



INGLE ANGLE

See us on Facebook

Web: <https://www.ingleburnrotary.org/>

Email: ingleburnrotaryclub@gmail.com

PO Box 138, Ingleburn NSW 1890

President's Report

Community involvement seems to have slowed in recent months, particularly in respect of income earning projects; once we got a Bunnings Sausage Sizzle each quarter, however, only one for this Rotary year which is a big dent on income.

A personal thank you to all members who got involved to promote Rotary in May:

- ◆ Bacon & Egg Roll Breakfast on the last Sunday each month at the monthly Car Show in Campbelltown. Not a big money earner, but an enjoyable morning.
- ◆ Sorry Day BBQ in conjunction with the Department of Justice.
- ◆ Students sponsored for RYPEN – transport etc.
- ◆ Participation at the Macarthur Young Champions event on 31 May; a report in next month.
- ◆ The weekly Wheel at Minto Marketplace.
- ◆ And our fortnightly meeting attendees.

Each of the above will be chronicled by each Director.

Since the last report, we have enjoyed having an interesting Guest Speaker at each of our meetings:

- ◆ On 7 May 2024, Megan Green, from Australian Red Cross Lifeblood (formally Blood Bank), provided interesting statistics about donations, and the many and varied ways the blood is used in research, and part of medicines. A big thank you to Megan, with a donation proposed at the Board meeting.

- ◆ On 21 May 2024, PDG Stephen Humphreys, District Webmaster, conducted an education session on ClubRunner. The Club purchased it as the website platform, together with its many benefits for member information, and storage ability in the 'Member Only' section. It was an interesting session with many members engaged with its ability and made suggestions on what could be added to the 'Member Only' section as well as the public domain. Thank you to Stephen who was able to show the members how to get around the website and their own information.



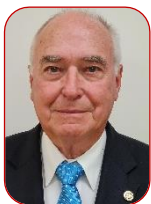
My thanks also to Jan Domanski who has done the majority of the work in populating the site; it will take many months to get to where we want it.

On 18 May 2024, both Jan Domanski and I attended the District Assembly which was well run and very informative. We both learnt a few things that are necessary in running Roary Clubs, and the availability of Rotary programs. Rotary is an evolving organisation and, even though I have attended many over my years of service, I never stop learning; I came away with ideas that would benefit our club in both Governance and New Generations.

Remember, if we have a passion about any project, look within and think about how you can participate; my motto:

IF IT IS TO BE : IT IS UP TO ME

Yours in Rotary,



PDG BILL SALTER
President 2023-24

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Club Celebrations: June 2024



The month of June 2024 sees 3 people celebrating birthdays: **Jan Hartmann** (5 June), **Rotarian (Mohammad) Foiz** (17 June), and **Julie Percival** (19 June)

Wishing each of you a wonderful birthday celebration and all the best in 2024!



Congratulations and best wishes to: **Rotarian William (Bill) & Christine Salter** who celebrate their 49th wedding anniversary on 14 June.



During June, we will celebrate **Ken Barnard's** 21 years as a Rotarian on 30 June. Our club and Rotary International, sincerely thanks Ken for his continued service, and his support of Rotary International, and the community.



The Words and Wisdom of Paul Harris

“What would you, as a person old and experienced in Rotary, like to tell the new Rotarian if you had the opportunity?” That question was put to a large number of Rotarians by Edwin J Brown, dean of University College, St Louis University, and a member of the Rotary Club of St Louis, Missouri.....

Well, suppose that you advise your new member to get intimately acquainted with each and every member as a first step. Suggest to them that they make observations as to what their fellow members are thinking about, and what their problems are, and how they are trying to solve them. They must see that Rotary is fundamentally an educational process. Rotary helps a person to keep their feet on the ground. It helps him to get the “low-down” as well as the “high-up” on things.

The ROTARIAN, February 1946

June is

ROTARY FELLOWSHIPS MONTH

“Fellowship is wonderful; it illuminates life’s pathway, spreads good cheer, and is worth high price.”

