



See us on <u>Facebook</u> Web: <u>https://www.ingleburnrotary.org/</u> Email: <u>ingleburnrotaryclub@gmail.com</u> PO Box 138, Ingleburn NSW 1890

President's Report

It has been a very busy start to the new Rotary Year 2024-2025. The theme this year is The Magic of Rotary. This magic isn't about fanciful tricks but resides in every Rotarian's ability to make a positive impact and make the world a better place.



As a club we persistently strive to make a difference in our local community, across the district, and on the international scene. For their Service Above Self, I commend all the members of the club, and their families, Friends of Rotary, and community members, and know that with your ongoing commitment and support, 2024-2025 will be another significant year in changing lives. Small acts can make such a difference.

Below is just a brief snippet of what the club has been doing in July. More details and pictures in the following pages.

Our new year started on a high with our Annual Changeover Dinner on 9 July. It was a celebration of 2023-2024 for Presidents Dr Vanessa Olsen and PDG William Salter who led the club for 6 months each. Throughout the night the 75 guests heard from members of the Interact Clubs at Hurlstone and Sarah Redfern High Schools and saw highlights of the club year.



It was also the opportunity to award 3 Paul Harris Fellows to Rotarian Elizabeth Godwin, Julie Percival and Wendy Low presented by District Governor 2024-25, Warwick Richardson.







L to R: Beth Godwin Julie Percival Wendy Low

Avenues of Service Awards were presented to Brenda Simpson, Allan Hammond, Peter Flew, and Gail Taylor by District Governor 2023-24, Tonia Barnes.





This year's Peter Ellsmore Quiet Achiever Award went to Roz Travers presented by Jason Ellsmore, Peter's son.

Introduction of 2024-25 Board



The Social Committee organised a very successful visit to Western Sydney Airport that was enjoyed by all who attended. These social events are an opportunity to learn more about each other.

Peter and his Team (from within the club, Rotaract, and the Department of Social Justice) did a fantastic job cooking and serving 1,600 sausages at the Tharawal Family Fun Day.

IngleMinds; our Mental Health and Wellbeing Committee continues its projects with Minto Gardens and the Hidden Homeless Project.

In the area of New Generations, we had the pleasure of Paige Morel as a guest speaker from James Meehan High School. She is the President of the newly formed Interact Club.

I would like to thank the members of the Provisional Rotaract Club of Macarthur who have supported us in the packing of care kits. and at the NAIDOC celebrations. It is wonderful news that they will be officially charted on the 29 August. See flyer in this edition.

Our Facebook page highlights what we are currently doing. Please 'like' and 'Follow' us; it is also where we promote our activities and coming events.

Yours in Rotary,



PAG GAIL TAYLOR President 2024-25

Club Celebrations: August 2024



In August we celebrate seven birthdays: Rotarian Drew Percival (1 Aug), Rotarian Allan Hammond (14 Aug), William Strickland & Khaleda Ahmed (15 Aug), Christine Salter (25 Aug), Gary Cooper (20 August), and Friend of Rotary Tania Hasib (31 Aug).



Wishing each of you a wonderful birthday celebration and all the best in 2024!

Whilst we have a number of birthdays to celebrate In August, there are no wedding or Rotary membership anniversaries.



July - Beginning of the Rotary year

and is

Maternal and Child Health Month



In the mountains of Poland, 26 children traumatized by violence get a chance to be kids again at Rotary camp. Beneath the emotional scars of living in an Ukrainian war zone, Mykyta Berlet flashes the same mischievousness of any other 12-yearold boy headed to camp. He wants to laugh, play pranks, and on the last night of camp "we will cover everyone with toothpaste," he says excitedly.

In Zakopane, nestled in the scenic Tatra Mountains, Rotary members give the children a chance to heal in a peaceful setting. The children sleep in comfortable cabins along a pristine lake flanked by green, rolling hills. Mykyta, and 25 other Ukrainian youths, are naturally focused on fun; but their 2-week respite organised by Rotary members has a higher purpose: *To help the children heal and cope with the trauma they may encounter when they go home.*

The program, called Vacation 2017 Zakopane: Well-Being for Ukrainian Kids, includes traditional camp activities and field trips along with support from mental health professionals. More than 100 children have attended over the past 4-years. Each camper has a parent or sibling killed or injured in the fighting in Ukraine. Psychologists, like Olha Hrytsenko, help children work through their grief and will guide them along the way during an itinerary that mixes escape and therapy. She says *"This program allows these kids to stay kids and to live children's emotions. They will observe and absorb another culture, attitude, and language, (and) will be able to compare and make conclusions about what is good and what is bad. It will help them to find themselves."*

Olga Zmiyivska, a member of the Rotary Club of Kharkiv Multinational in Ukraine, has brought children to the camp for 2-years and has witnessed its impact. *"After the trip, they are more willing to make contact and*

open their hearts, "she said.

