



INGLE ANGLE

See us on Facebook

Web: <https://www.ingleburnrotary.org/>

Email: ingleburnrotaryclub@gmail.com

PO Box 138, Ingleburn NSW 1890

President's Report

It has been an extremely exciting start to the year.

Our first social event was held on 12 January and was hosted by Barry and Jenny Woolfe.



Australia Day saw one of our members, Beth Godwin, announced as the Campbelltown Council Citizen of the Year for 2025. You can read about her achievements in this newsletter. On behalf of the club, I would like to congratulate Beth on a well-deserved recognition.



Congratulations also to Ken Barnard and Liz Oddy for their nominations for the Australia Day Campbelltown Council Citizen of the Year 2025.

Many thanks to The Silver Coin Project whose generosity enabled us to provide 20 children in our Hidden Homeless Project with school bags, stationery, and lunch bottles and boxes to have a successful start to the new school year.



A request from Minto Gardens Retirement Village saw our members cook up breakfast for the residents who appeared on the Sunrise TV program. Many thanks to Peter (Flew) for all his organisation, and to those who supported him on this early morning start. More details in the following pages.

Thanks to Brian Taylor for cooking his popular pasta Bolognese to make 26 meals.

This year will see an increase in the number of Bunnings BBQs. Thank you to all who supported the event on 9 February.



Thanks to the Board for approving the hiring of a storage unit and the purchase of shelving. This will enable us to have on hand goods needed for the Hidden Homeless Project, Gifts of Hope, Minto Gardens, and the variety of items for our fundraising stalls.

The Macarthur Rotary Clubs and Rotaract have joined together to run a Lift the Lid” Walk for Mental Health on 23 March at Camden Town Farm. Details on the flyer in this newsletter.

The Rotary Club of Ingleburn has become the sponsor of the Macquarie Fields Probus Club which was formed after an interest meeting on 10 February. It is a social club for local community members and will have a range of interesting guest speakers. Meetings are on the second Monday of every month at Mary Mother of the Church Hall at 58 Edgar Street, Macquarie Fields, starting at 10:00 am.

On 11 February we had a great turnout of members, Friends of Rotary, and partners as we looked at our plans for the rest of 2025. More on this in coming newsletters.

We meet on the second (2nd) and fourth (4th) Tuesdays of the month in the Bardia Room at Ingleburn RSL. We have dinner downstairs from 6:00 pm with our meetings starting at 7:00 pm and finishing around 8:00 to 8:15 pm.

Guests are always very welcome.

Yours in Rotary,



PAG GAIL TAYLOR
President 2024-25

Club Celebrations: February & March 2025



In February, we celebrated 4 birthdays with **Rotarian Cheryl Armishaw** (5 Feb), **Jenny Woolfe** (6 Feb), **Sue Morrison** (14 Feb), and **Rotarian Kaiser Ahmed** (16 Feb).



In March, we will celebrate 5 birthdays with **Rotarian Syed Akram Ullah** (1 Mar), **Friend of Rotary Judy Wicks** (5 Mar), **Rotarian Javed Akhtar** (11 Mar), **Julie-Ann Carroll** (17 Mar), and **Friend of Rotary Warren Morrison** (20 Mar).

We wish each of you a wonderful birthday celebration and all the best in all you do in 2025!



Friend of Rotary Moana & William Strickland celebrated 17 years of marriage on Valentine’s Day, 14 February, and we wish them all the best for the future years.

During February 2025, Brenda Simpson (5 years), Gail Taylor (7 years), Peter Flew, and Javed Akhtar (6 years), and William Salter (23 years).



The in March, Kaiser Ahmed(3 years), Estefanie Abaya and Steve Marshall (4 years), Friend of Rotary (former Rotarian) Mohammad Foiz (6 years).

Our club, and Rotary International, sincerely thanks all those above for their continued service, and support of Rotary International, and the community.



The Words and Wisdom of Paul Harris

I think that Rotary ought to find the one thing that it can do better than any other agency; then permit nothing to interfere with its accomplishment.

Message to the 1918 RI Convention,
Kansas City, Missouri, USA

Nomination for Beth Godwin for Citizen of the Year – Campbelltown

Nominee Given Name: **Elizabeth (Beth)**

Nominee Surname: **Godwin**

Organisation: **Rotary Club of Ingleburn**

Tell us why you are nominating this person

Beth Godwin is a most unique and compassionate person with personal attributes of selflessness, and altruism that epitomise the Rotary motto “*Service above Self*”.

