# THE BUZZ

#### Rotary District 9675 Inc. New Generations News Update

#### **Edition 1:**

January 2018



#### Happy New Year!!!

I had set myself a couple of goals as being the Chair of New Generations. One of which was to produce a Newsletter/Update/Bulletin for the District New Generations Team. This has been a long time coming but Edition 1 of '**The Buzz'** is finally here.

I have had the pleasure working with a great team of New Generation Chairs and Committee Members. Encouraging the teams to embrace the whole of the District in representing all programs as well as being inclusive of new team members. We have looked at embracing new and youthful ideas to take the programs in sometimes different directions over the years. Each committee has been able to tweak the previous program over the last couple of years, to move with the times as well as being able to foster new and younger leaders in our District.

The concept of having past RYLArians take on the role of Team Leaders in RYPEN has been most successful. We are utilising the skills of some of our Rotarctors to become more involved in programs such as MUNA (Model United Nations Assembly).

I hope you will enjoy a snap shot of what has happened within our District over the last 6 months and how some of the youth in your communities can become engaged in some of the best programs Rotary has on offer.

Again, this year at District Assembly (28th April), all New Generation Directors will receive a manual for the next Rotary Year of all the dates, venues, costs and contact personnel. *This is most useful for planning and budgeting for the new Rotary year.* 

Enjoy the read and share the experience.

Yours in Rotary,

Cheryl Deguara District New Generations Chair





# THE RYLA BUZZ

#### RYLA District Chair—Anna Hoyles (Rotary Youth Leadership Award)

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The first week of 2018 provided an opportunity for 37 young people to go on an ADVENTURE of learning, developing new skills and pushing their limits. It was a week of breaking boards and breaking limitations, building chairs and building confidence, high ropes and high expectations. The Rotary Youth Leadership Awards brought together a mix of 18-25 year olds from different backgrounds and with different life experiences.



The program for the week was PACKED full of speakers, activities and opportunities for the Young People to grow. We had a leadership team of 6 leaders and 1 team leader- every one of them having completed RYLA themselves in the last 2 years and now **stepping up** to a new role.

On the first day the young people arrived- *fresh faced*, *nervous*, *excited*, *confused*. They were thrown straight into an afternoon of learning from Toastmasters about public speaking- tackling one of their biggest fears on the first day!

The wonderful leadership team - Alex, Jack, Matt, Grace, Rain and Gemma and at the front - Team Leader Cameron.

The second day focused on learning about their own

personality and style of leadership and how to work with other personalities and styles. Throughout the week they were provided with various **challenges** to push them to work in different groups of people and outside their comfort zone. One of these activities had them break into groups- each group was given a jumble of puzzle pieces from different puzzles. The aim was to try and complete a puzzle by **negotiating** to trade puzzle pieces with other groups. During this time there were a number of distractions- loud music, leaders asking them questions or asking them to take photos, yelling and general *CHAOS*! Leadership and problem-solving under pressure is an important skill that will serve them well for the rest of their lives. Each individual and each group found different strategies to deal with this and learnt that there are many approaches to each challenge but some are more effective than others.



A team challenge - to construct IKEA chairs with limited instructions and no speaking!

Day three was FILLED with activities- they tried high ropes and an initiative challenge- learnt to listen to each other and encourage their teams. In the evening they heard from speakers about **Rotary** and **Rotaract**, the good we are doing in the world and how they can get involved.

# THE RYLA BUZZ



**Teamwork in Action** 

Friday they heard from speakers who give excellent advice on approaches to life, getting out of your comfort zone and facing new challenges. In the evening it was time to let their hair down with a talent show that turned into a *DANCE PARTY*!

Saturday was the culmination of a lot of work throughout the week-**RYLA Apprentice**. Each team is given the opportunity to develop either a new program that fits within the Rotary goals or to change/ enhance an existing Rotary program. On Saturday they presented

these ideas to a of judges panel and were given feedback on them. This project allowed them to put into practice а number of skills they had durina developed the week- project

management, leadership, public speaking and most importantly- <u>working within a team</u>. It also allowed them to learn more about what Rotary does and to consider the **opportunities** to change the world that Rotary can offer them.



Trying to find the puzzle pieces with distractions

The final day they heard from previous RYLArians about 'Life after RYLA'- a chance to get some perspective and consider how they can use their new skills out in the '*Real World*'. We ended with a lunch attended by many Rotarians and a showcase from the week. The final goodbye was with a lot of hugs and a few tears- many saying they had developed **stronger relationships** in that 1 week than they had in all their previous years.