War came into their homes, thousands have died, and millions displaced by the fighting between pro-Russia rebels and the Ukrainian military in eastern Ukraine. Growing up in the shadow of that nearly 4-year conflict, most of the campers don't remember a life without war. They tell unrealistic stories about battles and keep silent about real horrors. Some are guarded and hypervigilant; others endure sleepless nights or nightmares. A few withdraw, and emotionally shut down.

This year's campers visited a mountain village to learn about local traditions, toured historic Krakow, and saw the castles, salt mines, and hot springs of southern Poland. The routine activities are simple, but powerful. Yuriy Paschalin and Vlad Tsepun, both 12, became close friends after their fathers were killed by snipers. The field trips helped both boys start to relax and act like typical, curious children.

When asked about their families, the children often talk about their parents, siblings, grandparents, and even their pets. Then the looks in their eyes change. Glints of childish fun disappear, along with any fussing or fidgeting; instead, there is obvious pain behind their faces; and silence. Like many children, 11-year-old Dima Tkachuk doesn't want to talk about his dad's death. Talking about death makes it all too real. His father was killed in a military conflict zone; Dima's mother also serves in the Ukrainian army and has been sent to the same area where Dima's father was killed. A person will always remember the loss of someone whom they loved. The task is not to forget but to find the essence of this loss, and to learn how to be happy after this. Dima, though, shared a glimpse of the stress on his family. He explained that since their mother left to join the fighting, his 18-year-old brother has turned to smoking and drinking alcohol. *"Sometimes he does things that one cannot be proud of,"* Dima said.

The psychologists and camp staff know not to pressure the children to open up. Instead they build trust through group games, outdoor activities, art therapy, and individual counselling with psychologists. Children are more vulnerable to the psychological trauma of war, often causing them to withdraw, experts say. Re-establishing emotional connections is critical to healing. If left untreated, isolated children are more likely to experience domestic violence, addiction, and job loss later in life, research shows. When a breakthrough does come, therapists listen, or just sit quietly as the tears flow. *"It always takes time to survive loss. This time is needed to run the processes that we name 'grief work. A person will always remember the loss of someone whom he or she loved. The task is not to forget but to find the essence of this loss and to learn how to be happy after this,"* says Hrytsenko.

Valerie Tkachuk, 12, from Dnipro, Ukraine, was slow to trust others; her answers were often short and sharp. Her father was injured in combat while her pregnant mother was home caring for the family. Valerie shrank into herself, stopped communicating with peers, and started sleeping in her father's sleeping bag on the balcony. She was asked to close her eyes and remember the most pleasant memory of camp in an effort to make her smile for a photo. Eyes closed, Valerie started crying, and opened up in a way she had not previously at camp. "*I am disturbed about my dad, as he is stressed for mom. And he is forbidden to have any stress, as he can have a heart attack,* "Valerie said. Valerie dreams of following her father's path and becoming a military officer.

Many children who grow up with war are drawn to the military. Their vulnerability, feelings of helplessness, and lack of trust make the strong image of a soldier appealing, experts say. Dima is set on a career in the army. Sasha Kruglikov, 9, whose father was killed in the conflict, already views himself as a soldier. He likes wrestling and karate, and said he wants to defend his country when he grows up.

When the conflict in Ukraine began in early 2014, Rotary members stepped up to help. "*We thought, why not organise vacations for kids whose childhood was affected by war,"* says Ryszard Luczyn, a member of the

Rotary Club of Zamosc Ordynacki, Poland. Barbara Pawlisz, of the Rotary Club of Sopot International in Poland, and Łuczyn got support from the Poland-Ukraine Intercountry Committee. Rotary's Intercountry Committees are networks of Rotary clubs in at least two countries, and they often work together on service projects or to foster participate in the network.

