



CREATE HOPE  
in the WORLD

OCTOBER 2023

# INGLE ANGLE

See us on [Facebook](#)

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PO Box 138, Ingleburn NSW 1890

## Come & Join *Macarthur Rotaract*

- Make New Friends
- Social Nights
- Meet & Connect with Like-minded Individuals
- Meetings once a Month
- Training Sessions
- Helping fellow Rotarians

Get In Contact with us via  
Instagram or Facebook



@macarthur\_rotaract



@Macarthur Rotaract



@macarthur.rotaract



**Rotaract**  
Provisional Club of Macarthur



# Club Celebrations: November 2023



November sees 6 people celebrating birthdays, and we wish them a truly memorable day: **Rotarian Moana Strickland** (1 Nov), **Maree Paynham** (4 Nov), **Carol Flew** (9 Nov), and **Rotarian Jim Carroll** (12 Nov)



*Congratulations and best wishes as you celebrate your anniversary, **Rotarian Javed Akhtar & Fareeda Khatoon** (4 Nov)*



**Drew Percival** celebrates 28 years of Rotary service on 1 November, whilst **Beth Godwin** will celebrate being a Rotarian for 3 years on 10 November.

Our club sincerely thanks you both for your continued service and support of Rotary International and our community.



November is  
**THE ROTARY FOUNDATION MONTH**

**A Foundation to build on...**



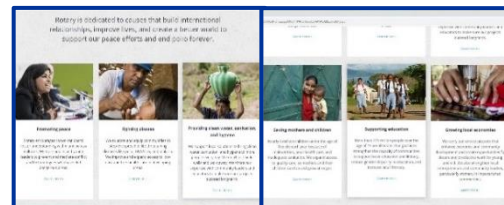
***The Rotary Foundation transforms your gifts into service projects that change lives both, close to home, and around the world.***

The Rotary Foundation is recognised as one of the most effective, and well-managed, charitable organisations in the world.

In 2022-23, our Rotary Foundation turns 106. Since it was founded more than 100 years ago, the Foundation has spent more than \$4 billion on life-changing, sustainable projects. That's a century-plus of Rotary members changing lives, and improving communities, all over the world. And that's definitely something worth celebrating.



Through our Foundation, Rotary members have supported thousands of projects to provide clean water, fight disease, promote peace, provide basic education, and grow local economies. Rotary has also been a leader in the fight to eradicate polio worldwide.



With your help, we can make lives better in your community and around the world.

**Our mission**

The Rotary Foundation helps Rotary members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

Share this impressive record with the world. Join us in making sure that every Rotary member, and people in every community, know about the vital work of Rotary and its Foundation.

**5 REASONS TO GIVE TO THE ROTARY FOUNDATION**

When you make a donation to The Rotary Foundation, you are helping Rotary members make a difference in the lives of millions of people around the world, by promoting peace, preventing disease, bolstering economic development, and providing clean water and sanitation. Here are just a few ways your generosity is changing lives.

**1. Eradicating Polio**

Thanks to you, we are closer than ever to ending polio. In September 2015, the World Health Organisation (WHO) removed Nigeria from the list of polio endemic countries after going a year without a reported case of the wild poliovirus. It has also been more than 3 years since the last case of the wild poliovirus anywhere on the African continent and is now designated as polio-free. Keeping children protected from this virus, and building on these achievements, will require continued commitment and funding. Every dollar Rotary commits to polio eradication is matched 2 to 1 by the Bill & Melinda Gates Foundation, tripling your impact. As at 2022, endemic wild poliovirus type 1 remains in two countries: Pakistan and Afghanistan.

**2. Promoting Peace and Conflict Resolution**

Rotary’s most significant effort to promote peace is the [Rotary Peace Centers](#) program, established in 2002. Each year, the program trains some of the world’s most dedicated and brightest professionals, preparing them to promote national and international cooperation, and to resolve conflict. They include graduates of a two-year master’s degree program, and a three-month professional certificate program at Rotary’s partner universities.