Rotary Founder Paul Harris



June is designated as “Rotary Fellowships Month” to recognise the importance of international fellowship and good will among Rotarians with similar recreational interests, vocations, and health and medical issue-oriented interests, to promote increased participation in fellowships, and increase understanding of this program.

The RI Board encourages fellowships groups to highlight activities through projects, activities, and events in celebration of “Rotary Fellowships Month” in June. *What Is our Rotary Club doing to focus on Rotary Fellowships in the month of June 2024 or anytime of the year for that matter?*

Rotary Fellowships are groups of Rotary members, spouses, Friends of Rotary, and Rotaractors who i) share a common interest in recreational activities, sports, hobbies, or professions, ii) further their vocational development with others in the same profession or field, and iii) enhance their Rotary experience by exploring new opportunities and making connections around the world.

Rotary Fellowships provide a chance to make lasting friendships with people outside your club. Fellowships must have active members in at least five countries and may include Rotarians, Rotarians’ family members, Friends of Rotary, Rotaractors, Alumni, and program participants.

To find out how you can join or start a Rotary Fellowship, visit www.rotary.org/fellowships

New fellowships are added frequently; visit the website for the most recent list, but here are some of the fellowships available:

- | | | |
|---------------------|---------------------------------|---------------------------|
| 4x4 vehicles | Corporate social responsibility | Flying |
| Amateur radio | Cricket | Francophonie |
| Antique automobiles | Cruising | Genealogists |
| Argentine culture | Cultural heritage | Gin |
| Astrology | Curling | Global development |
| Badminton | Cycling | Go |
| Beard and moustache | Doll lovers | Golf |
| Bee | Draughts (checkers) | Gourmet cooking |
| Beer | E-clubs | Graphic designers |
| Bird-watching | Editors and publishers | Health care professionals |
| Bowling | Educators | Hiking |
| Camping | Empowering women | Home exchange |
| Caravanning | Entrepreneurs | Horseback riding |
| Chess | Esperanto | Hunting |
| Coffee lovers | Ethics | Internet |
| Comedy | European philosophy | Italian culture |
| Composting | Fine arts | Jazz |
| Computer users | Fishing | Kannada literature |

Kites	Photographers	Social networks
Latin culture	Pickleball	Startup investors
Lawyers	Public health	Strategic planning
Leadership	Public speakers	Surfing
LGBT+	Quilters and fiber artists	Table tennis
Magicians	Railroads	Tea lovers
Magna Graecia	Recreational vehicles	Tennis
Marathon running	Rotary global history	Total quality management
Metalhead	Rotary means business	Travel and hosting
Metaverse	Rotary on pins	Triathlon
Military veterans	Rotary on stamps	Urban gardening
Motorcycling	Rowing	Vintage collectables
Music	Rugby fans	Whisk(e)y
Old and rare books	Rum	Wildlife conservation
Palmwine	Scouting	Wine
Past district governors	Scuba	Yachting
Peace fellows	Shooting sport	Yoga
Performing arts	Skiing	Young Rotarians



CHRISTINE SALTER
Bulletin Editor, 2023-24

Rotary Foundation

Reviewing some of the Foundation Moments that can be shared by Rotarians through newsletters:

Foundation Moment 1:

The Rotary Foundation plans for the future, not just for today, and helps put ideas into action. In the words of Arch Klump, RI President 1916-17:

‘Rotary has assumed a great obligation to the world – its opportunities are limitless, but its income today, and of tomorrow, will never permit it to do the many things which it could, and should do. We are reminded of these three facts:

1. *Money alone does little good*
2. *Individual service is helpless without money*
3. *The two together can be a godsend to civilisation’.*

Foundation Moment 2:

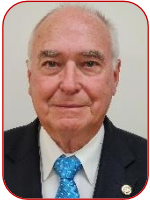
What are District Designated Funds (DDF)?

DDF allows Rotary Districts to set their own funding priorities.

After deducting 5% for administration costs, contributions that donors in a District make to the Annual Fund SHARE and the Endowment Fund SHARE are shared equally between the District as DDF, and the Foundation's World Fund.

