



# **ROTARY CLUB OF NEWLANDS**

"The club that appeals"

President: Graham Finlayson Secretary: Bill Meyer

retary: Bill Meyer

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Newlands Rotary website: <a href="www.newlands.org.za">www.newlands.org.za</a> Rotary District 9350 website: <a href="www.rotary9350.co.za">www.rotary9350.co.za</a>

29 January 2018

# WEEKLY UPDATE

P O Box 44735 CLAREMONT 7735

MEETINGS: Western Province Cricket Club Sports Centre, Ave De Mist, Rondebosch,

every Monday at 18h00 for 18h15.

ATTENDANCE: Notice of apologies and guests and/or meal specifics to email Paul Spiller at

dr.paul.spiller@gmail.com and copy to Bill Meyer at meyport@iafrica.com

**before 10h00** on Monday mornings please.

Comment <u>Geraldine Nicol</u>

## NEWLANDS ROTARY CLUB WATER-UBUNTU PROJECT

Many thanks to all Newrots for their enthusiastic sharing of their best ideas of how to contribute positively to the Cape Town water crisis.

 Hot off the press: Exciting Update: We're establishing our own "RCN Water Ubuntu Task Team!"

At Wednesday's Board meeting, board members enthusiastically agreed to one of Monday's proposals, which was to establish Newlands Water Ubuntu Task Team (as opposed to a Watergeddon team which we agreed sounded too negative!)

#### > Interested in joining this Task Team?

Send you name to Geraldine who will initially co-ordinate the RCN Water Ubuntu Task team, together with Lew Botha, Chris Beech and Heidi Anderson (with additional regular input from Janey Ball who is involved at City level and is regularly sharing new ideas for us to try) and Shelly Finch who will co-ordinate the social media sharing of our ideas. Join us!

Report back from Monday group brainstorm session on water saving.
 This is the first round; If your idea/s is not listed below, please forward for future sharing

#### Water saving ideas for the home:

#### General

- Awareness drive: help spread the word and educate the communities on what CAN be done – Use the Obama concept of "YES WE CAN" and constructively encourage, motivate & persuade positively
- o Work out how many ways you can reuse the same water in different ways
- Read your water meter every day so there are no account surprises at month end and take daily control of your water usage
- Use your wheeled luggage to transport your water containers Some wheeled travel luggage that goes in overhead plane luggage racks can take up to 3 x 5 litre containers – easier than lifting

#### Children:

Feed your baby during bath time (in reduced water) = saves on cleaning cloths

#### Bathroom

- Use waterless hand sanitiser instead of washing under a tap
- Shower with a bucket only
- Use small towels instead of bath sheets for drying after washing saves laundry water
- Ladies: cut hair short save water when washing hair
- Men: Make it "Movember" every month during the crisis; stop shaving & grow beards/ or use electric shavers only

#### Kitchen/ laundry:

- Clean crockery and cutlery by spraying it with water before using toilet paper or roller towel to wipe it clean and dry
- o Use sunlight soap for washing clothes/or biodegradable washing powder
- Read your dishwasher and washing manuals to find out the water usage per cycle or check on your water metre before and after a single use to get an idea of average use
- Work out ways to use your washing machine most economically
- Keep a 15-litre borehole water filled container at your kitchen sink; boil just the amount you need to wash up and do all the washing up with heated borehole water.
- Have your borehole water tested to assess if it is drinkable. If yes, boil borehole water, fill a few 2 litre bottles, label "boiled water" and store for drinking, kettles and cooking.

#### Toilets

- Males: From today, plan to grow your garden by using it as your first port of call to pee! Scientists tell us human urine is ideal for plants (just avoid peeing on the veggies!)
- Put all toilet paper in a packet in a bin kept next to the toilet and throw out with the weekly rubbish (not in the recycled bags) = simplifies the water purification process and reduces amount of water needed to flush the loo.

Use shower grey water/ or borehole water to flush the loo; Have a few five litre cans
of grey/ borehole water ready to use, lined up next to your toilet/ in your bathroom so
you are not "tempted" to flush.

## Water saving ideas for the office:

- o Air-conditioners: Air conditioners; either switch off permanently and encourage staff to bring in their own fans. Or at least collect and recycle water from air-conditioners.
- Water pressure in high rise buildings is already causing delays at the office tea area;
   Encourage staff to bring their own thermos filled with their own hot water or bring their own labelled drinking water in and store if office fridge if it must be cold.

# Possible Rotary Water Management projects to help communities to manage their way through the water challenge:

#### Sharing water:

- Carry spare 250/ 500 ml bottles of water in the car and hand out if a need is seen.
- When collecting water at the collection points, share one of your cans with your domestic worker.

