

R.I. President – Gordon McInally District Governor – Ron Payne Assistant Governor – Rob Foran



Volume 59 Number 17 Nov 9th 2023 eaglehawkrotary@gmail.com www.facebook.com/eaglehawkrotaryclub www.eaglehawkrotary.org.au Club No 18317 ABN 18279406625 Chartered 8th August 1966 President – Eric Smith 0438 688 806 Secretary – John Jones 0419 113 065 Bulletin – Mandy Costello 0427 468 298

We meet every Wednesday at the Mechanics Facility, 8 School Street, California Gully for a dinner meeting.

Wednesday 15 Nov @ 6 for 6:30pm Guest speaker – Nacho (our RYE student) sharing his experiences.

Happy Birthday to you in November

3rd Marj Jones 28th Mick Costello



Reminders:

- 1. Shop Local Night- Rotary Club Echuca- Wednesday 15th November @ 5 pm onwards- see attached flyer.
- 2. Eaglehawk Children's Festival- Friday 17th November.
- 3. *Bliss* Book Launch and fundraiser- **Sunday 19**th **November: 4- 6 pm** see attached flyer.
- 4. Regional Red Baker's Dozen Wine raffle tickets now open @ \$10-00 per ticket to be drawn 22November 2023. Only 13 days to secure your tickets!!
- 5. Truck Show- hosted by Rotary Club of Castlemaine: Saturday 25th and Sunday 26th November- see attached flyer.

Future Eaglehawk and local community activities & dates (for your planning):

Friday 17th November- Eaglehawk Children's Festival Friday 8th December- Borough Block Party Sunday 10 December- Eaglehawk Community Christmas Carols

The **Rotary International Convention 2024**: Singapore, 25—29 May 2024; mark the date in your diaries; registration is open at https://convention.rotary.org/en-us/registration

Acting President:

A busy night after our week off last week!

We had 20 in attendance and many guests: Coleen Wilson, Nacho (our exchange student), and Marco (GP's fiancée) along with our guest speaker, Ben Miller We had apologies from DG Ron Payne President Eric Smith, Gary Frank, Brian Fitzpatrick, and John Pearce.

We have the Swap Meet carparking and catering this weekend.

The following week we have the Children's festival at Canterbury Park where we will be cooking a BBQ.

The roster is ok for the Swap Meet; however we need volunteers for the Children's festival please.

Also, a special thank- youto GP for her donation of traditional clothing and shoulder bags for RC Eaglehawk members to use.







Our guest speaker was Ben Miller:

Ben is a Paramedic with Ambulance Victoria and has been with them for 15 years. He gave a video presentation which portrayed real "000" calls, where victims were experiencing cardiac arrest. It showed that with the correct application of CPR and application of an AED or defibrillator, the casualty has a much better chance of surviving.

Ben demonstrated the application and operation of a typical defibrillator and demonstrated CPR.

Ben also invited us to download the GoodSAM app as detailed below. Cardiac arrest is often unexpected. For every minute a patient doesn't get CPR/defibrillation, their chances of survival fall by 10%. GoodSAM (Smartphone Activated Medic) connects responders to patients in those first critical minutes of cardiac arrest while paramedics are on the way. To opt-in and receive GoodSAM alerts, open the GoodSAM app, go into your "me" profile and make sure the "report on duty" setting is switched on and highlighted red.

What is the GoodSAM app?

GoodSAM is a free global smartphone app that alerts responders to someone nearby in cardiac arrest. GoodSAM is linked to the Triple Zero (000) communications centre, so as soon as an ambulance is dispatched, a Good SAM alert will notify you.

Become a GoodSAM responder

How does it work? How can you help a stranger in cardiac arrest? It's easier than you think.

- 1. A Triple Zero call (000) triggers an alert to be sent to a GoodSAM Responder.
- 2. The responder is told the location of the patient and the nearest available defibrillator (AED).

- 3. At the same time, the closest available ambulance is simultaneously sent to the patient, and in some parts of Victoria, the fire brigade is also dispatched.
- 4. Meanwhile, the GoodSAM Responder can provide CPR and, if possible, make use of the nearest available defibrillator. This gives the patient a greater chance of survival.