After being invested for three years, the District can use DDF in many ways, such as funding for District Grants and Global Grants, as well as support for PolioPlus and Disaster Response.

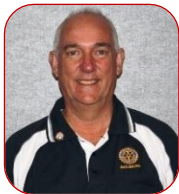
This formula makes The Rotary Foundation an integral part of Rotary in our communities.



PDG BILL SALTER
Foundation Director 2023-24

Community Service

The Community Service report for May will be incorporated into the June report due to Community Service Director being unavailable at time of circulation.



PETER FLEW
Community Service Director 2023-24

International

There is no international Service Report for May as the International Director is on holidays and anything for May will be incorporated into the June report.



GAIL TAYLOR
International Director 2023-24

Membership



The Rotary Club of Ingleburn is known for upholding the motto of '**People of Action**' and is always looking for new members.

Should you know anyone with a passion to serve our community, please have them contact us.

The club Membership Committee continues to meet with the following ideas in mind to develop, and grow, membership with engaged and participating members. Membership participation is the key to a healthy and vibrant club.

The context when considering membership is:

- Assess and adapt
- Engage current members
- Connect with prospective members
- Make new members feel welcome
- Create an inclusive club culture
- Stay current.

While each of these statements seem straight forward, they can be difficult to follow unless there is buy-in from all members.

Whilst the Membership Committee strategizes along these lines, we know there is more work to be done.

INFORMATION EVENING:

A proposal will be put to the Board to hold an Information Evening on Tuesday, 3 September, but yet to be confirmed. Once confirmed, a detail structure for the evening will be developed. It is not a normal meeting night so we at liberty to plan something different and inviting, however, it will also mean a commitment from members to support an additional meeting in the month.



BILL SALTER & DREW PERCIVAL
Co-Membership Directors 2023-24

The Words and Wisdom of Paul Harris

Smiles cost nothing, but they illuminate life's pathway wonderfully.

THE ROTARIAN, November 1915

New Generations

RYPEN (*Rotary Youth Project of Enrichment*)

The first RYPEN for this calendar year was held on the weekend of 17-19 May at Cobbitty Teen Ranch. It was another highly successful program and was very much enjoyed by our two candidates from Sarah Redfern High School, Nicholas and Reenayna. Both students have been invited to a Club meeting in the near future to talk about their experience.

The photos show Reenayna receiving her certificate from District Governor Tonia Barnes, Nicholas reporting on behalf of his team's activities and Barry Woolfe with the two students.



The next RYPEN weekend will be held at the Telford Camp in the Royal National Park on 9-11 August.

MUNA (*Model United Nations Assembly*)

This year's MUNA will be held at NSW Parliament House on 8 June. The Rotary Club of Ingleburn has once again sponsored a team from Hurlstone Agricultural High School. The students participating will be invited to report back to the Club following their experience.

INTERACT

I am planning to meet with Sarah Redfern and Hurlstone Interact Clubs in the next couple of weeks to review and report on past, and upcoming, activities.



BARRY WOOLFE
New Generations Director 2023-24

Vocational Service



VOCATIONAL SERVICE - *this is both a Club, and members, responsibility.*

We have had quite an active Rotary year with Vocational activities.

Two planned to take place, whilst in 2024 but, in the new Rotary year and mentioned in recent articles are:

FRIDAY, 12 JULY

Visit, viewing, and education session at **WESTERN SYDNEY AIRPORT**. This will start at 6:00 pm. A notice for those expressing interest in attending has been provided at the last two Club meetings. For those who haven't been able to attend the meetings, please contact me to confirm you would like to attend, and how many will accompany you. This is not just open to members.

We intend to organise some finger food, cold drinks, and tea and coffee. There will be a small charge for the refreshments provided.

This is a fabulous piece of infrastructure that you can see, and hear about, first-hand from management at the site. Not to be missed!

WEDNESDAY, 16 OCTOBER

Visit, viewing, and education session at **STATE PARLIAMENT HOUSE**. This will start from 6:00 pm. We will be shown the sights of this grand building, have our own personal tour, and be wined and dined in a very special dining area. We are waiting on costings for the meal.

