

January 1, 2019
Volume 4 , Issue 13

The Traveler

2018-19 ROTARY LEADERSHIP

ROTARY INTERNATIONAL

*Barry Rassip
President*

DISTRICT 5180

*Jack Arney
District Governor*

*Joe Scheimer
Assistant Governor Area 6*

CLUB OFFICERS/ DIRECTORS

*Carol Langley
President*

*Leigh-Ann Reinero
President Elect*

*Sara Thornros
Secretary*

*David Kneitzer
Treasurer*

*Kwame Acquaaah
Membership Chair*

*Megan Ham
Service Director*

*Sue Barrett
Foundation Chair*

*Eric James
Public Image Director*

*JoAnne Tanner
Immediate Past President*

*Mike Reinero
Club Advisor*



Rotary
Club of Greater Sacramento
Passport One



**PASSPORT TO
ROTARY'S FUTURE**

Where No One has Gone Before



Happy New Year to all of our Passport One Rotarians. We are starting the second half of the 2018-2019 Rotary year, and we have some great things planned for you. We will continue to have interesting speakers at our meetings along with some fun, and original, social activities. Of course, we always want to hear any suggestions you may have

for our club.

One event that will be happening on May 18th is our District Conference that has been trimmed down to one day. In past years, the District conferences have been held in other locations over a 3 day period. DG Jack Arney decided he would make the conference more assessible and less expensive this time so that more of us can attend. There is going to be a district wide project the day before the conference where we plan to bag 60,000 meals for the Rise Against Hunger organization.

Rotary does so many good things and has so much to offer us, but like most things in life, what you get out off an opportunity is in proportion to how much effort you put into it. My hope is that you will participate in our club and district activities and that you will form lasting friendships with other members of our incredible Passport One Club.



JANUARY IS VOCATIONAL SERVICE MONTH

Rotary's focus for January is Vocational Service. When Rotary started in 1905, it was originally a business networking group. While the definition of "business" has greatly expanded, it is important to remember this aspect of our club.

Through vocational service, Rotary promotes:

The highest ethical standards in all occupations

The recognition of worthiness in all useful occupations, not just those that are pursued by Rotarians.

The contribution of your vocational talents to solving the problems of society and meeting the needs of the community.

We tend to do business with people we know and trust, and more often than not, those people are Rotarians.

I encourage our members in business to send me the name of your business and a few words about what you do, so I can publish the information in our next issue of the Traveler.



Rotary assigns themes to months to draw attention to the many important things we do. The monthly themes are as follows:

JANUARY: *Vocational Service Month*

FEBRUARY: *Peace and Conflict Prevention/Resolution Month*

MARCH: *Water Sanitation Month*

APRIL: *Maternal and Child Health Month*

MAY: *Youth Services Month*

JUNE: *Rotary Fellowship Month*

JULY: No theme

AUGUST: *Member and New Club Development Month*

SEPTEMBER: *Basic Education and Literacy Month*

OCTOBER: *Economic and Community Development Month*

NOVEMBER: *Rotary Foundation Month*

DECEMBER: *Disease Prevention and Treatment Month*

Club Calendar

January



- 17 Board meeting
6:00 p.m.
Sierra View Country Club
- 19 Visit To Senior Care Home
11600 Education Street– Auburn
- 24 Game Night
6:00 p.m. to 8:30 p.m.
The Fulton Room at the Ramada Inn
- 25 Poker Night
Big Al's
5966 Ridge Park Dr—Loomis

February

- 1 Pre-PETS
- 7 Club Meeting
The Meaning of Peace
- 14 Valentine's Day
- 19 Game Night
6:00 pm to 8:30 p.m.
- 23 Crab Feed Carmichael (details to follow)

March

- 2 Bowling
- 8-10 PETS
- 14 Board Meeting
6:00 p.m.
Sierra View Country Club
- 23 Passport One Work Day
- 30 District Assembly

April

- 11 Club Meeting

CLUB SERVICE HOURS

To January 1st

2,710

To Report Your Service Hours:

[CLICK HERE](#)

We are racking up the service hours so far this year.

THANK YOU

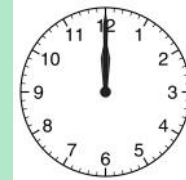
IMPORTANT LINKS:

[Service Hour Reporting](#)

[Signup.com Volunteer](#)

WHAT IS A SERVICE HOUR?

Service integral Passport are complete



hours are an part of our One Cub. We required to 40 service hours a year, but many members don't realize all the activities that count. You can count meeting attendance at any Rotary Club as well as participating in activities for Rotary or any church or community organization you belong to.