**3. Supporting Education**

Through a Foundation grant, and in partnerships with the Organization of American States, Rotary members in Maryland, USA, provided a training program for teachers in Quito, Ecuador, which included the use of new technology. At the conclusion of the program, each school selected one story written by a second, third, or fourth-grade student to include in a book illustrated with student art.

**4. Fighting Disease**

In Tamil Nadu, India, two doctors, both members of the Rotary Club of Srirangam, discovered an alarming trend in the remote city outskirts of Trichy; women dying of breast cancer. They partnered with Rotary members in Maryland, USA, to purchase a large van, with the help of a Foundation global grant, and equip it with X-ray equipment. The “mammobus” has administered more than 2,500 free breast cancer screenings and detected, and treated, early-stage cancer in six women.

**5. Ending Hunger**

In Seattle, Rotary members are diverting millions of pounds of fruit and vegetable from food waste into the hands of those who need it through Rotary First Harvest, a program of Rotary District 5030 (Washington, USA).

**Financial structure**

The Rotary Foundation is organised as a public charity operated exclusively for charitable purposes, and governed, by a [Board of Trustees](#). The operations of Rotary International, a member organisation, are overseen by its [Board of Directors](#).

Rotary International and The Rotary Foundation are headquartered in Evanston, Illinois, USA, with associate foundations in Australia, Brazil, Canada, Germany, India, Japan, Korea, and the United Kingdom.

**What impact can one donation have?**

- For as little as 60 cents, a child can be protected from polio.
- \$50 can provide clean water to help fight waterborne illness.
- \$500 can launch an antibullying campaign and create a safe environment for children.

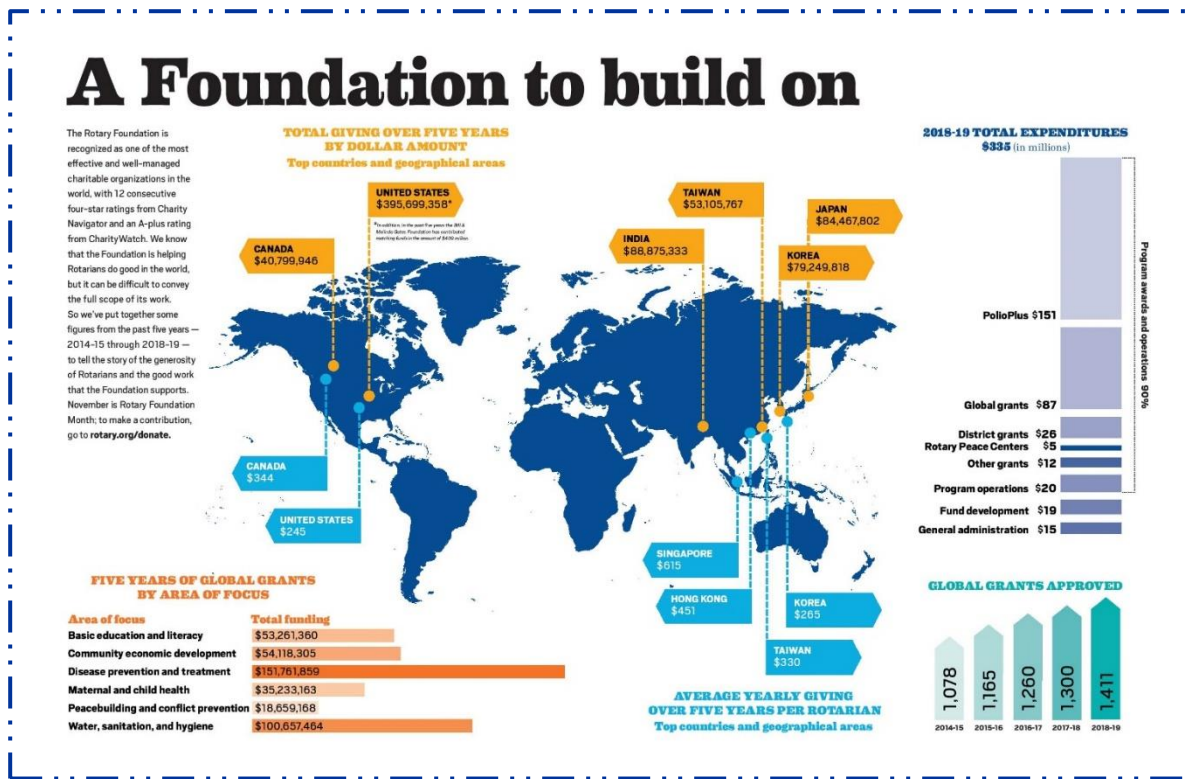
Your generous contributions to The Rotary Foundation are essential to securing, and growing, Rotary programs throughout the world. **November is Rotary Foundation Month**; to make a contribution, go to [rotary.org/donate](http://rotary.org/donate).



