



Rotary Opens Opportunities

R.I. President – Holger Knaack
District Governor – Philip Archer
Assistant Governor – Graeme Lynas

Rotary Club of Eaglehawk



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Club No 18317
ABN 18279406625
Chartered 8th August 1966
President – Mick Costello 0428 468 298
Secretary – John Jones 0419 113 065
Bulletin – Alison Bacon 0417 562 952

Most weeks we meet at the Mechanics Facility, 8 School Street, California Gully for a dinner meeting. However, as this sometimes changes please see below for details on the program for each Club meeting.

June Birthdays

8th Brian Fitzpatrick
10th Ron Payne

Dates and Events for Your Diaries -		Club Members Duty Roster -
June 23 rd	Club Dinner Meeting -	Bar – Carolyn Cleanup – Rita/Trevor
June 26 th	Rotary Book Shop 9am – 12noon	John Gurr/Doug Harrison
June 30 th	Club Dinner Meeting -	Bar – Trevor Cleanup – Lindsay/Charlie
July 7th	Club Changeover Dinner – Eaglehawk Bowling Club	
July 14 th	Club Dinner Meeting -	
July 21 st	Club Dinner Meeting -	
July 28 th	Club Dinner Meeting -	
September 5th	Chrysler Car Club Catering	** Volunteers Needed **
August 25 th	District Governor, Dale Hoy's Club Visit	

Rotary Book Shop



Don't forget to see when you have been rostered for the book shop – it's a two hour shift on a Saturday – if it's not convenient then see who you can swap with.





Mick's Quote of the Week -

"The way I see it, if you want the rainbow, you gotta put up with the rain."

– Dolly Parton

Great to see Jenny Sanderson came back for another meeting and is going to join our Club, I look forward to your input in future Jenny.

This week we were back to meeting at the Mechanics Hall, Jennifer Lay was a late withdrawal as our guest speaker so we brought Geoff Gallagher of the Bench (more like the medical sub) as our guest speaker. Geoff explained what is involved in his new job, using the NBN in a range of farming applications from farm security to monitoring crops and livestock. Geoff and the firm he is working for are designing equipment on the run and working at the cutting edge of using the NBN in agriculture.

Next week our guest speaker is Ken Wellard. Ken runs Neangar Nursery here in Eaglehawk and is going to be talking on Horticulture around the Eaglehawk area, the changes he has seen over the years and how it may change in the future.

Just a reminder our changeover dinner is on the 7th July at the Eaglehawk Bowls Club and your RSVP are due by the 28th June so you don't have many more meetings to put up with me as your President - so let's make the most of the rest of my time and have some fun.

Mick Costello

President (for 2 more Weeks)
Rotary Club of Eaglehawk

Request from the Cashiers

Members paying for their Changeover Dinner by EFTPOS at next weeks meeting – please provide the reply section of your invitation to assist with identifying payments received.



Rotary
Club of Eaglehawk



Celebrating 100 Years of Rotary 'Our Acts of Kindness' ~ 2020-2021

1. Our club contributed \$5000 to the Rotary Foundation's Annual Program Fund to support educational, humanitarian, and cultural programs and projects throughout the world.
2. PP Alison Bacon undertook the making of cloth masks to support our member's endeavours of complying with Covid-19 restrictions while making a few dollars for the club at the same time.
3. President-elect Gary Frank has been regularly phoning members during the current pandemic just to check that they are going OK.
4. Realising that fundraising will be difficult during lockdown, PP John Jones has organised another Grange raffle in an endeavour to boost the club's finances.
5. PP Ron Payne undertook the 'End Polio Walk' with family and club members sponsoring \$1128 towards the cause.
6. Lola Frank paid for the coffee of the people in the car following her through the McDonald's drive-through.
7. Trevor Lock spent many hours touching up the paint work of the figurines in the Nativity scene which has been put on display at Christmas in Eaglehawk for many decades.
8. President Mick Costello is helping his invalid mate Geoff recover from surgery by taking him for a walk around the lake each morning.
9. PP Alison Bacon donated 60 insulated grocery bags to the Eaglehawk Community House for them to use for their community meal distributions.
10. Deb Payne put together a grocery hamper and donated it to Bendigo Foodshare.
11. Rotarian Trevor Lock brought along his ukulele to provide wonderful entertainment for our club's Christmas function this year.
12. PP John Jones drove to Melbourne to deliver the prize in our recent Grange Raffle. This completed an outstanding fundraising project on his behalf for the club.
13. PP Ron Payne prepared, submitted and was successful in a \$22,000 Australia Day grant for the combined Rotary Clubs of our Super Cluster.
14. PP Doug Harrison and PE Gary Frank did an outstanding job in cleaning up the surrounds of the Mechanics building in preparation for our 2021 Australia Day celebration.
15. Rotarian Geoff Gallagher took on the role of coordinating our Australia Day 'Citizen of the Year' program and, with a team of willing helpers, did an outstanding job.
16. A lovely example of honesty. Rita O'Brien reported of a customer at her Bookshop who had selected quite a few DVDs on sale for \$1.00 each. Rita offered him a box and asked him to keep count. Leaving the shop, he gave her \$41.00. A good sale! Sometime later he returned and gave Rita \$1.00 as, on checking, he had 42!
17. PP Alison Bacon spent some time visiting with an elderly resident last week who needed someone to talk to about her current family situation and the challenges her and her husband were facing as they are getting older. Alison didn't need to do anything - just listen. A nice message there!

