



R.I. President – Jennifer Jones District Governor – Amanda Wendt Assistant Governor – Rob Foran Volume 58 Number 1 July 1st 2022 eaglehawkrotary@gmail.com www.facebook.com/eaglehawkrotaryclub www.eaglehawkrotary.org.au Club No 18317 ABN 18279406625 Chartered 8th August 1966 President – Geoff Gallagher 0428 127 766 Secretary – John Jones 0419 113 065 Bulletin – Deb Payne 0407 039 634

We meet at the Mechanics Facility, 8 School Street, California Gully for a dinner meeting. However, as this sometimes changes please see below for details on the program for coming Club meetings and activities.

Dates and duty to Remember		
July 2nd	Bookshop	Charlie Cunneen & Jennifer Sanderson
July 6th	Club dinner meeting Bree - Camp Quality	Bar – Trevor Lock Clean-Up- Lynne Cooper & Geoff Adcock
July 9th	Bookshop	Eric Smith & Brian Fitzpatrick
July 13th	Club dinner meeting	Bar – Geoff Adcock Clean-Up – Ron Payne & Tim Watts

BIRTHDAYS in JULY

10th Deb Payne 23rd Marie Lock 25th Tim Watts



Please note new meeting costs

Treasurer Alison advised that subs for 22/23 will be \$300 and for this year they will be invoiced quarterly. The dinner fee will be increase to \$30.00 so that we can cover the costs of a guest speaker or other guests.

President Geoff's report - 29/06/2022

Hi all for my first report for my presidential year.

Prior to our meeting John Jones, Alison Bacon and I met with representatives of Bendigo South Rotary to start planning for our combined project, which is the Christmas Raffle. Stay tuned!

At this week's meeting we had a good turn up of 12 members and had apologies from 8.

Our guest speakers were Alison Smith from the Bendigo Health community specialist Palliative Care and Hospice along with Kathleen Murphy who is an oncology massage therapist.

They spoke of their work in this important phase in their patients' lives explaining that palliative care is not about death, instead it is about enriching life.

After receiving a massage one patient bequeathed a substantial donation toward adding massage as part of the many treatments available in palliative care.

Kathleen demonstrated by having our members perform a gentle massage on each other's hands. Whilst certainly not palliative patients, several members wished that they were, by the looks on their faces. It was priceless. Alison Bacon took lots of photos that I am looking forward to seeing. Many thanks to Alison and Kathleen.

PP Gary Frank was presented with his Paul Harris Fellow medallion recognising Gary's generous donation to the Rotary Foundation.

Alison Bacon gave a report on the district changeover, which was held last Saturday and was great fun, Alison reported that, believe it or not our very own District Governor Elect, Ron could beat John Travolta in a dance off. (That was very tongue in cheek Alison!!)

Eric Smith reported that the 3rd Community Breakfast will be held toward the end of next month.

John Jones reported that he has organised a tour of the Sandhurst Trustees building in View Street in a fortnight's time. This is one of Central Victoria's grandest heritage listed buildings, and is home to Valentine's Antique Gallery, Valentines procure the finest quality antiques and collectibles, specialising in high-end 19th Century French and English antiques, curating an exquisite range of furniture, ceramics and glass from all over the world.

In addition, they also incorporate an Antique Centre which houses the collections of some of the best dealers from across Australia. We will have a meal afterwards nearby.

This is an opportunity not to be missed. If you know of anybody who may be interested, please invite them along.

Gary Frank reminded us about the bonfire and BBQ to be held at his place in Racecourse Rd this Saturday night.

A great report Geoff. Well done!! Deb

Club Meeting Happenings



This week we hosted Alison Smith, head of palliative care at Bendigo Health, and Kathleen Murphy, massage therapist. Kathleen delivers oncology massage through the palliative care program. The program was enabled through a generous \$10,000 bequest from one of their clients. The benefits are more emotional than physical. The technique is an adaptation of remedial massage. As an aside, Kathleen's daughter, Georgia, attended RYLA when she was eighteen and then returned for a number of years as a facilitator. The Rotary Club of Bendigo Strathdale, as a consequence, awarded her a Paul Harris Fellow.