Though we know that the Foundation is helping Rotarians do good in the world, it can be difficult to convey the full scope of its work. See the chart below which are some figures from 2014-15 through 2018-19 to illustrate the generosity of Rotarians and the good work that the Foundation supports.



CHRISTINE SALTER  
*Bulletin Editor, 2023-24*



# Rotary Foundation

## CELEBRATE ROTARY FOUNDATION MONTH

In November, we celebrate the impact that the Rotary Foundation has in supporting grants and other projects around the world. During Rotary Foundation month, Rotarians have several opportunities to get involved in raising the awareness and funds for our Foundation.



- Support our Foundation Giving Tuesday, 28 November.** Make a gift to The Rotary Foundation and share your support on social media.
- Share our Impact.** Take time during a club meeting to share the Foundation’s latest videos that show how the Foundation transforms gifts into service projects that advance world understanding, goodwill, and peace by fighting disease, improving the quality of education, protecting the environment, alleviating poverty, maternal health, and doing even more – supported by the seven areas of focus for the Foundation.
- Thank our donors.** The Rotary Foundation will be sending special thank-you messages to donors around the world throughout November, but they hope that clubs will thank members in their community that participate in service projects. Take a moment to write a quick thank-you note or recognise Foundation supporters during a club meeting.
- Give the gift of Rotary.** Make an impact in communities around the world by joining members who give the gift of Rotary. Your gift will help create lasting change, from supplying filters that purify drinking water, to providing vital medical equipment to neonatal intensive care units. You can share

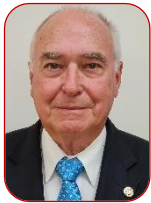


*information about Give the Gift* with fellow members and prospective donors.



Since it was founded more than 100 years ago, the Foundation has distributed more than \$4 billion on life changing, sustainable projects. With Rotarians and community help, the Foundation makes lives better in local communities, and around the world.

The Rotary Foundation helps Rotary members to learn about world understanding, goodwill, and peace by projects that are sustainable, and developed, using the outline under one of its seven areas of focus.



PDG BILL SALTER  
*Foundation Director 2023-24*

# Community Service

## 24-HOUR FIGHT AGAINST CANCER MACARTHUR



The barbeque, the Rotary Club of Ingleburn held in support of the 24-Hour Fight Against Cancer Macarthur on Saturday, 14 October, was a great success. There was, as usual, a really busy start to the day, and then selling continued consistently until we sold out of steak sandwiches and sausages by about 2:30 pm. An excellent result.

We have been supporting this wonderful, local event since its inception. We would especially like to commend Ingleburn Friend of Rotary and 24-Hour Chairperson, Warren Morrison, and his Committee on, again, organising a successful fund-raising event that does so much to support local people affected by cancer through funding to the Campbelltown and Camden Cancer Support Services.