#### Elderly:

- Help elderly at collection points
- Consider partnering with agencies already working with the aged (such as Meals on Wheels who already have a data base of the aged unable to get to shops and a team of drivers who drop of meals. Talk to local councilors to find legitimate ways for Rotarians to collect water on behalf of the incapacitated elderly and the deliver to the Meals on Wheels drivers to drop off at the individual on their data base, when they drop off the meals

## • Identify partnership opportunities

- Work with local government, local councilors and Ward Water Committees to help in a variety of ways such as:
  - Find out from your local councilor if your ward has a Ward Water committee and if not, offer to help set one up and become an active member thereof.
  - Help create a data base per ward of those unable to collect their own water allocation
  - Identify partners within your own and other wards where help is needed to work together
  - ❖ Talk to your neighbours and set up Water street committees to enable those with boreholes or well points to share with those who do not have these luxuries
  - Rotarians can offer to help on a roster basis with crowd control, lifting, queue management etc at the some of the 200 water distribution points
- Partner with the NGO: Hippo rollers (www. Hipporollers.org); We have contacted them but they only make 90litre containers and are planning to reduce to 50 I only; We have their permission to find locals to make 25litre and 15 litre small "hippo rollers" to avoid the back breaking carrying of heavy water containers. We will ask our Entrepreneurial partners to help but any club member with contacts in the plastic and metal businesses who think they could help, please share these contacts with the Water Ubuntu team
- Invite the Rotaractors to partner with us
- Talk to big Business to find ways to work together.

#### **Useful links:**

1. From Janey: Open letter to Mayor from Helen Moffat with some great ideas

https://www.helenmoffett.com/blog/2018/1/19/watergeddon-an-open-letter-to-the-mayor-of-cape-town

2. From: DG Lynette

Siobheanne Landsberg [mailto:shebs8169.gmail.com@clubrunner.email]

**Sent:** Tuesday, January 23, 2018 12:09 PM **To:** Lynette Stassen < lynette@stassen.co.za>

Subject: Water Project

Dear DG Lynette Greetings from District 9400. My name is Siobheanne Landsberg and I'm current President of The Rotary Club of Springs. In December we launched the Just A Drop campaign in order to get donations of water down to the Western Cape to assist with the current plight. We have partnered with another NPO and we're collecting water. We're currently looking for a Rotary Club who could possibly assist with distributing the water down in the WC. We'd love to partner with a Rotary Club as we know that they will have the same values and goals as us and be the best at helping us to distribute. This is rather urgent as we'd like to send the first load down at the beginning of February. Is there any way you could recommend a club to contact or what the best way forward would be? One of my members has already messaged a few members on your district website but we have not had any response to date. I'd really appreciate any assistance/guidance so that we can help those in need. Yours in Service Siobheanne 082 489 5090

If you can help please contact Geraldine or Lynette on <a href="mailto:lynette@stassen.co.za">lynette@stassen.co.za</a>

# **Previous Meeting**

Minutes of the meeting on 00 Month 2017 Scribe: One Writer

Geraldine Nicol - Sergeant

John Stephenson - Grace & Toast

Andrew Peile – 4 Way Test

President Graham welcomed the speaker, Dr Liana Roodt and Roy Zazeraj.

Stirrer spoon was handed from Richard House over to Paul Spiller for organising great Friday night pub nights.

Wine swindle won by Peter Ennis

Melinda introduced the speaker.

Dr Liana Roodt

"I am an odd combination of dreamer and doer .... although some people might find this contradictory, I believe that dreaming pushes me toward doing – and in doing, I always find inspiration for more dreaming".

Project Flamingo was born and put into practice, after venting her frustration at her wine/book club. Patients had to wait for about four months to have breast cancer surgery as there were no operating theatre facilities available. This was not ideal, the longer it took to have surgery done the

more chance it had to spread. She managed to collect funds from e-mails sent out to different companies. She started receiving funds and waiting was cut down to about two weeks. There are some anaesthetists and surgeons who volunteer their time as many patients cannot afford the cost of an operation. The cost of an operation can cost up to about R4 000.00. The patients are presented with pamper packs after their surgery. Many of the patients arrive with no toiletries. The pamper packs consists of facecloth, deo, hand cream magazine and chocolate.

She also mentioned another project "Project Peacock" which is for patients with colorectal cancer.

#### **SPOTS**

- Andy Ismay Entrepreneurships meeting in the coffee shop
- Pippa How can we help Project Flamingo/Peacock?
   Maybe put pamper packs together on Mandela Day
- Regine discussed social media. Which WhatsApp group is allocated for what purpose? Suggested that she sent out the protocol of the both WhatsApp groups again.
- Geraldine discussed different ways one could save water and also in what way we could assist the elderly. (Geraldine will be sending out a list of all the water-saving ideas.)

