



Munding
an Aboriginal word
meaning Spinifex or
Long Grass

Burra
meaning People or Tribe

*The origin of the
Townsville suburb
Mundingburra*



Mundingburra Rotary



Making A Difference



RI President

Mark Maloney

District 9550 Governor

Ron Degenhart

Advance Australia Fair

Australians all let us rejoice;
For we are young and free;
We've golden soil and wealth for toil;
Our home is girt by sea;
Our land abounds in nature's gifts
of beauty rich and rare;
In history's page, let every stage
Advance Australia Fair.
In joyful strains then let us sing
Advance Australia Fair.

Rotary Grace

We break Thy bread of Brotherhood,
And thank thee Lord
for all things good,
May we, more blessed
than we deserve,
Live less for self and more to serve.

RCoM Vision Statement

"To become more visible within the community with a focus on diversity of gender and culture as a community service club whilst embracing the avenues of service of Rotary International".

RCoM Sponsored Child

Augustino



"Water, Sanitation and Hygiene Month"

Spinifex Edition "34" - 12 March 2020

"Magnetic Island Meeting"

President's Report

Dear Rotary Friends and Friends of Rotary

Thank you to everyone who joined us last Thursday to hear from Bevin Irvine as he shared his personal experience with Prostate Cancer. A very frank and honest presentation which I hope has encouraged our male members to ensure they get a regular check-up. After previously working with women (from 30 to over 80) with the YCWA Encore Program who have travelled the breast cancer journey, I can only stress their words to be vigilant and be proactive - get tested please.

I was also extremely honoured to induct George Koulakis into the Rotary family. I was blessed to spend some time speaking further with him after the meeting. An amazing man with a big heart. Welcome George.

This week we are off to Magnetic Island to hear from Trudy Grice from the R I Office in Parramatta. Thank you to those members who are able to attend - should be a great evening.

Jan Johnson will be absent for several weeks as she recovers from her knee surgery. Our love and prayers are with you Jan for a safe surgery, a full recovery and a return to all that you are involved in.

Our wet weather, whilst refreshing and good for the gardens, makes our roads somewhat dangerous. Please be careful, stay safe and keep an extra eye on those other drivers.

I have just received an email advising that there will be an information session at the Centenary Hotel 35 French Street Pimlico on Tuesday 17 March from 4pm to 6pm for the Rotary NQ Field Days (14 - 15 May). Members and any possible businesses who are interested are encouraged to attend. We need to ensure this event is a success and all the help we can get would be gratefully received.

Have a wonderful week, continue to be inspiring to those around you and help us make those connections through Rotary, within our community and worldwide.

Yours in Rotary

Sue



Forward Roster Duties Plan

Date	Chair	Registration	Meet & Greet	Sergeant	Scribe
12 Mar	Magnetic Island Meeting			Bill Barber	Shane Smith
19 Mar	Shan Delany	Trevor Philipson / Vince Nielsen	Dave Dymock	John Hall	Kat Lee
26 Mar	Robyn Jones	Trevor Philipson / Shane Smith	David Nutt	Alan Nelson	John Hall
2 Apr	John Hall	Trevor Philipson / Shan Delaney	Bill Barber	Jim Foley	Brydget B-Hudson

Registration Team ensure you record visitors' details clearly in the visitors' book. **Sergeant to contact each person to confirm availability for roster. Please advise Shane Smith if you are unable to perform your rostered duty.** Meeting apologies to Attendance Officer: Shane Smith, shane@sosproperties.com.au, or text to 0487006895 or 0413943359 by Wednesday morning at the latest.

Facts & Figures

Attendance at 27 February 2020

Total Member Count:	46
Number Used for Attendance:	45
Leave of Absence:	0
Exempt Members:	1
Honorary Members:	1 Tony Wode
Members Present:	23
Total Credits for Last Week:	6
Percentage Attendance for Last Meeting:	69.05%
Apologies:	W Haller, J Foley, J Hall
Visiting Rotarians:	Ian Jones (WA), Roz Thompson (Leeton NSW)
Club Guests:	G Heywood

Guests: W Maguire, K Baker, C Smith

Coming Important Dates 7-13 March

No Dates to Report

Takings

Registration cash	\$95
Meals cash	\$323
Registration cc	\$20
Meals cc	\$76
Raffle	\$43
Sergeant	\$38
Joker	\$45
Joker Jackpot	\$643.48

