



Rotary Club of West Wollongong Inc.
 (ABN 32 681 953 565)
District 9675
 Chartered 23rd March 1964



13 November 2024 BULLETIN

November is Rotary Foundation Month

This evening we will be hearing from our sponsored Australian Rotary Health (ARH) Indigenous Scholar, Maddy Lawson (pictured below)



President:	Rose Pope	RI President 2024-25:	Stephanie A Urchick
Secretary:	Kerrie Hayes-Williams	District Governor 2024-25:	Sue Hayward
Treasurer:	Noel Watt	Rotary Comm. Leader:	Margaret Uitterlinden
IPP President:	Phil Peckman	President Elect:	Phil Peckman
Send items for the Bulletin to Editor: Michael Crowley			

Birthdays	Anniversaries
<i>None this week</i>	15/11 – Patrick & Yvonne Roberts

Club website: https://westwollongongrotary.org.au/page/showhomepage/	District Website: rotarydistrict9675.org
Facebook: fb.me/westwollongongrotary	Club e-mail: westwollongongrotary@gmail.com
Instagram: www.instagram.com/rotary_club_of_west_wollongong/	
Postal Address: PO Box 5040, WOLLONGONG NSW 2520	
Payments to the Rotary Club of West Wollongong can be made direct to: Commonwealth Bank of Australia BSB: 062-528 Account No: 28000503	

CLUB PROGRAM ... *Dates for you diary!*

Date	Speaker/Theme
Wednesday 13 November 2024	❖ <i>ARH Indigenous Scholar – Maddy Lawson</i> <i>SERGEANT Barry Stevens: <u>PROJECTOR</u> required please!</i>
Thursday 14 November 2024	❖ <i>JOKER DRAW at The Charles Hotel from 6.00 PM</i> <u>TEAM 6</u> 
Wednesday 20 November 2024	❖ <i>5.30pm start with pre-meeting drinks in the Centro Courtyard!</i> <i>Short meeting – Club Business followed by a Board Meeting</i>
Friday 22 November 2024	❖ <i>Imagination Library Illawarra Movie Night – Gala Cinema Warrawong. The movie “HERE” starts @ 7pm & tickets are \$25pp!</i> <i>(The trailer for the movie can be viewed from this LINK)</i> <i>Refer to the attached flyer for further information & ticket purchases.</i>
Wednesday 27 November 2024	❖ <i>ANNUAL GENERAL MEETING</i>
Saturday 30 November 2024	❖ <i>Rotary clubs of the Illawarra walk to raise awareness of the impact of domestic & family violence on our community.</i> <i>A 2.1km walk starting at 10am from Kiama Lighthouse & returning to the same location (More details outlined in the attached flyer).</i>
Wednesday 4 December 2024	❖ <i>An evening with our ARH PhD Scholar (Thanapon Deekaikam together with UOW representatives & a video introduction prepared by our John Chaplin Memorial scholar, Nicholas Fantham. ... (NB. Partners evening)</i> 
Wednesday 11 December 2024	❖ <i>RCWW Christmas Party – All members, honorary members, friends and respective partners are very welcome.</i> <i>6.00pm @ The Builders Club, Wollongong</i>
Monday 16 December 2024	❖ <i>BBQ at Bunnings Kembla Grange - TBC</i> <i>– Volunteers needed ... please add to your diaries!</i> 
18 December 2024 to 8 January 2025 inclusive	❖ <i>Christmas/New Year break – NO CLUB MEETINGS</i> ❖ <i>Meetings resume – Wednesday 15 January 2025</i>
Monday 13 January 2025	❖ <i>BBQ at Bunnings Kembla Grange - TBC</i> <i>– Volunteers needed ... please add to your diaries!</i> 
Wednesday 15 January 2025	TBA
Wednesday 22 January 2025	<i>5.30pm start with pre-meeting drinks in the Centro Courtyard!</i> <i>Short meeting – Club Business followed by a Board Meeting</i>
Wednesday 29 January 2025	TBA
Saturday 1 February 2025	❖ <i>BBQ at Bunnings Kembla Grange - TBC</i> <i>– Volunteers needed ... please add to your diaries!</i> 
Wednesday 5 February 2025	CLUB ASSEMBLY
Monday 10 February 2025	❖ <i>BBQ at Bunnings Kembla Grange - TBC</i> <i>– Volunteers needed ... please add to your diaries!</i> 
Wednesday 12 February 2025	❖ <i>PRIDE OF WORKMANSHIP EVENING</i> 

President's Message

It's been barbeques galore! The *MS Gong Ride barbecue* went very well. Thank you to **Milan Stanojevic**, our members and members of the Rotary Club of Corrimal. It's a big event with set up the day before plus cleanup afterwards. With good weather, about 6,500 riders plus families etc., it was a busy and fun day in Lang Park.



