



HOWZAT!



ROTARY CLUB OF NEWLANDS “The club that appeals”



President: Graham Finlayson
Secretary: Bill Meyer



Editor: Peter Ennis

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Newlands Rotary website: www.newlands.org.za

Rotary District 9350 website: www.rotary9350.co.za

21 August 2017

WEEKLY UPDATE

P O Box 44735
CLAREMONT
7735

MEETINGS: Western Province Cricket Club Sports Centre, Ave De Mist, Rondebosch, every Monday at 18h00 for 18h15.

ATTENDANCE: Notice of apologies and guests and/or meal specifics to email Paul Spiller at dr.paul.spiller@gmail.com and copy to Bill Meyer at meyport@iafrica.com before 10h00 on Monday mornings please.

Comment

Ian Pursch

On becoming a pensioner

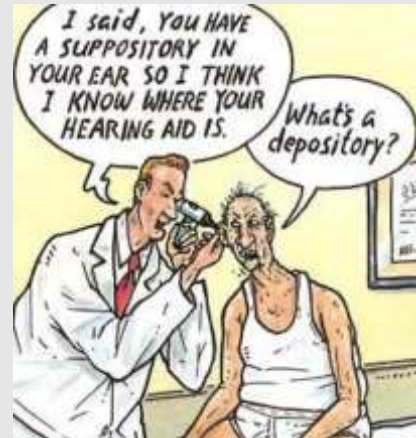
In common with many baby boomers, my hearing was probably damaged for good in the sixties and seventies. The pop and rock explosion was exactly that in many ways, and the nearer we were to thumping speakers the happier we were as well. In my case I regularly got very close indeed while doing disco duty during my sea career, as I spun 45 singles with the bass turned up and coins balanced on the playing arms to keep the needles in the grooves when the ship rolled.

The sad result, compounded by my advancing years, is that my hearing range is much reduced. For a long time I assumed that people were just mumbling more, but eventually I had my ears checked out and was persuaded to exchange the family jewels and a couple of children for hearing aids. After overcoming the initial weirdness of crumpling paper being amplified to thunderstorm levels, of loo flushes sounding like Niagara Falls and of teaspoons in cups producing chimes rivalling Big Ben, I am happy to report that I am now sometimes able to follow at least the gist of conversations.

Why am I telling you this? Because I am 65 and have realised that old age is no longer in the far distant future – it is upon me. If I take stock of all the signs and symptoms of physical failure that I have been carefully ignoring, they amount to a frighteningly clear vision of impending decrepitude.

For years, for example, I knew that my hair was a little thin around the crown of my head but I put this down to an ancient bike accident scar. I did realise some time back that I was now developing something of a monk-like tonsure, but as far as I could see there was still plenty up there as I happily continued to comb my fringe to the right. It was a big shock when I finally discovered that I had become in fact pretty much bald, and that the so-called fringe was actually just a small tuft at the top of my forehead.

I console myself with the knowledge that my hair still exists, although these days it grows downwards, emerging from my ears, eyebrows and nostrils.



My waistline is another example of decline. Once the trim and predictable 28 inches of my youth, overnight the measurement ballooned to about 35 as soon as I hit middle age. I don't know what it is now. I still buy 34 waist trousers and simply deal with any surplus flesh by allowing it to hang over the edge.

There are subtler signs: I now puff more loudly and sooner whenever I am involved in physical exertion. (And I tend to be more careful about getting involved in the first place.) I find that it takes less red wine than used to be the case to cause a morning headache. My bladder demands attention at more frequent intervals....

Dear fellow Newrots, I may only have a little time left. I am preparing for my dotage as I cling to a few rays of light, such as the old folk's discounts that I am now routinely offered.

On the other hand, after 60-odd years of myopia my most recent eye test has disclosed that, as my ancient eyeballs wither, I am becoming *less* short-sighted! Perhaps there is hope after all – hurrah for old age!