After an introduction by Alison, Kathleen described the benefits of the program before introducing members to hand massage techniques. The spectacle of members gently holding hands and applying gentle massage was something to behold. In addition to hand massage (which was incredibly soothing), the technique can also be applied to foot and scalp massage. Sessions can be up to about forty five minutes and the recipients often comment "I don't know what you did but it feels amazing". The program suggestion came from Rtn Lynne Cooper who, unfortunately, was unwell and unable to attend.

Gary is taking on the role of Foundation Director for our club in the coming year. Gary has developed a good understanding in recent times of the workings of Foundation, and upon receiving his recognition he provided members with on overview of it's functioning. Our club is a lead supporter within District 9800 of The Rotary Foundation.



WE ARE ALL LOOKING FORWARD TO A GREAT EVENING

This Saturday evening we have a bonfire night at Gary's Racecourse Road venue. 5:30 start with a barbecue dinner. Meat supplied and those attending are asked to bring a salad or sweet. A great night last time so looking forward to another one. Nothing like a good bonny in this weather.

GELL WELL SOON

Best wishes to PP Mick Costello. Mick has has some surgery to remove some potential skin cancers and is not looking his best at the moment. The procedure also required that he have a shave - the first for forty years so we look forward to reacquainting with the new youthful Mick.



July Reminders

9th July Eaglehawk Winter Festival

16th July We have a Bunnings BBQ so you will be asked to advise your availability in the near future while, in August, we have an opportunity to cater for a Mustang rally at Bendigo Ford.

20th **July** A very special program we have an opportunity to be hosted by Peter Valentine from Valentine's Antiques in View St. This is in what was the former Sandhurst Trustees building, one of Bendigo's most historic and unique buildings with some nine rooms of beautiful antiques. Peter will explain the history of the building and of Valentine's business before we have a browse - maybe revisit for a purchase at some stage?

DISTRICT CHANGE OVER

Last Saturday a number of Goldfields club members attended the District Changeover at Essendon Fields. A good crowd witnessed the handing over from DG Dale Hoy to incoming DG Amanda Wendt. Very well done Dale on your year and best wishes Amanda for a successful year to come.

A highlight for us was the awarding of a Royce Abbey 'Champion of Change' to Heather Watson of RC Rochester.

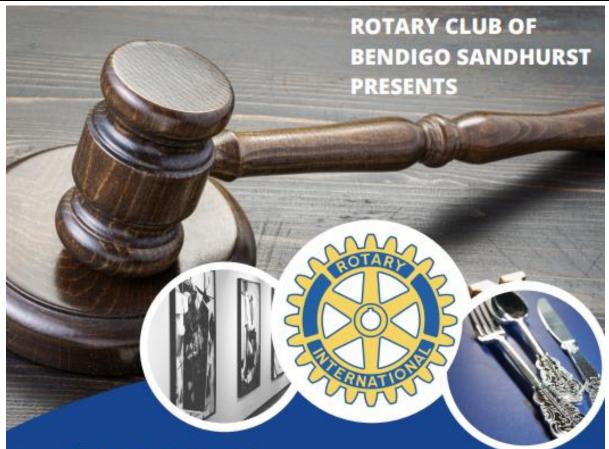


Congratulations on a most well deserved acknowledgement Heather.



New District Governor, Amanda Wendt and Governor Elect, Ron Payne





CHARITY AUCTION NIGHT

MAKE A BID FOR A CAUSE

Help raise funds for the Rotary Foundation and enjoy a fun night out!

BRING A
PLATE & YOUR
FAV DRINK!

ITEMS TO BE AUCTIONED

- SILVERWARE
- ARTWORK
- PAINTINGS
- BOOKS AND MUCH MORE!

When:

Friday 12th August 6:30pm for 7pm start

Where:

Mechanics Institute School St, California Gully

RSVP

By Friday 5 Aug to schoo.amm@gmail.com





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