This was followed by another BBQ last Sunday. Despite heading overseas, **Milan** did the bulk of preparations for each. We hope he's having a great holiday in Europe.

Some photos from the MS Gong Ride:



Above: Team MICH raised over \$110,000 for MS this year (& over \$270K during the previous five years)



Rita and I enjoyed the **7News NSW and ACT Community Awards presentation** night in Sydney for which our Club helps with judging. It's heartening to hear how much work is being done by not for profit organisations and volunteers helping individuals, communities and the environment in so many varied areas of need.



7News NSW & ACT Community Awards Winners

At our Club level, we have a strong emphasis on programs for youth and tonight we look forward to our **Australian Rotary Health Indigenous Scholarship recipient, Maddy Lawson**, updating us on her Masters studies and her future plans.

President Rose

A few members, friends & partners supporting the Charles Hotel while enjoying the Melbourne Cup last week!



Meeting minutes from last week: Scribe – Marilyn Phillips

- ✦ Meeting was opened by **Sergeant Patrick Roberts** at 6:15pm.
- ✦ Patrick introduced **President Rose Pope** who welcomed all members and guest, *Dr Steve Andersen*, and *our guest speakers Greg Knight, Peter and Denise Aubourg*.
- ✦ *Reflection* was given by **Marilyn Phillips**. On this day in 1935 Parker Brothers launched the board game Monopoly. It was actually created in 1905 in the USA by left-winged feminist Lizzie Magie as a way to demonstrate that *an economy rewarding individuals is better than one where monopolies hold all the wealth*. It is played in 113 countries and printed in 46 languages; we even have a Vegemite edition.
- ✦ *International toast* was given by **Marilyn Phillips on behalf of Ken Potter**, who is currently holidaying in Venice. The international toast is to the **Rotary Club of Venezia**. They meet at the Hotel Monaco Grand Canal, Venice on the 4th Wednesday of the month.
- ✦ Birthdays and anniversaries were announced by **SGT Patrick**.
- ✦ Reports
- ✦ **Helen Hasan** attended a Zoom meeting with other Illawarra District clubs; information is on the Rotary District Website. Helen reminded us *Purple Friday* is every Friday to *raise awareness for domestic violence*. T-shirts are available from Helen for \$8.50 each. A walk is being held at 10am on 30 November from the Light House to Kiama, details on the District website as well as in the attached flyer.
- ✦ *Kids Teaching Kids Day* is on Friday 29 November and will be run by Joshua Swinton from the Permaculture Living Classroom.
- ✦ **Dennis Simpson** reminded everyone about the *Kembla Grange BBQ on Sunday*. There are still some vacancies in the roster.
- ✦ **Noel Watt** gave a *Treasurers' report on the Charles Hotel for Thursday and Saturday results*. Also, the *MS Gong results from last Sunday BBQ*, run with the assistance of **Corrimal Rotary Club**. Rose thanked Corrimal Club for their assistance on Sunday.
- ✦ **Phil Peckman** announced there had been no objections to **Ros Yeoman's application for membership**.
- ✦ **Greg Knight** introduced himself and began by thanking Rotary for all the community work Rotary does.



Check your Source of Info....

Greg Knight

- B. Metallurgy UoW
- 39 Years BHP, BlueScope Steel. Quality Engineer, Statistician, Innovator.
- Convenor **Renew Illawarra**
- Climate Change Campaigner
 - Leader Stop CSG Tech committee
 - 2 Council Plans
 - Submissions to 5 Parliamentary Enquiries
 - "Hi Neighbour". Solar Advisor
 - Champion of Community Batteries 5 years.
 - Worked with E2515 2 years.
- WHY..... **RANGE ANXIETY**



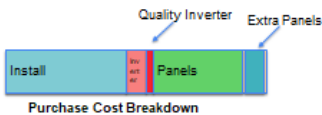
- Greg presented his work towards forwarding electricity in the Illawarra area, which will eventually lower the cost and help save the planet. Electrifying your home and vehicle will save the average Australian household over \$3,000 every year while reducing household emissions close to zero.

- The idea is to replace our appliances gradually over a number of years as we need to renew them. Start with going Solar. Make sure your roof is in good condition before installing Solar. Always buy more than needed at the present time and get multiple quotes. Install some west facing panels if possible and if you have partial shade compensate with more panels. Look for systems with control options such as a timer so you can use your solar energy.

