



Rotary

Club of Eaglehawk



R.I. President – Jennifer Jones
District Governor – Amanda Wendt
Assistant Governor – Rob Foran

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eaglehawkrotary@gmail.com
www.facebook.com/eaglehawkrotaryclub
www.eaglehawkrotary.org.au
Club No 18317
ABN 18279406625
Chartered 8th August 1966
President – Geoff Gallagher 0428 127 766
Secretary – John Jones 0419 113 065
Bulletin – Deb Payne 0407 039 634

We meet at the Mechanics Facility, 8 School Street, California Gully for a dinner meeting. However, as this sometimes changes, please see below for details on the program for coming Club meetings and activities.

Dates and duty to Remember		
September 24th	Bookshop	Mary Preston & John Pearce
September 28th	Club dinner meeting	Bar- Mick Costello Clean Up - Geoff Gallagher & Alison Bacon
September 31st	Bookshop	Trevor Lock & Charlie Cunneen
September 28th	Club dinner meeting Mayor, Cr Andrea Metcalfe	Bar- John Jones Clean Up- Geoff Adcock & Lynne Cooper

The Great GRANGE Raffle is on again as of Monday - Spread the word



THE GREAT GRANGE RAFFLE

A rare chance to WIN the world's most coveted wine

Only 200 tickets available @ \$200 ea

Enter the draw to win 10 consecutive vintages of Penfolds Grange, from 2009 through to 2018. Valued at \$10,000, you'll have a real chance to win this unique collection with only 200 tickets on sale. Get your raffle ticket at: <https://www.raffletix.com.au/greatgrange2022>

All proceeds will benefit the Rotary Club of Eaglehawk's local and international projects.

Additional information or enquiries to John Jones (PP/Secretary).
Phone 0419113065 or email Johnpricejones47@gmail.com

Vic raffle permit no: 10405/22. Raffle to be drawn 7PM 7 Dec 2022, 8-12 School Street California Gully. Winner notified and result published on www.eaglehawkrotary.org.au and www.facebook.com/eaglehawkrotaryclub. There is an agreement with RaffleTix Holdings Pty Ltd (ABN 24 623 531 340) to promote or conduct this raffle for reward.




President Geoff's report – 21/09/22

Hi once again

How the year is flying.

It was another great attendance tonight of 16 with 7 apologies which is to be expected for school holidays.

Get well soon Alison and Lyn.

Our guests for tonight were our guest speaker, Georgie Redmond from “Life matters “, Mandy Costello and our former exchange student, Luisa Flinkman, currently visiting from Germany.

Georgie Redmond is a Bendigo girl who was a nurse and midwife in Bendigo for 20 years. She went back to study and became a Paramedic.

Georgie is currently working with the heart foundation as an educator.

The Bendigo area postcodes 3551 and 3556 have been identified as amongst the worst areas in the state for people having had a heart attack.

In a joint initiative between Ambulance Victoria, Monash University and the state government, Heart Matters has been founded in order to provide information and education to help us recognise the signs of a heart attack and how to get help.



Heart Matters

A community-based project delivering heart health education in Victorian communities at high risk of heart attack

Key takeaways

- The Heart Matters project aims to save lives by educating people about heart attack warning signs and when to call Triple Zero (000).
- Local Heart Matters Coordinators deliver free education sessions to people living in high-risk Victorian communities.
- Book in your community group or business for a free education session today.

Did you know that one in four people don't know a single heart attack warning sign, and one in two people delay calling Triple Zero (000) by over two hours?

This is where Heart Matters comes in. Heart Matters is being delivered in regions of Victoria with the highest risk of heart attack, and low levels of heart health knowledge and ambulance use. Local Heart Matters Coordinators deliver free heart health education sessions to community groups and businesses.



What is a Heart Matters education session?

Heart Matters education sessions can be as formal or informal as you like. Speak with your Heart Matters Coordinator about what sort of session will work best for your group or business.

The session will cover the following topics:

- the warning signs of a heart attack
- what to do if you or someone you know has those warning signs
- how to reduce your risk of having a heart attack.

What you learn in a Heart Matters session could save your life, or the life of someone close to you.

For more information, please contact

GREATER
BENDIGO

Georgie Redmond
georgie.redmond@heartfoundation.org.au
 0427 619 589

Heart Matters is a partnership project between the Heart Foundation and



Ambulance
Victoria



MONASH
University





It was good to catch up with our former exchange student, **Luisa Flinkman**.

Luisa is in Australia for a month on holidays and told us that she is about to join the Police force in Germany and pursue a life of crime, albeit on the right side of the law.