Regards, Geoff Gallagher

Guest Speaker: Ben Miller - Paramedic from Ambulance Victoria.

Thanks for your valuable time and sharing your expertise, Ben.





Nacho has been camping again- this time to the mountains (@ Nug Nug campground).

Nacho bravely tested Micks new inflatable canoe on a camping trip near Mt Buffalo and assisted in cooking Paella for us.

The canoe was rubbish (not such a bargain buy Mick!) and the Paella he described as a cross between Paella and Risotto and not very authentic (Mandy bought the wrong rice!), however it tasted delicious!







Wheelchairs for Kids (with Rotary) at California Gully Primary School:

















Castlemaine Rotary Truck Show: 25 & 26 November 9 (and please see attached flyers):

Castlemaine is considered one of Australia's premier country Truck Shows.

Now in its 35th year, this year's show is shaping up to be bigger than ever.

It is also renowned for its family atmosphere.

Children U16 are admitted free, and all the entertainment and rides are free. There is on ground catering and those who are mobility challenged can also enjoy a trishaw tour of the ground.

Live music all weekend will feature multi-award-winning Country Music Singer and Songwriter, Craig Lloyd, whose singles have topped the charts in 2023.

Crowd favourites, Peter Coad & The Coad Sisters and The Jim Hermel Band, will also be returning.

A special feature on stage will be from 5 – 8pm on the Saturday night with a bar and food vans operating.

Gates open at 12 noon on Saturday and 10.00am on Sunday. Tickets are \$15 per adult. U16 children free.

castlemainetruckshow.com/

Kind regards, KERRY ANDERSON Castlemaine Rotary Club President 2023-2024 0418 553 719

A message for everyone re Foundation Dinner:

Hello All,

On behalf of the Event Organising Committee, please find attached the "Flyer" advertising our upcoming Foundation Dinner on 8th December 2023.

Could you please circulate the "Flyer" to all of your Club Members and arrange to have it broadcast via your Club Bulletin.

Please note the payment options. If payments are made via Club Foundation Directors, could those directors advise me by email of the payments, so a running tally can be kept.

If payments are made directly to the RC of Bendigo, the relevant Club Foundation Director will be advised accordingly.

Please also note the RSVP date. It is essential that we know firm paid-up numbers by 29th November 2023.

There will be some flexibility however to accommodate any late-comers.

Kind Regards

PP Wayne W Smith Association Secretary Foundation Director Rotary Club of Bendigo M: 0419 005 702

E: chartall@bigpond.com























































HHA & LARSEN'S ROTARY

TRUCKSHOW

SAT 25 & SUN 26 NOV 2023 CAMPBELL'S CREEK RECREATION RESERVE

CELEBRATING THE TRUCKING INDUSTRY & RAISING VALUABLE FUNDS FOR THE COMMUNITY

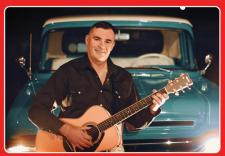




\$15 Adults | \$25 Family Children U16 free Tickets via website or at the gate



Saturday 12 noon and Sunday 10.00am



SPECIAL FEATURES

Saturday 5.00pm - 8.00pm Live music on stage Sunday 9.00am Truck Convoy Sunday 3.00pm Trophy Presentations



GREAT ENTERTAINMENT FOR THE WHOLE FAMILY

live music

Free children's rides and entertainment. Full catering and bar onsite.

FOR MORE INFO VISIT CASTLEMAINETRUCKSHOW.COM

WITH THANKS TO OUR SUPPORTING SPONSORS 2023























Rotary Club of Echuca Moama Shop Local Night

Wednesday 15 November from 5pm onwards
Tickets on sale now: https://www.trybooking.com/CMWXT

Please join us for the Rotary Club of Echuca Moama Shop Local Night just in time for all your Christmas shopping needs!

We kick off from 5pm onwards in the courtyard at Henry's Bridge Hotel for a welcome drink and nibbles, and then from 6pm we hit the shops!

It's speed shopping style with 15 minutes spent in each shop. Loads of prizes to give away with every \$10 you spend in the shops giving you another chance to win!

