November 15, 2018 Volume 4, Issue 10

# The Traveler



#### **ROTARY INTERNATIONAL**

Barry Rassin President

DISTRICT 5180

Jack Arney

District Governor

Joe Scheimer Assistant Governor Area 6

#### CLUB OFFICERS/ DIRECTORS

Carol Langley
President

Leigh-Ann Reinero

President Elect

Sara Thornros Secretary

David Kneitzer
Treasurer

Kwame Acquaah Membership Chair

Megan Ham Service Director

Sue Barrett Foundation Chair

Eric James
Public Image Director

JoAnne Tanner Immediate Past President

Mike Reinero Club Advisor







Where No One has Gone Before



On behalf of our Club's Directors and Officers, I want to wish all of you a wonderful Thanksgiving holiday. This is the time of year when we express our thanks for all we have, however, I believe we should recognize and be grateful for those blessings all year. I saw a great quote about Thanksgiving;

"Feeling gratitude and not expressing

it, is like getting a present and not wrapping it."

I saw another quote that we should all remember when life's challenges overwhelm us:

"If you made a list of all the things you could be thankful for, the list will undoubtedly be longer than your misfortunes."

I hope you will all be surrounded by your family and friends on Thanksgiving Day.





# JOIN YOUR ROTARY FRIENDS AT OUR 2018 HOLIDAY PARTY DECEMBER 1st

Ramada Inn
"Tap House" Bar
2600 Auburn Blvd.
Sacramento
6:00 p.m.
\$10 per person

**RSVP** to

Past President JoAnne Tanner
joanne@tannermgmt.com
or President Carol
carollangley7@gmail.com

We are hoping that members will bring gift cards or monetary donations to support our Golden Gívíng program that brings kindness and recognition to seniors in a local care home.

# **OUR NEXT CLUB MEETING IS DECEMBER 13th**

You don't want to miss our December 13th meeting. It is an opportunity to mingle with your Passport One friends and learn about all we are doing in our club.

PLUS—we have a great speaker, District Attorney Anne Marie Schubert.

**DECEMBER 13th** 

6:30 pm to 8:30 pm Swanston Community Center 2350 Northrop Ave. Sacramento 95825



We are honored to have Sacramento County District Attorney, Anne Marie Schubert as our speaker.



# ROTARIANS ARE COMING TO THE AIDE OF PARADISE CAMP FIRE VICTIMS

The Paradise "Camp Fire" is now the deadliest fire in California's history. The Rotary Clubs of Oroville and Gridley are very involved. They are working along side of the Red Cross, Salvation Army and a host of other organizations trying to meet the needs of the many people displaced from their home. They desperately need donations. If you can help, please send checks to:

**Rotary District 5180 Foundation** 

4917 Olympia Court

Carmichael, CA 95608

Please note that it is for Fire Victims in the memo.

Or you can click on this link to donate electronically:

https://www.paypal.com/cgi-bin/webscr?cmd=\_s-

xclick&hosted button id=22P69BNQYD9ZN

# Club Calendar

# <u>November</u>

Rotary (18)

15 Board Meeting

6:00

**Sierra View Country Club** 

17 "Golden Giving" Visit to Senior Care Home 10:00 am Contact PDG Janice Gage jangage43@gmail.com

22 Thanksgiving

# December

1 Holiday Party 6:00 pm
The "Tap House" at the Ramada Inn

13 Club Meeting

District Attorney Anne Marie Schubert Will be our speaker.

15 Early registration discounts end for the Rotary International convention

15 "Golden Giving" Visit to Senior Care Home 10:00 am Contact PDG Jan Gage

jangage43@gmail.com

25 Christmas

Benjamin Franklin wanted to make the Turkey the national bird of the United States

### **IMPORTANT LINKS:**

**Service Hour Reporting** 

Signup.com Volunteer Opportunities

#### **CLUB SERVICE HOURS**

To Nov. 1st:

2,134

To Report Your Service Hours:

**CLICK HERE** 

We are racking up the service hours so far this year.