Passport Website:

www.Rotarypassport.org (Club Runner)

District 5180 Website:

<http://rotary5180.com>

IT'S THAT TIME OF YEAR AGAIN

Happy
New Year!

It's time for us to review everything we didn't do in 2018 and make a resolution to improve things in the new year. Some people refuse to make resolutions because they think they will fail, but I say, *come on people*—take a chance. Get a pen and paper and write down your plans for 2019. Actually, no one uses pens and paper anymore, so put it in your computer and save it as “Resolutions, Pledges and Promises”.

There are 7 steps to writing your resolutions: (1) Write your resolutions down (we already covered that one); (2) Read your resolutions twice a day (really?); (3) Read your resolutions out loud (but not too loud or someone might hear you); (4) Visualize achieving your resolutions as you read (that one sounds doable); (5) Make your resolutions positive (there go about half of them); (6) Make them about you (Is there anyone around more important than me?); (7) Make them detailed (That might take too long, I was going to use emojis).

If you get stuck on what to resolve, you have my permission to select one of these for your list.

- * I resolve to recognize the difference between being bored and being hungry.
- * Copy 2018-Paste 2019
- * I resolve to be more assertive (if that's OK with you).
- * I resolve to stop putting LOL or HaHa after every text I send.
- * I resolve to interact with a human person. (that one is for millennials)
- * I resolve to gain weight and start smoking. (just seeing if you are paying attention)
- * I resolve to stop using my credit card, after I get a few more things I really need.
- * I resolve to take as many naps as my cat.
- * I resolve to stop talking to people who clearly don't want to talk to me.
- * I resolve to stop putting my political opinions on Facebook.
- * I resolve to write everything I did last year and put “I'm sorry” next to the list.
- * I resolve to learn how to write in full sentences. (again, for millennials)
- * I resolve to stop crying when I see old pictures of myself.
- * I resolve to help my spouse make resolutions .



QUITTER'S DAY is January 12th. That's the day when our motivation begins to falter, and we start dumping our resolutions. Anyone who holds out until Valentine's Day has incredible will power or easy resolutions. In any case, there is no need to fret, because 2020 is only 362 days away and we can start our list yet again.

Activities To Put In Your Calendar

JANUARY 19th—Visit to the Senior Care Home Our “Golden Giving” program

JANUARY 24th - “GAME-NIGHT”

Our first social of the year is going to be a **Game Night**.

We have some really fun games planned for this event, and we are hoping many Passport

Members will be there,

Family members and friends are welcome (adults only)

January 24th (Thursday)
Ramada Inn’s Fulton Room
6:30 pm to 8:30 pm
No Charge

Rsvp to President Carol carollangle7@gmail.com

JANUARY 25th—POKER NIGHT

Attention All Poker Players: This will be a night to join your friends to play Poker (all types). Details on the next page.

CLUB MEETING FEBRURARY 7th

BACK TO THE RAMADA

We enjoyed the two meetings we had at the Swanston Community Center, however, some administrative issues came up that make it difficult for us to keep meeting there. Due to this situation, the Board has decided to hold the three meetings for the second half of our Rotary year at our previous location, the Ramada Inn.

February 7th (Thursday)

Ramada Inn

2600 Fulton Ave.

6:30 pm to 8:30 pm

Our Speaker will be our own

Kwame Acquaaah

Chair of District 5180

Peace Committee



Poker at Big Al's Castle
January 25th at 6:30



1st poker game of the year and 1st poker game for the Pass Port Club of Sacramento!!

It's a can't miss event....

We've set the time of Friday the 25th starting at 6:30.

The address is 5966 Ridge Park Drive Loomis. Please note the home is at the end of Ridge Park on the left.

Bring a minimum of \$20+, your favorite drinks and some snacks to share...

We'll be playing numerous poker type games.....

Call if you have questions Tom (916) 624 5393

Please RSVP.... tjconnor@jps.net

Happy Birthday To You



The carnation is the flower for the birth month of January. They are known for their dainty ruffled petals and sweet fragrance, but don't let their delicate appearance fool you. They are easy to grow, very hearty and among the longest lasting of all cut flowers.

- 1– Alice Perez
- 2– Sara Thornros
- 11– Scott Alvord
- 17– Bill Wittich

DID YOU KNOW:

* A carnation will change its color if you put it in a vase with colored water overnight. White carnations work best for a color change.

* Carnations are edible and are often used as decorations on salads and cakes.

* If you search Wikipedia for carnation it takes you to a page titled *Dianthus Caryophyllus*. There is no entry for carnation.

* Yellow carnations signify disappointment.