DRR Judith Mogi (District Rotaract Representative) E: 9675@rotaract.org.au

Pictures do tell a thousand words. The past six months in Rotaract has been a fun and challenging month half. As a district we have raised more than \$15,000 to major charities around our community and Australia.

We have organised events from King pin bowling to sleeping like the homeless community to grand balls and award nights! Most importantly this half of the Rotary year, Rotaractors and Rotarians are starting to collaborate and communicate as one upholding our vision of 'Making a Difference' through CARE (COLLABORATION, ACCEPTANCE, RELATIONSHIP, ENGAGEMENT).

We have such exciting things planned for the second half of the year, including announcing our DRRE (District Rotaract Representative Elect) Andrew Long, and celebrating Rotaract International 50th anniversary!

We look forward to providing service above self and having fun whilst doing so!



# THE INTERACT BUZZ

### District Interact Chair—Richard Booth

E: richard booth1@bigpond.com

An Interact Club is a Rotary Club sponsored organisation of young people, aged from 12 to 18 years, whose purpose is to provide opportunity for them to work together in a world fellowship dedicated to service and international understanding and leadership development skills.

There are currently 17 Interact Clubs in the District spread across several regions of Sydney and the Illawarra. All are connected to High Schools in these areas.

Interact Clubs are the responsibility of sponsoring provide Rotarv Clubs who guidance and counselling and in the case of schools there is a strong relationship between the school and the sponsoring Club.



Charter Night for Interact Club of Burwood at





Schools are often microcosms of the community and relationships between Rotary Clubs and schools often provide a rich area for mutual support. A good start is the school principal and thereafter a link to a co-operative member of the school staff.

Recent additions to the list of clubs include Provisional Clubs of Sarah Redfern High School (sponsored by RC of Ingleburn) and **St Andrews** Cathedral School (sponsored by RC of Sydney) and newly chartered Interact Club of Burwood Girls High School (sponsored by RC of Congratulations to those proactive Burwood). Rotary Clubs who are sponsoring these additions.

Remember that it is important to have a Rotarian Mentor and Liaison Club member to provide the link between the school and the club.





Harmony Day organised by Interact Club of Keira High School

# YOUTH EXCHANGE BUZZ

#### District Youth Exchange Chair—Simon Rez E: rez@reka.com.au

This year at District Conference at Mudgee we will have in attendance our three inbound exchange students (2 of them in conjunction with District 9685). All three arrived in July 2017 and have been enjoying our hospitality for the past 6 months:



Lauren Shaw, Rob Whitney and Christian Du Reau

Departures

Lauren

departing with her violin Master Jussi Brummer, 17 years of age from Turku Finland District 1410 hosted by RC Caringbah, his parents are both special aid teachers.

Miss Sophie Casali, 17 years of age from Verona Italy District 2060 hosted by RC Corrimal, her parents are both in the travel industry.

Master Christian Du Reau, 17 years of age from Fribourg Switzerland District 1990 hosted in collaboration by RC Burwood and RC Concord. His current host parents are Lauren's parents!



In reciprocation Miss Lauren Shaw left on Saturday 13<sup>th</sup> January for her exchange with District 1990. As you can see in her photo she took her violin with her.

Lauren is 15 years of age from Croydon Park (she studies at Monte Sant' Angelo Merci College) and sponsored by RC Burwood. She will be hosted by RC Entlebuch. As the spoken language in District1990 is German, Lauren will commence her German language-camp on 23<sup>rd</sup> January and school on 5<sup>th</sup> February.



# THE NYSF BUZZ

## District NYSF Chair—Stephen Lovison (National Youth Science Forum)

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We are pleased to report that 32 budding STEM students from our district have successfully completed the program this January. Attending either the Canberra sessions or for the first time, the Brisbane session, they engaged in lab visits, practical excursions, top talks by professors and industry leaders and most of all, meshed with their peers in a fun, challenging and supportive environment.



Over the past three years as Chair, we have had encouraging numbers of students apply for the program and have been able to fill the allotments provided to the district. Not only does NYSF look for outstanding students, but those with a passion for science, technology, medicine, engineering and maths who wish to explore options open to them in these fields.

Society is constantly on the precipice of the "next best thing" when it comes to STEM, and your continued support for this program will only serve to advance the opportunities of young Australians in this endeavor.







