



Rotary



Club of Eaglehawk

R.I. President – Jennifer Jones
 District Governor – Amanda Wendt
 Assistant Governor – Rob Foran

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eaglehawkrotary@gmail.com
www.facebook.com/eaglehawkrotaryclub
www.eaglehawkrotary.org.au
 Club No 18317
 ABN 18279406625
 Chartered 8th August 1966
 President – Geoff Gallagher 0428 127 766
 Secretary – John Jones 0419 113 065
 Bulletin – Deb Payne 0407 039 634

We meet at the Mechanics Facility, 8 School Street, California Gully for a dinner meeting. However, as this sometimes changes, please see below for details on the program for coming Club meetings and activities.

<i>Dates and duty to Remember</i>		
25 th March	Bookshop	Trevor Lock & Charlie Cunneen
29 th March	Club dinner meeting	Bar- Alison Bacon Clean- John Gurr & Mick Costello
1 st April	Bookshop	Geoff Adcock & John Pearce
5 th April	Club dinner meeting	Bar- Mick Costello Clean – Geoff Gallagher & Mary Preston

Happy Birthday to our President !!

March 31st Geoff Gallagher



President Geoff's report

A good turnout with apologies from Ron Payne, Geoff Adcock, Jenny Sanderson and Mary Preston

Our guests this week were **Maggie Thompson, Grace Reading ,Nathan Jordan, Georgia Smith and Alf Thorpe.**

Maggie and Grace were participants in the recent RYLA Rotary Youth Leadership Awards, which was held at Camp Getaway. **Nathan and Georgia** were participants from a few years ago and told us of the change RYLA had made to their lives.

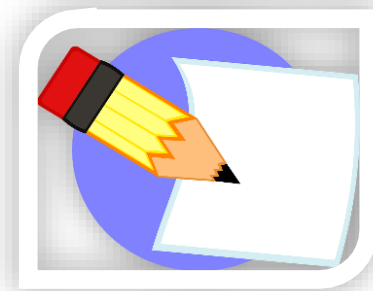
Maggie and Grace enthusiastically told us of their more recent experience.

Rotary Youth Leadership Awards (RYLA) is an intensive leadership experience organized by Rotary clubs and districts where participants develop skills as a leader while having fun and making connections.

They got to connect with leaders from our community and to

- Build communication and problem-solving skills.
- Discover strategies for becoming a dynamic leader in their school or community.
- Learn from community leaders, inspirational speakers, and peer mentors.
- Unlock their potential to turn motivation into action.
- Have fun and form lasting friendships.

As reported at the meeting so far this year we have raised over \$10,000.00 from catering and carparking. This is how we can continue sponsoring young people on projects such as this.



Back row –

Nathan, Maggie, Grace and Geoff

Front row –

Lynne and Georgia.

Last weekend we had the unexpected declaration of a Total Fire Ban, which prevented us from cooking a BBQ breakfast in the main street of Eaglehawk. However, we still had plenty to do with the procession and cooking doughnuts and selling drinks in the park.



We were fortunate to take out the best float for a community group, a category that Alison had made up when putting the application in. John Pearce said he was not on the judging panel that awarded us the \$100.00 prize.

We made \$476.00 on the drinks and doughnuts on Saturday and have got almost 2 boxes left over which we hope to sell this Saturday at the skate park. **Thanks to our workers who had helped, especially Alison and Mick for organising everything.**

We are cooking sausages on Saturday at the skate park, of course, we need volunteers for Saturday lunchtime. As our club was behind the design and construction of the skate park it is only fitting that we cater for a skating competition and demonstration. A good number said they were available including our guest speaker Grace Reading.

We have been invited by the Bendigo Rotary Club to attend a night put on by the Bendigo Bank where they will educate us on avoiding online fraud and scams. This is to be held at the Bendigo Club next Tuesday evening at 7pm. *(See notice below).*

Until next week.

Stay safe.

Geoff Gallagher

Club Happenings

News about Youth from Lynne

The students presentations just highlighted how positive the experience of attending RYLA has been for all these future leaders in our community. Nathan and Georgia participated many years ago but were still able to recall vividly the impact it had on their lives and continues to have.

Grace and Molly gave a very informative presentation and are keen to maintain contact with our clubs.

RYPEN camp is happening this weekend. Many thanks to [John Pearce](#) for his on-going support and connection with Eaglehawk SC to get some students to participate. We look forward to hearing of their experience at a future date.



Hi Lyn,

As you already know we have just sent our first team over to Maubisse since the pandemic struck. It was a very successful and rewarding trip where we re-connected with our key stakeholders in Maubisse and in Dili.

A major aim of the trip was to present certificates to our sponsored students both in Maubisse and in Dili. These certificates include the donor's name and are personally signed by the Mayor, Councillor Andrea Metcalfe. They are highly valued by the students and their families.