For those interested, please let me know. There is a maximum of 22 for the dining area. Again, this is not just for members. First in, get the bookings saved.



DREW PERCIVAL
Vocational Service Director 2023-24

Mental Health Committee



Firstly, I would like to introduce, and profile, the members of the IngleMind Team:

COMMUNITY AND MENTAL HEALTH ADVOCATES

KEN BARNARD

South West Sydney Primary Health Network Advisor
National Suicide Prevention Advisory Group to the Federal Government
Macarthur Homeless Steering Committee
Chairperson of Campbelltown Headspace (10 years)
Member of Beautiful Minds | Community Mental Health (17 years)
Advisor to Head to Health, Standby and Safe Haven

GAIL TAYLOR

Secondary School Principal (10 years) linking with Mind Matters, Beacon, ABCN, Aspire Program (NSW University) and United Way
National Representation through Guest Speaker, video and forums

Multidisciplinary Refocus Community Building

TANIA HASIB

General Medical Practitioner (20+ years)

[Experience as an] Obstetrician and Gynaecologist

Presenter of monthly Health Talks to Minto Garden residents

International Medical experience working in the UK, Malaysia, and Brunei



BETH GODWIN

Teacher specialising in the field of Special Needs

Secondary School Principal (18 years)

Established an educational facility for behavioural and emotionally disordered students

Developed educational programs for students and community experiencing trauma

STEF ABAYA

Enrolled Nurse

Community Nurse

Work experience in Mental Health areas

Health and Wellness Advocate

Academic Board Member | Institute of Health and Nursing Australia

MOANA STRICKLAND

Commonwealth Psychosocial Support Worker at OneDoor Mental Health

Board Member | SWS Beautiful Minds

Former Vice-Chair NSW Council for Pacific Communities (10 years)

Co-founder of Hands-on Heart, Macarthur

Numerous qualifications in the areas of mental health and community services

DEVENDRA SAPKOTA

Mental Health Project Officer for South West Sydney Primary Health Network

NSW Multicultural Ambassador for the Mental Health Foundation of Australia

Mental Health First Aid, CPR, and First Aid Trainer

President of Nepalese South West Sydney Community Organisation linking with Department of Health

National Mental Health Co-ordinator for the non-resident Nepalese Association of Australia

JUDY WICKS

Secondary School Teacher, including Pastoral Care role

Clinical Pastoral Care in Sydney-based hospital

Church Pastoral Care including training for self and others

University Residential Student Care

Night Supervisor at Women's Refuge (Dubbo)

Church Council membership



CAROLYN FLINT

Registered Nurse and Midwife, including operating theatre experience

Deputy Director at Idaho Private Hospital (10 years)

Preceptress of College students in New Zealand – secondary to university level

Pilot experience with small planes delivering mail – North Island, New Zealand

Nurse Educator at Western Sydney University (15 years)

Following are recent actions the IngleMinds Team have been involved with:

APRIL FALLS DAY

IngleMinds Team members attended the Minto Gardens 'April Falls Day' helping residents understand the impact of their physical health preventing falls.

Stef, using her extensive knowledge, was a keynote speaker. Stef, Devendra, and Carolyn offered blood pressure readings for residents and staff.



Feedbacks from the event indicated that the 50 attendees took away practical information and are committed to taking care of their health to prevent falls and injury.

HIDDEN HOMELESS CARE PACKS

When people arrive to temporary accommodation while awaiting housing, they do so with limited resources. On what can be a very difficult day for men, women, and children we reach out to show care and understanding through providing bags of essential items including toiletries and some clothing.

To date, we have provided 90 care packs: 40 female, 40 male, and 10 children. We aim to continue this project and increase the number of children packs.

Feedback from the Manager of the accommodation indicated that the packs help lift spirits, and lets people know they are not forgotten.

We are currently collecting quality winter clothes and accessories to donate. It is proposed that these are delivered and displayed on 1 June; the first day of winter. Residents in the temporary accommodation will be able to select what they need to keep themselves, and their children, warm during the cold months.