Active in the Campbelltown community for many years, Beth is the driving force in establishing programmes that assist Campbelltown community members of all ages, and in all types of need.

Why do you think this person should be Citizen of the Year?

Beth works tirelessly in many facets of the community. She has personally instigated the following:

Hidden Homeless – A program to provide individuals, and families, who are homeless and living in temporary accommodation with the provision of food, clothing, and other necessities. On entry, each person, including children, are given a care pack which contains personal items and speciality items.

Gifts of Hope – A program to ensure that over 500 children, between 0 to 18, receive a Christmas present. The program includes gifts for some parents, and food hampers.

Minto Gardens – To alleviate isolation for residents, cards for residents on events like Mothers’ Day. Also craft and proactive health workshops.

IngleMinds – Beth is Chairperson of this Mental Health and Wellbeing Committee within the Rotary Club of Ingleburn. Under Beth’s stewardship, programs implemented have included Mental Health First Aid, support for Meals on Wheels, and youth and community RuOK activities.

Passfield Park Kids Inc - Replacement of an entire school library sacrificed to mould. Organising the donation, purchasing, and covering of the books.

I cannot think of a more worthy recipient of the Citizen of the Year Award for Campbelltown than Beth Godwin.

Have they accomplished an outstanding achievement?

With all the worthwhile and impactful projects that Beth has instigated, I believe ***The Hidden Homeless*** is the one that has had the most life changing effects on many within the Campbelltown community. People come to the temporary accommodation location through other services; mostly they arrive with nothing but the clothes on their backs. This could be a mother with children fleeing domestic violence, or a family whose house has burned down. Beth ensures that everyone, irrespective of their background or the circumstances, are treated with dignity and respect. As the temporary accommodation does not have cooking facilities, a central repository for food has been arranged, as well as crockery and cutlery. Children are provided with activities for the school holidays, if relevant. Clothing drives targeted age groups, relative to the season, are organised. These are laid out in a large communal area for selection in privacy by those in need. As the recipients for these items are transient – the need for assistance is constant and ongoing. Everything possible is done to ensure basic human needs are met, and that hope is restored. Beth never fails in her drive to help.



CONGRATULATIONS, BETH ON A MUCH-DESERVED RECOGNITION

*March is
Water, Sanitation, and Hygiene Month*

10-16 March — World Rotaract Week

31 March – Pre-registration discount ends for the Rotary International Convention



What do Rotary Clubs do to focus on Water, Sanitation and Hygiene in March 2025?

Clean water and sanitation is a human right. When people, especially children, have access to clean water, sanitation, and hygiene, they lead healthier and more successful lives. Rotarians don't just build wells and walk away. Rotary members integrate water, sanitation, and hygiene, into education projects. When children learn about disease transmission and practice good hygiene, they miss less school; and they can take those lessons home to their families, expanding our impact.



Clean water is a basic need for human beings and when people, including children, have access to clean water, they live healthier and more productive lives. However, at least 3,000 children die each day from diseases caused by unsafe water, which is what motivates our members to build wells, install rainwater harvesting systems, and teach community members how to maintain new infrastructure.

While very few people die of thirst, millions die from preventable waterborne diseases, providing the impetus for Rotary members to also improve sanitation facilities in undeveloped countries. Rotarians start by providing toilets and latrines that flush into a sewer, or safe enclosure, and then add education programs to promote hand-washing, and other good hygiene habits.

In 2015, the United Nations introduced their new Sustainable Development Goals (SDGs) to end poverty and promote prosperity while protecting the environment and addressing climate change. Sustainable Development Goal (SDG) 6 on water and sanitation encourages us to address universal access to drinking water and sanitation along with improved water management to protect ecosystems and build resiliency.

Rotary members are committed to reaching the water and sanitation SDG through projects like building wells, installing rainwater harvesting systems, and teaching community members how to maintain new infrastructure.

During March, Rotary's Water, Sanitation and Hygiene Month, Rotary members celebrate their commitment to create healthier communities by supplying clean water and sanitation facilities to prevent the spread of infectious diseases.



CHRISTINE SALTER
Bulletin Editor, 2024-25

Rotary Foundation

Since the Rotary Foundation was founded more than 100 years ago, the foundation has spent more than US\$4 billion on life changing sustainable projects. Sustainable projects are classified as those that educate the local community to maintain the project after Rotary has completed their involvement.

