



Chartered 21 June 1958

Club ID Number 17739, District 9560

PO Box 3142 Hermit Park Qld 4812

[www.mundingburrarotary.org.au](http://www.mundingburrarotary.org.au)

[www.facebook.com/RotaryClubOfMundingburra](https://www.facebook.com/RotaryClubOfMundingburra)

**Munding**  
an Aboriginal word  
meaning Spinifex or  
Long Grass

**Burra**  
meaning People or Tribe

The origin of the  
Townsville suburb  
Mundingburra



Mundingburra Rotary



Making A Difference

CREATE HOPE  
in the WORLD



### RI President

Gordon R. McInally

### District 9560 Governor

Sabaratnam (Prath) Prathapan

### Club President

Lyn Svanosio

### RCoM Vision Statement

“To become more visible within the community with a focus on diversity of gender and culture as a community service club whilst embracing the avenues of service of Rotary International”.

### “The 4 Way Test”

Of the things we think, say or do.

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

## “Rotary Fellowships Month”

Spinifex Edition “43” – 6<sup>th</sup> June 2024

David Nutt

## President’s Message



Hi All

Thank you all for coming tonight.

It is always wonderful to see your smiling faces, And I learnt a lot more about potatoes thanks to Jaye and Shane.

Thank you to Dr Megan for updating us on the GP’s in school program. We have been happy to support this for a few years now via our Pharmacy Donation. The funds are being used very efficiently.

I will be out of action for a short while but I do hope you continue to enjoy the meetings.

And don’t forget the World’s Greatest Meal is happening on the 15th of June. Make sure you RSVP to Alan Nelson ASAP (see details in this newsletter).

Good wishes to you for now and I will see you soon.

Cheers

Lyn

Lynette Svanosio

0431028214



### Forward Roster Duties Plan

Date	Chair	Registration	Sergeant	Scribe	Into	Thanks
6 June	Miriam Whitworth	P Gordon	R Lacaze	A Bosch	R Degenhardt	G Stephens
15th June	N/A	P Gordon	N/A	N/A	N/A	N/A
20th June	Wayne Haller	P Gordon	S Smith	Brydget B/H	N/A	N/A

If you are unable to fulfill your rostered duty it is **YOUR** responsibility to find a replacement. Please notify Lyn of any changes. Meeting apologies to Attendance Officer: Jan Johnson [janjohnson37@gmail.com](mailto:janjohnson37@gmail.com) or text to 0409 783 810 by 10 am on Mondays.

### Facts & Figures – Bowls Night

**Total Member Count:** 39  
**Number Used for Attendance:** 34  
**Leave of Absence:** 4  
**Exempt Members:** Nil  
**Honorary Members:** 1 Tony Wode  
**Members Present:** 23  
**Total Credits for Last Week:** 5  
**Percentage Attendance for Last Meeting:** 71.79%  
**Apologies:** O Bullitis, K Davis, T Leow, A Ferolja, P Holmes, J Baker, M Whitworth.  
**Visiting Rotarians:** Nil  
**Club Guests:** Dr Megan Arlett, Lisa Phelan  
**Guests:**,

### Coming Important Dates 3<sup>rd</sup> June –9<sup>th</sup> June

**Member Birthdays**  
 Nil  
**Spouse/Partner Birthdays**  
 Dorothy Stephens June 6<sup>th</sup>  
 Patricia Day June 9<sup>th</sup>  
**Anniversaries**  
 Anette & Alan Nelson June 1<sup>st</sup> (23 years)  
**Join Date**  
 Nil.  
**Takings**  
 Registration \$480.00  
 Sergeant \$53.30  
 Raffle \$38.00  
 Joker \$78.00 (Joker Jackpot \$824.90)

**Partners & Guests are welcome to any meeting**  
**Meeting Times: 6pm for 6.30pm Start**

### Program & Coming Events

Date	Speaker/Facilitator/Topic Event	Venue
<b>June</b>	<b>Rotary Fellowship Month</b>	
6 June	David Nutt – Defence Experiences	Cutheringa Bowls Club
12 <sup>th</sup> June	Board Meeting	
13 <sup>th</sup> June	No Meeting	
<b>15<sup>th</sup> June</b>	<b>World's Greatest Meal</b>	<b>40 Mango Ave</b>
20 <sup>th</sup> June	Mundingburra Rotary Birthday (66 Years on 21 <sup>st</sup> June)	Cutheringa Bowls Club

### Townsville Rotary Market Roster -

### BBQ Dates

June 7	Sun	Strand Markets		Sunday 9 <sup>th</sup> June – Bunnings Domain
June 23	Sun	Willows Market – Helper		Saturday 22 <sup>nd</sup> June – Bunnings Domain
June 30	Sun	Willows Markets - A/Co-Ord		Saturday 29 <sup>th</sup> June – Snooze

### “The Object of Rotary”

Is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**First:** The development of acquaintance as an opportunity for service;

