



The Traveler

Volume 9 * Issue 5* January 2025

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Meeting Info:

Thursdays at 6:00 PM

The Officer Club at McClellan Park 3410 Westover St McClellan Park, CA 95652 United States of America

Meeting Schedule: The Third Thursday of July-Sept-Nov-Jan-Mar-May

HOLIDAY PARTY



Recap on page 3

Our Fundraiser

Presenting our own fundraiser! Be sure to put this on your calendar and come help. Tickets sales will open soon. Keep an eye out for more information and share with everyone.

Reach out to Leroy Ellinghouse, Alex or Deanna Fenner to join a committee.



2024 - 2025

President:

Dwight Chambers

President Elect:

Leroy Ellinghouse

President Elect Nominee:

Bill Bowen

Immediate Past President:

Lawana Welch

Treasurer:

Eric James

Secretary:

Mike Melliza

Club Administration:

Sheryl Luoma

Service Projects:

Sara Thornos

Youth Services:

Adrianne Pontarelli

Public Image:

Michele Spilman

Membership:

open

Club Foundation:

Monique Harris

Fundraising:

Dwight Chambers

Out & About with Our Members

December

HOLIDAY PARTY

Thursday, December 5, 2024 Some highlights of the evening: Donations Games And a fun gift exchange













Hope to see you at our next meeting.

SERVICE Above Self

Volunteer Opps

Please reach out to Sara Thornos for upcoming Service Projects

or any other events we can volunteer.

Megan, Leroy, Michele, Adam, Sheryl, Sara (and her daughter), Brad, Alex, and Deanna volunteered at the Active 20-30 Club of Sacramento #1's Mike Smyth Memorial Holiday Party. Children undergoing treatment at the UC Davis Pediatric Cancer Center, and their families came out to enjoy a day of games, music, magic shows, lunch, and a visit with Santa. 200 kids went home with a gift, and more gifts were delivered to kids that were patients at the hospital.



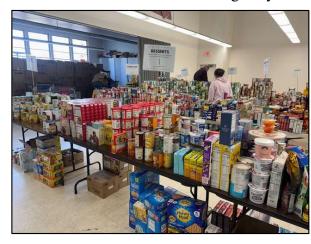








Deanna, Brad, Leroy, Wona, myself and my daughter Hanna worked at Operation Cratchit in mid-December. We sorted bags of canned and boxed foods into categories (veggies, soups, canned fish, etc.). The food items were then packed into boxes, and we transported them in carts to the clients' vehicles. The Stanford Settlement, via Operation Cratchit, fed 500 families in the community this year. Each family also received a gift card to a local grocery store, and those families with children were allowed to choose gifts to put under the tree and each hour they raffled off a brand-new bicycle for a lucky winner. It is a very humbling and rewarding experience. We will be looking to work with the team at The Stanford Settlement during the year.

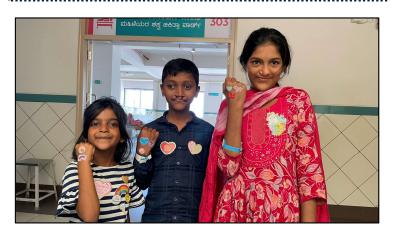


Rotaplast International

Shared by Adrianne Pontarelli

This December I participated in a 9 day surgery clinic with Rotaplast in Nagamangala, India. International is a non-profit started by the Rotary Club of San Francisco in 1993. They conduct surgical camps in 26 countries for children and adults with cleft lip/palate, burn scarring, and other deformities. The trip to Nagamagala was funded by District 5180 and we were hosted in India by the Rotary Club of Bangalore North. The team that went to Nagamagala was made up of 4 plastic surgeons, 2 family practice physicians, 4 anesthesiologists, 3 OR nurses, 2 PACU nurses, 1 burn physical therapist, and 7 Rotarians from District 5180. During the 9 days 49 patients received surgery and 68 surgical procedures were performed. These surgeries changed the lives of the patients forever and I am so grateful I got to be a part of it.

Be sure to ask her more about her trip next time you see her.

















