



Chartered 21 June 1958

Club ID Number 17739, District 9560

PO Box 3142 Hermit Park Qld 4812

www.mundingburrarotary.org.au

www.facebook.com/RotaryClubOfMundingburra

Munding
an Aboriginal word
meaning Spinifex or
Long Grass

Burra
meaning People or Tribe

The origin of the
Townsville suburb
Mundingburra



Mundingburra Rotary



Making A Difference

CREATE HOPE
in the WORLD

Rotary 

RI President

Gordon R. McInally

District 9560 Governor

Sabaratnam (Prath) Prathapan

Club President

Lyn Svanosio

RCoM Vision Statement

“To become more visible within the community with a focus on diversity of gender and culture as a community service club whilst embracing the avenues of service of Rotary International”.

“The 4 Way Test”

Of the things we think, say or do.

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

“The Rotary Foundation Month”

Spinifex Edition “21” – (23rd to 29th November 2023)

Cane Knife Debate at Ingham – No Club Meeting

President’s Report

Hi All.

It was a fun meeting last Thursday.

And it was good to see some new and some familiar faces. Claudia and her Dad came along to accept the Clubs Citation which was granted during her year.

Thank you to Asha for enlightening us all on what Homeopathy really is.

I think we all learned something new. And thank you to Bill M for his slip-up during the introduction. It really lightened the mood.

This week some of us are travelling to the Ingham RSL for the annual Can Knife Debate.

I know we will win hands down even if we don’t get to bring the Trophy home.

So for those not coming to Ingham, enjoy your break from Rotary and we will see you all back at the Cutheringa Bowls Club on the 30th of November.

Cheers

Lyn



Forward Roster Duties Plan

Date	Chair	Registration	Sergeant	Scribe	Into	Thanks
23 rd Nov	N/A	N/A	N/A	L Svanosio	N/A	N/A
30 th Nov	P Kaye	P Gordon	S Smith	J Morrison	R Degenhart	M Day
7 th Dec	J Baker	P Gordon	P Holmes	I Corney	N/A	N/A
14 th Dec	S Smith	P Gordon	N Andrews	David Nutt	N/A	N/A

If you are unable to fulfill your rostered duty it is **YOUR** responsibility to find a replacement. Please notify Lyn of any changes. Meeting apologies to Attendance Officer: Jan Johnson janjohnson37@gmail.com or text to 0409 783 810 by 10 am on Mondays.

Facts & Figures

Total Member Count: 39
Number Used for Attendance: 34
Leave of Absence: 4
Exempt Members: Nil
Honorary Members: 1 Tony Wode
Members Present: 18
Total Credits for Last Week: 4
Percentage Attendance for Last Meeting: 64.71%
Apologies: P Holmes, Jan Johnson, Kat Lee
Visiting Rotarians: Oliver Bullitis
Club Guests: Asha Kiran
Guests: Jaye Beutel

Coming Important Dates 19th – 25th Nov

Member Birthdays
 Mel Costi – 20 Nov
Spouse/Partner Birthdays
 Kay Baker – 29th Nov
Anniversaries
 Nil
Join Date
 Nil
Takings
 Registration \$TBA
 Sergeant \$78.55
 Raffle \$30
 Joker \$30 (Joker Jackpot \$459.40)

Partners & Guests are welcome to any meeting
 Meeting Times: 6pm for 6.30pm

Program & Coming Events

Date	Speaker/Facilitator/Topic Event	Venue
Nov	Rotary Foundation Month	
22nd Nov	Cane Knife Debate	Royal Hotel - Ingham
23 rd Nov	No Meeting due to Cane Knife Debate the day prior at Ingham	
30 th Nov	TBA	Cutheringa Bowls Club
7 th Dec	Clubs Annual General Meeting	Cutheringa Bowls Club
14 th Dec	Clubs Christmas Meeting	Cutheringa Bowls Club

Townsville Rotary Market Roster

19 Nov	6.30am	Willows Market	Ian Jones	Market Roster: You will receive a reminder in the week before your shift. Please contact David Nutt on 0408 897 152 or david.nutt@bigpond.com to confirm that you can do your shift.
26 Nov	6.30am	Willows Market	David Nutt	
17 Dec	6.30am	Willows Market	Neil Andrews	

"The Object of Rotary"

Is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: The development of acquaintance as an opportunity for service;

Second: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society.

Third: The application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth: The advancement of international understanding, goodwill, and peace, through a world fellowship of business and professional persons united in the ideal of service.

Last Week in Review

A presentation by Asha Kiran on Homeopathy

The meeting was opened by the night's Chair Shane Smith with members reading the Rotary Four Way standard. Phil Gordon introduced our guests for the night, Asha Kiran, Jaye Beutel, Olver Bulliitis and Fabio Trave and asked them to stand for a collective welcome.

President Lyn welcomed all in attendance. She spoke about the "Cane Knife Debate" happening in Ingham next Wednesday – 22 November 2023. She noted that the team for the debate has not been finalised and encouraged members to make the trip to Ingham for a fun evening. She is confident that the club can bring home the Cane Knife Trophy.

