

of Hamilton invites you to participate in the annual Charity Swimathon

on

Saturday 20<sup>th</sup> October, 2018 from 12.00 to 3.00pm

St Joseph's College, Nudgee POOL

All schools, swimming clubs and charities who participate in the Swimathon will receive the sponsorship monies they raise, **less \$20 per swimmer** which will be donated to the Rotary International programme for vaccinations to eradicate Polio in the World.

For further information, please go to our website <u>www.hamiltonrotary.com</u>
OR

Contact: Angie McPhee on 0407 581040 or Travis Pullen on 0403 307712

### ROTARY CLUB OF HAMILTON INC.

ABN 29 608 846 802



# The Rotary Club of Hamilton's Annual Swimathon 12.00 to 3.00pm, Saturday 20<sup>th</sup> October, 2018

It was Australia's Sir Clem Renouf who, as President of Rotary International in 1978/79, led an international campaign to vaccinate every child against polio. As a result of these early efforts by Rotary, the global community came together in 1988 to launch the Global Polio Eradication Initiative. Since 1988, there has been a worldwide reduction in the number of polio cases by 99.9 per cent. Following the certification of India as polio-free in 2012, polio remains endemic in only Afghanistan, Pakistan and Nigeria.

In 2017, the fight to end polio made historic progress with fewer than 22 cases reported compared with 350,000 cases in 1985. 100% of the new cases were reported in Pakistan (8) and Afghanistan (14). The last reported cases of polio in Nigeria occurred in August 2016.

The confirmation of a case of circulating vaccine-derived poliovirus type 1 (cVDPV1) in Papua New Guinea in June 2018 has resulted in a campaign to vaccinate over 300,000 children between 16-19 July. The first in a series of four vital immunization campaigns planned every month for the next four months. The campaign is being organised by the Papua New Guinea Department of Health supported by local Rotary Clubs in Papua New Guinea, Rotary International, WHO and UNICEF.

But what exactly is polio? Fortunately (or unfortunately for some) many of us in the developed world have forgotten what the disease looks like?

- Polio is a crippling and potentially fatal infectious disease, which still strikes unvaccinated children mainly under the age of five.
- It can cause paralysis within hours, and polio paralysis is almost always irreversible.
- In the most severe cases, it attacks the motor neurons of the brain stem, causing breathing difficulty or even death.
- Historically, it has been the world's greatest cause of disability.
- Because there is no cure for polio, the best protection is prevention by vaccination

For as little as US\$0.60 for one dose of vaccine, a child can be protected against this crippling disease for life.

If polio isn't eradicated, the world will continue to live under the threat of the disease. More than 10 million children will be paralysed in the next 40 years if the world fails to capitalise on the current US\$9 billion global investment in eradication.

The world now has polio eradication within its reach and this would be a major victory for international aid and global public health.

Rotary's annual charity swimathon event year will be held at the St Joseph's College, Nudgee pool on the **afternoon** of the **20**<sup>th</sup> **October 2018**. Specific details can be found at our website: **www.hamiltonrotary.com**.

There are many ways to contribute: it's not just about being an ironman or ironwoman.

- You can swim as little as 50 metres, or for up to one hour!
- You can sponsor someone else who might be swimming.
- You can help organise the logistics of the day, or
- You might consider sponsoring Rotary's work directly via a cash donation.

Whichever way works for you, you will still be helping Rotary in its efforts eradicate Polio NOW! The goal is within our reach and POLIO is almost eradicated.

This is a unique opportunity to raise funds and do good in the world.

Please register and garner sponsorship for the SWIMATHON now.

Look forward to your involvement,

Rutian Mi President, Rotary Club of Hamilton, Brisbane, Queensland.

### "So what do you have to do next?"

It's simple; REGISTER your interest through our website www.hamiltonrotary.com

Or by contacting

Angie McPhee on 0407 581040 or Travis Pullen on 0403 307712

The Rotary Club of Hamilton will then ensure you have the necessary details.