People wishing to donate to the care packs (toiletry items), or to the winter appeal (scarves, socks, and beanies) can contact Beth via text on 0402 347 546.

When we come together to extend our hands out to help others, we can make a difference.

Beth, on behalf IngleMinds.



BETH GODWIN
Mental Health Committee 2023-24

The Words and Wisdom of Paul Harris

Rotary is not an organisation for retrospection. It is rather one whose worth and purpose lie in future activity rather than past performance,

THE ROTARIAN, February 1923

Social Committee

Let's get chilled!

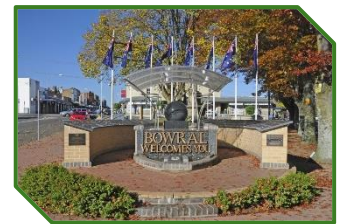
The Social Committee is planning several social events to get you through the cooler weather.

On **Thursday, 13 June** Club members, partners, and Friends of Rotary have booked to enjoy dinner at **Campbelltown TAFE**. It's always an enjoyable experience to support the trainee Hospitality students, eat a tasty 3-course meal, and spend time together.



It is almost fully booked, but please contact Jenny if you'd like to go.

During **August**, a mid-week **train trip** is being organised for those who can make it. We will travel by train to Bowral, where we will have the opportunity to have lunch, and enjoy the sights of the town before returning on the train. Details will be available soon.



A cruise on the **Nepean Belle** is planned for a Wednesday or Thursday during **September**. It will probably be a morning (10am) cruise, leaving the option for lunching near the jetty after the cruise. The details will be provided soon.

A **local walk** with a stop at a good coffee shop is planned for **November**. This will be held on a weekend so most can join in the fun.

It's not too early to be saving the date and getting excited about our Club's **Christmas Party** which has been booked for **Tuesday, 3 December** at **Ottimo House**. The Social Committee is already planning for a fun event to finish the year.



The Social Committee would like your ideas and feedback on activities to help us with our planning. Please let us know your good ideas.



DREW PERCIVAL, GAIL TAYLOR & JENNY WOOLFE
Social Committee 2023-24

Rotary Club of Ingleburn



Outgoing President, PDG Bill Salter

and

2024 - 2025 President Elect, Gail Taylor

cordially invite you and your partner to attend our

2024 Changeover Dinner

Date: Tuesday, 9th July, 2024

Time: 6:30 pm for 7:00 pm start

Place: Ingleburn RSL Club
70 Chester Road, Ingleburn NSW

Cost: \$50.00 per person
2 Course Dinner

Dress: Lounge Suit

RSVP: Friday 28th June, 2024 to:

Email: jan.domanski@bigpond.com or

Phone: 0418 255284

Please advise names of attendees and any dietary requirements

Payment: EFT to BSB: 032 372 Account: 441989

Rotary Club of Ingleburn

Ref: Your Surname C/over



BOOK NOW >



Rotary 
District 9675

ROTARY CHARITY
Ball

"Creating hope for the future"

15 | 06 | 24
SATURDAY AT 7 PM
LeMontage
36 Frazer Street, Lilyfield NSW

Supporting local community projects including
domestic violence & mental health support,
& international Rotary projects

Tickets: \$195
(includes 3 course dinner, drinks,
dancing and surprises!)