Going Solar

Pros

- Renewable Energy
- Pay Back 3-5 years
- Lifetime cost 3c/kWh
- Resilient to power price rises



Tips

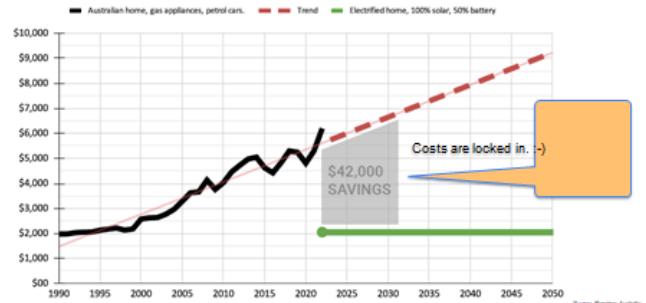
- Make sure roof is in good condition before installing
- Buy larger than you need now.
- Install some panels west facing if possible.
- Get a quality inverter.
- If you have partial shade or poor orientation compensate with more panels
- Get multiple quotes

<https://www.solarquotes.com.au/>



Getting off the Energy Cost Treadmill

Australian home running costs | Conventional versus electrified



- Payback time is usually 3-5 years and during the lifetime of the panels the cost is 3 cents/kilowatt and it makes you resilient to power rises. Improve the insulation and seal gaps in your home to reduce heating and cooling bills. Run your electric appliances during the day to maximise savings. Always buy a quality Invertor. Check with your electrician to see if you need a switchboard update.
- Reverse Cycle air-conditioning is 3-4 times more efficient than a standard electric or gas heater.
- Greg presented the Club with some handouts, one in particular showing cost and savings for electric cars and bikes. Greg also presented some costings and savings for space heaters, water heaters, vehicles and cooktops over the years. He also mentioned a number of websites available to assist members.

Resources



rewiringaustralia.org



electrify2515.org

Hint: Photograph this page. 📷



renew.org Publications

<https://www.solarquotes.com.au/>



Wollongong City Council



- Greg spent a long period answering questions from the floor.
- **John Erickson** (pictured above right with Greg) thanked the speaker and his associates and **presented Greg with a Rotary Club pen.**

✚ President Rose announced:

- The **7News NSW and ACT Community Awards presentation;**
- **MS Gong** ride last Sunday;

- The Board agreed to fund *Liam Bulman* who has an aggressive cancer with money to purchase an electric wheelchair;
 - *Illawarra RYDA (Rotary Youth Driver Awareness)* has received a grant from IMB Society to support the program;
 - Anyone with old phones please donate them to Rose who will forward them to be wiped clean and given to victims of domestic violence;
 - Next Sunday the Club has a *BBQ at Bunnings Kembla Grange* and volunteers are needed to assist on the day; and
 - *The Imagination Library* is running a movie night at the Gala Theatre on Friday 22/11/24 at \$25/p.
- ✚ The *wine raffle* was presented by **Noel Watt**, and the *winners were Dr Steve Andersen and Denise Aubourg* (all pictured below).



- ✚ **SGT Patrick** asked **President Rose** for the closing remarks during which she thanked our guest speakers *Greg, Peter and Denise, and Dr Steve Andersen* for attending the meeting tonight.

Rotary clubs of the Illawarra

Imagination Library Movie Night

Gala Cinema - Friday 22nd November - 6.30 for 7pm start

A fundraising movie night has been arranged to support the Imagination Library. The movie chosen is called **'Here'**, which stars Tom Hanks and Robin Wright in a generational story about families and the special place they inhabit, sharing in love, loss, laughter and life. To view the movie trailer, please click on this [LINK](#).

The cost is \$25pp which includes an ice-cream or soft drink. Please invite your family and friends to join us!

To acquire your tickets, either scan the QR code on the attached flyer or click [HERE](#).

ROSTERS

Please arrange your own substitute if you are not able to attend meetings.