To participate in the event, you will be required to:

Make a tax-deductible donation
 Cheques should be made payable to "Rotary Club of Hamilton Polio Eradication "and post to:-

PO Box 66 Hamilton Central QLD 4007 Australia

Or

Deposit your donation and pledged amounts to:

BSB: 633000 Account: 153837661

Please state your Club and/or your name in the memo.

Or

 Submit cash donations to the Treasurer, Rotary Club of Hamilton, either at the venue on the day or after the event at a Rotary Club of Hamilton meeting

For further information or to register your interest, please contact

Rotary Club of Hamilton

E| <a href="mailto:swim@hamiltonrotary.com">swim@hamiltonrotary.com</a>

A PO Box 66, Hamilton Qld 4007

#### **SWIMATHON** STRUCTURE and RULES

- 1) The Hamilton Rotary Swimathon is a fund-raising event whereby swimmers are encouraged to obtain sponsorship for each lap of the pool they swim.
- 2) The Swimathon will be conducted on Saturday the 20th October 2018 or as determined by the Management Committee. All swimmers must register via our website: www.Hamiltonrotary.com
- 3) The Swimathon shall be limited to a maximum of three (3) hours (i.e. 12.00 pm start- 3 pm finish). Swimmers must complete their laps by the finishing time. Swimmers themselves are not expected to swim for more than an hour.
- 4) A Swimathon Pledge Form must be presented at the Official Table prior to commencing lap swimming. This is available through our website: www.Hamiltonrotary.com
- 5) To participate, the minimum pledge per swimmer is \$20.
- 6) Schools, Clubs and other Charities are able to keep for their own good causes all monies raised by their swimmers over and above \$20 per swimmer.
- 7) This is a trust system. Each swimmer, after completing their laps, must verify the distance swum with the Official Table.
- 8) After recording the distance completed, the signed pledge form will be returned to the swimmer to enable them to collect sponsorship monies. All monies so collected are to be paid to the Club Treasurer or Swimarathon Organiser as soon as possible. Swimmers or Club Treasurers should send cheques to:

PO Box 66, Hamilton Qld 4007

or deposit the funds to:

the memo.

Bendigo Bank BSB: 633000 ACCT: 153837661

with Club name or swimmer's name in

- 9) Lane monitors will be present to ensure each swimmer
  - a. swims in a manner and with an intent consistent with the nature of this fundraising event;
  - b. does not make use of any type of swimming aids;
  - c. swims within their own physical and fitness limitations.
- 10) Each swimmer will be acknowledged and rewarded for their efforts at some time during the day.

DISCLAIMER: Rotary is not responsible or liable for the actions, negligent action or lack of action that may result in any death, injury, loss or damage of any kind suffered by any person whilst participating in the Rotary Swimathon, in the period leading up to the Rotary Swimarathon or after the Rotary Swimathon, including all related activities in the pool, around the pool and in the grounds of Nudgee College.

For the purpose of the above paragraph and for the Hamilton Swimathon generally, "Rotary" shall mean the Rotary Club of Hamilton Inc., Rotary District 9600 Limited, Rotary International, and Rotary Club members, officers, representatives, agents their families and volunteers.



### A Rotary Club of Hamilton Community Project www.hamiltonrotary.com

## **PLEDGE FORM**

Name of Swimmer or Team:	Frank Landson	
Target no. of Laps:	Actual no. of Laps:	

NAME	CONTACT DETAILS	\$ PER LAP	TOTAL
	THE STATE OF THE S	\$	\$
		\$	\$
		\$	\$
	Michigan and Apply	\$	\$
		\$	\$
		\$	\$
		\$	\$
	SECTION OF SERVICE	\$	\$
		\$	\$
		\$	\$
		\$	\$
		\$	\$
		\$	\$
		\$	\$
		\$	\$
		\$	\$
		\$	\$
		\$	\$
	WEST OF THE PARTY NAMED IN	\$	\$
		\$	\$
	TOTAL I	UNDS RAISED	\$

### THANK YOU FOR YOUR SUPPORT

Please note, to participate a minimum pledge of \$20 per swimmer is required

For tax deductibility please contact Angie McPhee on 0407 581040 or Travis Pullen on 0403 307712