18. A group of our Rotarians; Geoff Gallagher, Lindsay Walkington, John Jones, Geoff Adcock, and partners; Mandy Costello and Deb Payne willingly donated their time and/or food to provide lunch for our cluster presidents and presidents-elect at a meeting in February.
19. PE Gary Frank bought a coffee for one of the locals who spends much of his time on the street. Nice touch Gary!
20. PP Ron Payne kept an eye on his neighbours' home, collecting mail and putting bins away while they were on a short holiday.
21. To support international Women's Day, Deb Payne donated a package of Feminine Hygiene products to the program called 'ShareTheDignity.'
22. You probably had to be there to fully appreciate this one, but our enthusiastic president helped pull his mate Geoff out of the river after he fell in fully clothed, boots and all with his phone in his pocket. Then helped retrieve his boat motor that also fell in the river.
23. President Mick, PE Gary and PP's John, Alison and Ron all spent a few hours doing a thorough clean-up of our storage shed. The "might come in handy one day" gear now resides elsewhere.
24. A young, disabled girl was struggling to pay for her purchases at the register in Kmart. The cashier very kindly tried to assist but it was a challenge for all involved. PP Alison Bacon's offer to pay on her behalf resulted in a positive outcome for a difficult situation.
25. Rotarian Charlie Cunneen's regular and ongoing support of St. Vinnie's certainly is one of the unsung acts that really deserves a mention.
26. A local elderly Vietnam Vet had to take his car to a dealership in Ballarat but he was unable to make the trip. PP Alison took it for him, and ensured that the issue he was experiencing was resolved.
27. Rtn. Geoff Adcock has been involved with the Bendigo Volleyball Association helping Karen boys become involved in the Junior Volleyball.
28. President Mick and PE Gary assisted an Eaglehawk resident by moving furniture and boxes to allow easy access for repainting to be undertaken – a great Mother's Day effort – well done guys.
29. Lynne has finally, after more than a year of searching, managed to source a new toy poodle for a friend who lives alone and has no family. It's wonderful that she will now have the company of this pooch over the winter and for years to come.
30. A personal donation was made by a member to the RI Foundation annual fund to further the good work being done internationally by Rotary. Thanks John Gurr.
31. Alison located and returned a Pianola to the Eaglehawk family that had been the original owners but who had reluctantly sold it at auction some years ago.
32. Rotarian Eric had the opportunity to assist a neighbour last week, who had purchased two large plants from Sunbury. Turned out that the job was a bit bigger than anticipated but in true Eric style, it got done!

Wanted –

Lynne Cooper asks if any member has a Cat or Dog carry basket to suit small poodle that they wish to sell or give away.

Is this another opportunity for an Act of Kindness.....?

Four-Way Test



The Four-Way Test *of the things we think, say or do.*

- 1 Is it the truth?
- 2 Is it fair to all concerned?
- 3 Will it build goodwill and better friendships?
- 4 Will it be beneficial to all concerned?



Congratulations Granny Lynne Cooper on the arrival of your first grandchild – such a wonderful addition to your family.

Parents Glenn and Maddy very happy to welcome Hayes Avery Cooper born on June 5 at the Bendigo Hospital.

Along with golden retriever Frankie who is still unsure about his 'demotion' from the centre of attention !

The Rotary Club of Bendigo South
and the Ulumbarra Foundation
presents a concert fundraiser featuring

Merlyn Quaife

with the
Victoria
Welsh Choir



Sunday August 15, 2pm
Ulumbarra Theatre Bendigo

Book now at gotix.com.au
or phone 5434 6100



STOP PRESS!!