THANK YOU FOR
REPORTING
YOUR SERVICE HOURS
Keep it up!
Our Goal is 7,000 this year



www.Rotarypassport.org (Club Runner)

DISTRICT 5180 WEBSITE: <a href="http://rotary5180.com">http://rotary5180.com</a>

R.I. OFFICIAL WEBSITE: www.rotary.org

# **Happy Birthday To You**



November marks the time of the year when cold begins to set in. When used as an adjective, November means dreary. As a month, November is from the root word "novem" which means nine, because in the Roman calendar, there were only ten months in a year. November birthday babies are:

- 3-George Paraker
- 3- JoAnne Tanner
- 13-Jeff McAlpine
- 18-Leigh-Ann Reinero
- 19-Seifu Ibssa
- 19-Ulises Piazano-Diaz

# FAMOUS PEOPLE BORN IN NOVEMBER

- 17- Rachel McAdams
- 18- Owen Wilson
- 21- Goldie Hawn
- **22**—Mark Ruffalo (The Hulk)
- 23 Miley Cyrus
- 27- Bill Nye (The Science Guy)

# WACKY DAYS IN NOVEMBER

NOVEMBER IS SWEET POTATO MONTH

**15th**— Button Day

16th - Fast Food Day

17th— Take-A-Hike Day

19th - Have A Bad Day Day

23rd—Eat A Cranberry Day

28th-French Toast Day

**28th**- Red Planet Day

29th - Square Dance Day

November has two birthstones. The Citrus and the Topaz



#### THE TOPAZ

The Topaz is the soothing stone that has been said to calm tempers, cure madness and

eliminate nightmares. Most people think of Topaz as a yellow gem, but it is actually available in many colors.



#### THE CITRINE

The Citrine's warm color is said to be a gift from the sun. It is believe to be a healing

gemstone. Natural Citrine gems are rare, and most of the ones for sale are actually amethysts or smoky quartz that has been heat-treated to produce a yellow hue.

If you want to be sure to get the most germs off your hands, you are supposed to sing the Happy Birthday song twice when you wash them. (sing slowly)

# YOU STILL HAVE TWO WEEKS TO GET A \$100 INCENTIVE FOR YOUR FOUNDATION CONTRIBUTION

## **Don't Let This Opportunity Slip Away!**

We are having a Foundation contribution incentive opportunity during the month of November.

If YOU CONTRIBUTE \$100 or MORE IN THE MONTH OF NOVEMBER, YOU WILL RECEIVE A BONUS OF \$100 TOWARD YOUR NEXT PAUL HARRIS FELLOW.

This opportunity only happens once a year in our club. To find out more information, contact our Foundation Chair, Sue Barrett

susanb20003@msn.com



Passport One members who attended the District Foundation dinner were; Leigh-Ann Reinero, Al Frumkin, Carol Langley, Kelly Byam and Sue Barrett



We received a certificate for our club contribution to PolioPlus in the 2017-2018 year

We should not live for ourselves alone, but for the joy in doing good for others.

Arch Klumph, founder of The Rotary Foundation

If you would like to volunteer or the November or December visit...or if you have any questions about how you can help, contact

jangage43@gmail.com



THE NEXT TWO VISITS ARE:

Nov. 17 th

10 am to noon

and

Dec. 15th

10 am to noon

# UPDATE FROM PROJECT ORGANIZER PDG JANICE GAGE

Since August, the number of nursing homes patients we visit each month has grown from 1 to 18. They are delighted to see us come each month and so appreciate our visits. Rotary means kindness and friendship to them. The past two months (September and October) we visited twice a month. We have cut visits back to once a month because of the distance people have to travel (Auburn). Megan Ham, Leigh-Ann Reinero, Tom O'Conner and AlanFrumkin have participated. These patients (infirmed) and full of gratitude and love seeing new faces and telling their stories to someone who will listen. Alan sang to them —Unchained Melody—and an Alzheimer's patient started to cry crocodile tears with his eyes lite up and a hug smile on his face. It obviously stirred some memories for him.

For our Christmas visit on Saturday, December 15th (10 am to noon) we will take personal gifts and small stockings for each person and goodies to eat. Alan Frumkin will dress up as Santa Claus...it would be nioe if he had an elf ot two:) The patients have given me their wish lists, some of which have already been purchased with donations. I m hoping to have a larger group of Rotarians and their families participate in December, so we can have a Christmas Carol sing-a-long.