With the help of donors, both Rotarians and the community, it can make lives better in our community and around the world.

The Foundation Mission:

To help Rotary members advance world understanding, goodwill and peace by improving health, providing quality education and alleviating poverty.

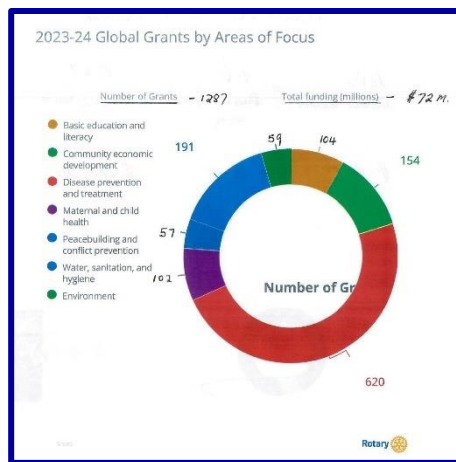
What impact can one donation have?

- For as little as US 60 cents, a child can be protected from polio.
- US\$50 can provide clean water to help fight waterborne illness.
- US\$500 can launch an antibullying campaign and create a safe environment for children.

2023-24 Grant Summary

Number	485	106	1287	1
Grants	District	Disaster Response	Global	Programs of Scale
Amount	US\$30M	US\$4M	US\$72M	US\$2M

While District and Disaster Response Grants have been outlined previously, it is interesting to see how the Global Grants have been spent across the seven areas of focus. These grants are applied for by Rotary Districts and Rotary Clubs for sustainable global projects where each grant project must have a minimum value of US\$30,000.



An important aspect of Rotary Foundation Grants is that individual Rotarians can, through a passion and support of their club, develop a business plan and then put that case to the Foundation provided it falls within one of the Foundation Areas of Focus.

The Rotary Foundation has a 4-star charity rating (top rating) from Charity Navigator, a US rating organisation. It is recognised as a secure and reputable charity; therefore, it should be the charity of choice for all Rotarians.



PDG BILL SALTER
Foundation Director 2024-25

Community Service

BUNNINGS FUNDRAISING BBQ

It was our first BBQ for the year, and everyone was excited and keen to be back. Our morning crew consisted of Bill, Ken, Drew, Cheryl, Roz, Allan, and Peter. They quickly got to work setting up and preparing the bread rolls ready for service. We had new tablecloths this time for a fresh and vibrant look.



With permission from Bunnings management, we conducted a little experiment this time to see if there was any preference from customers for either a bread roll, or a slice of bread, for their sausage sizzle.

The result was very conclusive – bread rolls were clearly preferred. When given the choice, customers used 100 bread rolls, but only 15 slices of bread over the same time period.

A steady stream of customers throughout the morning kept Bill busy as he did all the cooking on the hotplate. The humidity was rising, and storm clouds were building in the distance. There was some discussion as to whether we would make it home dry at the end of the day.



Before we realised it, the time had come for the afternoon crew to arrive and take over the duties. Welcome Fiona, Barry, and Jim, while Bill, and Peter remained for the afternoon shift.

With much banter amongst the team, we watched the cloud bank continue to build throughout the afternoon. They were now predicting storms. But by golly, we were lucky.

The storms held off as we traded throughout the afternoon and approached our pack up time of 4:00 pm (as required by Bunnings). As we packed our gear onto the truck to leave, the BBQ Duty Manager came out to sign us off, at 4:10 pm (never been this early before)! They were concerned about the rain wetting all the BBQ marquee, so they quickly folded up the BBQ unit, and dismantled the marquee, and folded up all the tables for a quick exit inside. We quickly made our exit as well.



Do you want to know the good news? We unpacked, and got home just before the rain came.

What a good day. Thanks to all team members for a great fundraising effort.

(P.S. We donated our leftover sausages and bread to our Hidden Homeless project.)

SUNRISE AT MINTO GARDENS

There was movement at our Rotary club, for the word had passed around, that Sam Mack from the Sunrise breakfast show, was in town. He was to join the residents of Minto Gardens for a story and a yarn, and a bit of weather forecasting along the way.



Our club was invited by Kate, the Manager of Minto Gardens, to put on a breakfast barbeque as part of the visit. Our team of eager Rotarians began arriving at 6:45 am to set up and begin preparing for the task ahead. It was a chance to show off our Rotary club to a very large audience.