WACKY DAYS IN JANUARY

- 1st–Fruitcake Toss Day
- 4th– Spaghetti Day
- 6th– Cuddle Up Day
- 8th– Bubble Bath Day
- 10th– Houseplant Appreciation Day
- 14th- Dress Up Your Pet Day
- 15th– National Hat Day

The Garnet is the gemstone for January



The Garnett has been used in gemstones for thousands of years. Most people think the only color for a Garnet is red. It is actually mined in a variety of colors with the exception of blue. It is a stone of strength and safety.

FAMOUS PEOPLE BORN IN JANUARY

- 3rd– Mel Gibson
- 5th– Bradley Cooper 
- 7th– Kenny Loggins
- 7th– Jeremy Renner
- 13th– Liam Hensworth
- 14th– LL Cool J





**These are not awards or pins.
You see 25,000 Polio vaccines--or wells--or toilets--or midwives--
or student desks--or books--or HIV medications--or**

OUR PAUL HARRIS FELLOWS

- Kwame Acquaa PHF+1
- Sam Anderson PHF(MD)
- Brad Asbury PHF (Bx2)
- Sue Barrett PHF (+1/B/S)
- Bill Bowen PHF+2
- Pat Braziel PHF(MD)
- Kelly Byam PHF(MD/S/B)
- Dwight Chambers PHF(+4/S)
- Michael Cooper PHF
- Greg Dixon PHF
- Louise Dutton PHF
- Diana Ebbitt-Riehle PHF(+2)
- Donna Fleshman PHF(+3)
- Al Frumkin PHF (MDx3/S/Bx4)
- Janis Gage PHF (MD/Bx2)
- Lisa Goudy PHF
- Megan Ham PHF(+1)
- Christie Harrison PHF
- Monique Harris PHF (S)
- Allan Harry PHF(+2)
- Cathy Harry PHF(+1)
- Hanns Haesslein PHF(+3)
- Jerry Harner PHF
- Seifu Ibssa PHF
- Eric James PHF
- David Kenitzer PHF(+8)
- Carol Langley PHF(+5)
- Jeff McAlpin PHF
- Michele Mutoza PHF +2
- Tom O'Conner PHF (+1)
- George Paraker PHF(+1)
- Tami Paraker PHF
- Alice Perez PHF(+1)
- Leigh-Ann Reiner PHF(MD)
- Mike Reiner PHF (MD/S/B)
- Jay Resendez PHF
- Brandon Silveira PHF
- Roxanne Snyder PHF(+2/B)
- JoAnne Tanner PHF(+2/B)
- Carsen Tazi PHF(+1)
- Sara Thornros PHF(+4/S)
- Ed Trujillo PHF (+3)
- Jan Valine PHF
- Anna Zych PHF

Paul Harris Fellows Have Contributed \$1,000 for each PHF

Major Donors (MD) Have Contributed \$10,000+

Paul Harris Society (S) Have Pledged a \$1000 Contribution Per Year

Bequest Society Members (B) have Designated \$10,000 or more to the Foundation in their Estate Plans

Does Anybody Know A Realtor?



Can You Recommend A Dentist?

I Need A Mortgage Lender.



Do You Know A Good Attorney?

January is Vocational Service month, and you have a chance to do something that will promote your business to the all the Rotarians in our district. You can place an ad in the District Conference program.

The best person to help a Rotarian is another Rotarian. Right? You can make it easy for us to find you, and know what you do, when you buy an ad in the District Conference program.

The cost is only \$100

**Be an Ad Sponsor at DG Jack's
District Conference**

All you have to do is send an email to Mary Lyn Kagan

kagan1228@gmail.com

And send her a scanned PDF or jpeg picture of your business card with 3 to 4 sentences about your business for the program.

DG Jack is stepping out of the box by having a one day district conference on May 18th. This one day event will allow more Rotarians to attend. There will be a work project the day before the conference. Click the link below to register now, so you won't miss the fun with District Governor Jack and his Caribbean theme for the day.

REGISTER FOR THE CONFERENCE NOW WITH SARA THORNROS

sara@tecnofitllc.com

BE INSPIRED
ONE DAY

MAY 18, 2019
District 5180 Conference

BE THE INSPIRATION
THE ROTARY FOUNDATION

WORK PROJECT ON FRIDAY, MAY 17TH
1 - 5 PM
FOOD TRUCKS

ENTERTAINMENT
RYE BREAKOUT SESSIONS
SPEECH CONTEST FINALS
YOUNG PROFESSIONALS RECEPTION
SPECIAL GUEST SPEAKER:
JACK GALLAGHER
KEYNOTE SPEAKERS:
PAUL CHAPPELL
AUTHOR AND PEACE LITERACY DIRECTOR
SHIRLEY GRACE, PDG
DISTRICT 5210

Citrus Heights Community Center
6300 Fountain Square Drive