**Second:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian’s occupation as an opportunity to serve society.

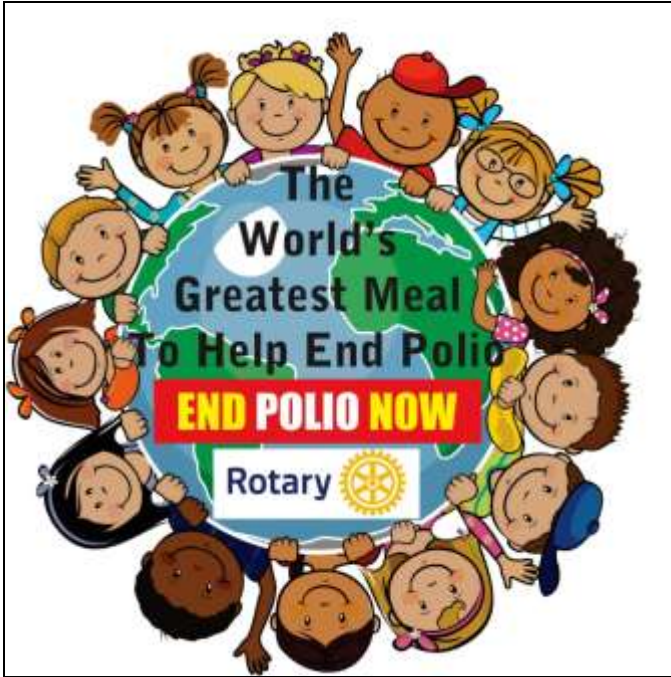
**Third:** The application of the ideal of service in each Rotarian’s personal, business, and community life;

**Fourth:** The advancement of international understanding, goodwill, and peace, through a world fellowship of business and professional persons united in the ideal of service.





## Special Notice Reminder



**What:** World's Greatest Meal  
(for Rotary Foundation End Polio)

**When:** 15 June

**Where:** 40 Mango Avenue Mundingburra

**Cost:** \$50 per person

**Drinks:** on sale

**Enjoy:** Food, fun and games.

Brace yourselves for an outbreak of Finska.

**RSVP :** Alan Nelson by 8 June.

## Last Week in Review

Chair: Jaye Beutel

Called on Phil Gordon to welcome 2 guests:

Dr Megan Arlett (speaker) and Lisa Phelan who was guest of Ron Degenhart.

International day of the potato- initiated in 2008

- Staple food of the Inca
- 16 century - planted in Europe and elsewhere
- Good yield per acre increased food security, allowed population growth and urbanisation
- 5000 varieties

Ron Degenhart introduced his guest:

Lisa Phelan – Psychologist employed by Queensland Health – works with children, adolescents and young adults

## President Opening address

Lynette Svanosio – Advised she is having surgery next week therefore will be out of action for a week or two. – Shane Smith and Ryan Lacaze to step up

## Guest Speaker

Chairman Jaye called on David Nutt to introduce the speaker: Dr Megan Arlett

- works at Heatley with the GPs in a secondary schools project
- local “girl”
- worked as a receptionist until graduating from JCU in 2015
- first worked in Townsville and Charters Towers hospitals
- Member – Australian Association for Adolescent Health
- Member – Royal Aust College of GPs since 2021

Presentation by Dr Megan Arlett



- 50 Qld schools involved in the project – mostly in SE corner – Heatley in Townsville (high % of Indigenous students)
- Provides students with free access to a GP 1 day per week
- Variety of presenting illnesses – mainly infections and injuries
- Speaker thanked Rotary for the contribution of \$255 which was spent on personal preventive equipment/devices
- Plan to expand the program – interest from other schools
- Govt funding to education department up for renewal
- Presented abstract at a conference (AAAH)– setting up and running the program

Thankyou by Karl





## Director Reports

Jim Morrison

- Blah – 15<sup>th</sup> June and 7<sup>th</sup> September – JCU Central Lecture theatre
- fee for 3-hour coaching lessons

Neil Andrews

- Budget excepted
- Club in sound financial position owing to membership drive
- Rates for members will not increase

Brydget

- Met with the Guide Dogs Association on Tuesday
- CEO in attendance plus 4 or 5 others
- Rotary has a long association with Guide Dogs
- 85% of funds from associations like ours
- ~ 50 dogs in training
- Most of the resources go to increasing blind people's skills

Lynette

- The Lexus Townsville Fair is on the 22<sup>nd</sup> to 23<sup>rd</sup> of June
- o Need help with Bump in–Bump out and site monitoring but conflicts with other commitments we have.
- HELP! – Strand Markets – 7<sup>th</sup> June and sausage sizzle on 9<sup>th</sup> June

Shane Smith entertained with potato jokes, but failed to win the Joker Priize.



Lynette – advertised next week's speaker – Jan Johnson's trip to India. (Ed; Update David Nutt will be doing the next week's presentation.

