



R.I. President – Shekhar Mehta District Governor – Dale Hoy Assistant Governor – Graeme Lynas Volume 57 Number 4 July 28th 2021

Most weeks we meet at the Mechanics Facility, 8 School Street, California Gully for a dinner meeting. However, as this sometimes changes please see below for details on the program for each Club meeting.

eaglehawkrotary@gmail.com www.facebook.com/eaglehawkrotary.club www.eaglehawkrotary.org.au Club No 18317 ABN 18279406625 Chartered 8th August 1966 President – Gary Frank 0418 571 521 Secretary – John Jones 0419 113 065 Bulletin – Alison Bacon 0417 562 952

August Birthdays

5th Joye O'Meara 15th John Gurr 24th Rod Hanson 26th John Jones

Dates and Events for Your Diaries -		Club Members Duty Roster -
August 4 th	Club Dinner Meeting – Shae Burns, Blood Bank	Bar – Trevor Lock Clean Up – Brian / Doug
August 7 th	Bookshop roster 10am – 12noon	Geoff G / Geoff A
August 11 th	Club Dinner Meeting – Trevor Lock	
August 14 th	Bookshop roster 10am – 12noon	
August 18 th	Club Dinner Meeting -	
August 21 st	Bookshop roster 10am – 12noon Bunnings BBQ	** Volunteers Needed **
August 25 th	District Governor, Dale Hoy's Club Visit	
September 5th	Chrysler Car Club Catering	** Volunteers Needed **

Rotary Book Shop



Don't forget to see when you have been rostered for the book shop – it's a two hour shift on a Saturday – if it's not convenient then see who you can swap with.



An article that's food for thought -

FOR THOSE WHO ARE 60 yrs OLD AND ABOVE PLEASE READ THIS.

This is for you. I really like what is said here and am going to try my best to follow it. Thank you to the person who wrote this. May we be blessed as we strive to be a blessing to others at this age, especially to our children.

Between 60 and death. It's time to use the money you saved up. Use it and enjoy it. Don't just keep it for those who may have no notion of the sacrifices you made to get it. Remember there is nothing more dangerous than a son or daughter-in-law with big ideas for your hard-earned capital.

Warning: This is also a bad time for investments, even if it seems wonderful or fool-proof. They only bring problems and worries. This is a time for you to enjoy some peace and quiet.

Stop worrying about the financial situation of your children and grandchildren, and don't feel bad spending your money on yourself. You've taken care of them for many years, and you've taught them what you could. You gave them an education, food, shelter, and support. The responsibility is now theirs to earn their own money.

Keep a healthy life, without great physical effort. Do moderate exercise (like walking every day), eat well, and get your sleep. It's easy to become sick, and it gets harder to remain healthy. That is why you need to keep yourself in good shape and be aware of your medical and physical needs. Keep in touch with your doctor, do tests even when you're feeling well. Stay informed.

Always buy the best, most beautiful items for your significant other. The key goal is to enjoy your money with your partner. One day one of you will miss the other, and the money will not provide any comfort then, enjoy it together.

Don't stress over the little things. You've already overcome so much in your life. You have good memories and bad ones, but the important thing is the present. Don't let the past drag you down and don't let the future frighten you. Feel good in the now. Small issues will soon be forgotten.

Regardless of age, always keep love alive. Love your partner, love life, love your family, love your neighbor and remember: "A man is not old as long as he has intelligence and affection."

Be proud, both inside and out. Don't stop going to your hair salon or barber, do your nails, go to the dermatologist and the dentist, keep your perfumes and creams well stocked. When you are well-maintained on the outside, it seeps in, making you feel proud and strong.

Don't lose sight of fashion trends for your age, but keep your own sense of style. You've developed your own sense of what looks good on you – keep it and be proud of it. It's part of who you are.

ALWAYS stay up-to-date. Read newspapers, watch the news. Go online and read what people are saying. Make sure you have an active email account and try to use some of those social networks. You'll be surprised at what old friends you'll meet.

Respect the younger generation and their opinions. They may not have the same ideas as you, but they are the future and will take the world in their direction. Give advice, not criticism, and try to remind them that yesterday's wisdom still applies today.

Never use the phrase: "In my time." Your time is now. As long as you're alive, you are part of this time.