DRESS CODE:
Formal

Calendar of Events



Day	Date	Function	Where / Time
JUNE			
Saturday	1 June	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	2 June		
Monday	3 June	Board Meeting	5:30 pm face-to-face @ President's home 3 Mendi Place, Glenfield followed by dinner
Tuesday	4 June	Meeting: Guest Speaker Jason Ellsmore, Ingleburn RSL Club and this year's RYPEN students	Ingleburn RSL Club Dinner 6.00 pm Meeting 7:00 pm
Wednesday	5 June		
Thursday	6 June	District: Presidents' Meeting	Bankstown Sports Club 6:30 am to 8:30 am
Friday	7 June		
Saturday	8 June	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	9 June	Hidden Homeless - Winter Clothing Drive	Colonial Motor Inn, Queen Street, Campbelltown - 1.30 pm
Monday	10 June	KING'S BIRTHDAY	
Tuesday	11 June		
Wednesday	12 June		
Thursday	13 June	<i>Social</i> : TAFE Dinner	Campbelltown TAFE
Friday	14 June		
Saturday	15 June	District 9675 Rotary Charity Ball <i>"Creating hope for the future"</i>	Le Montage 36 Frazer Street, Lilyfield - 7:00 pm Tickets \$195 pp (3-course dinner, drinks, dancing & surprises) - FORMAL
Saturday	15 June	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	16 June		
Monday	17 June		
Tuesday	18 June	Meeting: Guest Speaker Silver Coin and 3-minuters	Ingleburn RSL Club Dinner 6.00 pm Meeting 7:00 pm
Wednesday	19 June	Rotary Club of Wollondilly Changeover Dinner	Oakdale Workers' Club
Thursday	20 June		
Friday	21 June		
Saturday	22 June	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	23 June		
Monday	24 June	Rotary Club of Camden Changeover Dinner	Camden Golf Club
Tuesday	25 June	'IngleMinds' Meeting	Ingleburn RSL Club 7.00 pm to 8.30 pm

Day	Date	Function	Where / Time
Wednesday	26 June	Rotary Club of Macarthur Sunrise Changeover Dinner	The Hermitage Restaurant 6:00 pm
Thursday	27 June	Rotary Club of Campbelltown Changeover Dinner	Venue & Time: TBA
Friday	28 June		
Saturday	29 June	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	30 June	Car Show BBQ	Old Campbelltown Bunnings Site 6:30 am to 9:00 am
Sunday	30 June	District 9675 Changeover Dinner / Party	St George's Motorboat Club
JULY			
Monday	1 July	Rotary Club of Picton Changeover Dinner	Vabby's 6:00 pm for 6:30 pm Dinner
Tuesday	2 July		
Wednesday	3 July	Rotary Club of Gregory Hills Next Gen Changeover Dinner	Lakeside Golf Club
Thursday	4 July		
Friday	5 July		
Saturday	6 July	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	7 July		
Monday	8 July		
Tuesday	9 July	Rotary Club of Ingleburn Changeover Dinner	Ingleburn RSL Club 6:30 pm for 7:00 pm Dinner
Wednesday	10 July		
Thursday	11 July		
Friday	12 July	Vocational Visit: Western Sydney Airport	
Saturday	13 July	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	14 July		
Monday	15 July		
Tuesday	16 July		
Wednesday	17 July		
Thursday	18 July		
Friday	19 July		
Saturday	20 July	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	21 July		
Monday	22 July	Board Meeting	5:30 pm by Zoom
Tuesday	23 July	Meeting	Ingleburn RSL Club Dinner 6.00 pm Meeting 7:00 pm
Wednesday	24 July		
Thursday	25 July		
Friday	26 July		
Saturday	27 July	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	28 July		
Monday	29 July		

Day	Date	Function	Where / Time
Tuesday	30 July		
Wednesday	31 July		
AUGUST			
Thursday	1 August		
Friday	2 August		
Saturday	3 August	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	4 August		
Monday	5 August		
Tuesday	6 August		
Wednesday	7 August		
Thursday	8 August		
Friday	9 August		
Saturday	10 August	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	11 August		
Monday	12 August		
Tuesday	13 August	Meeting	Ingleburn RSL Club 6:30 pm for 7:00 pm Dinner
Wednesday	14 August		
Thursday	15 August		
Friday	16 August		
Saturday	17 August	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	18 August		
Monday	19 August		
Tuesday	20 August		
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Tuesday	27 August	Meeting	Ingleburn RSL Club 6:30 pm for 7:00 pm Dinner
Wednesday	28 August		
Thursday	29 August		
Friday	30 August		
Saturday	31 August	Wheel	Minto Marketplace 9.30 am to 11.30 am