The meeting closed. with a toast to Rotary International.

## Former Member Update

Due to a misdirected Spinifex send, the following advice was received from one of our former members, Kevin Strike, who was our Protection Officer for many years, and a constant setup guy for our past Thursday and Friday Bunnings days..

*"Sue and I are well and still spending the kid's inheritance - after 18 months touring Aus in our van we are currently in*

*Barcelona after making our way through Morocco, Portugal and Spain (starting to get a liking for the Portuguese and Spanish wine.*

*Please pass on my regards to all of the club members."*



**Club Photo from previous weeks meeting.**

## More than Guide Dogs – A Report by Brydget Barker-Hudson

For more than 60 years, Mundingburra Rotarians have been donating to Guide Dogs Australia. In fact, we must have been very early donors as Jock Beveridge, the current CEO from Brisbane, told us that the organisation is just a little over that age. He also said that 85% of their funding comes from public donations, such as ours. They are the peak body representing people with limited sight.

Robyn, Ian and I, were honoured guests at a special afternoon tea last Tuesday, sitting at the CEO's table, organised by Guide Dogs at Cutheringa Bowls Club. Bald Hills, Brisbane is the Headquarters for their Qld operations. The CEO and visiting staff members told us a little of their work.

Elisha Roberts, told us of her passion for imparting mobility skills and seeing how the mind can lean and adapt after traumatic injury resulting in loss of sight. She told us of a recent visit by 3 teenage girls to their Centre and their being tutored by a make-up professional about 'tricks' so that they could put on make-up – 'the same as other girls their age". She said how pleased she was that the next day when they came back, all the girls were beautifully made-up following the skills they had learnt the previous day. She spoke of a baker, who needed to relearn skills. Some might say that might not be possible but it is, with thought and skill. She said that she was always impressed by how tidy his bench is when cooking, somewhat different from her experience.



Michelle, a member of our community and who sat on our table, told us how this was the first time she was speaking in public. She went to the lectern using her tangerine and white stick that had a white ball at the ground side. Her stick is called 'Beverley' and Michelle told us what a difference it has made in her life. Michelle before beginning to lose her sight 22 years ago, used to make and design ladies clothing and bridal gowns. She had to stop driving 6 years ago through optic nerve damage. She enjoys travel and has been overseas with Beverley (and her husband). Beverley makes her feel she can navigate any situation – except going down steps, which she has not mastered without holding the banister as yet!



Michelle is not completely blind, few are. Not everyone wants a guide dog. More and more people have limited / restricted sight. Jeremy from Brisbane is an access specialist and he spoke of environmental items which can assist people with limited sight. All those bubbly mats before hazards, knobs at the end of hand rails – something I have never noticed. He also spoke of courtesy – if you think someone may need assistance – politely ask them if that is the case. If they say "YES", move to their side and place the back of your hand, alongside the back of their hand – they will then have orientation and move their arm to a comfortable position to be assisted. This tip was my learning for the day. Jonathan from Brisbane, with Jeremy from the Townsville office ( Yes, not that common a name but they have 2 staff members of that

name) gave a demonstration of navigating objects. At the end of his talk they were going to the Cowboys stadium to advise on possible things that they might do to assist people with limited sight.

Nikki Cahill, said she enjoyed meeting Guide dog supporters, although her main work is actually with the dogs. They have centralised their operations to the Bald Hills site where they breeding dogs and a current batch of about 20 puppies about to go into training. Training starts on their second day of life, when their harness and coat is placed on them for the first time. Dogs go to volunteer raisers for a time, although their have regular visits back to the Centre for age-appropriate training. The dogs, mostly labradors and golden-retriever crosses, start their 20 week training at about 13 months. They have a working life of about 8 years. 43% of the dogs become Guide Dogs, the others go to other helping tasks, suitable for their skills and temperament. It costs about \$50,000 to train a Guide Dog.

We are all invited to visit the Bald Hills HQ when we are in Brisbane. They invited us to ring, make an appointment and see in person their life's work.

As a member of Mundingburra Rotary Club, it might be easy to say-"Oh, we have been supporting them for over 60 years, perhaps we should give to another organisation" NO, we should continue are association for Guide Dogs in Qld – their work with the growing percentage of our population with limited sight, is truly impressive. YES, let us continue our support of the dog training, and when we are in Brisbane go and visit them and come back and tell the rest of the Club about how our small donations are supporting this important work. Maybe one day we also may need their assistance with mobility so that we can continue to be active Rotarians..

**Thanks to last week's Scribe – Barry Robinson.**  
**Photos from Ron, & Robyn,**  
**And a special note from Brydget.**  
**And not forgetting Kat for the attendance and Financials.**



**Rotary**  
Mundingburra

**Support our Environment**  
**Support our Community**

**Support Mundingburra Rotary**

**Use our Scheme ID C10663485 when returning your eligible containers**

C10663485