Our next meeting is December 13th. It would be wonderful is members could bring some of their Christmas wish list items:

Sharpie pens (12 pack), Donna Dooberry fine point paintbrushes, small water based acrylic paints, an art history book (former art teacher), new puzzles (500 pieces or less), crochet yarn (red or pastels), female products and make-up bag, a few red lipsticks, 20 small hand lotions, and new magazines, audio player and books on cassettes or cd, and See's candy...or donations or gift cards to fill this list.

Thanks to each of our volunteers, our blub members and the Passport One Board of Directors for your support in this meaningful service project. There is nothing that fuels the Rotary spirit more than hands on Service Above Self.

# THANKSGIVING FACTS YOU PROBABLY DIDN'T KNOW



The first Thanksgiving feast in 1621 lasted for three days. There were 90 Native Americans and 53 Pilgrims in attendance.

- President Abraham Lincoln declared Thanksgiving a Federal Holiday in 1863.
- · Only male turkeys gobble.
- Since Harry Truman, every president has pardoned a turkey at Thanksgiving.
- The first Macy's Thanksgiving parade did not have any balloons.
- 50% of Americans put the stuffing inside the bird.
- Only 88% of Americans eat turkey on Thanksgiving Day.
- The Butter Ball Turkey Hot Lines answer almost 100,000 calls each Thanksgiving season.
- The NFL started the Thanksgiving Classic game in 1920.
- The heaviest turkey on record is 86 pounds.
- Wild turkeys can run 20 MPH.
- Californians consume the most turkeys on Thanksgiving Day than any other state.
- 50 million pumpkin pies are consumed during Thanksgiving.
- Jingle Bells was originally a Thanksgiving song.



These are not awards or pins.
You see 25,000 Polio vaccines--or wells--or toilets--or midwives-or student desks--or books--or HIV medications--or . . . . . . . .

# **OUR PAUL HARRIS FELLOWS**

- Kwame Acquaah PHF+1
- Sam Anderson PHF(MD)
- Brad Asbury PHF (Bx2)
- Sue Barrett PHF (+1/B/S)
- Bill Bowen PHF+2
- Pat Braziel PHF(MD)
- Kelly Byam PHF(MD/S/B)
- Dwight Chambers PHF(+4/S)
- Michael Cooper PHF
- Greg Dixon PHF
- Louise Dutton PHF
- Diana Ebbitt-Riehle PHF(+2)
- Donna Fleshman PHF(+3)
- Al Frumkin PHF (MDx3/S/Bx4)
- Janis Gage PHF (MD/Bx2)
- Lisa Goudy PHF
- Megan Ham PHF(+1)
- Christie Harrison PHF
- Monique Harris PHF (S)
- Allan Harry PHF(+2)
- Cathy Harry PHF(+1)
- Hanns Haesslein PHF(+3)

- Jerry Harner PHF
- Seifu Ibssa PHF
- Eric James PHF
- David Kenitzer PHF(+8)
- Carol Langley PHF(+5)
- Jeff McAlpin PHF
- Michele Mutoza PHF +2
- Tom O'Conner PHF (+1)
- George Paraker PHF(+1)
- Tami Paraker PHF
- Alice Perez PHF(+1)
- Leigh-Ann Reinero PHF(MD)
- Mike Reinero PHF (MD/S/B)
- Jay Resendez PHF
- Brandon Silveira PHF
- Roxanne Snyder PHF(+2/B)
- JoAnne Tanner PHF(+2/B)
- Carsen Tazi PHF(+1)
- Sara Thornros PHF(+4/S)
- Ed Trujillo PHF (+3)
- Jan Valine PHF
- Anna Zych PHF

Paul Harris Fellows Have Contributed \$1,000 for each PHF

Major Donors (MD) Have Contributed \$10,000+

Paul Harris Society (S) Have Pledged a \$1000 Contribution Per Year

Bequest Society Members (B) have Designated \$10,000 or more to the Foundation in their Estate Plans

DG Jack is stepping out of the box by having a one day district conference on May 18th. This one day event will allow more Rotarians to attend. There will be a work project the day before the conference. Click the link below to register now, so you won't miss the fun with District Governor Jack and his Caribbean theme for the day.

REGISTER FOR THE CONFERENCE NOW WITH SARA THORNROS sara@tecnofitllc,com