Date	Sergeant	Reflection & Scribe	Int. Toast***	Charles Hotel			
				Joker Draw & Mega Meat raffle		Date	Team
Date	Team	Date	Team				
13/11	B Stevens	K Potter	P Roberts	14/11	6	The next Mega Meat Raffle will be held on <u>Saturday 7 December 2024 from 2-4pm</u>	1
20/11	D Simpson	P Roberts	D Rutherford	21/11	1		
27/11	Di North	D Rutherford	D Simpson	28/11	2		
04/12	J Erickson	D Simpson	M Stanojevic	05/12	3		
11/12	RCWW	Christmas	Party	12/12	4		
18/12	Christmas/NY	Break	No Meeting	19/12	5		
25/12	Christmas/NY	Break	No Meeting	26/12	6		
01/01	Christmas/NY	Break	No Meeting	02/01	1		
08/01	Christmas/NY	Break	No Meeting	09/01	2		
15/01	J Christensen	M Stanojevic	B Stevens	16/01	3		
22/01	K Potter	B Stevens	K Wanambiro	23/01	4		
29/01	P Roberts	K Wanambiro	N Watt	30/01	5		

***Int. Toast: Each member to research and select their own Rotary-based international toast.

Apologies to be directed to Treasurer Noel Watt, prior to midday on the Tuesday before our meetings.

The Charles Hotel "Joker Draw" – Thursday, 6:00pm					
Team 1	Team 2	Team 3	Team 4	Team 5	Team 6
Marilyn Phillips	Ken Potter	Barry Stevens	Di North	Ray Lee	Jim Christensen
The Charles Hotel "Meat Raffle" - 1 st Saturday of the month from 2.00pm to 4.00pm					
Team 1	Team 2	Team 3	Team 4		
D Simpson & D North	R Pope, D Reid & P Peckman	J Christensen & K Potter	R Pope, D Reid & P Peckman		
PCYC BULLI – Fit for Life Program: Members' Breakfast Schedule					
Thursday 05/12			Ros Yeoman & Phil Peckman		





Together we say

NO *to* **DOMESTIC &
FAMILY VIOLENCE**

and

YES *to* **RESPECTFUL
RELATIONSHIPS**



The Rotary Clubs of the Illawarra are organising a walk to raise awareness of the impact of Domestic and Family Violence on our community. This is part of a Rotary Multi National Campaign.

WHEN

Starting 10am on 30 November 2024

We will walk from Kiama Lighthouse and return to Kiama Lighthouse. The walk is approximately 2.1 kilometres. There is an incline down for the start of the walk and uphill to the finish. A water station will be available halfway and toilets. A map of the of the walk is on the reverse side.

On completion of the walk there will be presentations on the impact of domestic violence by leaders in domestic violence and by local police. Seating will be available and resources on domestic violence by local agencies.



Many victims of Domestic and Family Violence will never report their experience. With many incidents unreported, Domestic and Family Violence may be much worse than we think.

Register now or use the QR code. You can also buy a purple t-shirt.

WHY

In Australia, Domestic and Family Violence is disturbingly common.

It is one of the drivers of homelessness among women, children, and men. Domestic and Family Violence crosses all boundaries, race, age, financial status, education, gender, and the suburb you may live in.

1 in 6 women and 1 in 16 men have experienced physical or sexual violence by a current or former partner. Alarmingly, on average 1 woman a week and 1 man a month is killed by a current or former partner (AIHW, Family Domestic and Sexual Violence Australia 2018).

A brief message from Helen Hasan

The link to the flyers about the two activities against Domestic Violence can be found [HERE](#). You will find the flyers under "Club News and events" on the District website. If you intend to go on the walk, please register via the QR code on the relevant flyers (or simply use the QR code above).

The T-shirts are \$8.50 each (down from \$50) as District has a special run of 100. These are for both wearing on the walk and on **Purple Fridays**. If you wish to buy a T-shirt or two for yourself, family and friends to raise awareness of Domestic Violence, you may prefer to wait until we get a better idea of sizes and then order through our Club via Helen Hasan as it would be easier to arrange delivery and defray the cost.

Rotary 
Clubs of the Illawarra

PRESENTS FOR THE
IMAGINATION LIBRARY ILLAWARRA
HERE

FROM THE WRITER, DIRECTOR AND STARS OF FORREST GUMP

Tom Hanks Robin Wright



Friday 22 November
Gala Cinema
Warrawong
Movie to start at 7pm

Tickets \$25
includes an ice-cream or soft drink

FROM THE WRITER, DIRECTOR AND STARS OF
FORREST GUMP

Joy, Hope, Loss, Love, Life happens...

HERE

Book using the QR code, or at
<https://www.trybooking.com/CWLTM>



If you know of any potential candidates for RYLA (Rotary Youth Leadership Awards) 2025, please liaise direct with Ken Potter.

Apply now for **RYLA 2025**

28th Jan - 2nd Feb 2025
Stanwell Tops Conference Centre



RYLA is a leadership program for young adults aged between 19 and 25 sponsored by local Rotary Clubs.

Learn about RYLA and apply today by scanning the QR code



Rotary
District 9675



rotary youth
leadership
awards

