



Rotary



Club of Eaglehawk

R.I. President – Gordon McNally
District Governor – Ron Payne
Assistant Governor – Rob Foran

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Chartered 8th August 1966
President – Eric Smith 0438 688 806
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We meet every Wednesday at the Mechanics Facility, 8 School Street, California Gully for a dinner meeting.

The next fortnight....		
12 August	Bookshop	Rita & Lynne
16 August	Club dinner meeting The program this week is a focus on the Club's Strategic Plan followed by a board meeting.	Bar- John J Clean- Charlie & Tim
19 August	Bookshop	Rita & John G
23 August	Club dinner meeting This week Alison McClure is telling us about the Afghan refugee program in Bendigo.	Bar – Alison Clean – Gary and Mary

Happy Birthday to you in August!

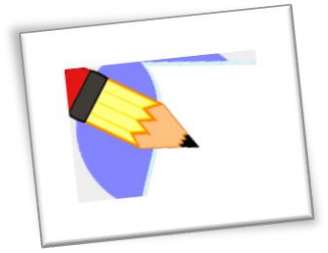
Aug 10th Laurie
Aug 15th John G
Aug 26th John J



Reminders:

1. Bonfire at Gary's – **this Saturday 12th August** Members are welcome to bring a guest, and Gary has organised some musical entertainment.
2. Regional Engineering Challenge – **Friday 18th August.**
3. Footy gate duty – **Saturday 19th August** – Lindsay and Marg W
4. Car parking event at the Atisha Centre (was to be on Saturday 26 August) **HAS BEEN CANCELLED!** Thanks to everyone for their offers of help!
5. District Governor: Ron Payne, to visit club meeting – **Wednesday 30th August.**
6. Run for Dad – **Saturday 3rd September**- as per attached flyer.
7. Bunnings BBQ- **Saturday 28 October.**

President's report:



We still have a few away, however it was great to welcome back John Gurr and Lindsay Walkington (and Marg) following their time in Queensland.

It appears they did the Rotary thing of having lunch and spending some time together.

Both have returned looking great and refreshed, ready to get into the normal things with enthusiasm.

Our other intrepid travellers, Mick, Mandy, Geoff, Marg, Brian and Gail, continue on their journey somewhere in southern Western Australia and Greece, (likely to be a little warmer over there!).

I would expect some very informative talks will come our way in due course.

We had 18 attending the meeting including our guest speaker Keith McDonald and guests Laurie Preston and Carmel Fitzpatrick.

It was also great to welcome our newest Rotarian Gai Porh (GP) La Myint to her first meeting as a Rotarian!

John Pearce has arranged the next interview on Phoenix FM for next Tuesday (9:00 am), it may be an interesting discussion. You are welcome to tune in. John plans to continue regular interviews of club members, so please put your hand up or stay tuned for a call.

Our guest speaker, Keith McDonald, presented us with quite an impassioned plea, to take the time to get tested for Prostate Cancer -as prevention is the best cure.

We look forward to information from our travellers as to where they are and what they are up to, and as usual take care this week.

Regards- Eric

Meeting apologies: Brian, Geoff G, Mick and Ron.

Meeting guests: Carmel F, Laurie P and Keith McDonald.



Our meeting guest speaker:
Keith Mc Donald from Athletics Bendigo



Keith gave an insight into the history of the Run for Dad's fundraiser.

This event this year will be the 10th event. A mighty effort!

Originally the event was known as the "Eaglehawk to Bendigo" Run.

The event changed to the Bendigo Racecourse, following the difficulties with the requirements necessary to conduct the event on public roads. Quite challenging to say the least!

The main sponsor and support is from the staff of the St. John of God Hospital.

Due to the interruption from Covid and change of the major sponsor, this event re-commenced three years ago.

The Bendigo Health Prostrate Cancer Foundation has come on board also.

The main purpose of the event is to create awareness about Prostrate Cancer and provide an opportunity to raise funds to support research also.

It is as important to encourage men to get regular testing and check-ups.

"It only takes a blood test".

The Loddon area has an 8% higher risk than the general population!

There are approximately 3000 Prostrate Cancer cases a year, which is more than other cancers.

Several other individual Run for Dads events occur around Australia, however this could be a national event.

Some of our Rotary Cluster Clubs have offered assistance.

The Bendigo event is to be held on Father's Day, 3rd September 2023, starting at 10:00 am at the Bendigo Racecourse. Please send on the attached flyer to family and friends.

On behalf of our Club, thanks to Keith for his time talking at our meeting and for all his efforts to raise awareness of this important issue and help organise this fundraiser in our local community.

Youth:

Exciting news update is that we have 12 Bendigo Year 11 students who have applied for NYSF and will be interviewed in Melbourne on 26th August! More information to follow.....

Cheers – Lynne

Just a reminder from Eric:

Fellowship night this Saturday 12th August, at Gary and Lola's place

Don't forget:

1. A chair
2. Warm clothes
3. a salad
4. BYO drink
5. Marshmallows for the bonfire
6. Bring your partner and or a friend, all welcome

PLEASE advise Lindsay of numbers asap (0409 709 423)



Adventures with Geoff G and Mick (Marg G and Mandy too!)



Geoff and Mick thought they might kick the bucket before they got home!

They sure have clever kangas in the outback – they can jump cows too.



The Pilbara and Karijini National Park

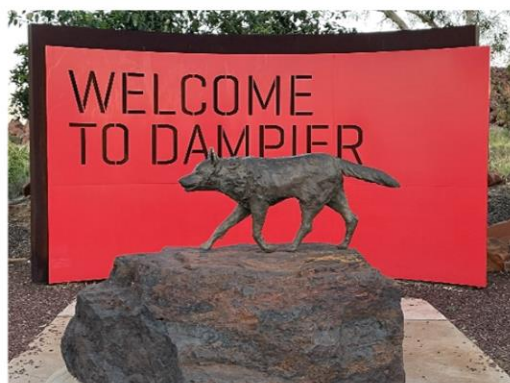
Dump truck at Kalgoorlie – tyres worth a mere \$30,000 each



White barked Snappy Gums – just beautiful against the red rocks and dust!



Who doesn't love Red Dog?



Wildflowers everywhere!



Run returns with health message for men

SOPHIE FOUNÉ

GET stretching and those legs warmed up as the Run for Dad is back on track at the Bendigo Jockey Club this Father's Day.

The event is a fundraiser for the Prostate Cancer Foundation of Australia and organised by Goldfields Rotary and Athletics Bendigo.

As well as raising money the run also seeks to promote the importance of regular health check-ups to help men prevent prostate cancer or detect it as early as possible.

Athletics Bendigo spokesperson Keith Macdonald said prevention and early detection is the key message he wants people to take away from the day.

"Get a regular health check," he said. "We know that prostate cancer isn't a death sentence if detected early.

"If you live in the Loddon region we know that you have an eight per cent higher chance of being diagnosed with prostate cancer than any other region in Australia."

"That's the message men need to hear."

Mr Macdonald said the Run for Dad has a superhero theme and encourages participants to dress up as their favourite characters.

Following the three and eight kilometres runs, there will be a free breakfast put on by local Rotary clubs.

"Run for Dad was about getting men out spending time with family, friends and loved ones on a special day," Mr Macdonald said.

Nine Australian men die each day from prostate cancer but if detected early, patients have a 96 per cent chance of recovering from it.

The Run for Dad goes Sunday 3 September and visit runfordad.com.au for more information and to register.



Get amongst it: The Run for Dad fundraiser for the Prostate Cancer Foundation will take to the track at the Bendigo Jockey Club in September. Photos SUPPLIED