Some people embrace their golden years, while others become bitter and surly. Life is too short to waste your days on the latter. Spend your time with positive, cheerful people, it'll rub off on you and your days will seem that much better. Spending your time with bitter people will make you feel older and harder to be around.

Do not surrender to the temptation of living with your children or grandchildren (if you have a financial choice, that is). Sure, being surrounded by family sounds great, but we all need our privacy. They need theirs and you need yours. Even then, do so only if you feel you really need the help or do not want to live by yourself

Don't abandon your hobbies. If you don't have any, make new ones. You can travel, hike, cook, read, dance. You can adopt a cat or a dog, grow a kitchen garden, play cards, checkers, chess, dominoes, golf.

Try to go. Get out of the house, meet people you haven't seen in a while, experience something new (or something old). The important thing is to leave the house from time to time. Go to museums, go walk through a park. Get out there.

Speak in courteous tones and try not to complain or criticize too much unless you really need to. Try to accept situations as they are.

Pains and discomfort go hand in hand with getting older. Try not to dwell on them but accept them as a part of life.

If you've been offended by someone – forgive them. If you've offended someone-apologize. Don't drag around resentment with you. It only serves to make you sad and bitter. It doesn't matter who was right. Someone once said: "Holding a grudge is like taking poison and expecting the other person to die." Don't take that poison. Forgive, forget, and move on with your life.

Laugh. Laugh away your worries Remember, you are one of the lucky ones. You managed to have a life, a long one. Many never get to this age, never get to experience a full life. My valued friends, enjoy peaceful life at this point in your life ...

Don't worry... be happy.



A Thank you letter from Yasin -

Dear John, Lynne, Don, and Graham

Good morning,

I'm writing to thank you all for once again helping me with my University tuition fee and giving me the opportunity to continue my studies . I don't know what I would have done without you.

You've all supported me both financially and with your guidance, in two states you're all working hard to help me, I don't know how to thank you.

I always look up to you as my mentors and aspire to learn from you . I hope one day I also get to a position to be able to give back and help others.

Thank you very much for being so kind to me and helping me through the process.

I hope I can make you all proud.

P.S John, I hope the borders open and I come to Bendigo to see you and Lynne and other Rotarians and thank you all in person.

I have written a formal letter to thank you and other members of Eaglehawk Rotary. I'll send that too .

God bless you all Please stay safe .

Warm regards Yasin

ROMP July Forum... "the most successful yet..."

Rotary Myeloma Outreach and fellowship were the big winners at the July ROMP Forum on Tuesday 27th July. – the most successful yet held.

There were twenty-five Rotarians and friends of Rotary in the virtual "room" courtesy of ZOOM. They came from many corners of Victoria to support the cause of people living with myeloma in their own regions. (Country people need and deserve the same support at those who live in Greater Melbourne.) Nine Rotary Clubs from five of Victoria's nine country regions were represented -

Wimmera – Rotary Clubs of Horsham, Horsham East, Nhill and Warracknabeal

Great Southern Coast – Rotary Club of Warrnambool Central

Southern Highlands - Rotary Club of Alfredton (Ballarat)

Loddon Campaspe – Rotary Clubs of Eaglehawk and Rochester

Gippsland – Rotary Club of Traralgon Central.

We were delighted to welcome six new Rotary Presidents to ROMP -

Camberwell - Patrick Docherty, **Nhill** – Helen Teakle, **Rochester** – Heather Watson,

Traralgon Central – Warren McPherson, Warracknabeal – John Aitkin,

Horsham East – Pam Clarke.

We wish each of them every success for their service journey and look forward to their support for the Rotary Outreach Myeloma Program. "No myeloma patient is to live more than one hour from a myeloma support team"

By Peter Allen, Secretary, ROMP Committee, Rotary Club of Camberwell



INTERNATIONAL CONVENTION 27-31 MAY 2023 MELBOURNE, AUSTRALIA

July 2021



Message from the Melbourne HOC Chair – Mary Barry

As you are aware
Melbourne will host the
2023 International
Convention.

While the official promotion program for the Convention will not commence until after the 2022 Convention in Houston, this newsletter will help to keep you up to date on relevant information about the Convention and the work of the Host Organising Committee (HOC).

Membership of the HOC includes 14 Rotarians from all Victorian Districts and two representatives from the Melbourne Convention Bureau.

Please see a copy of the HOC structure (below) for further details.