We know you are all well aware of the ongoing situation in Melbourne with the Covid restrictions on numbers attending functions and would appreciate that this has made planning for the District Changeover a little challenging.

We want this function to be a celebration of the very different year we have just had and a chance to look forward to the next Rotary year with as many people as possible in attendance.

Hence the District Changeover has been moved to Saturday 10 July. Same details, same venue, same time.

Thank you to everyone who has already booked. If you are unable to attend on this new date please contact Jane Pennington (jane.pennington@rotary9800.org) to arrange a refund.

If you have not yet booked, please do so and come and celebrate with your Rotary colleagues. It will be "first in best dressed" for tickets as we are unsure what the restrictions will allow by then. The invitation is attached with booking details.

If you have questions please contact Jane.

We both look forward to welcoming you to this wonderful celebration.

Philip

Dale

Philip Archer
District Governor 2020-21
Elect 2020-21

Dale Hoy
District Governor



ROTARY DISTRICT 9800 CHANGEOVER

DG Philip Archer & DGE Dale Hoy

Invite you to attend the District 9800 Changeover celebration

HYATT PLACE CONVENTION CENTRE, ESSENDON FIELDS

SATURDAY 10 JULY 2021

12.00 for 12.30 PM – 3.30 PM

Cost: \$65.00 per person
Includes: drinks on arrival, two-course meal,
2 bottles of wine per table
Free car parking opposite hotel/
\$5 in hotel car park

RSVP and Bookings: 30 June 2021

<https://www.trybooking.com/BRFWD>

Dear Rotarians,

Many years ago I graduated with my good friend Alicia. Unbeknown to any of us, or her at the time, she had lipoedema. Since then it has troubled her immensely and after decades of inadequate (in fact neglectful medical attention) she was diagnosed only after significant decline in her health ...both physical and mental. She worked all through those years, had 4 children, cared for a tribe of grandchildren and is now on oxygen 18/24.

I have connected with Carla Daly here in Bendigo and this year we have arranged a second morning coffee. An opportunity for those with lipoedema and other interested people who can support the move for recognition, treatment and Medicare assistance.

Our friend Sarah Lawrence, journalist and reporter with our local ABC recently interviewed Carla and this will be available online soon.

Please pass on this invitation to your friends and colleagues.

I cannot stress enough how important even a little bit of support and understanding is for the (mainly) women who experience this very misunderstood chronic health condition.

Kind regards and thank you.

Lynne



 **LIPOEDEMA
AWARENESS
MONTH**

A social gathering at the
National Hotel in BENDIGO
on Sunday, 20th June at 11am.

Meet for coffee or stay for lunch.
Anyone interested is welcome,
so bring a friend or your therapist.

RSVP essential due to covid restrictions.
To carla@lipoedemaaustralia.com.au
by 15th June 2021

Tell us if you plan to be there and also if you
wish to stay for lunch so that the venue can
prepare.

<https://www.lipoedemaaustralia.com.au>

GROW

mental
wellbeing
programs

Welcome to Grow Information Sessions

NEW BENDIGO GROUP - OPENING SOON!



**You are invited to an
information session to learn
about GROW's unique
Intentional peer support
program for mental wellness.**

**All community members and
service providers welcome.**

GROW groups are free, no waiting
times, local or on zoom, and facilitated
by peers with lived experience, all with
the aim of supporting recovery, social
connection and personal growth.

Information Sessions:

1-2pm & 7-8pm

Tuesday 29th June 2021

Kangaroo Flat Uniting Church
10 Camp St, Kangaroo Flat

Bookings essential -

Call Lindy on 0448 052 769

or book via Eventbrite:

<https://www.eventbrite.com.au/e/grow-mental-wellbeing-bendigo-information-session-tickets-159541834923>

Afternoon Tea /Supper provided

For enquiries please contact:

Lindy Croucher | Program Worker - Murray2Mountain
GROW Australia

M: 0448 052 769 | P: 03 9528 2977

Web: www.grow.org.au

Email: Lindy.Croucher@grow.org.au

COVID-Safe rules apply:
Masks are a must.
Social distancing at 1.5m.

GROW

mental
wellbeing
programs

Members may recall that Lindy Croucher spoke at our meeting some time ago and delivered a very powerful message about mental health and the value of the mental wellbeing programs.