Happy Rands were collected

The meeting closed at 20.15



www.facebook.com/newlandsrotary



**Newlands Rotary ClubRunner Calendar** 

#### **FUTURE FIXTURES**

Year Planner

Please advise the secretary promptly of any additions or changes

### January 2018

Mon 29 Business

# February 2018

Mon 5 Partners

Mon 12 Ordinary

Mon 19 Ordinary

Mon 26 Business

#### March 2018

Mon 5 Partners

Sun 11 Cape Town Cycle Tour

Mon 12 Ordinary

Mon 19 Ordinary

Mon 26 Business



31 January Tinus & Adrienne de Jongh

3 February Roy & Sharon Zazeraj

Happy Birthday

29 January Jenny Lancaster

## Wonderful English from Around the World

Cocktail lounge, Norway:

LADIES ARE REQUESTED NOT TO HAVE CHILDREN IN THE BAR

Doctor's office, Rome:

SPECIALIST IN WOMEN AND OTHER DISEASES.

Dry cleaners, Bangkok:

DROP YOUR TROUSERS HERE FOR THE BEST RESULTS.

In a Nairobi restaurant:

CUSTOMERS WHO FIND OUR WAITRESSES RUDE, OUGHT TO SEE THE MANAGER.

On the main road to Mombasa, leaving Nairobi:

NOTICE: WHEN THIS SIGN IS UNDER WATER, THIS ROAD IS IMPASSABLE.

On a poster at Kencom:

ARE YOU AN ADULT THAT CANNOT READ? IF SO WE CAN HELP.

In a city restaurant:

OPEN SEVEN DAYS A WEEK AND WEEKENDS.

In a cemetery:

PERSONS ARE PROHIBITED FROM PICKING FLOWERS FROM ANY BUT THEIR OWN GRAVES.

On the menu of a Swiss restaurant:

OUR WINES LEAVE YOU NOTHING TO HOPE FOR.

# **UMPIRES AND SCORERS**

DATE	29 January	5 February	12 February	19 February
MEETING	Business	Partners	Ordinary	Ordinary
SERGEANT	Richard House	Jana Forrester	Brian Pickup	Nora See
4 WAY TEST/ OBJECT	Jenny Ibbotson	Garnet Carr	Tony van der Lith	Peter Henshilwood
GRACE & TOAST	Johnny Hurwitz	Bill Holland	John Stephenson	Bill Meyer
ATTENDANCE	Shelley Finch	Anthony Galloway	Wybe Meinesz	Andrew Peile
FELLOWSHIP	Shân Biesman- Simons	Andy Ismay	Pippa McLeod	Johan Beukman
MINUTES	Terry Lancaster	Paul Spiller	Willie Wijenberg	Ian Pursch
COMMENT	Graham Lowden	Rochelle Malherbe	Tinus de Jongh	Melinda Stapleton
THANK SPEAKER		Michael Walwyn	Christine Calothi	Vanessa Rousseau
INTRO SPEAKER		Chris Beech	Jenny Howard	Geraldine Nicol

Invited GUEST SPEAKERS

TBA

If you cannot do your job on the day, <u>please</u> find someone who can do it instead of you, then contact the Sergeant on the day to update the roster. Please don't leave this until the Monday afternoon – let the Sergeant know in advance if you have not been able to arrange a swap. If you are going to be away for particular future meetings let Peter Ennis know.



# **Rotary Club of Newlands Office Bearers**

Graham Finlayson President graham@gfinarch.co.za
Bill Meyer Secretary meyport@iafrica.com

Peter EnnisTreasurertreasurer@newlands.org.zaCorinne HudsonCommunity Servicecorinne.hudson@gmail.comPaul SpillerClub Servicedr.paul.spiller@gmail.com

Inez Arendse International & Vocational Service inezviv@gmail.com

Regine le Roux Public Relations rotary@reputationmatters.co.za

Vanessa Rousseau Youth Service rousseau@iafrica.com Shân Biesman-Simons Membership shan@biesman.co.za Andy Ismay Entrepreneurship andy@quicktint.co.za

Jenny Howard President Elect jenny@chezgourmet.co.za

Chris Beech Past President christopher.beech67@gmail.com

## **Books for the World**

For all educational school books and novels for age from early education to High school

**CONTACT: FRANCOISE NDAYIZIGIYE 0737317056** 

St Anthony's Catholic Church, Ndabeni Street, Langa