Partners & Guests are welcome to any meeting
Meeting Times: 6pm for 6.30pm

Program & Coming Events

Date	Speaker/Facilitator/Event	Topic/Event	Venue
12 Mar	Trudy Grice	Joint meeting with RC of Magnetic Island	Magnetic Is
19 Mar	Keith & Tania Noble	Agriculture and Resilience in Australia's North	The Sun Hotel
26 Mar	Neil Andrews	Games Night - Ten Pin Bowling	The Sun Hotel
2 Apr	Jan Johnson	Baby Shower for Mel & Troy - Partners Night	The Sun Hotel

Bunnings Roster

12 Mar	Black Dog	Jim Foley	Jim Baker
13 Mar	Black Dog	Ian Jones	Neil Andrews
19 Mar	Black Dog	Vince Nielsen	David Nutt
20 Mar	Black Dog	Peter Kaye	Bill Barber

Market Roster

15 Mar	Willows	Assist Coord	John Hall
22 Mar	Willows	Coord	John Hall
12 Apr	Willows	Assist Coord	David Nutt
19 Apr	Willows	Coord	David Nutt

Market Roster: You will receive a reminder in the week before your shift. Please contact John Hall on 0475 241428 or jmilijmc1@bigpond.com to confirm that you can do your shift.

"100 Rotary Quotes": 1962-63 Nitish C. Laharry (motion pictures distribution), Rotary Club of Calcutta, India.
Rotary vision: To kindle the spark within each Rotarian that lights the path to service. "Man's instinct for making and amassing wealth...the profit motive...cannot be rooted out from human nature either by the sword or by legislation. Let us make all the legitimate profit we can, but, in doing so, let the basis of that profit be service to all concerned. Idealism in practice should be characteristic of the Rotary movement." - That's a Good Question, THE ROTARIAN, March 1963

"The Object of Rotary"

Is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: The development of acquaintance as an opportunity for service;

Second: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third: The application of the ideal of service in each Rotarian's personal, business and community life;

Fourth: The advancement of international understanding, goodwill and peace, through a world fellowship of business and professional persons united in the ideal of service.



Last Week in Review

Meeting at the Sun Hotel opened by **CHAIR Peter** at 6.30pm. After a warm welcome to everyone present all rose to sing the National Anthem and say Rotary Grace.

ATTENDANCE OFFICER Trevor welcomed the club's guests but unfortunately the scribe was too distracted and didn't capture the names of the all the guests (see Spinifex).

CHAIR Peter then introduced **PRESIDENT Sue** who, before delivering her report, was rudely interrupted by a commotion:

CRASH, SMASH, SPILLAGE, CRIES OF DESPAIR, APOLOGIES ALL ROUND

Yours truly in trying to sit down after the national anthem and grace managed to push his chair against the table and knock over his lemon, lime and bitters which then mostly spilled into the lap of Shane Smith and a couple of others nearby. Sorry Shane!

After the commotion subsided **PRESIDENT Sue**:

- Extended a warm welcome to all visitors and guests.
- Welcomed Guest Speaker Bevin Irvine.
- Pointed out the table of books at the rear of the room and invited members to write a message on a sticker and place it in one of the books. As part of the club's support of Education and Literacy programs the books will be gifted to Wee Care.
- Reported that due to the abysmal response to her jokes last week none would be told this week (there was a cheer from the audience at this announcement!).
- Proceeded with the induction of George Koulakis into membership of Mundingburra Rotary with:



- Alan Nelson coming forward to introduce George.
- Alan mentioning George is well known for his work in assisting community members, especially ex service personnel, in helping to overcome mental health issues.
- George has previously been a guest speaker at the club.

- Mundingburra Rotary members extended George a very warm welcome in the knowledge that he is a very enthusiastic and energetic gentleman who will make a very positive contribution to both Rotary International and our Community.
- George's membership certificate was presented by DG Ron Degenhart and his pin by Alan Nelson (without it being dropped on the floor and lost).



- A confusing process of changing photographers ensued in order to capture the moment.
- George thanked everyone for their warm welcome reflecting that he is excited about joining, is looking forward to the social company and being part of such a fine community service organisation. However, he could let the opportunity pass to once again remind everyone that while more recent efforts in securing grant funding have been successful and earlier effort saw his group loose out to the 'Mackay Amateur UFO Society?'

