



SERVE TO CHANGE LIVES

Rotary

Club of Eaglehawk



R.I. President – Shekhar Mehta
District Governor – Dale Hoy
Assistant Governor – Graeme Lynas

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Club No 18317
ABN 18279406625
Chartered 8th August 1966
President – Gary Frank 0418 571 521
Secretary – John Jones 0419 113 065
Bulletin – Deb Payne 0407 039 634

**Club meetings are held at the Mechanics Facility, 8 School Street, California Gully.
As this sometimes changes, please see details below for the coming program of Club activities.**

| Dates and Events for Your Diaries - | | Club Members Duty Roster - |
|-------------------------------------|--|---|
| December 4 th | Book Shop – 10am to 12 noon | Lynne Cooper / John Jones |
| December 8 th | Club Dinner Meeting – Guest speaker – Seamus Haugh tbc | Bar – Geoff Adcock Clean Up – Mick Costello / Rita O'Brien |
| December 11 th | Book Shop – 10am to 12 noon | Alf Thorpe / Mary Preston |
| December 15 th | Club Dinner Meeting – | Bar – Alison Bacon Clean Up – Lindsay Walkington / Trevor Lock |

DECEMBER IS

DISEASE PREVENTION AND TREATMENT MONTH

Disease prevention and treatment takes on many forms, supporting studies to helping immunize people to improving drinking water and the sanitation infrastructure.

Rotary

TAKE ACTION: Join a Project

FAVOURITES from: Mick

Favourite Song

Dire Straits Brothers in Arms

Movie

I don't have any movies that I would call my favourites

Favourite holiday

2009 St. Notorious Outback Adventures
Simpson Desert / Birdsville Cup "The Flies Always Settle Tour"
11 fellows 4 vehicles and some Beer and a lot of Adventure
If you get 2 or more of us together the stories just get bigger.
It was the trip that just keeps on giving.

Favourite Food

BBQ especially if cooked over a wood fire.

Favourite Childhood Memory

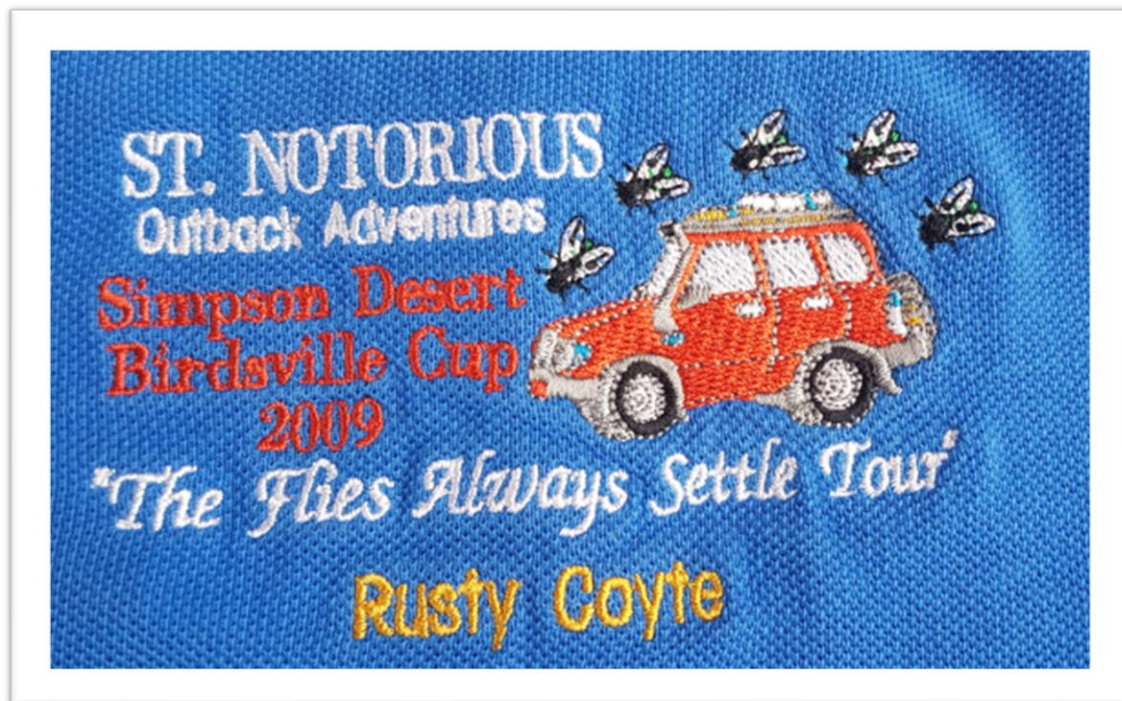
Collecting Mallee Roots.

