## COUNTRY RACE NIGHT































## VISIT TO ROTARY CLUB OF SEYMOUR

Marj Hamilton and Penny Paxman were the guests of Seymour Rotary Club this week. They were holding a HAT NIGHT and Penny was asked to speak on Mental Health and the benefits of completing a Mental Health First Aid Certificate.



## Did You Know....?

ROTARY YOUTH EXCHANGE is a vibrant, exciting and stunning programme that enables teenage students to have a year's total experience in another culture. In 2019-20 there were 8,183 students on exchange, 13,062 host families involved, 5,772 schools, 30,379 volunteers, all being nurtured through 5,371 clubs in 490 districts and 128 countries. Whilst these numbers are impressive, there is much room for expansion of the programme, as only a mere 16% of Rotary clubs participate. According to an RI feedback survey in 2019, 89% of host families remain in contact with one or more of their former students.

From Russell Hogg.





















Photos by Glenda and Penny