CHAIR Peter thanked Sue for her report and congratulated George on becoming a member. He then invited reports as follows:

Reports

Club Administration Director Shane briefed everyone about plans for the Changeover Function in Jun. Full details to be made available in the coming weeks but the event is expected to be a great night.

Membership Director Neil reported on three matters:

- Registrations close on 10 Apr for the District Conference in Mackay on 1 - 3 May.
- Games Night on 26 Mar. Arrangements are proceeding for a family orientated ten pin bowling night.
- ANZAC Day Commemorative Meeting 23 Apr. Plans for this activity to occur on Lavarack Barracks at the 2RAR Museum are coming together. More details in coming weeks.



Last Week in Review

Public Relations Director Alan provided a brief update about COVID19 situation with key emphasis on being sensible, washing hands thoroughly, suggesting judicious use of masks only when medically necessary and, in the words of Corporal Jones from TV show Dad's Army, "Don't Panic"!

Service Projects Director Peter updated members about the upcoming Timor Leste Vocational Exchange. Townsville is hosting two participants (Mok, a 29-year-old male nurse and Marciana, a 29-year-old female nurse). Hosts are required while Mok and Marciana are in Townsville working at Townsville Day Surgery and Carlyle Gardens Clinic respectively. If members can help for any part of the visit, please let Peter know.

Bill Barber followed up his recent email to members seeking volunteers to fulfil duties at the NQ Field Days in May. He urged members to fill in the form and return it to him as soon as possible.

DG Ron Degenhart sought the assistance of members to provide accommodation for two Timor Leste Rotarians who will be transiting through Townsville on their journey to and from the District Conference in May. They will be attending a Mundingburra Rotary meeting on 30 Apr. Overnight accommodation in Townsville is required on Thu 30 Apr and Mon 4 May. Please let Ron know if you can assist.

Jan Johnson updated members about the arrangements for providing books in readiness for the Baby Shower meeting on 2 Apr. More books will be available to purchase and include an inscription on 19 Mar.

After dinner was completed **CHAIR Peter** invited Jim Baker to introduce Guest Speaker Bevin Irvine. Jim remarked in his introduction that having read Bevin's biographical information he realised, with tongue firmly in cheek, Bevin was smarter than he thought he was. Both are members of the Townsville Golf Club with Bevin also member of Toastmasters and an Ambassador for Prostate Council of Australia.



Bevin delivered a very interesting and often entertaining presentation about a very serious matter - his personal experience as a prostate cancer sufferer. Bevin covered a wide variety of aspects and issues associated with his personal experience with the most significant aspects being:

- Prostate Cancer is the most commonly diagnosed cancer in men.
- The nature of his own problem:
 - difficult to diagnose despite a variety of tests over a period of time'
 - ended up having his prostate completely removed
 - operation done in Brisbane by a 'robotic' procedure
 - his recovery (all good now) and side effects (incontinence)
- Highlighting some of the statistics (most of which were missed by the scribe except reference to the fact that nine men die each day from this cancer).
- Explaining some of the risk factors which include:
 - Age. The risk of prostate cancer increases with age, especially after age 50.
 - Family history.
 - Hereditary breast and ovarian cancer (HBOC) syndrome.
 - Other genetic changes.
 - Eating habits.
- Reinforcing the need for regular testing which not only includes PSA (Prostate Specific Antigen) but digital rectal examinations as well. There is no point in being coy or shy about the situation, it is a little inconvenient but necessary.
- Treatment Options include an operation to completely remove the prostate (by robot or normal surgical procedures) but chemotherapy and radiation is necessary for more severe cases.



In summary Bevin's message centred on the fact that men MUST have a regular discussion with their GP.

With rubber glove in and on hand, Alan Nelson offered a vote of thanks to Bevin remarking that it is always refreshing to hear a non -medico talk about a medical issue in their own way and the personal impact that issue had for them.



Last Week in Review

He sincerely congratulated Bevin for his presentation and asked members to show their appreciation. Bevin was presented with a Certificate and advised the club would be donating \$100 to ARH in honour of his visit and presentation.

SERGEANT Jim conducted a very brief and succinct sergeant's session which included fines for a few so-called misdemeanours.