Favourite sporting moment

2017 AFL Grand final Watching it in Glasgow Scotland on an I-Pad Mini at 5.00 in the morning

Any other Favourites

I love going Camping especially in the Australian Outback



****Newsletter Publication ****

Do you want to add to our newsletter? If so, please send your article to eaglehawkrc.newsletter@gmail.com by Thursday morning

This week's meeting report:

Our guest this week was Mali, a nine month old groodle (Golden retriever/ poodle) who is a well-being dog at Eaglehawk Secondary College. Nicole Ellerton provided a very insightful account of the role of a well being dog and what she does at ESC. Mali goes to the Teacher Advisory (TA) meetings and has an amazing impact on the students, especially some of the more challenging ones.

Mali is part of the Dogs Connect program and was actually bred in Eaglehawk. She is still very much in the training phase and has lots of puppy enthusiasm which adds to her personality. It was stressed that she is a well being dog and not a therapy dog, the latter having a much more defined role.

The following is a copy of the talk provided by Nicole Ellerton.

Thanks so much for inviting us to introduce you to Marli the latest member the Eaglehawk Secondary Wellbeing Team.

Before I do. For those of you who haven't met me I'm Nicole Ellerton and I've been at ESC for approx. 15 years in various wellbeing roles. For the last 5 years I have been coordinating the Wellbeing Team which now includes Marli.

This is Sarena Bear... Sarena is the School Inclusion Coordinator and oversees and supports our students with disabilities and runs our GROW gardening program. Marli lives with Sarena. And you all know John Pearce who does our Grade 6 transition program.

A bit about Eaglehawk Secondary College. We have approx. 670 students and over 100 staff. We are built for 800 students but are always thankful that we aren't at capacity – giving us all a bit more room to move.

We have a fantastic mix of students, not only from neighbourhood schools - but also schools outside our zone. The thing I love most about our school is the real Eaglehawk Community feel. I love when we have the next generation of students coming through. I think John you have had at least 5 students mention that you taught their grandparents. It's rare to meet a new student who doesn't have some kind of connection to our school already.

We're a relatively low social economic school within any given year between 50 – 60% of our families are on a health care card so we take student engagement and wellbeing very seriously. Hence why we would like to introduce you to the latest member of the Wellbeing Team .

Marli, our school dog, is a 9 month old Groodle.

Marli started with us late last term and is an integral part of the Wellbeing Team at ESC which is made up of myself (Wellbeing Coordinator), Anna Keogh (Youth Worker), John Pearce (Transition Support) and normally we would have a School Chaplain and School Nurse, however both those positions are vacant at the moment.

Marli came to us via the Dogs Connect Program last term.

Dogs Connect is a program designed to help social and emotional learning while focusing on the well-being of students. Local school teacher Grant Shannon founded the program in 2015 and has spent a number of years developing it.

It originated when Grant was working as a teacher at St Francis of the Fields PS and was presented with challenges around student behaviour. Grant has a Masters in Education. He did his Master research on the impact of dogs on student wellbeing. His learnings from this research lead him to start Dogs Connect.

Dogs Connect has grown to be a part of more than 100 schools / organisations in Victoria and NSW. Dogs Connect is also in Nursing Homes, hospitals, prisons and other community based organisations.

Some of the benefits reported from schools who are in partnership with Dogs Connect

- An increase in attendance and a decrease in school refusal
- a decrease in student and anxiety / depression
- a decrease in behaviour related incidents
- an increase in positive interactions - peer to peer, student to staff, and staff to staff
- Increase in staff positivity in the workplace

- Increased awareness and engagement of social and emotional skills and strategies
- Increased awareness of emotional regulation

Something Sarena and I have really noticed is that normally challenging, loud, rowdy students will approach us in a kind and gentle manner and ask ‘may I please pat Marli’...they know to do this because Speak quietly Marli has been introduced to every Teacher Advisory Group (Home Group) and this is what we tell them...

- Demonstrate.
- Has met every student and staff member through our TA activity
- He’s not a therapy dog.
- We talk to the students what a happy, healthy dog looks like calm, relaxed, sitting down
- Approach him gently
- No loud noises / harsh movements
- Escalate him with food and toys
- Deescalate by removing the stimulation and talking quietly , comforting him, patting him

We talk about how Marli would feel if we approached him being loud, unpredictable in our behaviour in large groups etc

The next phase of our work is to increase students emotional literacy by running sessions in 2022 that talk about situations that heighten us as individuals and strategies that can be used to decrease heightened emotions.