Attached is a photo of your student with his certificate.

On behalf of the Committee, I would like to thank you once again for your continued involvement in this important and successful program.

Milton Long - BMFC studentship co-ordinator

I have joined the many folks who sponsor some Timor Leste students. This report arrived recently and it's great to read of the work of these wonderful teachers in supporting students so keen to learn. If its appropriate other members may like to share the news. I sponsor 2 students. The cost is really a small amount. I know the club sponsor many others.

Dates to Remember



March

Sat 25th

Wed 29th

Fri 31st

Bluelight Skate event

Bethea Robertson

Golf Day breakfast

April

Sun 2nd

Fri 7th

Bunnings BBQ

Good Friday Booksale



 **Rotary**  
Club of Echuca Moama

SAVE-THE-DATE
75th Anniversary Celebration
Saturday 20th May 2023



Rochester Gardening Project

Rochester is slowly moving forward. For some their homes are slowly coming together but for many others this is not the case. The town and community have a long way to get back to some form of normality.

We are putting out the call for Rotarians and friends to offer their services to do some mowing and whipper snipping from this coming weekend onwards. Please see the attachment below for the guidelines put forward for this project.

If anyone is able to help this will be appreciated by the older residents of Rochester. If volunteers would like to bring their own mower and/or whipper snipper this would also be helpful. Please let Heather know if and when you will be available from Sunday 12th March onwards.

I hope this makes sense to you.

Thanking you for your support to the Rochester Community.

Regards

Heather

Heather Watson

President Rotary Club of Rochester 2020 – 2023

Rochester Community House is partnering with the Rotary Club of Rochester to co-ordinate a community gardening project.

The project enables senior members of the Rochester community, principally those who were flood impacted, to access a complimentary lawn mowing and whipper snipper service.

The aim is to minimise fire and snake risk and improve the aesthetics of flood impacted properties.

Disposal of any green waste is the responsibility of the resident. A green bin or rubbish pile must be provided.

The service is available within the Rochester town boundary initially; our ability to expand this reach will be determined by demand.

The service is provided on a one-off basis initially; according to demand we will assess whether we have sufficient demand/capacity to offer ongoing gardening support.

The Rotary Club of Rochester provides volunteers to undertake the work and Public Liability Insurance coverage.

Rotary is also co-ordinating rostering.

Girgarre Community House has a gardening trailer comprising 2 x mowers and 2 x whipper snippers which is available from Thursday – Tuesday each week at no cost.

Volunteers also bring their own gardening equipment.

Rochester Community House co-ordinates pick up and drop off of the trailer from Girgarre.

To register to access the gardening service, ring Rochester Community House on 5484 3600, email recovery@communityhouse.org.au or call in to the 4Rs.

INVITATION for all Members

Hi Everyone,

I have arranged for the Bendigo Bank to talk at our club for our night meeting on **Tuesday 28th March – 6.30pm for 7pm.**

I thought that, as the subject that affects all of us, that your members might like to join us for the evening.

If you could please let me know if any of you intend coming so we can make sure that the catering is sorted?

Thanks & cheers,

Peter Reading - 0429 044 099

RC Bendigo

Would you like to know
more about banking
safely online?

Come and join the team from
Bendigo Bank at the Bendigo Club,
to learn more about banking online
and how to spot and avoid online
fraud and scams.

28th
March
7pm



This is a copy of the speech that was presented to our members last meeting from Maggie and Grace.

Hi everyone, I am Maggie, and this is Grace. We both participated in RYLA 2022 last December and today we are here to tell you about our experience.

I was introduced to the program by my partner Laine, he participated in 2018 and since then he has helped to run it two times now. He told me how life changing RYLA was for him and he felt that everyone should have the chance to experience it.

I am a person who struggles badly with social anxiety so on the bus to the campsite, I was super nervous. I didn't know what to expect. I sat near two girls named Gresha and Asritha. They were so open and friendly which made me feel so much more comfortable and confirmed to me that I had made the right decision.

We arrived and got set up, were introduced to the RYLA team and did some ice breakers to get to know one another. At the end of this, we were randomly assigned a buddy and a focus group. I was in yellow group and so was Grace. Little did I know, these would be some of my best friends by the end of the week. In focus group which normally happened between sessions, we discussed how each of us were feeling after the session we just had and what we took away from it. Throughout the course of the week, we became more vulnerable and supportive of one another, which led to us becoming closer throughout the course of RYLA.

Not only did we reflect on the sessions as a group, but we were also given time alone and without distractions to do the same thing individually.

This was called 'me time' which happened every day, it demonstrates the importance of taking some time to yourself away from everyone else and your devices to recharge your mental, emotional and physical battery and reflect on the sessions. There are many ways you could do this as long as you're alone with your thoughts and are being mindful.