Induction of our new Rotarians



A photo from Menno of the induction of our six new Rotarians two weeks ago. They are Inez Arendse, Jerome Eckles, Shelley Finch, Wendy Goddard, Johnny Hurwitz and Barbara Murphy (last week's minutes of the meeting inadvertently left out the name of Johnny Hurwitz).

Previous Meeting

Minutes of the meeting on 14 August 2017

Scribe: Regine le Roux

Sergeant Anthony Galloway opened the meeting

Acting President Wybe Meinesz welcomed all the guests: Our speaker for the evening Hilda O'Callaghan and partner and special guests Emma Erica Hajaji, Mandy Radcliffe and Chris Bischoff

Four way test = Bill Holland, who got everyone to say it together

Grace and Toast = Christine Calothi

Stirrer's spoon = no movement

Swindle = Colin Burke

Speaker Intro = Tony van der Lith

Speaker: Hilda O'Callaghan from Protective Behaviours Program.

For more information visit: www.protectivebehaviours.org.au

This is a program successfully being implemented in Perth, Australia.

You can't bully a child into feeling safe.

Sexual abuse is not disclosed with the child, it is about the right to feel safe at all times, and the right to speak to people.

They are teaching children to be confident, difficult targets.

Thank the speaker: Geraldine Nichol

Q&A after supper:

Is Protective Behaviours in South Africa? ~ *Yes, the representative lives in Kommetjie*

Are you involved with Safe Schools? ~ *Yes to a certain extent. Great opportunity to get more involved*

Are you involved with Child Line? ~ *Not currently, there is no reason why we can't work with them, another great opportunity*

Is there reinforcement at homes? ~ *Sadly the parents that need to attend the sessions aren't there. Staff are given a two-hour run down, which hopefully filters through and gets reinforced*

What percentage of people in the world are paedophiles? ~ *3% of society, and of that 3%, 90% are males*

6/10 girls and 4/10 boys are abused sexually, why are the stats so high, when the percentage of paedophiles are so low? ~ *In the life time of a paedophile, they can have up to 500 'clients'*

At what age should you start having conversations about this topic with your children? ~ *In Perth generally start at 4; can start at birth*

What about child headed households? ~ *There is not currently enough research*

Spots:

Rochelle Malherbe = Sanlam Cape Town Marathon. There will be a sector marshal meeting on 29 August 2017. Rochelle will share a document with the route, using WeTransfer. It is important that you have Google Earth downloaded to see the exact route. Chris will be available at this meeting to address specific questions. The meeting will take place at Tsogo Sun, Newlands. Rochelle will confirm the time.

Mike Walwyn = Global Grants and Peace Fellowships will be a topic of discussion at the upcoming mini conference in October 2017

Lew Botha = Planting of trees with Rotary International President (RIP) will take place on 01 September 2017 at the opening of the Steenberg High School. Lew will be travelling and only back on 16 Sept. 2017; Jenny Ibbotson will be running with the project while Lew is away. The trees are being paid for by the club.

Janey Ball = Encouraged everyone to listen to the interview between John Maytham and Rotary Club of Waterfront President: Siham Boda <https://omny.fm/shows/the-john-maytham-show/waterfront-rotary-club>

Heidi Anderson = Will see everyone on Sunday at One to One at the Cape Town Stadium

Paul Spiller = Please ensure that you give in your apologies in writing either through email or WhatsApp before 09:30 on a Monday; this will ensure that there is proof and an audit trail. If you don't, you will be liable for that missed meal.