For now Marli is just settling into school life and getting to know us. He’s getting used to new sounds, like school bells, large groups clapping, ... a whole lot of other noises / situations that dogs may not normally be exposed to.

Next year he will have his own timetable and caseload of students to support.

We are in the very much in early days of the program ... but we are very excited about what the future holds for Marli and the support he can offer as many years as we feel he’s got it in him.



Our Wine Raffle has been drawn

President Gary and Mick Costello notifying the lucky winner of the raffle.

The winner of the Central Victorian Wines Raffle was Alan Napier. Alan lives in Lalor and has arranged to collect the wines from PP Mick next weekend.



Helpers Required !

Hi all,

We are Catering for the La Trobe University Christmas Breakup next Friday 10th December starting at 11.00, so if you are able to lend a hand let me know. Mick 0428468298.

Youth Report.

National Youth Science Forum (NYSF)

A coffee morning will be held on Monday 6 at 10.30 - 11.30 at Peppergreen Farm.

Our Bendigo youth directors cluster have arranged an opportunity for the current NYSF year 11 students to meet each other prior to them attending NYSF in January 2022. These 6 students come from 3 different Bendigo colleges.

Past NYSF students have also been invited as a chance for the year 11's to do some networking and to hear of the impact NYSF had on these past participants.

Any Rotary members are welcome to come along and it is hoped a few of our club members will join us.

Rotary Youth Leadership Award (RYLA)

An 18-25 year olds leadership camp is to be held at Camp Getaway in Axedale in 2022. We are still seeking an applicant to be sponsored by our club.

Santos Science Experience

This program for year 9 and 10 STEM_students is open in December/January. If anyone knows a student who might be interested, please contact me as this is a wonderful low cost program.

Lynne Cooper.

Eaglehawk Dahlia and Arts Festival

Thank you for support with the Survey and/or the Forum. The Festival Committee were enthused by the positive support from all towards the Festival. Please find attached a summary of both.

At last night's Eaglehawk Dahlia and Arts Festival General Meeting, it was agreed that we continue with the planning of the Festival in 2022 with the theme "Celebrating 50 years".

To forward the Festival, we are calling a brainstorming meeting for suggestions of what activities could partnership with the Festival.

Examples of activities in the past are an Art Show run by the Bendigo Art Society, a cycling criterium organised by the Bendigo Cycling Club and a Trivia Night run by the Schools' Chaplaincy Committee. The Festival Committee is inviting groups considering using the Festival as a celebration of their group with the Eaglehawk Community.

The meeting will be held on Monday 13th December, 7 pm at the Eaglehawk Uniting Church Hall, cnr Peg Leg Rd and Kirkwood Rd.

Please RSVP for the meeting. Your organisation's Festival activity could be relayed by email.

Further information- Laurie 0404308226: Mary 0434769862: Peter 0447473674: Laurie 0422502845

Laurie Preston

Hon Treasurer

Eaglehawk Dahlia and Arts Festival Inc.

0404308226



Dahlia & Arts FESTIVAL

Survey Feedback highlights

Q1. Have you attended the Festival?

Yes 96% No 4%

Q2. When you attended

Alone 18% with partner 18% with Family 64%

Q3. How do you hear about the Festival?

A great variety of ways

Q4. The Festival in the past has included many events, which did you attend?

Parade 92%, Gala Fair 72%, SFD 66%, Flower Show 59%, Art Show 41%, Opening 39%

Q5. Which of these Festival activities was a highlight for you?

Eg Parade 84%, SFD 52%, Gala Fair 46%, Flower Show 32%, others < 20%

Q 6. Which areas of the Festival do you believe need improvement?

Many said they were happy with the Festival.

Suggestions for improvement:

- Stronger emphasis on youth and families/ fun for kids
- Improve quality of Gala Fair – not just for low socioeconomic status
- Maybe give it a name that brings in the local aboriginal culture/ name change
- Target new residential development area
- Increase prize money
- More Food stalls/ food trucks
- Rationalize the number of activities – centralise as young people do not like to go from one place to another
- Many said that there needs to be a review on all activities to make it more relevant for the communities' needs/ the whole festival needs an upgrade/ Needs a freshen up.
- Ensure communities aspirations and sentiment are catered for.
- The opening – needs popular entertainment/ it was pretty dull/ follow with free film
- Improve the end of the parade dispersal
- Just bring it back
- Include other areas of the Borough eg BMX, schools etc..
- Make sure all generations are catered for
- Have a mix of traditional and modern to appeal to the regulars as well as for outsiders
- Parade should not close down business
- Overall marketing and introduce new activities.