The Christmas Trailer Raffle ticket sales have started last Monday. This is a joint effort between us and Bendigo South. As of next Monday, our club is responsible for delivering the trailer to the various venues. We will need some assistance on this.



Eric reported that the BBQ for the Victorian Youth Brass Band at Marist College, Maiden Gully, is on Thursday next week and asked for volunteers. Also, the 4th Community breakfast is on Friday Sept 30th at Eaglehawk Community House in Bright Street.

John Jones reported that 26th September is the launch of the Great Grange Raffle. Get your tickets online.

The local publication 3556 is now out and a great article on Gary Frank features in this edition. The magazine is available online at the below address.

<https://3556magazine.com.au/current-issue/>

Please stay safe over the extra-long weekend.

Until next week

Geoff Gallagher

Club Happenings

It was wonderful to reunite with our former exchange student, **Luisa Flinkman**, who has returned for a social visit and to catch up Rotary and other friends, especially school friends. She told us of some of the challenges facing Germany at the moment, especially with respect to refugees from Ukraine – that is generating some tensions.

Her 'pup', a fast-growing malamute, is a source of joy and loves to pull her around on some form of skate board, much to the amusement of other park users. She is currently working in a cinema before starting her course in forensic science as a member of the police force early next year. It was great to catch up.



Bookshop -update from Rita

Thank You



for your Kindness

It was disturbing to learn that the bookshop experienced some vandalism this week but Rita has assured us that the insurance has it covered – her continuing generosity is hugely appreciated.



Up Coming Events in your for calendar

The Christmas trailer raffle is up and running and for this week and next is at the Market Place. Mick is coordinating next week and we will need support for ticket sales on Sundays from 10:00 – 2:00 and for trailer towing on our rostered weeks.

- Thurs 22nd:** Catering for the Victorian Youth Brass Band at Marist College and thank you to Eric, Geoff Adcock and Lindsay for volunteering.
- Mon 26th:** Launch of the Great Grange Raffle
- Wed 28th:** Dinner Meeting – Mayor, Cr Andrea Metcalfe.
- Friday 30th:** Community Breakfast hosted by Eaglehawk Community House
- Oct 5th:** Dinner meeting – report from our two young people who we sponsored for a two-day workshop at Longrenong
- Oct 12th:** Principal of Bendigo SDS and Connect Circus.
- Oct 19th:** Foodshare – Margaret Keech
- Oct 22nd:** Bunnings BBQ.
- Dec 9th:** Catering for the Christmas lunch for the School of Rural Health at LaTrobe.

Rotary Happenings District 9800 Website

The link to our District Website is attached for your reference. Click on the link to open and read about the many wonderful things happening across our District.

<https://www.rotarydistrict9800.org.au/>

Zone 8 Better Together Conference in Canberra from October 28-30.



Early bird tickets are now available for all Rotaractors and Rotarians in Australia, New Zealand and across the Pacific to attend the Zone 8 Better Together Conference in Canberra from October 28-30.

The conference will be held at the National Convention Centre Canberra and the Saturday night dinner at Old Parliament House.

The conference is set to be the first in-person zone event since the COVID-19 pandemic and is shaping up to be a celebration of all the best our Rotary family has to offer. This includes a range of excellent speakers and sessions across the weekend.

For further information, see <https://msgfocus.rotary.org/q/12FwEdqWDM6Zbu4nM2ViTAjy/wv>

Eaglehawk Community Breakfast No. 4

Dear Friends

Following on from the very successful, Eaglehawk Committee Breakfasts, held over the last few months, the 4th Breakfast is being planned to further develop the Eaglehawk Community Spirit.

Members of the Rotary Club of Eaglehawk along with the Eaglehawk Community House, are quite excited and want to share with you that we have an opportunity to help to improve the Eaglehawk Community Spirit and Communications.

We have preparations underway to present the fourth forum for community communication in an informal environment which will be conducive to open discussion, providing a simple but very effective way for the sharing of information about our local community events, projects and ideas.

You have been identified as a member of our community who may be interested in participating and so we are pleased to invite you to attend the **Fourth Eaglehawk Community Breakfast on Friday 30th September 2022, at the Eaglehawk Community House, 19 Bright Street, Eaglehawk.** Arrival time is 7.30am for breakfast at 7.45am. The program will consist of Breakfast, a Guest Speaker, followed by the opportunity for all present to contribute to the sharing of current (or proposed) programs, projects and events, planned for our community. The event will conclude at 9.00 am.

Current feedback indicates that similar breakfasts could be held bi-monthly but will be guided by those present as to the future format to ensure that these events meet the needs and expectations of our community.

Members of the Business community, Community groups, Sporting groups and Service organisations, all play a vital role in our community, and it is our belief that by bringing you all together in this way will be beneficial to our great community.

