



Rotary Club of West Wollongong Inc.
 (ABN 32 681 953 565)
District 9675
 Chartered 23rd March 1964



26 February 2025 BULLETIN

February is Peacebuilding & Conflict Prevention Month

This evening's special guest speakers are Rachael & Assunta Young:

"A fulfilling life with Downs Syndrome"












President:	Rose Pope	RI President 2024-25:	Stephanie A Urchick
Secretary:	Kerrie Hayes-Williams	District Governor 2024-25:	Sue Hayward
Treasurer:	Noel Watt	Rotary Comm. Leader:	Margaret Uitterlinden
IPP President:	Phil Peckman	President Elect:	Phil Peckman
Send items for the Bulletin to Editor: Michael Crowley			

Birthdays	Anniversaries
<i>None this week</i>	<i>None this week</i>

Club website: https://westwollongongrotary.org.au/page/showhomepage/	District Website: rotarydistrict9675.org
Facebook: fb.me/westwollongongrotary	Club e-mail: westwollongongrotary@gmail.com
Instagram: www.instagram.com/rotary_club_of_west_wollongong/	
Postal Address: PO Box 5040, WOLLONGONG NSW 2520	
Payments to the Rotary Club of West Wollongong can be made direct to: Commonwealth Bank of Australia BSB: 062-528 Account No: 28000503	

CLUB PROGRAM ... *Dates for your diary!*

Date	Speaker/Theme
<p align="center">Wednesday 26 February 2025</p>	<p>❖ <i>Q & A facilitated by Rita Giampieri:</i> <i>“A fulfilling life with Downs Syndrome” - Rachael Young (Artist) & her inspirational mother, Assunta Young</i> SERGEANT: Laptop & AV equipment required please</p> 
<p align="center">Thursday 27 February 2025</p>	<p>❖ JOKER DRAW at The Charles Hotel from 6.00 PM</p> 
<p align="center">Friday 28 February 2025</p>	<p>❖ Charles Hotel Friday Night Meat Raffle from 5.00pm</p> 
<p align="center">Wednesday 5 March 2025</p>	<p>❖ TBC – RYLA sponsored participant: Cerentha Jaatinen</p>
<p align="center">Monday 10 March 2025</p>	<p>❖ BBQ at Bunnings Kembla Grange – <i>Volunteers needed ... please add to your diaries!</i></p> 
<p align="center">Wednesday 12 March 2025</p>	<p>❖ <i>UOW/RCWW John Chaplin Memorial Scholar – Nicholas Fantham + Nina Burr from UOW... NB. Partners are invited</i> SERGEANT: Laptop & AV equipment required please</p> 
<p align="center">Wednesday 19 March 2025</p>	<p>❖ 5.30pm start with pre-meeting drinks in the Centro Courtyard! ❖ Short meeting – Club Business followed by a Board Meeting</p>
<p align="center">Wednesday 26 March 2025</p>	<p>❖ Peace Oration – featuring Dr Glenn Kolomeitz at The Builders Club <i>(Details about Dr Kolomeitz and his presentation have already been emailed to each member. Using your personalised email, please extend an invitation to attend the Peace Oration to your family, friends, partners, members of other Rotary clubs and the general public).</i></p>
<p align="center">Monday 7 April 2025</p>	<p>❖ BBQ at Bunnings Kembla Grange – <i>Volunteers needed ... please add to your diaries!</i></p> 
<p align="center">Monday 10 April 2025</p>	<p>❖ EASTER FAIR BBQ at Bunnings Kembla Grange: 4pm - 7.30pm – <i>Volunteers needed ... please add to your diaries!</i></p> 
<p align="center">Monday 5 May 2025</p>	<p>❖ BBQ at Bunnings Kembla Grange – <i>Volunteers needed ... please add to your diaries!</i></p> 
<p align="center">Sunday 18 May 2025</p>	<p>❖ Ride4Rotary... More information including registration and donation details can be sourced HERE!</p>
<p align="center">Monday 2 June 2025</p>	<p>❖ BBQ at Bunnings Kembla Grange – <i>Volunteers needed ... please add to your diaries!</i></p> 

Donate your old mobile phones, chargers and cables to be re-furbished for use in DV services.