The Well-Being for Ukrainian Kids project started in 2014 with mixed results. The children, ages eight to 17, didn't always get along. Their war trauma was recent, and communication between the age groups was difficult. The Rotary members recognised adjustments were necessary, but they were not deterred. Since that initial effort, organisers narrowed the age range for campers to 6 to 12, and the number of Polish Rotary clubs that support the project has more than doubled to 83.

Rotary District 2231 in Poland raised money to pay the travel and lodging expenses of the children and their caretakers. The project has also drawn support from clubs in Sweden and Slovakia. Ukrainian clubs were involved in selecting participants from all areas of the country. *"It is always very difficult to find affected children in small towns and villages. So we appealed to all the Ukrainian Rotary clubs to help us,"* says Anna Kaczmarczyk, a member of the Rotary Club of Zamosc Ordynacki, Poland. *"Now we have children not only from large cities, but also from distant parts of the country."*

The changes in the children are obvious, Rotary members say. Anna Kaczmarczyk, is the first person to meet the children in Lviv, Ukraine, when they start their trip. They may be nervous, which can make them irritable and aggressive; but after the program, they are relaxed, smiling, and filled with a new self-confidence.

"We continue this program because we know how these children react, how they change, how they become more open to the world, and how they look at the world the way it should be for a child," Kaczmarczyk says. "War takes from them their childhood. And they still have their children's dreams."

After the children return home, they send letters and pictures about their camp experiences to program organisers and Rotary members. Children have drawn portraits, colourful scenes of nature, castles and the kings and queens who live in them, and dragons. Sometimes, they write letters about what they observed. One girl marvelled at the clean streets and friendly people. Whether they are magical stories or practical observations, the children carry warm memories home with them.

Kids who experience violence can be prone to violence themselves; this program shows them a different path. *"After such traumas as car crash, natural disasters, [or] wars, people often go to two extremes: Either they stop being afraid of everything or they start being scared of everything. I think these children will belong to the first category,"* Hrytsenko said.

A person will always remember the loss of someone whom they loved. The task is not to forget, but to find the essence of this loss, and to learn how to be happy after this.

By Iuliia Mendel I Monika Lozinska

Our children and grandchildren are blessed to live in Australia; may we never forget the price our forebearers gave for us to have such freedom which we should always cherish.



CHRISTINE SALTER Bulletin Editor, 2024-25

President: Gail Taylor 0414 819 605

Rotary Foundation

As the Foundation Director, I've decided to give a snippet of information about the Rotary International Foundation in each Newsletter.

The Rotary Foundation transforms donations into service projects that change lives both close to home, and around the world.

Since it was founded more than 100 years ago, the Foundation has spent more than US\$4 Billion on life-changing sustainable projects. Currently, it allocates grants averaging around \$1 million per day. These aspects collectively define The Rotary Foundation as a pivotal force in Rotary's global philanthropic endeavours.

The Mission of the Foundation of Rotary International is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

Rotary is dedicated to seven areas of focus to build international relationships, improve lives, and create a better world to support our peace efforts, and end Polio.

The areas of focus:

- Promoting Peace
- Fighting Disease
- Providing Clean Water, Sanitation and Hygiene
- Saving Mothers and Children
- Supporting Education
- Growing Local Economies
- Supporting the Environment.

The Rotary Foundation has received many times the highest rating – four stars – from Charity Navigator, an independent evaluator of charities in the USA. The Foundation earned the recognition for demonstrating both strong financial health, and commitment to accountability and transparency. Attaining a 4-star rating verifies that The Rotary Foundation exceeds industry standards and outperforms most charities in its area of work.

Further background information next month.



PDG BILL SALTER Foundation Director 2024-25

Community Service

MINTO GARDENS TRIVIA NIGHT



A fun night was had by families from Campbellfield Public School, and the residents of Minto Gardens at the 60's and 70's Trivia Night recently. Our club was invited along to help with the BBQ, and then to form a team and test our knowledge against the residents and the school families.

Thanks to Peter and Brian for cooking the sausage sizzle, and to Beth, Roz, Suzanne, and Gail for serving. After cleaning up, the club members joined in, and we came a creditable 4th.

CAR SHOW BBQ

It was a cold and overcast morning as four brave Rotarians left their warm beds and ventured out to cook our delicious bacon and egg barbeque for Macca's Coffee and Car Show.



With the weather looking a bit threatening, our first job was to get a marquee set up for some protection. Beth, Steve, Drew, and Peter quickly unloaded and erected the structure, just as it began to sprinkle. We were even optimistic enough to set up the BBQ and tables, ready to use.