Rotary Anniversaries

5 years – Adam Campbell

7 years – Phyllis Baughman

9 years – Gregory Dixon

16 years - Michael Reinero (Honory

Member)

28 years – Jan Gage



Birthdays

1/8 – Sara Thornros

1/15 – Kenechukwu Eze

1/17 – Bill Wittich

1/18 – Valerie Mebust



Rotary's Monthly Themes

•January: Vocational Service Month

•February: Peacebuilding and Conflict Prevention Month

•March: Water, Sanitation, and Hygiene Month

•April: Environment Month

•May: Youth Service Month

•June: Rotary Fellowships Month

•July: Maternal and Child Health Month

•August: Membership & Extension

•September: Basic Education and Literacy Month

•October: Economic and Community Development

•November: Rotary Foundation Month

•December: Disease Prevention and Treatment Month

January is Rotary's Vocational Service Month, a time to use skills and expertise to address community needs.



Club Calendar

Keep an eye out on emails, our club webpage, & Facebook for events.

January 2025

9 – Board meeting in person

16 – General meeting

February

6 – Board meeting on Zoom

28 - Our 1st Fundraiser

? – Social

March

6 – Board meeting in person

20 – General meeting

Service Hours "Lives Saved"

We encourage every Passport One member to report your monthly service hours. We are expected to complete 40 service hours a year.

Did you attend or help at a Rotary Event?

Did you attend a Rotary Mixer/Social or Meeting?

Did you help another nonprofit?

Log into your profile on our club webpage and go to the volunteer tab to enter your information.

District 5180 News

webpage: rotary5180.org



January 20, 2025 10:00AM – 1:30PM North Sacramento



February 1-2, 2025 8:30AM – 3:30PM District 5180



February 8, 2025 5:30PM – 10:00PM Oroville



February 15, 2025 5:30PM – 9:30PM Fair Oaks



February 22, 2025 5:00PM – 9:00PM American River Rotary PETS – President-Elect Training



March 7-9, 2025 8:00AM – 12:00PM in San Jose

What a Motto?



Do you know the history behind Rotary's two official mottoes?

Service Above Self and One Profits Most Who Serves Best, Rotary's official mottoes, can be traced back to the early days of the organization.

In 1911, the 2nd Rotary convention, in Portland, Oregon, USA, approved He Profits Most Who Serves Best as the Rotary motto. The wording was adapted from a speech that Rotarian Arthur Frederick Sheldon delivered to the first convention, held in Chicago the previous year.

The Portland gathering also inspired the motto Service Above Self. During an outing on the Columbia River, Ben Collins, president of the Rotary Club of Minneapolis, Minnesota, USA, talked with Seattle Rotarian J.E. Pinkham about the proper way to organize a Rotary club, offering the principle his club had adopted: Service, Not Self.

At the 1950 Rotary International Convention, two slogans were formally approved as the official mottoes of Rotary: He Profits Most Who Serves Best and Service Above Self. The 1989 Council on Legislation established Service Above Self as the principal motto of Rotary.

Condensed, find the full article on Rotary.org

Rotary Lingo

Ongoing section of different acronyms, terms, and definitions

GSE – Group Study Exchange

ICUFR – International Computer Users

Fellowship of Rotarians

IPDG – Immediate Past District Governor

IPP – Immediate Past President

LOA – Leave Of Absence

MG – Matching Grant

In case you are wondering, I'm getting these from Rotary District 7690, resources, acronyms/abbreviations

Download this App

Rotary is now on WhatsApp! We can't wait to connect with you

Stay inspired with updates on impactful projects, practical tips, and some fun along the way. If WhatsApp is your go-to, it's now easier than ever to keep up with all things Rotary. See you there? Subscribe by Googling:

https://on.rotary.org/whatsapp





2025 District 5180 Conference

Date: Apr 12, 2025 (Sat) **Time:** 8:00am – 5:00pm **Location:** Disneyland, Anaheim, California

Go to rotary5180.org To register & other info



2025

What's Happening?



We Want to Know Our Members

We want to share and celebrate all that our members are doing out and about in this Newsletter.

Took photos at meetings (ours or other Rotary clubs) or social gatherings? Send in those photos. Volunteering at Rotary, other service clubs, or nonprofits' events? Send in those photos.

Don't have a photo, but want to share something related to Rotary? Let us know. You can email Michele Spilman: mchlspil@gmail.com

Rotary International President

Stephanie Urchick McMurray, Pennsylvania

District 5180 District Governor

Steve Turner Arden-Arcade

Assistant Governor Area 2

Yvonne Whalen North Sacramento



Passport One Club Webpage:

Rotarypassport.org (Club Runner)

District 5180 Webpage:

rotary5180.org

Rotary International Webpage:

Rotary.org &
My.rotary.org

Find our club on