# THE RYPEN BUZZ

#### District RYPEN Chair—Emily O'Brien (Rotary Youth Program of Enrichment) E: emilyclareobrien@gmail.com



The August 2017 RYPEN weekend held at Telford, Port Hacking was a fantastic and rewarding weekend. Forty young people came together to develop their skills and share experiences resulting in wonderful outcomes of long lasting friendships, fun activities, common bonds of learning and growth in self-esteem and trust.



We had two fantastic Guest Speakers - Brian Horan and Ally Dench, who both touched on topics of Resilience and Inner Strength that reflected the theme of the weekend. The RYPENian students participated in many activities from Human Foosball, Human Hungry Hippos and many other team building and strategic activities.

The purpose of these activities were to broaden each students perspective of different cultures, enhance social and academic skills, and provide strategies on how to handle different situations and events, that may present themselves in both a personal and school environment.



We were fortunate to be able to select a brilliant group of team leaders from the RYLA program to guide the RYPEN students over this weekend. These team leaders also expressed their gratitude of being able to have had the opportunity to spend the weekend with some beautiful, polite and consistently engaged young people.



Both the Team leaders and the RYPENians bonded through their open mindedness and commitment towards this program. Overall this was a very rewarding weekend !!

The next RYPEN weekend is **Friday 6th - Sunday 8th April 2018** at Teen Ranch, Cobbitty Rd, Cobbitty NSW.

For all information please visit District 9675 Website. rotarydistrict9675.org



# THE RYDA BUZZ

#### District RYDA Chair—Tony LeBreton (Rotary Youth Driver Awareness)

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Please visit the Road Safety Education website <u>www.rse.org.au</u> to download newsletters etc. The RYDA Program conducts in over 85 venues across Australia and New Zealand and recently announced Fairfield Showground (for our District) is the latest addition coming on board this year.



# U-TURN THE WHEEL BUZZ

#### District U-Turn the Wheel Chair—Martin Tabone E: martin@mwt.net.au

#### From Gymea Technology High School

On Friday, 20 October Year 11 took part in a series of workshops about the issues young drivers face and how to deal with them. The program is co-ordinated by Rotary Clubs in the Shire and the Sutherland Shire Council. Presenters included a highway patrol officer, an ambulance officer, and representatives from Trent driving school, the NRMA and Youthsafe.

Students were provided with engaging, interactive presentations about how to be safe on our roads and how poor decisions can have dire consequences. Year 11 appreciated their expertise and actively participated throughout the day.





# From Sarah Redfern High School Rotary Club of Ingleburn

In conjunction with the local Road Safety Officer, schools, police, emergency services, Road Safety professionals and volunteers, the workshops accommodate every year 11 student who wishes to participate through the local school systems. The workshops are provided at "**NO COST"** to the participant.

The U-Turn the Wheel program is designed to specifically address the **ATTITUDES & AWARENESS** of driver related issues such as speed, fatigue, alcohol, drugs and the wearing of seat belts; each which have been identified as major contributors to road casualties among our young drivers. This program also addresses the issues of risk taking behaviour, peer pressure and responsible decision making in the areas of insurance and purchasing of a vehicle.

# WHO IS IN THE NEWS

#### .....NYSF BUZZ

We're also proud to be the home District of the Illawarra's stellar young scientist Macinley Butson, named the 2018 NSW Young Australian of the Year. The judges recognised the teenager, who has just started year 12 at the Illawarra Grammar School, as "a rising star in the male-dominated world of science", noting an already long list of achievements and "world-beating' inventions. Macinley's idea, 'Smart Armour', is a shield that can be used by breast cancer patients to protect their non-treated breast while undergoing radiotherapy treatment.

Sponsored this year to NYSF by Rotary Club of Wollongong South



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This is the first edition of **THE BUZZ** —please share with you club members to grow the understanding of **New Generations Programs in our District**.

If your Rotary Club has some stories or project that you would like to share in **'THE BUZZ'** please feel free to contact me send them through. Please remember **'Sharing the Experience'** not only helps to grow the Programs but will grow Rotary too.

Thank you. Cheryl Deguara





6th—8th April RYPEN—Teen Ranch, Cobbitty

1st March—31st May NYSF—Applications open www.nysf.edu.au

19th or 26th May (TBC)

MUNA—NSW Parliament House



# **3rd—5th August**

**RYPEN**— Telford (Royal National Park)

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