www. australianrotaryhealth.org.au