She advised that the Peace Pole being donated to the St Benedict's Catholic School will be presented to the school at 9:00AM on Wednesday – 22 November 2023. The school is located at 890 Dalrymple Road, Shaw. All members are welcome to attend the event.

Bill Muguira gave a welcome intro to our Guest Speaker, with a small mispronouncement of her topic "Homeopathy" which drew lots of laughter but also made for the start of a good night.

Mrs Kiran is a registered Homeopath with a bachelor's degree in Homeopathy and a Masters in Public Health. She has over 20 years experience working in Homeopathy.

Homeopathy is a pseudoscientific system of alternative medicine. It was conceived in 1796 by German physician Samuel Hahnemann. It is not widely practiced in Australia



Asha doing her presentation to the meeting.

Mrs Kiran operates *Precise Homeopathy*, currently the only homeopathy practice established in Townsville. Her goal is to empower clients to improve their lives and take control of their health by harnessing their

body's curative abilities and the potential of natural remedies.

Mrs Kiran's presentation included a range of components delivered to "empower clients to take control of their health."

- The human body is a "self-correcting machine" that can reverse and overcome disease.
- Recommissioning your mind to regaining youth.
- Reversing chronic diseases.
- Don't suffer in silence.
- The "halo effect" and "horn effect."
- Conventional medicines can have significant side effects,
- Body mechanism – e.g. acupuncture, physiotherapy, yoga.
- "Bioidentical" - the hormones in the product are chemically identical to those your body produces.
- Unintended side effects can achieve positive outcomes.
- In Australia, the Australian Register of Homeopaths (AROH) is an independent (non-government) national registration board for professional homeopaths.





Asha with President Lyn

Jim Morrison gave a thank you on behalf of the club to Asha for giving up her personal time to come and talk to the members and explain more about what Homeopathy is.

The following notes on the Victorian Government Health site provide the following information on Homeopathy and are included for further members understanding.

"Homeopathy is an alternative medicine based on the theory of treating 'like with like'. Homeopathy claims to stimulate healing responses to diseases by administering substances that mimic the symptoms of those diseases in healthy people. The effectiveness of homeopathic preparations is disputed within medical science."

Rotary Citation Presentation

PDG Ron Degenhart presented a Rotary Citation to Past President Claudia Trave acknowledging the achievement of all goals set for the club during her term as President in 2022/23. Ron noted that this achievement should not be understated as a limited number of clubs in the district had achieved the goals set for the previous year.

Claudia then had those members of last year's Board, who were present at the meeting, to come up and join with her as they played a part in the year's success. well done guys.



PP Claudia accepting the award from Ron



Claudia and part of her 2022/23 Management Team Club Administration

President Lyn reminded us that there will not be a club meeting held next week as the club has been invited to travel to Ingham next Wednesday to battle the Rotary Club of Hinchinbrook in the annual Cane Knife debate. The venue for the debate is the Ingham RSL Club. Members intending to travel to Ingham should advise Jan Johnson.

President Lyn asked members to support those members participating in Movember.

Reminder – If members are able to attend the Willows Rotary Markets on Sunday 19 November – please wear your markets or club shirt and be there by 8:30AM – a \$50 donation will be made to the club for each member in attendance.

There will not be a guest speaker at the meeting of 30 November 2023 as the agenda for the meeting will focus on discussion about club business.

Membership

Director Shane Smith reminded members to think about bringing potential members along to meetings to have some fun and hear about the work that the club is doing in the community.

Shane reminded members that he is participating on Movember – noting that his moustache-growing effort resembles a game of cricket – 11 each side (*Note – there are only 8 players each side in an indoor cricket match*). Shane will forward the link to members so they can make a donation online.

The Holmes Report

Ian Jones reported that Peter Holme's recovery from surgery is "going gang busters" and he expects to attend the meeting on 30 November 2023.



Sergeants Session

Due to lack of time, Shane asked members if they would like to pass the Hat around for a Movember Donation. The link for anyone wanting to donate directly to Movember are asked to use this link.
<https://au.movember.com/team/2386043>

Raffle time:

- Blue ticket – A36 – Ron Degenhart
- Green Ticket E41 – Ian Jones

New Member Jaye Buetel had the Joker raffle ticket C31, but only selected the King of Clubs, close, but not close enough. Bad luck Jaye.



Jaye you needed the Joker, not the King of Clubs

President’s Closing remarks

- Next Week – No meeting on Thursday – Travelling to Ingham on Wednesday for the Cane Knife Debate.
- New club shirts have arrived – will be available at next club meeting – Free for new members \$36 cost for current members.
- Attend the markets at the Willows Shopping Centre – 8:30AM on Sunday (if you can make it).
- All member welcome to attend the Peace Pole formal presentation to the St Benedict’s Catholic at 9:00AM on Wednesday – 22 November 2023. The school is located at 890 Dalrymple Road, Shaw.
The Peace Pole has a message presented in 4 languages (selected by the school) – Latin, Spanish, Punjabi and English.



Claudia guarded by her father Fabio and Graeme Kenna



Past and Present Presidents, Claudia and Lyn

Rotary Mundingburra

Support our Environment
Support our Community

Support Mundingburra Rotary

Use our Scheme ID **C10663485** when returning your eligible containers

C10663485