The raffle was duly drawn with Daniel and Jim taking away the wine and Alan some 'Kit-Kat' chocolates.

PRESIDENT Sue offered her concluding remarks which included:

- Thanking Bevin for his presentation about the very personal impact of prostate cancer.
- Reinforcing the important health message not just for men to have themselves checked but also women from a breast cancer perspective.
- Informing members about the upcoming Rotary Foundation Garden Party scheduled for 30 May at the Degenhart's residence. Aloisia and Jan agreed to prepare and release a notice about the event.
- Wished Jan well for her upcoming knee operation with advice that she should 'be good, be quiet and listen' to the advice from her physician.
- Encouraging everyone to sign and place a sticker in one of the books being presented to Wee care.
- Reminded everyone about the Magnetic Island meeting next week.



The Joker Jackpot was drawn which resulted in an opportunity for Jim Foley to try and find the joker but failed (only by a very small margin in the end).



CHAIR Peter thanked everyone for attending and closed the meeting at 7.45 pm after proposing the usual toast.





MEL'S BABY SHOWER



A precious little boy is on the way,
for Mel & Troy to enjoy!
Come one come all, and join with us
Thursday **2nd of April** to celebrate
with lots of fuss.



Partners welcome, the more the Merrier!

Kitengela Kids Trivia Night



Bessell Lodge
16th of May
6pm

\$25 per person - snacks included
Tickets available online at
Humantix or contact Jan "Johnno"
Johnson for more details -
0409 783 810



A reminder to Register for our 2020 Conference in
Mackay by going to -

<https://rotary9570.org/2020-conference-registration>

Registrations close on 10 April.

Let's support DG Ron by attending and seeing what will
be happening as we join with District 9570 to become
District 9560.

For more information on the Conference, please speak to
Neil Andrews



ROTARIANS.....JJ NEEDS ASAP

A baby/ children's book for Mel and Troy's little man.
Write a welcome message or advice from you on the inside
cover. Many thanks.

"The 4 Way Test"

Of the things we think, say or do.

1. *Is it the TRUTH?*
2. *Is it FAIR to all concerned?*
3. *Will it build GOODWILL and BETTER FRIENDSHIPS?*
4. *Will it be BENEFICIAL to all concerned?*



Board of Directors

President: Sue Lloyd
Secretary: Jim Baker
Past President: Miriam Owato

President-Elect: Shane Smith
Treasurer: Aloisia Ferfolja

<u>Club Administration</u>	<u>Service Projects</u>
Director Shane Smith	Director Peter Kaye
Bulletin Editor Peter Kaye	Community Service Committee Bill Barber
Publisher Trish Harley	Dave Dymock
Program Co-ordinator Shane Smith	Bill Muguira
Duty Roster Co-Ordinator Shane Smith	Jim Baker
Attendance Officer Graham Stephens	Vince Nielsen
Registration Desk Officer Trevor Philipson	Trevor Philipson
Provider (set up & pack up) Bill Muguira	Chris Heath
Historian Graham Stephens	Neville Devete
Sergeant at Arms Bill Barber	Margaret Devete
John Hall	International Service Committee Miriam Owato
Alan Nelson	Jim Baker
Jim Foley	Schools Coordinator Jan Johnson
Jackie Foley	Bunnings BBQ Coordinator Katanya Lee
Risk Management & Club Kevin Strike	Markets Coordinator John Hall
Protection Sue Lloyd	Golf Day Coordinator Graeme Kenna
Club Trainer Jan Johnson	Trivia Night Coordinator
Member Services Aloisia Ferfolja	Youth Services
Jan Johnson	Director TBA
Graham Stephens	Committee Katanya Lee
Rotary Foundation	Aloisia Ferfolja
Director Brydget Barker-Hudson	Alan Nelson
Committee Dominic Owato	Graham Stephens
Mohammed Shorab	Peter Kaye
Sue Lloyd	Claudia Trave
Shane Smith	Shan Delaney
Margaret Devete	Membership
Alan Nelson	Director Neil Andrews
Charmaine Binnie	Committee Ron Degenhart
Public Relations	Dave Dymock
Director Alan Nelson	Sue Lloyd
Committee Graeme Kenna	Wayne Haller
Wayne Haller	Graeme Kenna
Social Media Coordinator Charmaine Binnie	Vocational
Ron Degenhart	Director John Hall
International Service	Committee Graeme Kenna
Director Robyn Jones	Neil Andrews