HOC RESPONSIBILITIES FOR 2023 CONVENTION

The Host Organization Committee (HOC) is a group of Rotarians from the host district(s) who support the success of the convention by fulfilling specific responsibilities. Key responsibilities include:

- · Serve as a welcoming committee
- · Recruit and manage a volunteer force
- Promote the convention to host districts
- · Liaise between key local contacts and RI
- · Organise Host Hospitality event
- Identify potential sponsors
- Opportunities for associated tourism & Merchandise Sales

RECRUITING VOLUNTEERS

Recruitment of volunteers for various roles during the Convention will commence in the next few months. Clubs will be notified about the different roles required from greeting delegates at the airport to ushers and booth crew at the House of Friendship during the Convention. HOC volunteers may be Rotarians , Rotaractors , Interactors , Exchange students and alumni as well as people from community service groups and relatives, or friends of the above.

HOST HOSPITALITY

Host Hospitality, an RI Convention tradition where delegates are given a memorable evening of hospitality, local culture and international fellowship in the home of a Rotarian, a restaurant or larger venue in the host area is a key responsibility of the HOC. A number of venues and opportunities are currently being considered by the HOC. Over the coming months the HOC will be seeking Host Clubs for the larger events and host families for the home hosting component.

Next Steps

The International Convention Committee (ICC) chaired by Francesco Arezzo who is a PDG of District 2110 - Sicily & Malta and RI Board Director representing Rotarians in Italy and France, for the period 2018-2020, will hold its first meeting at the end of August. Following that meeting further details regarding volunteers and other Club support will be made available.

HOST ORGANIZATION COMMITTEE

HOC GOVERNMENT RELATIONS







RI DIRECTOR **ZONE 8 2021-23**

Jessie Harman







BOURNE Convention Bureau



























Celebrating 100 Years of Rotary

'Our Acts of Kindness' ~ 2020-2021

- 1. Our club contributed \$5000 to the Rotary Foundation's Annual Program Fund to support educational, humanitarian, and cultural programs and projects throughout the world.
- 2. PP Alison Bacon undertook the making of cloth masks to support our member's endeavours of complying with Covid-19 restrictions while making a few dollars for the club at the same time.
- 3. President-elect Gary Frank has been regularly phoning members during the current pandemic just to check that they are going OK.
- 4. Realising that fundraising will be difficult during lockdown, PP John Jones has organised another Grange raffle in an endeavour to boost the club's finances.
- 5. PP Ron Payne undertook the 'End Polio Walk' with family and club members sponsoring \$1128 towards the cause.
- 6. Lola Frank paid for the coffee of the people in the car following her through the McDonald's drive-through.
- 7. Trevor Lock spent many hours touching up the paint work of the figurines in the Nativity scene which has been put on display at Christmas in Eaglehawk for many decades.
- 8. President Mick Costello is helping his invalid mate Geoff recover from surgery by taking him for a walk around the lake each morning.
- 9. PP Alison Bacon donated 60 insulated grocery bags to the Eaglehawk Community House for them to use for their community meal distributions.
- 10. Deb Payne put together a grocery hamper and donated it to Bendigo Foodshare.
- 11. Rotarian Trevor Lock brought along his ukulele to provide wonderful entertainment for our club's Christmas function this year.
- 12. PP John Jones drove to Melbourne to deliver the prize in our recent Grange Raffle. This completed an outstanding fundraising project on his behalf for the club.
- 13. PP Ron Payne prepared, submitted and was successful in a \$22,000 Australia Day grant for the combined Rotary Clubs of our Super Cluster.
- 14. PP Doug Harrison and PE Gary Frank did an outstanding job in cleaning up the surrounds of the Mechanics building in preparation for our 2021 Australia Day celebration.
- 15. Rotarian Geoff Gallagher took on the role of coordinating our Australia Day 'Citizen of the Year' program and, with a team of willing helpers, did an outstanding job.
- 16. A lovely example of honesty. Rita O'Brien reported of a customer at her Bookshop who had selected quite a few DVDs on sale for \$1.00 each. Rita offered him a box and asked him to keep count. Leaving the shop, he gave her \$41.00. A good sale! Sometime later he returned and gave Rita \$1.00 as, on checking, he had 42!
- 17. PP Alison Bacon spent some time visiting with an elderly resident last week who needed someone to talk to about her current family situation and the challenges her and her husband were facing as they are getting older. Alison didn't need to do anything just listen. A nice message there!
- 18. A group of our Rotarians; Geoff Gallagher, Lindsay Walkington, John Jones, Geoff Adcock, and partners; Mandy Costello and Deb Payne willingly donated their time and/or food to provide lunch for our cluster presidents and presidents-elect at a meeting in February.