But that was as far as we got

The rain continued to fall, we continued to huddle, some coffee was drunk, and a few cars turned up. After some discussion with the organisers, it was decided to abandon the meeting and head home.



A special thank you to Rotarian Barry and his wife, Jenny, for accepting our very wet marquee roof, and then drying it out under their outdoor covered area for several days.

NAIDOC WEEK BBQ

Our club was once again invited by the Tharawal Housing Aboriginal Corporation to be part of the NAIDOC Week celebrations for Campbelltown. Our task was to cook, and serve, our tasty sausages sandwiches to a very large crowd for a free lunchtime community BBQ.



BUT ... before we even got there, the venue changed twice due to the recent wet weather. So instead of the sprawling playing fields at Airds High School, we ended up all squashed into the Athletics track at Leumeah. Or more accurately, squashed onto the concrete concourse around the outside of the running track!



No worries for us, we are Rotarians, and we can do that! We were allocated a position at the far end away from the stage and ceremony area, so that when everyone lined up to be served, we did not create a serious WHS issue by blocking the movement of the large crowd. So, we got to work setting up the large and small marquees, tables, barbeques, work areas, and storage areas.

Staff from Tharawal and DCJ (Dept of Community and Justice) arrived to lend their helping hands for the day. Before long, the barbeques were lit, and the snags were sizzling.

The smell of good BBQ cooking soon attracts attention, and ours was no different. In contrast to last year, the organisers decided that we could serve the public as soon as we were ready (*last year we had to wait until a set time for lunch*). So, once we started, we didn't seem to stop until our massive pile of sausages were all gone – estimated to be close to 1,500 sausages! It



was indeed a well-attended event.

With their adrenalin still running high, the staff from Tharawal and DCJ enthusiastically helped clean up all the BBQs and tables before they headed off. A big thank you to all those staff who volunteered to help during the day – you were fantastic.

Thank you to Christie Dewey from the Tharawal Housing Aboriginal Corporation for her support, and for the invitation to participate.

And finally, a thank you to all those Rotarians, Friends of Rotary, and Rotaractors, who gave up their day to help make the BBQ such a success.



Well done Ingleburn Rotary!



PETER FLEW Community Service Director 2024-25

International

There is no international Service Report for July.



PAG GAIL TAYLOR International Director 2024-25

Membership



The Rotary Club of Ingleburn is known for upholding the motto of '**People of Action**' and is always looking for new members.

Should you know anyone with a passion to serve our community, please have them contact us.

The Board, and Membership Committee, of our club constantly look at membership in our club - What we can do, what we are doing, and activities to interest both members and potential members.

INFORMATION EVENING

An '*Information Night*' to be held on Tuesday, 3 September, has been organised; starting at 7:00 pm at the Ingleburn RSL Club. This should be for one hour only.

For all who read the Ingle Angle, you are invited to come along, hear a little about Rotary and the activities of our club, and to socialise. You might also like to bring a friend, a neighbour, a work colleague, or family member to give them the opportunity to be part of the event and, possibly, the club.

	ROTARY CLUB OF INGLEBURN	
Y	INFORMATION EVENING INGLEBURN RSL CLUB - BARDIA ROOM	N B
	Connect & Inspire, Make Change Together	K
	TUESDAY, 3 SEPTEMBER 2024 7:00PM FOR 1 HOUR ALL WELCOME	

Our 'Friends of Rotary' group continues to increase in numbers.



BILL SALTER & DREW PERCIVAL Co-Membership Directors 2024-25

New Generations

There is no New Generations Report for July.



BARRY WOOLFE New Generations Director 2024-25

Vocational Service



VOCATIONAL SERVICE - this is both a Club, and members, responsibility.

WESTERN SYDNEY INTERNATIONAL AIRPORT

The Club held a very enjoyable visit to WSIA (Western Sydney International Airport) on 12 July.



Those attending; members, Friends of Rotary, guests, and family members, had the opportunity to be right next to the emerging airport and were provided an in-depth, and very informative, presentation by Jess Cortis, one of the staff. We heard the history with timelines, the current status, and the future for the airport; all whilst we enjoyed a delicious variety of finger food, and hot and cold drinks.

A **MAJOR** piece of infrastructure, the airport work is currently on time and due to be operational late 2026. This was a great Vocational and Social activity for the club.







It is proposed that another visit takes place during 2025.