District 9550 & Group 3 Officers from Rotary Club of Mundingburra

District Governor	Ron Degenhart
District Insurance & Protection Officer	Kevin Strike
District Trainer	John Hall
District YEP Chair	Sue Lloyd
District Rotary Friendship Exchange Chair	Jan Johnson
District Conference Coordinator	Neil Andrews
Group 3 ARH Representative	Alan Nelson
Group 3 Rotary Foundation	Brydget Barker-Hudson
Polio Plus Subcommittee Chair	Brydget Barker-Hudson



Rotary Club of Mundingburra Past Presidents

1958	J. Charles Butler	PDG	1978	Ian Costello	1998/99	Ian Weller
1958/59	Fred Greig		1978	George Kimlin	1999/00	Doug McDonald
1959/60	Jack McLay		1979/80	John Switzer	2000/01	John Blood
1960/61	Dick Keating		1980/81	George Rice	2001/02	Trevor Philipson
1961/62	Gordon McHugh		1981/82	John Hartland	2002/03	Shane Smith
1962/63	Kevin King		1982/83	John Le Cornu	2003/04	Ron Degenhart
1963/64	Bill Miller		1983/84	Darcy Cooke	2004/05	Vince Nielsen
1964/65	Bert Hanran		1984/85	Reg Stortenbecker	2005/06	Bob Doyle
1965/66	Stan Strange	PDG	1985/86	Charles Zahner	2006/07	Fred Gillham
1966/67	Cec Denman		1986/87	Allan Cummings	2007/08	Neil Andrews
1967/68	Arthur Hopkins		1987/88	Graham Weir	2008/09	Brad Groves
1968/69	Ellis Frost		1988/89	David Carmichael	2009/10	Ray Hatton
1969/70	Norm Clibborn		1989/90	Bill Kennedy	2010/11	Ray Pendle
1970/71	Bill Barber Snr		1990/91	Laurie Quinlan	2011/12	Ron Degenhart DG
1971/72	Reg Watkins		1991/92	Graham Stephens	2012/13	John Hall
1972/73	Keith Christensen		1992/93	Peter Kaye PDG	2013/14	Jim Foley
1973/74	Allan Cutmore		1993/94	Geoff Maidens	2014/15	Graeme Kenna
1974/75	Pat O'Shea		1994/95	Bill Muguira	2015/16	Paul Barker-Hudson
1975/76	Hollis Parker		1995/96	Bob Shaw	2016/17	Jim Baker
1976/77	Alex Stuart		1996/97	Bill Barber	2017/18	Alan Nelson
1977/78	George Kimlin		1997/98	Steve Ritchie	2018/19	Miriam Owato

Rotary Clubs of Area 3 Meeting Times and Venues

<u>MUNDINGBURRA</u> Thursday 18.30 Sun Hotel	<u>MAGNETIC ISLAND</u> Thursday 18.00 for 18.15 Peppers Blue on Blue	<u>PORT OF TOWNSVILLE</u> Monday 18.00 for 18.30 Townsville Yacht Club	<u>ROSS RIVER</u> Tuesday 17.30 for 18.00 Tom's Tavern
<u>TOWNSVILLE SOUTH WEST</u> Wednesday 18.00 for 18.30 Sun Hotel	<u>TOWNSVILLE</u> Tuesday 13.00 Cowboys Leagues Club	<u>TOWNSVILLE SUNRISE</u> Friday 07.00 Townsville RSL	<u>TOWNSVILLE DAYBREAK</u> Wednesday 06.45 Mercure Inn
<u>HINCHINBROOK</u> Wednesday 19.00 for 19.30 Royal Hotel	<u>TOWNSVILLE CENTRAL</u> 1 st & 3 rd Friday 12.30 for 13.00 Townsville RSL Club	<u>THURINGOWA CENTRAL</u> Wednesday 18.30 Toms Tavern	<u>TOWNSVILLE SAINTS</u> 1 st & 3 rd Wednesday 6.45 for 7.00am The Vale Hotel
<u>AYR</u> Thursday 18.30 ANZAC Memorial Club	<u>HOME HILL</u> Tuesday 18.30 Malpass Hotel	<u>CHARTERS TOWERS</u> Monday 18.30 Park Hotel	