We would appreciate an RSVP to

Eric Smith M: 0438 688 806

E: ericjsmith888@gmail.com prior to Tuesday 26th. September 2022

We look forward to meeting you on the 30th September 2022

Regards



Eric Smith

Rotary Club of Eaglehawk

Community Service Director

Date 18th September 2022

Invitation
Eaglehawk
Community Breakfast
No. 4



GUEST SPEAKER: *Tracy Moss*

FRIDAY 30TH SEPTEMBER 2022

EAGLEHAWK COMMUNITY HOUSE
19 BRIGHT STREET, EAGLEHAWK

ARRIVAL 7:30 AM. BREAKFAST 7:45 AM

Combined Rotary Clubs Swap Meet Roster

We're giving you all plenty of notice to pop this in your diary – Swap Meet weekend is Saturday 12th & Sunday 13th November.

All clubs will need to provide 60 x 4-hour shifts. With our current members this equates to 3 shifts per member. We also need to provide Site Captains all day each of the days so we need three members to take on this role and share the workload. Over the next couple of weeks could you please contact Alison with details of the shifts that you would prefer (see shift options below). The rosters will be prepared by the organising committee and distributed accordingly.

Some members may find it handy to bring in a family member or friend to help you cover your shifts. We have been fortunate and attracted the assistance of the Imagination Library Committee under the agreement that our clubs share of the proceeds will be split in accordance with how many shifts are undertaken by them.

Friday 11 th	Saturday 12 th	Sunday 13 th
9am – 1pm	5am-9am	6am – 9am
12.45 – 5pm	8.45am – 1pm	8.45am – 1pm
4.45pm – 9pm	12.45pm – 4.30pm	12.45pm – close
	4.15pm – 9pm	

The follow information has been distributed for the benefit of people who volunteer to give them an idea of what is involved.

Swap Meet Catering -Volunteer Duties

Thank-you for volunteering. Working at the Swap Meet is good fun, you get to meet lots of people **and** you are helping your cause. It can be hard work and tiring, so to make it easier to choose an appropriate shift that you feel will matches your abilities we have divided jobs into light, medium & heavy.

Please bear in mind most duties include being on your feet for all your shift. **If there are any Barista's or experienced Cashiers out there, please write it on your roster sheet.**

Light Duties

These include clearing and cleaning tables, serving in the Luncheon Hall, sandwiches, cakes & slices and at the Bain Marie and general duties within the Luncheon Hall, e.g., wrapping cutlery, making toast **Sat & Sun**

Medium Duties

These include, cooking and serving on the BBQ's, cooking on the BBQ's would include sausages, bacon & eggs (this can be hard work). The BBQs are arranged so there are cooks, servers, and a cashier. Due to food handling safety issues the cashier only handles the money. **BBQs are Sat & Sun only.**

Making sandwiches, usually done as a production line set up. Food preparation, cutting up fruit for fruit salads, washing up. Coffee preparation and sales, replenishing stock throughout the event to various sites. Vacuuming on Fri & Sat night after evening service, vacuuming, and cleaning the sites at the end of the event. **Fri Sat & Sun**

Heavy Duties

These include setting up the BBQ's, moving trestle tables, equipment allocation to sites, setting up tables in the Luncheon Hall, receiving stores and equipment. Receiving and checking Hire Equipment. Collecting equipment from Mayfair Park Rotary Storage Shed. Post event the reverse of these tasks Mainly **Thurs, Fri and Mon.**

When you put your name on the roster, please can you indicate L (Light), M (medium) and H(heavy) and we will do our best to meet your request. There will be times when Medium & Heavy merge.

If you have any specific needs, please let me (Libby Hughes 0409044429) or your roster co-ordinator know.

Expectations of Voluntary Staff

When volunteering for a shift be sure you turn up at the times indicated, if you are unable to work on that shift, please advise Staff Co-ordinator on Mobile 0409044429

All Staff are to report to the Staffing Tent to sign in before commencing a shift. The Staffing Tent is located near the Main Entrance and will be signed.

Staff will be allocated their area from the Staffing Tent, if you have a disability, please let the staffing co-ordinator know when signing in and a suitable job will be allocated.

You will report to the Site Captain who will then explain your duties.

You will be allocated a break during your shift at which stage you may have refreshments supplied by Rotary. At no other stage during your shift are you to partake of food unless permission is given by the Site Captain

On completion of your shift, you are to report back to the Staffing Tent to sign out, this is necessary for Insurance Purposes.

If you are a Student a Certificate of Appreciation will be sent to you within the next few weeks, this may be used for your Studies in Community Work.

Thank You for Volunteering.