Grab your crew together for a fun night our or just come by yourself and we'll find you a group to join in with.

Please book in by COB Monday 13 November for catering purposes. Hope to



see you there Kind regards, Kate Miller

Secretary and Immediate Past President 2022-23 | Rotary Club of Echuca Moama PO Box 199 Echuca VIC Australia 3564

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Rotary Shop Local Night

Wednesday 15 November 2023

The Rotary Club of Echuca Moama invites you for a great night out of shopping and fun!

Grab all your Christmas gifts while supporting local business.

*This looks great – please read this email from Noel Hobley below:

PP Larrie Winzar from Rotary Bendigo, has written a book 'Bliss' and all profits are being donated to Rotary projects that enhance the lives of women and girls locally, regionally and globally.

'Bliss' is a self-coaching book inspiring people of all ages and stages in their careers, and their life, to follow their bliss.

This workbook fills a gap... it shares tools and strategies, questions, and exercises as well as motivation and wisdom based on Larrie's 35 year's experience as a Career, Life & Protirement Coach.

The Bendigo book launch is happening on Sunday, 19 November, 4-6pm, at Rotary Gateway Park in Kangaroo Flat. We hope your club can be represented at this fabulous event where Rotary projects, as well as the people who read the book will be the beneficiaries. Additional books will be on sale at the launch for \$30 and there will be plenty of seating available.

Fabulous entertainment from Alli and Andrew Watts and delicious catering by Bendigo Inner Wheel.

You can book for the Bendigo Launch here: https://www.trybooking.com/CMPWN

A poster is also attached that may be distributed to your contacts or printed to place on community noticeboards.

'Bliss' is 170 pages of information and wisdom and will appeal to all ages and stages from 15 - 85+.

'Bliss' makes a perfect gift and would be an ideal Guest Speaker presentation gift. Very suitable for Exchange Students and RYLA participants.

What's not to love? A book written by a Rotarian, and illustrated and formatted by another Rotarian, Kim Lowe, to benefit other Rotarians and Rotary projects.

Larrie Winzar would also be an inspiring Guest Speaker, talking about this new book and also the Bendigo Club's 'Starthrower' project, one of the projects which will benefit from the sale of 'Bliss' books.

If you would like to purchase copies for your club, please contact Larrie on 0417 376 445 or larrie@followyourbliss.com.au

Noel Hobley Rotary Club of Bendigo District 9800



Also, a reminder that the Early Bird bookings are open for our **District 9800 Conference** in **Bendigo – 12**th **– 14**th **April 2024.** Early Bird prices are available until 16th December 2023.

Registration: www.trybooking.com/CMCUD

See more details in the advert below.



What have our members been up to?

Nativity scene update:

A message from Trevor-

Believe it or not, it is almost **Nativity Scene** time (and also re-introduction of **Carols, Sunday 10th December**).

Nativity Update.

As the figurines were very cramped close together, I gained agreement with SVDP new manager (Maree) to utilise both windows if required.

Due to <u>wide divisional joiner</u> between glasses, I decided to stay within "1Glass", same as prior year. Note the sides are being opened 100mm wider each side to allow more room and vision. Hence see photo of modifications in progress.

Great problem-solving Trevor!

Carols. My records indicate Carols in Canterbury Park Soundshell were last held in Dec 18 (I think 2019 was washed out and then Covid?) I met with Laurie & Mary to assess decorations stored in Container for Soundshell. Still yet to locate quantity of spot lights and quantity of white extensions leads? Anyone know? Goal is to keep project simple but effective! Thanks, Trevor, for all you continue to do!



Lynne is helping to spread the RC Eaglehawk re-cycling word!

I spoke recently to a friend who walks around Kennington Reservoir and explained that our club is collecting bottles for the Karen community.

She now arrives regularly at my home with a bag of bottles. Here is the result after a few weeks! Cheers - Lynne.



And also attached is a great article (from The Midland Express 7/11/2023) It's About Lynne. She has been researching in her 'spare – time'! As a result of her article being published, Lynne has been invited for a chat on the ABC Breakfast program on ABC Central Victoria (Bendigo ABC Local Radio) with Fiona Parker soon. **Will let you know when!**