After experiencing various aspects of the village life, including book club, cakes, scones, and joke telling, Sam Mack finally arrived at our BBQ area.

Thanks to Kate, Sam had been made aware of our great and positive involvement with Minto Gardens. So, during his last two weather reports for the morning, he highlighted and named our club and praised us for the great work that we do. There was clear vision of our club members and our club sign which was strategically placed on the fence behind us. We looked resplendent in our Rotary aprons.



There was great excitement amongst everyone about being on live TV. There was banter between Sam and the residents, joking around off camera. They had already sung Happy Birthday twice during the morning to the two birthday girls!

But alas, at 8:40 am, the call went out to wrap up the visit. Off went the camera lights, off came the microphones and earpieces, and sadly, the three hours of the morning show came to an end.



As our team cleaned up and loaded our gear away, we bid farewell to the residents as they went on their various ways. A few of our team had to leave for work or other commitments, but the rest of us retired to the Café in Minto Gardens and enjoyed a chat and a laugh over a fabulous, and well-deserved, coffee.

Our team members were Brenda, Roz, Jenny, Julie-Ann, Drew, Steve, Jim, and Peter.

Thank you and congratulations to all our team for an excellent morning.

P.S. If you missed seeing us, you can see the footage of our visit on 7Plus TV. The first cross was at 8:10 am and the second was at 8:35 am. If people go to 7Plus to watch the replay, be aware that it was Tuesday, 18 February.

CAR SHOW BBQ AT CATARACT DAM

This month, our Car Show BBQ took on a different flavour. Instead of bacon and egg rolls for breakfast, we cooked one of our regular sausage sizzles for brunch.

Beth was first in line, and the truck with our gear was third, as we lined up and waited for the 9 o'clock opening of the dam picnic area gates. Although the large sign looming above our heads said 10:00 am, we had been reliably informed by a Sydney Water telephone call, that we could get access shortly after 9:00 am when the security guard left.



We didn't have to wait too long, only another 8 cars in the line, until our sought-after guard appeared and opened the chained-up gates. Beth led the procession down the long drive to make sure that we staked a claim on the grass area and BBQs that we wanted.

Our team arrived and quickly got to work unloading the truck and setting up tables and drink crates ready for the not-too-distant car enthusiasts (they met in Campbelltown as normal and did a "ride and show" drive to the dam at 9:30 am).

Meanwhile, in Campbelltown, Steve was offering the drivers a choice of pastries or croissants to have with their usual coffee. A few people were hungry enough to buy them (instead of their usual egg and bacon roll), but the majority were holding back, longing for one of our fabulous sausage sizzle delights.

At the dam, the aroma of sausages and onions cooking started wafting through the air. It was a beautiful, fresh morning with bright sunshine filtered by the trees. A great place to be!



With the roar of engines, we knew the bikes and cars had arrived. We were then kept busy for the next hour and a half, cooking and serving our tasty food. Beth worked her charm at the till, offering a combo deal of sausage sandwich and a drink for \$5.00, which proved quite popular with the crowd.

As the sales started to dwindle, it was time to begin that dreaded task of cleaning and packing up. Everyone got to work, and it was soon completed.

But wait Guess what we forgot? NO photos !!

Do we unpack the truck and fake it? "No way, just stand there and Jim will take a group shot."

But what about Jim? "Stand near the BBQ mate and she'll be right." Job done.

Thanks to all the team, Steve, Beth, Roz, Jim, Julie-Ann, and Peter, for another great Rotary day out.

(P.S. The small amount of unsold food was donated to our Hidden Homeless project.)



PETER FLEW
Community Service Director 2024-25

International

SHREE KRISHNA SECONDARY SCHOOL

The end of January finally saw our club receive its District Grant of \$3,500 towards the outfitting of a Science Lab at the Shree Krishna Secondary School in Taruka, Nepal. The Rotary Club of Ingleburn matched this amount, and we were able to send \$7,000 to Nepal.

The school is currently in the process of purchasing the requested goods from a supplier in Kathmandu. Our support person, Nabaraj, will then see that these goods are delivered to the school. We look forward to seeing the Science Lab set up.

The club extends its thanks and appreciation to those who supported us by making cards, sewing and knitting, preparing plants and gardens and the range of arts and crafts that we were able to sell at the variety of stalls we held. You have all helped make a difference and provided new opportunities to young people in a rural area of Nepal.



