

Invite your friends and associates to our outstanding meetings

Barb Steps Up for Interplast

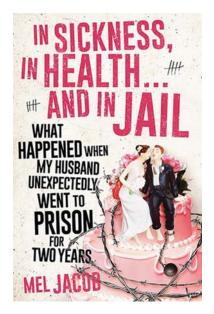


Barbara Wall, a former president of Upper Blue Mountains Sunrise Rotary, is about to make the climb of her life next Sunday when she joins several hundred other enthusiasts to climb 1632 steps to the top of Eureka Tower in Melbourne. Barbara, aged 68 years, has been training for the event for the past eight months, and in that time has lost a whopping 27kg, using the railway station steps at Blackheath as her main training ground.

Raising money for Interplast is a passion for Barbara. Upper BM Sunrise raised in excess of \$40,000 for the charity during Barbara's presidential year.

Photo: Barb receives a cheque from Ray Wiles president Central Blue Mountains Rotary.





Our Guest Speaker Nov. 9

Experienced journalist and scriptwriter, Mel Jacob.

Her journalism has been published in The Good Weekend, Sunday Life, Brisbane Times, Adelaide Advertiser, Radio National, Kidspot, MCA and The Australian Museum.

Mel's life took an unexpected detour when her seemingly saintly husband was jailed for two years. "In Sickness, in Health . . . and in Jail" follows Mel's funny, moving and insightful journey as she navigates single parenthood, prison visitations and nosy neighbours.

Her revealing account is the story of the family left behind. It chronicles the grief, the stigma and the conversational minefields of her husband's whereabouts, as well as the logistical problems of making a baby sibling for her two children, and why it's not appropriate to tell people that daddy's in jail.

CBM members enjoyed a visit to Bennetts Printing, Katoomba, last week as part of the club's vocational program. Bennetts Printing has operated in the Blue Mountains for the past 90 years and its current owner Michael Lewtchenko and his family, were keen to show off their state-of-the-art digital equipment.

Our members were shown the operation of the digital press, offset printing and large scale poster equipment. A one-hour demonstration of this machinery left them wanting to see more.



What's On....



November

Wednesday 9 - Guest speaker Melissa Jacob

Saturday 12 - International Service workshop

Sunday 13 - Catering - Grand View Hotel market
Pudding sales

Wednesday 16 - Club Assembly

Wednesday 23 - Twilight meeting BBQ - W. Falls Lake

Monday 28 - Million Dollar Dinner - Rotary Foundation

Wednesday 30 - Guest speaker - Attila Stopic - ANSTO

December

Sunday 4 - Catering van at Leura School market
Wednesday 7 - CBM Rotary Annual General Meeting

Saturday 10 - CBM Christmas function

Sunday 11 - Carols in the Park - Wilson Park

Wednesday 14 - Susan Templeman

Friday 16 - 22 - Christmas raffle ticket selling

Monday 19 - Board meeting

Wednesday 21 - Club Assembly

Wednesday 28 - No meeting

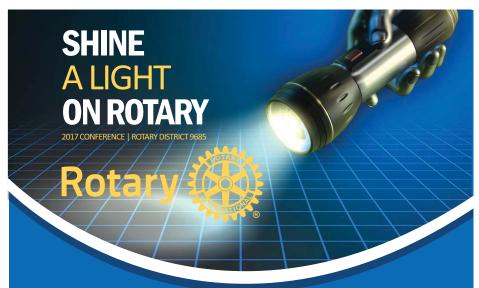
Visitors are always welcome at CBM Rotary

CBM Rotary

on your PC

on your Tablet

on your Phone



2017 CONFERENCE ROTARY DISTRICT 9685

Saturday March 11th 2017

Penrith Panthers Convention Centre

Register Now at

www.conference2017.rotarydistrict9685.org.au



World Toilet day

November 19

Such a basic human need - everyone visits the toilet several times a day. Yet, the impact of inadequate (or no) sanitation, especially on women, is devastating. One in three women worldwide risk shame, disease, harassment and even attack because they have nowhere safe to go to the toilet. Some 526 million women have no choice but to go to the toilet in the open. Women and girls living without any toilets spend approximately 97 billion hours each year "finding a place to go".