I personally took this time to write down my thoughts of the day, what I had learned, what I had questions about and how I was feeling. I also used it to come up with ways to express my gratitude to the important people in my life.

'Me time' allowed me to look into myself, who I am and what I want out of life, which is something that you don't really get time for in everyday life. It helped me to get a better understanding of myself and allowed me to collect my thoughts and ease my mind.

Grace, would you like to share what me time was to you.

-----GRACE-----

For me, two sessions really stuck out.

One of those being a session run by a man named Jayden. He discussed with us a lot about indigenous history through the years and about his family's experience throughout it all. He ran this session by splitting us up into 5 groups which became our 'tribes' for the remainder of the session. Each group was given a sheet of butcher's paper where we were told to write down a location and an animal to symbolize our tribes name and token, my group decided on 'The Murray River Turtles', we also had to write down some things about ourselves and what is important to us.

Jayden then sent us away to come up with a song and dance for our tribe, when all the groups re-joined. We then performed our dances one by one. After all the singing and dancing, everyone was in celebration of one another's group's performance, only for Jayden to then take the papers back from the group and tear them into shreds all around the room. This was his way of showing us how all of the Aboriginal's culture and tradition was ripped from underneath them and they could do nothing about it.

After this, everyone in the room seemed to have a deeper empathy and understanding of what effect colonisation really had on Aboriginal families. This session to me felt so powerful by placing us into our tribes to make us experience what all Aboriginal families had to deal with for years on end. There was no guilt or blame being placed on us, just asking us to listen and understand how awful some parts of our history have been. I think this session really resonated with me as I have an adopted sister who is aboriginal herself and to listen to this session and really understand what her family and ancestors went through, really brought things into perspective.

The second of the two was run by a lady named Jo, this session was all about communication.

Jo made us participate in an exercise called 'The Ugli Orange negotiation' where she split us up into two groups where we were both given an envelope. These envelopes contained our role instructions. The instructions told us that both groups would be bidding on the oranges and told us why we needed the oranges, my group's purpose for the oranges was that we needed the rind to neutralise a gas that would otherwise kill thousands. Both teams were secretly given the same budget and then we came back together to start the bid. We had roughly 5 minutes to talk to the other team and find out why they needed the oranges and to convince them to let us have the oranges before the bidding started. Upon this conversation, we found out they needed the juices of the orange to cure a disease affecting thousands of pregnant women and their unborn babies. Neither of the teams could come up with a resolution and decided to just start the bidding.

As the bidding began, my team ended up bidding the most and won the oranges. Jo then revealed to us if we had communicated better and were more open and trustworthy with our opponents, we would have discovered that we both needed different parts of the oranges. They needed the juices, and we needed the rind meaning we could have teamed up together, paid \$1 and both had all the oranges we needed. A win-win situation.

After this, we all took a questionnaire to find out what our communication styles were.

This session's purpose was to teach us the value of communication and being able to see others' points of view. It allowed us to solve both of our problems by working together and sharing resources instead of fighting amongst ourselves and being inconsiderate of others. Something we could benefit more from in our own communities.

In the middle of the week were management games, where the RYLA team ran activities to challenge us and our newfound leadership skills. This allowed us to see what worked for us as a group, and also pushed us to the point of being really frustrated and how that affected our cooperation. This was all to prepare us for our big task later in the week – the project. The RYLA team presented us with the task to create a presentation for rotary in just 4 hours to show what RYLA is all about. For those of you that were able to be there, I'm sure you remember what I'm talking about.

This was a huge challenge for some of us. Many of us challenged ourselves to do something we wouldn't normally do, and that we weren't comfortable with. And in the end, we presented something which we were extremely proud of.

The next night we had a party, and some of us performed a dance for the others. We had an awesome time. Immediately afterward, many of us stayed up into the late night to write Warm & Fuzzies. These are notes with meaningful messages to each other, commenting of what we loved about one another and were proud to see them achieve through the week. There were a lot of emotions that night and all through the next day as it became time to have our final together and say goodbye.

And that's it. RYLA was a truly incredible experience. I wish everyone could experience RYLA or something like it in their early adulthood. It's such a powerful, supportive formative experience and my life is all the better for it.

Thank you for listening to our presentation!

Wow! If that doesn't inspire you to get right behind the Youth Programs Rotary supports, I'm not sure what will. Some outstanding lessons there about the importance of communication and cooperation. It also affirms to me the need for us all to look beyond just trying to get people to become Rotarians and to invest in our Youth. If we do this successfully, the future of our organisation will be assured.
(Ron Payne, DGE D9800)



RYLA 2022
updated.pptx

Some pics for your enjoyment.