

# HORIZONS

## Central Blue Mountains Rotary

*Effective - Energetic - Enterprising - Empowered*

Rotary District 9685 - Australia

Wednesday, October 24 2018

**Pudding Lane  
Christmas Cakes  
and Puddings**



Premium dark chocolate blended with Valencia Orange tastes, fruit and French Orange Liqueur



Premium dark tropical rum, fruits and finest dark chocolate

**CBM Rotary  
will be selling  
Christmas  
puddings at the  
Twilight Market  
Faulconbridge  
Public School,  
Friday  
November 2  
6.00pm to 9.00pm**

**devilishly delicious**

**ORDER NOW!**

Your pudding expert is  
**Eric Cantor**

4757 1790 - 0414 271 857  
[cantors@bigpond.com](mailto:cantors@bigpond.com)

Tropical mangoes soaked  
in matured Barossa  
Valley brandy and natural  
mango essence



**Also Rum & Plum**

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# WhatsOn....

## October

**Wednesday 24:** World Polio Day

**Wednesday 24:** Katoomba RSL barbecue - Kat. Hospital

**Wednesday 24:** Social night

**Friday 26:** Lawson Public School Breakfast Club

**Fri-Sat-Sun 26-28:** Fellowship in Forbes

**Wednesday 31:** No meeting

## November

**Thursday 01:** Movie night - Mt. Vic Flicks

**Friday 02:** Lawson Public School Breakfast Club

**Friday 02:** Pudding sales - Faulconbridge School

**Sunday 04:** Grandparents/Elders Day - W. Falls Lake

**Wednesday 07:** Guest speaker - Rowan Price

**Thursday 08:** Board meeting

**Friday 09:** Lawson Public School Breakfast Club

**Sunday 11:** Remembrance Day ceremony, Leura

**Wednesday 14:** Members vocation night

**Friday 16:** Lawson Public School Breakfast Club

**Saturday 17:** Barbecue - Mitre 10, Katoomba

**Wednesday 21:** Club business/planning meeting

**Friday 23:** Lawson Public School Breakfast Club

**Saturday 24:** Community Chest raffle ticket sales

**Monday 26:** Rotary Foundation Dinner

**Wednesday 28:** Social meeting/ vocational visit

**Friday 30:** Lawson Public School Breakfast Club

## Guest Speaker November 07

Rowan Price is an experienced enterprise risk management professional with over 20 years of experience in the financial services industry in Australia and Switzerland.

His areas of expertise include IT security, information risk, project assurance, and IT fraud investigations.

He has worked with highly skilled people from some of the largest financial institutions in the world and experts in cyber security in Australia.

Having started his career as an EDP auditor, he moved onto a number of roles in IT security including having responsibility for forensic investigations of computing systems. He has worked for the Commonwealth Bank, Colonial Bank, Legal & General, Zurich Insurance, Westpac and now MunichRe



Sydney Districts 9675 & 9685

## An Invitation to the Rotary Foundation Dinner

Waterview

Bicentennial Drive, Bicentennial Park, Sydney Olympic Park

**26 November, 2018 at 6:30PM**



### Program

6.30 - 7.00pm	Fellowship and pre-dinner drinks
7.00pm	Introductions
8.00pm	Keynote Speaker - Ian Riseley IPRIP
9.00pm	Close

**Cost: \$75 per person or \$700 for a table of 10**

**For bookings:** [Click Here](#) (Instructions for Table bookings display after you enter your name on page 1 – submit attendees using spreadsheet provided)



*Rowan Price with personal bodyguard*

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The Rotary Foundation presents

# BOHEMIAN RHAPSODY

THE ONLY THING MORE EXTRAORDINARY  
THAN THEIR MUSIC IS HIS STORY

**Join Upper Mountains Rotary  
for pre-movie drinks and nibbles  
7.15pm Thursday 1 November, 2018  
at Mt Vic Flicks**

**Tickets \$25**

Book online

<https://www.trybooking.com/YONL>

Proceeds  
Support



**Rotary**  
Upper Mountains



Check the Classification

PG-13



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# Establishing a garden to help fight hunger



***The Food Plant Solutions Rotarian Action Group (FPS RAG) promotes innovative solutions to end hunger, malnutrition and ensure food security that is nutritious, sustainable, cost effective and proven to work.***

Food Plant Solutions creates educational publications that help the Rotary network understand the connection between plant selection and nutrition.

This empowers clubs to work with communities to grow or source and eat a range of highly nutritious plants with differing seasonal requirements and maturities.

*Today, we encourage you to take action by establishing food gardens in schools and communities. Our partners have proven that gardens provide ongoing education and help improve the health and nutrition of all participants, all while reducing malnutrition by as much as 95%.*

We aim to influence how people think about their food choices through education and scientific evidence which empowers them to make changes.

The more information and education people have on their food choices – what nutritious food is, how to grow it and why it's important to eat – the more likely they will be to make healthier choices. This benefits them, their family and ultimately the community as a whole.

Food Plant Solutions does not send people in-country to plan projects. Instead, we form partnerships with existing aid providers and clubs who use our publications to educate communities, and particularly women and children, on the nutrient value of their local foods.

Not only does this sustainably address malnutrition and food security, it empowers women. In many cases this will increase income for women, which benefits her family as a whole, and it also safeguards and strengthens the capacity of women to provide food security, health and nutrition for their family.



# "Jazz at the View"

## Sunday, October 21



Local artist Tanya Loviz donated the painting shown left with CBM co-presidents Steve Cookson and Ava Emdin.

Titled "*The 3 Shear-Hers*"- the painting raised \$1,000 for the drought appeal.

After more than 25 years experience, Tanya Loviz is recognised internationally and embraced locally as being a truly unique and gifted artist.

She has had 40 solo exhibitions and a staggering collection of over 1,600 paintings and matching poetry.

### Excellent Entertainment, Great Food - and more than \$3,000 raised for the drought appeal



**Kevin Brown Jazz Group**

An extremely successful afternoon's entertainment Sunday 21/10 at the Grand View Hotel Wentworth Falls raised a whopping \$3,300 plus a bucket collection of \$700 for the Rotary Australia, National Farmers Federation, Channel Nine Drought Appeal.

The enthusiastic jazz crowd enjoyed their Grand View Hotel lunch as they were entertained by the Kevin Brown Jazz Group, country folk singer Pat Drummond and guitarist Martin Foote.

Central Blue Mountains Rotary is indebted to local artist Tanya Loviz who generously donated several of her paintings valued at \$1,700, the main exhibit being the one shown above which realised \$1,000.



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## Central Blue Mountains Rotary features at Scenic World, Katoomba

### Sunrise comes to Katoomba – and we were there

It was 0500hrs - that's right 5am last Tuesday. - as bleary-eyed Central Blue Mountains Rotarians participated in Channel 7's "Sunrise" program during a visit to Scenic World. Our job was to feed the mob.

Braving wet and misty weather we began our cooking exercise before dawn for others attending and then we became part of the crowd for the live crosses to the show's weather presenter as the light improved.

Contrary to the program's name, the sun was not seen to rise over Katoomba during the show.

Despite the weather, it was a great effort as Rotary and "Lift the Lid" featured in the television show outside broadcast. We also tried out the new Skyway and stood in the drizzle with Scenic World staff to form a big K to end the show.



How about this!...we formed a BIG K to promote Katoomba



Here we are riding on the new Skyway - not much to see through the heavy mist.

*..that's all folks*