This has to be an irresistible challenge for Rotarians! The very first Rotary public service project instituted in Chicago in 1907 was the construction of public toilets (often coyly referred to as "comfort stations" in those days!).

Registration Packages Platinum Package - \$150

Includes all conference sessions. (morning tea, lunch, and afternoon tea, cocktail function and entertainment).

Day Package – \$100

Registration for the plenary sessions. includes the conference plenary sessions on Saturday only (incl. morning tea, lunch and afternoon tea). Does NOT include any other sessions or events.

INTERNATIONAL FELLOWSHIP OF EDUCATORS

The International Fellowship of Rotarian Educators is one of RI's newest fellowships.

The website address is www. rotarianeducators.org. As you can see from the website, one does not have to be an educator or work in the field of education to be a member-just have a passion for or an interest in education.

Membership is available for one year (\$20 USD), three years (\$50 USD), or a lifetime membership for \$100 USD.

Yours in Rotary Service, Charles Grant, Ph.D. Chair

Note: International Fellowship of Rotarian Educators operates in compliance with Rotary International's policies for Rotary Fellowships but it is not an agency of, or controlled by, Rotary International.

See more at: http://www. rotarydistrict9685.org.au/Stories/ international-fellowship-ofeducators#sthash.I2uTSNr2.dpuf

Whether helping your local community or responding to international disasters, there is a Rotary project to suit everyone.

Being part of Rotary is more than just giving back to the community. It is also about bringing your skills, experience and enthusiasm to help it thrive, while making some great friends along the way.

Help end polio worldwide.

Rotary. Humanity in motion.

rotary.org/endpolio



Mountain Ghost

The Ghost says the Australian Reptile Park is not like a zoo. There are free shows on all day. The best known is Elvis the Crocodile. Elvis is massive and bad tempered.

AUSTRALIAN REPTILE PARK

The Mountain Ghost is not a great lover of snakes, spiders and crocodiles, but if he is forced to see them it could not be in a better place than the Australian Reptile Park (ARP) at Somersby (near Gosford).

The Ghost has to admit this is the best small zoo he has been to. Twice in the last 12 months he has been there. Firstly with grandchildren who like snakes, spiders and crocodiles and secondly with OS visitors who wanted to see cuddly koalas, kangaroos, dingos and Tassie Devils.

The ARP was established in 1948 by the great Eric Worrell, Australia's first naturalist. It is now regarded as one of the country's premier attractions.

ARP is the only zoo in Australia committed to saving lives with a venom milking program for over 50 years. It is estimated that 300 lives a year are saved by the snake and funnel web spider anti venom.

The Park moved to its current site in 1996 and readers will remember this as the site of Old Sydney Town. A major fire in 2000 destroyed many buildings and most of the reptiles in the collection.

What the Ghost likes about the Park is that it is not like a zoo. There are free shows on all day. The best known is Elvis the Crocodile. Elvis is massive and also bad tempered. There is the Elvis show daily.

There is a snake show, a dingo show and the Tasmanian Devil show. You can actually touch the animals. The Ghost was asked to cuddle up to a python but he declined.

The head of the park, Tim Faulkner, has his own show on TV (Channel 9 the Geographic Channel) with 180 million viewers a week. The Ghost is envious.

The ARP has been a consistent NSW tourism

winner. In 2015 Tim Faulkner was awarded Australian Geographic Conservationist of the year.



Somersby is 90 minutes from Wentworth Falls by car (only way to get there)

Price: \$30 for seniors/\$90 family of four

Good news is once inside there is no need to spend anything apart from your food – Canteen is good.

(Picnic facilities are there if you wish to take your own)

Good wheelchair access

Ghost Rating: 8/10