PAG GAIL TAYLOR
International Director 2024-25

The Words and Wisdom of Paul Harris

With so many capable and devoted friends, all feeling responsibility for the future of Rotary, we may reasonably expect to turn out a piece of twentieth century mechanism which will constitute an agreeable surprise to ourselves and to the rest of the world.

The National Rotarian,
November 1911

Membership



The Rotary Club of Ingleburn is known for upholding the motto of 'People of Action' and is always looking for new members.

Should you know anyone with a passion to serve our community, please have them contact us.

There is no Membership Report for this February 2025 edition of the Ingle Angle. More information will be available following the Membership Committee meeting due to be held on Friday, 7 March 2025 at 10:15 am at the Ingleburn RSL Club.



BILL SALTER & DREW PERCIVAL
Co-Membership Directors 2024-25

New Generations

Now that schools have returned, there has been renewed activity in New Generations.

RYLA (Rotary Youth Leadership Awards)

Our two candidates successfully completed the RYLA program in January. Considering that several cases of COVID interrupted the Program, it was a credit to the Organisers/ Team Leaders that it was such a success.



Our candidates, Lidija and Lucy, will attend a Club meeting on 11 March to give feedback on the program, their experiences, and what this means to each of them for the future.

It was wonderful that our former RYLA candidate, Ella, was one of the exceptional Team Leaders for the Program.

HURLSTONE AGRICULTURAL HIGH SCHOOL INTERACT

I recently attended an Interact meeting of both the Junior and Senior Executive; this time hosted by Cassie Jones, standing in for new Co-Ordinator, Hana Jan.

The Senior Executive outlined their program for the year which consists of one major project in each term. They are interested to get involved in some smaller projects during the year, such as the 24-Hour Walk, Ingleburn Alive, and Gifts of Hope. There will possibly be other small projects within the school.

Their first project for the year was a highly successful Valentine's Day.

We have invited Interact to participate in Ingleburn Alive by providing up to six helpers for the Rotary BBQ on 15 March. Hurlstone students have supported Ingleburn Alive many times in the past.

I have discussed with the Executive the possibility of increasing their membership to ensure a wider choice of candidates for the future Executive roles.

SARAH REDFERN HIGH SCHOOL INTERACT / RYPEN

Two candidates have been pre-selected at the school for the upcoming RYPEN (*Rotary Youth Program of Enrichment*) camp at Teen Ranch Cobbitty. I will interview them, and complete application forms during early March.

I expect to meet with Interact in early March also.

JAMES MEEHAN HIGH SCHOOL INTERACT

I look forward to further information regarding the start-up of Interact at James Meehan High School in the coming weeks.



BARRY WOOLFE
New Generations Director 2024-25

Vocational Service



VOCATIONAL SERVICE - *this is both a Club, and members, responsibility.*

PRIDE OF WORKMANSHIP

On 8 April we will hold our annual Pride of Workmanship awards event.

This is an occasion where Business owners, Charities, and Schools in the local area nominate an employee to acknowledge the great work and support they provide to the running of the organisation. The nominees receive an award at the event in the presence of colleagues and Rotary members.

Please note the event in your diary for 6:30 pm for a 7:00 pm start at Ingleburn RSL Club. A two-course meal, at \$45:00 per head, will be provided together with having a very enjoyable evening.

Let me know if you would like to attend.

VOCATIONAL SERVICE

January is deemed '*Vocational Service*' month in the Rotary calendar. Whilst saying that, every month of the year is Vocational Service. It is a fundamental part of Rotary and joins with other Avenues of Service in Rotary.

Some of the goals of Rotary’s Vocational Service include:

- * Mentoring young people
- * Helping people with special needs
- * Improving people’s quality of life
- * Encouraging high ethical standards in business and professions
- * Recognising the value of all useful occupations
- * Using professional skills to help others.



DREW PERCIVAL
Vocational Service Director 2024-25

Mental Health Committee



Over the Christmas and New Year period, IngleMinds has been active in supporting community members in need. When faced with being homeless, people often lose not only their homes, but they can also lose their household possessions. Many reasons create this issue from house destruction, marriage breakdown, and fleeing domestic violence situations.