Menno de Wet = There will be a membership meeting at Backsberg on 02 September 2017

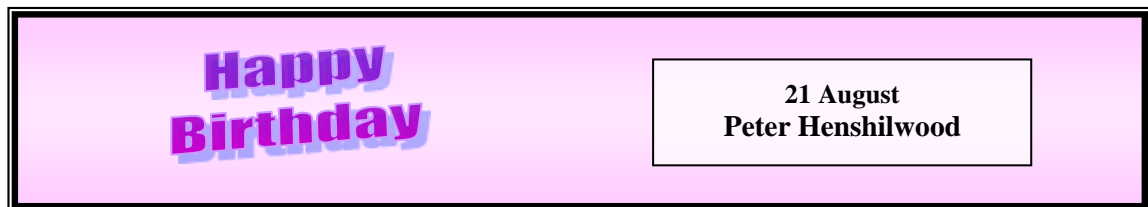
Geraldine Nichol = Barbara Murphy has donated three bakkie loads of Christmas decorations. This will be taken to Langa's ECD projects, if anyone else has a need for them please advise.

Happy Rands

Acting President wrapped up, thanked the speaker and encouraged everyone to attend One to One.

Sergeant Anthony wrapped up the meeting.

Meeting closed at 20:11



The only function of economic forecasting is to make astrology look respectable.

-John Kenneth Galbraith



[Newlands Rotary Club Runner Calendar](#)

FUTURE FIXTURES

Year Planner

Please advise the secretary promptly of any additions or changes

August 2017

Mon 21 Ordinary

Mon 28 Business

September 2017

Mon 4 Partners - DG Visit

Mon 11 Ordinary

Sun 17 Cape Town Marathon

Mon 18 Ordinary

Mon 25 No meeting – Public Holiday

October 2017

Sun 14 Dragon Boats

December 2017

Sun 3 Stellenbosch Cycle Tour

REMINDER



RSVP to John Winship

UMPIRES AND SCORERS

DATE	21 August	28 August	4 September	11 September
MEETING	Ordinary	Business	DG Visit Partners	Ordinary
SERGEANT	John Stephenson	Daphne Lyell	Richard Burnett	Rochelle Malherbe
4 WAY TEST/ OBJECT	Christine Calothi	Andy Ismay	Johan Beukman	Barbara Murphy
GRACE & TOAST	Tinus de Jongh	Mike Young	Brian Pickup	Wendy Goddard
ATTENDANCE	Jenny Howard	Richard House	Jenny Ibbotson	Peter Henshilwood
FELLOWSHIP	Corinne Hudson	Michael Walwyn	Melinda Stapleton	Terry Lancaster
MINUTES	Colin Burke	Henry Campbell	Garnet Carr	Geraldine Nicol
COMMENT	Menno de Wet	Bill Holland	Willie Wijenberg	Janey Ball
THANK SPEAKER	Lucian Pitt			Jana Forrester
INTRO SPEAKER	Shân Biesman-Simons			Ian Pursch

**Invited
GUEST SPEAKERS**

21 Aug **Robert Kydd** –
Experiences at Eskom

If you cannot do your job on the day, please find someone who can do it instead of you, then contact the Sergeant on the day to update the roster. Please don't leave this until the Monday afternoon – let the Sergeant know in advance if you have not been able to arrange a swap. If you are going to be away for particular future meetings let Peter Ennis know.

Love at first sight



Rotary Club of Newlands Office Bearers

Graham Finlayson	President	graham@gfinarch.co.za
Bill Meyer	Secretary	meypport@iafrica.com
Peter Ennis	Treasurer	treasurer@newlands.org.za
Corinne Hudson	Community Service	corinne.hudson@gmail.com
Paul Spiller	Club Service	dr.paul.spiller@gmail.com
Lucian Pitt	International & Vocational Service	lucian.pitt@uct.ac.za
Regine le Roux	Public Relations	rotary@reputationmatters.co.za
Vanessa Rousseau	Youth Service	rousseau@iafrica.com
Shân Biesman-Simons	Membership	shan@biesman.co.za
Andy Ismay	Entrepreneurship	andy@quicktint.co.za
Chris Beech	Past President	christopher.beech67@gmail.com

Books for the World

For all educational school books and novels for age from early education to High school

CONTACT: FRANCOISE NDAYIZIGIYE 0737317056

St Anthony's Catholic Church, Ndabeni Street, Langa