- 19. PE Gary Frank bought a coffee for one of the locals who spends much of his time on the street. Nice touch Gary!
- 20. PP Ron Payne kept an eye on his neighbours' home, collecting mail and putting bins away while they were on a short holiday.
- 21. To support international Women's Day, Deb Payne donated a package of Feminine Hygiene products to the program called 'ShareTheDignity.'
- 22. You probably had to be there to fully appreciate this one, but our enthusiastic president helped pull his mate Geoff out of the river after he fell in fully clothed, boots and all with his phone in his pocket. Then helped retrieve his boat motor that also fell in the river.
- 23. President Mick, PE Gary and PP's John, Alison and Ron all spent a few hours doing a thorough clean-up of our storage shed. The "might come in handy one day" gear now resides elsewhere.
- 24. A young, disabled girl was struggling to pay for her purchases at the register in Kmart. The cashier very kindly tried to assist but it was a challenge for all involved. PP Alison Bacon's offer to pay on her behalf resulted in a positive outcome for a difficult situation.
- 25. Rotarian Charlie Cunneen's regular and ongoing support of St. Vinnie's certainly is one of the unsung acts that really deserves a mention.
- 26. A local elderly Vietnam Vet had to take his car to a dealership in Ballarat but he was unable to make the trip. PP Alison took it for him, and ensured that the issue he was experiencing was resolved.
- 27. Rtn. Geoff Adcock has been involved with the Bendigo Volleyball Association helping Karen boys become involved in the Junior Volleyball.
- 28. President Mick and PE Gary assisted an Eaglehawk resident by moving furniture and boxes to allow easy access for repainting to be undertaken a great Mother's Day effort well done guys.
- 29. Lynne has finally, after more than a year of searching, managed to source a new toy poodle for a friend who lives alone and has no family. It's wonderful that she will now have the company of this pooch over the winter and for years to come.
- 30. A personal donation was made by a member to the RI Foundation annual fund to further the good work being done internationally by Rotary. Thanks John Gurr.
- 31. Alison located and returned a Pianola to the Eaglehawk family that had been the original owners but who had reluctantly sold it at auction some years ago.
- 32. Rotarian Eric had the opportunity to assist a neighbour last week, who had purchased two large plants from Sunbury. Turned out that the job was a bit bigger than anticipated but in true Eric style, it got done!
- 33. Rotarian John G assisted an elderly neightbour when his family were unavailable took him to the hospital and helped him with his admission.
- 34. Rotarian Lynn was called to assist in a welfare check on an elderly neighbour, unfortunately the neighbour had passed away and it highlights the need for community awareness and regular contact with our elderly.





Attention of all club members Rotary Clubs of Eaglehawk and Bendigo South.

The combined committee of the two clubs are busily preparing the first trailer raffle after inheriting this Community Funding Event from the Rotary Club of Bendigo Strathdale.

The selling of tickets will commence on September 13 and be completed by December 20.

Prizes: The committee will purchase the majority of the prizes including a 6' x 4' registered trailer. The trailer is then filled with a variety of items such as power tools, small kitchen appliances and numerous children's toys. Once again these items will be purchased from local businesses.

Before the committee makes these purchases it was thought it would be reasonable to appeal to all members seeking any donations of small items that may be at home surplus to requirements that could be deemed suitable as a prize. Sometimes we are given something that would be useful to someone else but it never gets unwrapped or we purchase something and it turns out we have no use for it. We do stress that any item put forward as a donation must be unused and look like new.

As the raffle is geared towards families no donations of wine or any alcohol will be accepted. We stress that we are not asking members to annoy businesses for donations of goods in these tough economic times. However sometimes we do get offers from people we may know in business who are prepared to support a Rotary Project in some small way. As the saying goes-Let's not look a gift horse in the mouth.

Anything you think may be suitable will be gratefully received by the committee if we deem it to be an acceptable item.

Mick Costello John Jones, Geoff Gallagher Alison Bacon