Our wonderful community have donated quality furniture, homewares, beds, and even whitegoods, to families in need. With thanks to John and Jan Hartman (and friends), Liz Oddy, Suzanne Taylor, Brenda Simpson, (and Willowdale Retirement Village), Ken Barnard, Jim and Jules Carroll who responded to a call to help a needy family. The donations were put to good use, and the muscle help to shift the items was appreciated.

Preparing to start the school year can be a daunting task if finances are strained. In our local area there are children who are homeless and struggle to have the equipment needed to begin school. We are very grateful to Silver Coin who provided 20 school bags with stationery and drink bottles. Rotary bought the lunch boxes and were able to pass these bags onto children that needed them. We are very proud to help children begin the school year with the same resources as their peers.



Our “Yes Chef” Team continues to cook meals for people in need. Chef Brian Taylor produced 26 portions of his ever-popular pasta bolognese.

Our Creative Team and Writers have been busy at the start of the year making birthday cards for the residents of Minto Gardens Retirement Village. With 264 handmade cards with personal greeting messages, this is an ongoing project that involves the wider community including the Lutheran Church Coffee and Card Makers, Willowdale Retirement Village, Rotarians, Friends of Rotary, and family members of Rotarians. Carolyn Flint is our resident writer ensuring a meaningful message is a feature of the cards. These cards ensure that those who receive them are remembered and cared for.

A major project that we continued to work on through the months of January and February was to create care packs for those in our community that find themselves without accommodation. Providing toiletries and essential items for men, women, and children has seen the creation of 235 bags to date. Donations of goods and Working Teams (IngleMinds, Macarthur Rotaract, Minto Gardens Retirement Village, The Rotary Club of Ingleburn) have made this possible.

The IngleMinds Team continue to update their own knowledge, skills, and awareness of community Mental Wellbeing. They explore areas in the community where they can make a difference in the lives of other. This will be an ongoing priority for 2025.

Beth, on behalf IngleMinds.



BETH GODWIN
Mental Health Committee 2024-25

Social Committee

2025 has started well socially for Members, Partners, and Friends of Ingleburn Rotary.

Sunday 12 January: the first **social event** for 2025 was held at the home of Barry and Jenny Woolfe. Gathering from mid-afternoon until well into the evening, 20 people enjoyed chatting and catching up on all the news of the festive season. Amply supplied with plenty of tasty food and their choice of drink, everyone mixed and mingled with fun and laughter, and discussion about what this year might bring.

Well, if it’s up to the Social Committee, the year will bring many more great opportunities to have fun together, including social interaction as a byproduct of the many and varied Club events and projects.





A recent example of this was on Tuesday, 18 February, when the club supported Minto Gardens Retirement Village’s appearance on the Sunrise TV program. There was time for some chat with each other, residents, and Channel 7 personnel while preparing the breakfast, and there



was brief stardom for some!

Coming up!

Friday 21 March: a casual dinner at a local restaurant, for all who can make it. Details of the venue will be announced as soon as possible, but please - **save the date!**

During 2025 there will be 3 months with 5 Tuesdays. It is intended to offer some social and vocational events on those ‘extra’ weeks in April, July, and September. Already suggested is another site visit to Western Sydney International Airport, where there is now much more to see; and a visit to Noumi in Ingleburn.

Watch this space for more....



DREW PERCIVAL, GAIL TAYLOR & JENNY WOOLFE
Social Committee 2024-25

The Words and Wisdom of Paul Harris

My wife, Jean, and I have attempted to serve as Rotary’s ambassadors of goodwill on all the continents and major islands of the seas. Cooperating with local Rotarians and government officials, we have planted Rotary trees as living and growing symbols of international understanding and goodwill. Gestures only? Quite true, but birds will nest in the branches of these trees and generations of men and women will rest in their shade. We like to think of them as harbingers of the coming of a day of international peace and amity, when all guns will be silenced, and war will be known no more.

THE ROTARIAN
February 1939

Our tree plantings are merely gestures of goodwill, but they are intelligible to all the citizens of the various countries whatever language they speak.

My Road to Rotary



We are very excited that the eight Rotary Clubs in the Macarthur area will host our inaugural **LIFT THE LID WALK for Mental Health** event in March this year.

Rotary has been a long-term partner in raising awareness about mental health issues.

We invite you to participate in our Walk in beautiful Camden to support **Mental Health Research**. You will also have the opportunity to have a conversation with service providers and other walkers. And a barbeque!