16

gleburn Rotary visit

SAVE

THE DATE

PARLIAMENT

HOUSE

DINNER

NSW Parliament House from 6pm

STATE PARLIAMENT

Now for the planning for the State Parliament visit which will be undertaken on Wednesday, 16 October.

Starting from 6:00 pm, we will be shown the sights of this grand building, have our own personal tour, and be wined and dined in a very special dining area. We are waiting on costings for the meal. As previously advised, there is a maximum of 22 for the dining room, so sign up now as 'first in' basis will apply.



DREW PERCIVAL Vocational Service Director 2024-25

Mental Health Committee



The Rotary Club of Ingleburn reaches out to the

HIDDEN HOMELESS

When men, women, and children are homeless they can be placed in temporary accommodation such as motels. This can be for a couple of weeks and, in some cases, months.

The reasons for homelessness are varied from job loss, domestic violence, and changing life circumstances. We have connected with one such motel and have been able to provide care packs containing toiletries and essential items.

Contents of packs:

Women: toothpaste, toothbrush, shampoo, conditioner, deodorant, comb, tissues, notepad, pens, nail brush, hand lotion, nail file, hygiene products, socks, slippers, wellbeing activities (word search, mindful colouring and colour pencils)

Men: toothpaste, toothbrush, shampoo, conditioner, deodorant, comb, tissues, notepad, pens, nail brush, shaving cream, disposable razors, thongs, socks, and wellbeing activity such as cards

Children: toothbrush, book, toy, tissues, activities, colour pencils, and school supplies

Baby: nappies, formula, toy, clothing items.









Thes e packs are given to those in need on arrival by the motel and provide dignity and a sense of hope to those who receive them. To date we have gifted 154 bags and would welcome donations to continue this much needed project.

A special acknowledgement to Lynn Barnard, Brenda Simpson, and Suzanne Taylor for creating the bags for women and children.

This month, Rotaract Team members, Natasha and her daughters Zoe and Gemma, donated their time and energy to help create packs.

Through the generous monetary donations from The Chattogram Club of Australia, and Robert Favelle, we have been able to buy games and toys for children that can be played indoors during the winter school holidays. Rotarians and Friends of Rotary contributed to the toy drive so that the children had

One of the ongoing needs for homeless people is that of food. There are several organisations that provide food for those in need, including Shining Stars and The Chattogram Club of Australia.

Team members Judy, Beth, and Devendra (with daughter Alice) have made some food packs that are able to be heated easily for the Hidden Homeless. We know that we cannot meet all the needs for food; but we hope that our contributions offer some help.

MINTO GARDENS

A new addition to our existing connection is a monthly craft activity. Our first project was to use the popular technique of diamond dots to create bookmarks.

Gail, Kaylene, Liz, and Beth mentored 18 residents who successfully complete bookmarks that will impress all as works of art.

Tania, Gail, Stef, and Caroline continue to provide a monthly Women's Health seminar. The focus is on monitoring health and providing information about current health needs. This service is highly valued, and the Team has built strong connection and trust with the residents.

Beth, on behalf IngleMinds.



BETH GODWIN Mental Health Committee 2024-25







Social Committee

The new Rotary year started with a joint social/vocational visit to the Western Sydney International Airport Experience Centre on Friday evening, 12 July.

The social aspect of the evening was highly successful with 26 Members, partners, families, and Friends of Rotary enjoying a casual light meal together at the facility. There was ample time for chatting and sharing experiences of finding our way in the dark, as well as demolishing the tasty treats available. The vocational aspects are reported elsewhere in Ingle Angle.



A cruise on the **Nepean Belle** is set to take place on Wednesday, *18 September*. It will be a morning (10:00 am) cruise, leaving the option for a walk along the river, and lunch near the jetty after the cruise. Thirteen (13) members and Friends of Rotary have indicated they will go.

A local walk, with a stop at a good coffee shop, is planned for November. This will be held on a weekend so most can join in the fun.

The Club **Christmas Party** has been booked for Tuesday, *3 December* at **Ottimo House**. Planning is already underway for this spectacular annual event, and a 'save the date' notice has been distributed.



The Rotary Club of Ingleburn has an ongoing project for the donation of *Gifts of Hope for Children* over the coming months leading up to next Christmas. These gifts make a huge difference in the lives of many children in need, as well as showing great community spirit, and support for those who work with the families. Please watch out for specials on toys and games that would be ideal to buy now for this important project.