They can be dropped off at the Bendigo Bank, 37-39 Princes Hwy, Fairy Meadow or bring them along to our meeting.

[President's Message](#)

It was a low key but happy meeting last week recognising **our newest members Ros Yeoman and Kate Thomas**. Both have already made a significant impact with their support and volunteering for club activities.



The Board meeting that evening agreed to support the **Rotary Club of Sydney Wheels of Aid Project** – a mission to deliver life-saving supplies to thousands of displaced Ukrainians in Zaporizhzhia.

At the District Presidents' meeting in Sydney on Thursday evening, **PDG Stephen Humphreys** talked of the **Lift the Lid walk Sunday 23 March organised by eight clubs in the Macarthur area**. I hope to do it. I'm told it's easy and pretty (*Refer to the attached flyer for more details*). **Let me know if you'd like to join me**. You can get ANOTHER shirt and cap!!

Another presentation was from **PDG Janice Hall** who has been giving *lectures on Rotary at Macquarie Uni* (and getting feedback from students). She explained a very interesting possibility concerning membership called a **Service Companion Club**. I'll be meeting with her soon for more details.

Reconciliation Australia has formally endorsed our **District Reconciliation Action Plan** which will be **launched at Government House on Monday 31 March from 6pm to 7.30pm**. If you have an active interest in Indigenous Affairs and would like to attend please let me know by Friday 28 March.

Our Ride4Rotary team name is now registered – Rotary West Wollongong Wobbly Wheelers because this year it will be a much bigger event with much more exposure. Kate is representing us at the meetings and more info will follow. But you can register anytime now **HERE!** It's cheaper before 7 March. Start asking anyone who can ride to join us. It's an easy 1.8km circuit from the lighthouse.

Now tonight we look forward to welcoming our **special guests Assunta and Rachael Young**.

President Rose

A relaxed looking bunch of members in Centro's Courtyard ahead of last week's meeting!



Meeting minutes from last week: Scribe – Noel Watt

- ✦ **Sergeant Dennis Simpson** started the meeting asking **President Rose** Pope to welcome everyone.
- ✦ **Treasurer Noel Watt** *reflected* on the *Ukraine's fleeing the war* and the 6800 displaced children who have lost their homes and need food, warmth and hope; also, the *Rotary Club of Sydney's project Wheels of Aid* providing a truck to transport goods to those in need.
- ✦ **President Rose** proposed the *International toast* to the **Rotary Club of Vancouver, Canada** and the tremendous work undertaken by its 100+ members.
- ✦ **Noel** informed the Club of the monies raised at four nights at the *Charles Hotel* and the last *Bunnings BBQ*.
- ✦ **Milan Stanojevic** advised that volunteers for the next BBQ for the Melanoma walk is now fully subscribed and the next Kembla Grange BBQ will be on Monday 10 March.
- ✦ **President Rose** had a few other comments to make:
 - She advised that *potential member Stephanie Pereira* will be unable to join us, but we may be able to help her with support for the *Navy Cadets*. Stephanie is looking at ways for the Cadets to be involved with and be associated with Rotary.
 - *Vinnies Wollongong* is using the *Shelterbags our Club donated* as emergency bedding for the homeless at their premises.
 - Our Club has paid for a *trailer for Green Connect* adding to a District Grant of \$2,500
 - **President Rose** acknowledged **Ros Yeoman** *as transferring from friend to Member* and our *latest new member Kate Thomas*, both of whom were then presented with their respective dinner badges by **President-elect Phil Peckman** (all pictured below).



- ✦ **Noel** conducted the *wine raffle*, which was drawn by **Ros Yeoman**, and the winners were **Phil Peckman and Noel!**





✚ **Sergeant Dennis** then conducted the fine session focussing on a couple of worthwhile recipients that he then had to lend the fine money to! He also entertained members with several jokes.



ROSTERS

Please arrange your own substitute if you are not able to attend meetings.