Upcoming Events:

- **Rotary International Convention - 2022**

Houston, Texas, 4/8-June



Registrations now open, for more information, go to <https://convention.rotary.org/en/houston>

- **Rotary International Convention – 2023**



Melbourne will host the 2023 International Convention!! Volunteers required. For the latest newsletter, go to <https://www.rotarydistrict9800.org.au/Stories/2023-international-convention>

Bendigo Woodturners Christmas Sales 2021



Finely Crafted Woodwork and Associated Crafts

From bowls and boxes to toys and clocks as well as furniture will be on display and available for sale. All these items are hand crafted by our members, so every piece is unique and a work of art to use and enjoy

COVID 19 Rules in place, QR Code on entry, proof of vaccination or exemption required

Wed 1st Dec to Sat 4th Dec

and

Wed 8th Dec to Sat 11th Dec

10am to 4pm

104 Eaglehawk Road Long Gully

Australia Day Celebrations....Eaglehawk

The Australia Day celebrations are being planned for 2022 and the Rotary Club of Eaglehawk again has a lead role in the organisation of this event.

Below are the nomination forms for the Citizen and Young Citizen of the Year Awards. These are also available as downloads from the club website: www.eaglehawkrotary.org.au

We encourage you to nominate a person you feel deserving of this honour as detailed on the forms or to distribute the forms to others in the community who may be interested in submitting a nomination.

AUSTRALIA DAY AWARDS 2022 NOMINATION FORM CITIZEN OF THE YEAR



The Rotary Club of Eaglehawk Australia Day Committee is seeking nominations for Citizen of the Year Award for an Individual who has made an outstanding voluntary contribution to the community of Eaglehawk. The person does not need to be a resident of Eaglehawk but their contribution must be substantially to the community of Eaglehawk.

To be eligible, the person must be older than 25 years on 26th January 2022.

| Details of Person Being Nominated | |
|---|--------------|
| Surname: | Other names: |
| Private Address: | |
| Telephone (BH): | (M) |
| Occupation: | Age: |
| Contribution/s to the Community for which the Person is being Nominated | |
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| Other Significant Contribution/s and Achievements | |
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| | |

(If insufficient room, please provide a separate sheet with details and supporting material)

**AUSTRALIA DAY AWARDS 2022
NOMINATION FORM
CITIZEN OF THE YEAR**



Past and Present Membership of Community / Sporting / Professional Bodies etc :

| |
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| |

Any Other Background Details or Supporting Information

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|--|
| |
| |
| |

Other Persons Who May Be Contacted for Further Information about the Nominee

| | |
|------------|------------|
| Name: | Name: |
| Position: | Position: |
| Address: | Address: |
| Postcode: | Postcode: |
| Telephone: | Telephone: |
| Email: | Email: |

To Be Completed By Person Submitting Nomination

| | |
|------------------------------------|--------------|
| Surname: | Other names: |
| Address: | |
| Suburb: | Postcode: |
| Telephone (BH): | (AH): |
| Organisation Represented (if Any): | |
| Signature: | |

Return of Forms

Eaglehawk Australia Day Chairperson
PO Box 52
EAGLEHAWK Victoria 3556

Completed Forms Must be Returned by Friday 17th December 2021

Rotary
Club of Eaglehawk

To be eligible, the person must be less than 25 years on 26th January 2022.

(If insufficient room, please provide a separate sheet with details and supporting material)



**AUSTRALIA DAY AWARDS 2022
NOMINATION FORM
YOUNG CITIZEN OF THE
YEAR**



Past and Present Membership of Community / Sporting / Professional Bodies etc :

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| |
| |
| |

Any Other Background Details or Supporting Information

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|--|
| |
| |
| |

Other Persons Who May Be Contacted for Further Information about the Nominee

| | |
|------------|------------|
| Name: | Name: |
| Position: | Position: |
| Address: | Address: |
| Postcode: | Postcode: |
| Telephone: | Telephone: |
| Email: | Email: |

To Be Completed By Person Submitting Nomination

| | |
|------------------------------------|--------------|
| Surname: | Other names: |
| Address: | |
| Suburb: | Postcode: |
| Telephone (BH): | (AH): |
| Organisation Represented (if Any): | |
| Signature: | |

Return of Forms

Eaglehawk Australia Day Chairperson
PO Box 52
EAGLEHAWK Victoria 3556

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