When: - Sunday 23rd March - 10 am to 1pm

Where: - Camden Town Farm – 40 Exeter Street, Camden (at the bottom end of John Street)

Cost \$30 pp (includes a shirt and cap) – children under 15 walk free



www.liftthelidwalk.com.au/macarthur

<https://www.facebook.com/events/1122365546051501>

The aim of the Walk is to:

1. Raise much needed funds for Mental Health Research - 100% of funds raised go directly to research.
2. Offer an opportunity for the community to come together and identify with those suffering from mental health issues and start a conversation.
3. Provide an opportunity for Walk participants to have access to mental health information resources.

Enquiries: Stephen Humphreys: 0412 933 561

Email: sjhumphreys14@bigpond.com



Calendar of Events



Day	Date	Function	Where Time
MARCH			
Saturday	1 March		
Sunday	2 March		
Monday	3 March		
Tuesday	4 March	IngleMinds Meeting	Zoom Meeting
Wednesday	5 March		
Thursday	6 March		
Friday	7 March		
Saturday	8 March		
Sunday	9 March		
Monday	10 March		
Tuesday	11 March	Meeting: Guest Speakers – Youth Solutions	Ingleburn RSL Club Dinner 6:00 pm Meeting 7:00 pm
Wednesday	12 March		
Thursday	13 March		
Friday	14 March		
Saturday	15 March	Ingleburn Alive: Fundraiser BBQ and Pop-up Stall	Oxford Road Precinct, Ingleburn 3:00 pm to 9:00 pm
Sunday	16 March		
Monday	17 March		
Tuesday	18 March		
Wednesday	19 March	Minto Gardens Retirement Village: Craft	10:00 am to 12:00 pm
Thursday	20 March		
Friday	21 March	Social Club Dinner	Venue and Time TBA
Saturday	22 March		
Sunday	23 March	‘Lift the Lid’ Walk	Camden Town Farm 40 Exeter Street, Camden 10.00 am to 1:00 pm
Monday	24 March		
Tuesday	25 March	Meeting: Guest Speaker - PDG Warwick Richardson Rotary District 9675	Ingleburn RSL Club Dinner 6:00 pm Meeting 7:00 pm
Wednesday	26 March		
Thursday	27 March		
Friday	28 March	Minto Gardens Retirement Village: Health Talk	3:30 pm to 4:30 pm
Saturday	29 March		
Sunday	30 March	Car Show BBQ	Old Campbelltown Bunnings Site 6:30 am to 9:00 am
Monday	31 March		

Day	Date	Function	Where Time
APRIL			
Tuesday	1 April	IngleMinds Meeting	F2F – Venue TBA
Wednesday	2 April		
Thursday	3 April		
Friday	4 April	RYPEN: Teen Ranch <i>Commences</i>	352 Cobbitty Road, Cobbitty
Saturday	5 April	Bunnings BBQ	Bunnings Crossroads 8:00 am to 4:00 pm
Saturday	5 April	RYPEN: Teen Ranch <i>Continues</i>	352 Cobbitty Road, Cobbitty
Saturday	5 April	Rotary Club of Macarthur Sunrise: 30 th Anniversary Luncheon	Gledswood Homestead & Winery 900 Camden Valley Way, Catherine Field 12:00 pm to 4:00 pm
Sunday	6 April	RYPEN: Teen Ranch <i>Concludes</i>	352 Cobbitty Road, Cobbitty
Monday	7 April		
Tuesday	8 April	‘Pride of Workmanship’ Awards Night	Details TBA
Wednesday	9 April		
Thursday	10 April		
Friday	11 April		
Saturday	12 April		
Sunday	13 April		
Monday	14 April		
Tuesday	15 April		
Wednesday	16 April	Minto Gardens Retirement Village: Craft	10:00 am to 12:00 pm
Thursday	17 April		
Friday	18 April		
Saturday	19 April		
Sunday	20 April		
Monday	21 April		
Tuesday	22 April	Meeting	Ingleburn RSL Club Dinner 6:00 pm Meeting 7:00 pm
Wednesday	23 April		
Thursday	24 April		
Friday	25 April		
Saturday	26 April		
Sunday	27 April	Car Show BBQ	Old Campbelltown Bunnings Site 6:30 am to 9:00 am
Monday	28 April	Minto Gardens Retirement Village: Breakfast BBQ	Details TBC
Tuesday	29 April		
Wednesday	30 April	‘First Responders’ Awards Night	West's Leagues Club 7:00 pm start