DREW PERCIVAL, GAIL TAYLOR & JENNY WOOLFE Social Committee 2024-25

The Words and Wisdom of Paul Harris

Our tree plantings are merely gestures of goodwill, but they are intelligible to all citizens of the various countries whatever language they speak.

My Road to Rotary

Join us for dinner to celebrate our

ROTARACT CHARTER

29th August, 2024 | at 6:30pm for a 7:00pm start

At Lakeside Golf Club 50 Raby Rd, Gledswood Hills NSW 2557

Tickets \$65 Via TryBooking https://www.trybooking.com/1259304

RSVP by the 1st August Dress Code: A Touch of Pink!



Calendar of Events



Day	Date	Function	Where I Time
AUGUST			
Thursday	1 August		
Friday	2 August	Women's Health Talk	Minto Gardens Retirement Home 3:30 pm to 4:30 pm
Saturday	3 August	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	4 August		
Monday	5 August		
Tuesday	6 August	Ingle Minds Meeting	Via Zoom
Wednesday	7 August	Ingle Minds Mental Health Presentation	Campbellfield Public School
Thursday	8 August		
Friday	9 August	RYPEN - Telford	
Saturday	10 August	Wheel	Minto Marketplace 9.30 am to 11.30 am
Saturday	10 August	RYPEN - Telford	
Sunday	11 August	RYPEN - Telford	
Sunday	11 August	MHERV Bunnings BBQ	Crossroads 8:00 am to 4:00 pm
Monday	12 August	Board Meeting	Via Zoom 5:30 pm
Tuesday	13 August	Meeting – Club Assembly	Ingleburn RSL Club Dinner 6:00 pm l Meting 7:00 pm
Wednesday	14 August		
Thursday	15 August		
Friday	16 August		
Saturday	17 August	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	18 August		
Monday	19 August		
Tuesday	20 August		
Wednesday	21 August		
Thursday	22 August	District 9675 Presidents' Meeting	Bankstown Sports Club 6:00 pm to 9:00 pm
Friday	23 August		
Saturday	24 August	Wheel	Minto Marketplace 9.30 am to 11.30 am
Saturday	24 August	William Carey High School Fair – Pop-Up Staff	12:00 pm to 4:00 pm
Sunday	25 August	Car Show BBQ	Old Campbelltown Bunnings Site 6:30 am to 9:00 am
Monday	26 August		
Tuesday	27 August	Packing Care Packs for Hidden Homeless	Minto Gardens Retirement Home 11:00 am

Day	Date	Function	Where I Time
Tuesday	27 August	Meeting	Ingleburn RSL Club
,			6:30 pm for 7:00 pm Dinner Minto Gardens Retirement Home
Wednesday	28 August	Craft Activity	11:00 am to 1:00 pm
Thursday	29 August	Rotaract Club of Macarthur - Charter Night	Lakeside Golf Club Camden
mursuay	29 August		6:30 pm for 7:00 pm
Friday	20 4	James Meehan High School Interact Club -	James Meehan High School Community Hall
	30 August	Trivia Night supporting Silver Coin	5:30 pm for 6:00 pm
			Minto Marketplace
Saturday	31 August	Wheel	9.30 am to 11.30 am
SEPTEMBER			
Sunday	1 September		
Monday	2 September		
Tuesday	3 September	Membership - Information Night	Bardia Room, Ingleburn RSL
Tuesday	5 September		6.30 for 7.00 pm
Tuesday	3 September	Ingle Minds Meeting	Ingleburn RSL Club 7.00 pm to 8.30 pm
Wednesday	4 September		
Thursday	5 September		
, Friday	6 September		
	7 September	Wheel	Minto Marketplace
Saturday	· ·	Wheel	9.30 am to 11.30 am
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Tuesday	10 September	Meeting	Dinner 6:00 pm l Meting 7:00 pm
Wednesday	11 September		
Thursday	12 September	RUOK? Day Community Engagement Activity	10.00 am to 12.00 pm Minto Market Place
Friday	13 September		
)A/h c c l	Minto Marketplace
Saturday	14 September	Wheel	9.30 am to 11.30 am
Saturday	14 September	Carrington Country Fair Pop-Up Staff	
Sunday	15 September		
Monday	16 September		
Tuesday	17 September		
Wednesday	18 September	Social Outing: Nepean Belle	Refer Social Report for Time
-			Minto Gardens Retirement Home
Wednesday	18 September	Craft Activity	10:00 am to 12:00 pm
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