

Programme:		<u>Greeter*</u>
26 September - No meeting (Public holiday)		—
3 October - Club Forum		John Strongman
10 October - District Governor	District Governor Kevin Forgeson	
*Duties of the Greeter: (if you cannot attend it is <u>your</u> responsibility to delegate)		
1. Put out the <u>Club Equipment</u> *	6. Give the "Closing Thought"	
2. Greet members as they arrive 7. Put away the <u>Club Equipmen</u>		<u>t</u> *
3. Give the 5 minute talk		
4. Assist the Sgt-at-Arms with fines	* name badges, bell, gavel, computer, projector,	

Club Notes:

Introduce (& thank?) the speaker

5.

Zoom address for the next meeting:

https://us02web.zoom.us/j/86769449110?pwd=M1BUY1N5RS9kZlg4N0JsV0xsaDlXQT09 Meeting ID: 867 6944 9110 Passcode: 863972

David Foris informed us of new polio resurgences in New York, London and Israel.



Members— If you are <u>unable to attend</u> a meeting <u>please</u> contact **Barry Denton** by <u>6pm</u> the previous <u>Sunday night</u>.

Tel : 07 863 4597

Email : <u>barryjoyd@kinect.co.nz</u>

2 microphones & stand, raffle box.

Speaker Brendon Ogilvy, Commercial Director at <u>Equalis</u> medicinal cannabis

Brendon gave us a detailed overview of the development of his new company, based in Marshall Rd, and showed several short videos. *Eqalis* was established in 2019 to bring together everything needed to grow, manufacture and distribute high quality medicinal cannabis to those who need it. This new industry is stringently regulated by <u>Medsafe</u>.



The two species of the <u>Cannabis</u> plant with most medicinal potential are *C. indica* and *C. sativa*. The active substances that most affect therapeutic use are **CBD** and **THC** (which is well known for its psychoactive effects). The balance between these is very important. Other substances with therapeutic potential are **turpenes**.

At the Marshall Rd facility carefully selected plant clones are propagated to be planted out at secure growing facilities at Matakana Island and near Timaru. Harvested flowers are processed at Marshall Rd and the active ingredient oils are then distilled for formulating into the final products. Two of its main uses are to treat chronic pain and epilepsy. Other potential uses are emerging, but a lot of testing is needed before they can be approved.

A major challenge for the industry is to be able to produce effective medicines at affordable prices. To address this *Eqalis* is establishing an online clinic to be called <u>RestoreME</u>.

Biographical Talk from Rupert Jacks

Rupert was born in Herefordshire in the U.K. where his parents farmed sheep and grew potatoes. They moved to NZ where he started school at Pahoia before they moved again to Portugal for a short stint at growing oranges. In the 1970s they returned to an avocado orchard at Bethlehem and Rupert was at Tauranga Boys High before studying business management at Waikato University.

He then worked for Fisher & Paykel as a payroll system specialist. Looking for overseas experience he went to London to work in IT for merchant banks for eight years. There he met and married his wife Andrea and soon had 4 children under 4 years of age. In 1998 they returned to NZ and he went back to Fisher & Paykel until 2016 when they moved onto their 4.6ha avocado orchard with its backpackers lodge. He recalled a vivid travel experience with mountain gorillas in the Congo and service with Scouting where he learned some useful knots.

Members' Induction Addresses

Two new members were inducted at the last meeting — Jann and Chris Keightley. Both were raised near Te Aroha. Jann has worked in the pharmacy industry, natural health, tourism, teaching English to immigrants and with <u>American Field Service</u>.

Chris worked for the NZ Police (including the armed offenders squad, where he once babysat Prince William as he learned to walk) for 25 years, has served as a <u>fisheries observer</u>, in the army <u>Territorial Force</u> and visited Antarctica while working at the Defence Force headquarters.

More recently Jann & Chris operated a tourist boat charter business in Tauranga before moving to an avocado and kiwifruit orchard at Tanners Point.

Blue September

Please remember that our member **Rod Calver** is looking for your support Rod in his <u>Pedal4Prostate</u> fundraising bike ride at Hampton Downs coming up on the 9 October.



Parting Thought from Rupert Jacks

If you are thinking you are too small to make a difference, try sleeping with a mosquito

The Dalai Lama