Date	Sergeant	Reflection & Scribe	Int. Toast***	Charles Hotel			
				Thurs. Joker Draw & Friday Meat raffle			
				Date	Team	Date	Team
26/02	P Roberts	B Armessen	M Bracken	27/02	4	28/02	3
05/03	J Christensen	J Crakanthorp	A Cachia	06/03	3	07/03	4
12/03	K Potter	A Cachia	A Christensen	13/03	2	14/03	1
19/03	J Erickson	A Christensen	J Christensen	20/03	5	21/03	2
26/03	D Simpson	J Christensen	J Crakanthorp	27/03	1	28/03	3

***Int. Toast: Each member to research and select their own Rotary-based international toast.

Apologies to be directed to Treasurer Noel Watt, prior to midday on the Tuesday before our meetings.

The Charles Hotel "Joker Draw" – Thursday, 6:00pm				
Team 1	Team 2	Team 3	Team 4	Team 5
Marilyn Phillips	Ken Potter	Di North	Ray Lee	Jim Christensen

The Charles Hotel "Meat Raffle" - Every Friday from 5.00pm to 7.00pm			
Team 1	Team 2	Team 3	Team 4
D Simpson & D North	R Pope, D Reid & P Peckman	J Christensen & K Potter	R Pope, D Reid & P Peckman

PCYC – Fit For Life Program: Members' Breakfast Schedule at the Snakepit Stadium – Gwynneville Arrival around 7.15am is suggested till ~8.30am	
Thursday – 13 March 2025	Team 2: Di Reid & Michael Crowley
Thursday – 10 April 2025	Ray Lee + 1
Thursday – 1 May 2025	Team 3: Ros Yeoman & Phil Peckman
Thursday – 29 May 2025	Team 4: Di North & Jim Christensen
Thursday – 26 June 2025	Team 5: Kate Thomas & Tom O'Toole
Thursday – 7 August 2025	Team 1: Rose Pope & Rita Giampieri
Thursday – 4 September 2025	Team 2: Di Reid & Michael Crowley
Thursday – 16 October 2025	Team 3: Ros Yeoman & Phil Peckman
Thursday – 13 November 2025	Team 4: Di North & Jim Christensen
Thursday – 11 December 2025	Team 5: Kate Thomas & Tom O'Toole
RESERVE: Ray Lee	



INTERNATIONAL WOMEN'S DAY

SATURDAY 8TH MARCH 2025 12:30PM

BUFFET HIGH TEA - \$25

PLUS LUCKY DOOR PRIZE



**BACK BY
POPULAR
DEMAND!**

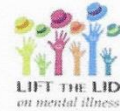
Guest Speaker:
Dianne North OAM

TICKETS AVAILABLE AT JAFFA



**LIFT
THE LID
WALK**

**PHYSICAL HEALTH FOR
MENTAL HEALTH**



PROUDLY PRESENTED BY Rotary
Districts of Australia



We are very excited that the eight Rotary Clubs in the Macarthur area will host our inaugural **LIFT THE LID WALK for Mental Health** event in March this year.

Rotary has been a long-term partner in raising awareness about mental health issues.

We invite you to participate in our Walk in beautiful Camden to support **Mental Health Research**. You will also have the opportunity to have a conversation with service providers and other walkers. And enjoy a barbeque!

When: - Sunday 23rd March - 10 am to 1pm

Where: - Camden Town Farm – 40 Exeter Street, Camden (at the bottom end of John Street)

Cost \$30 pp (includes a shirt and cap) – children under 15 walk free



www.liftthelidwalk.com.au/macarthur

<https://www.facebook.com/events/1122365546051501>

The aim of the Walk is to:

1. Raise much needed funds for Mental Health Research - 100% of funds raised go directly to research.
2. Offer an opportunity for the community to come together and identify with those suffering from mental health issues and start a conversation.
3. Provide an opportunity for Walk participants to have access to mental health information resources.

Enquiries: Stephen Humphreys: 0412 933 561

Email: sjhumphreys14@bigpond.com

Rotary 
Clubs of Macarthur

**LIFT
THE LID
WALK**
FOR MENTAL
HEALTH 