As the club's organiser this year, I would like to personally thank the many people who supported the setting up at the beginning of the day, the clearing up at the end of the day, and those who assisted throughout the day. This included not only members, but also some of their families, and friends. Whilst I cannot single out everyone,



I would like to especially acknowledge and give my personal thanks to Rotarian, Jim Carroll, and my wife, Jenny, who worked with me from 7:30 am until we finished unloading at the caravan at around 4:30 pm.

A particular thanks also to Fiona McKinnon, and her walking team, who were a particular help in the setting up, and taking down, of the equipment and to Rotarian Allan Hammond who helped load the vehicles from 7:30 am, then worked on the weekly Wheel at Minto Mall, and finally assisted at the barbeque until the pack up.

I will be passing on thanks from our club to the three students from Sarah Redfern High School, Nicole, Sabrina, and Sangita, who worked on the front counter for most of the day. Club member, Brenda Simpson, did an

amazing job of welcoming the students, and providing them with information about how we wanted them to assist, and about the Rotary Club. We hope they enjoyed the experience; they were certainly a great help.



All money raised from the barbeque, and by sponsors, will be passed on to the 24-Hour Committee Chair, Warren Morrison, at a future club meeting.

For those who couldn't or didn't attend the day, I'm sorry you missed a cooperative and fun event. We look forward to seeing you next year!

On behalf of Community Service Director, Peter Flew.

BARRY WOOLFE

*Club & New Generations Director 2023-24*



PETER FLEW

*Community Service Director 2023-24*

## International

### SHREE KRISHNA SECONDARY SCHOOL

This year we are continuing our support of Shree Krishna Secondary School in the village of Taruka in Nepal. In consultation with our worker on the ground, Nabaraj, and the school we are:

- 1) Purchasing another storage rack, and books for the School Library as part of our *Books to Change Lives* project.
- 2) Purchasing additional musical instruments for the Music project established in 2022.
- 3) Establishing a Science Laboratory. This is a longer-term project due to the costs involved, but will play a vital role in providing students access to science equipment, and will enable them to undertake a range of experiments.

Fundraising activities for the Library resources have recently involved:

- 1) A 'Hand-Made' stall at the Mater Dei Country Fair with items for sale made, and donated, by members, Friends of Rotary, and the community. Thanks go to Brenda, Beth, Ken, Cheryl, Andrew, Suzanne, Brian, Wayne, and Rebecca for their help in setting up, selling, and packing up on the day. A great team effort.



- 2) The selling of hand-made cards, with special mention to the Probus Clubs of Ingleburn, Leumeah, and Campbelltown. Your support, and generosity, is very much appreciated by the staff and students in Nepal.



I would like to make special mention of the countless hours that have been spent by both Brenda, and Beth in making items for the stall, and handmade cards.



GAIL TAYLOR  
*International Director 2023-24*

## Membership



*The Rotary Club of Ingleburn is known for upholding the motto of ‘People of Action’ and is always looking for new members.*

*Should you know anyone with a passion to serve our community, please have them contact us.*

As mentioned in previous editions of the Ingle Angle, membership, particularly strong and active membership, is vital for the good running of any organisation. This, of course, includes Rotary Clubs.



We were pleased to have the induction of a new Club member at our last meeting in October. Welcome Russell Howes.

The Membership Committee is regularly looking at how best to improve, and strengthen, membership for our Club, and to have Friends of Rotary join with us. Whilst the Committee is doing this, we remind all that this is an action for all members.

In a recent ‘Membership Health Check’ a few points, and answers, were identified; these are:

- ◆ Members, who have a positive Rotary experience, are more likely to stay. Again, this is up to not only the leaders of the Club, but all members to make sure this happens.
- ◆ Participating in service, and having fun with fellow members, are the primary reason people join and stay. Both being active in service, and having fun, almost always go together.
- ◆ A healthy club is one that is growing and changing. Of course, there are core values of Rotary and the reason why people decide to join.
- ◆ Clubs that have fun, and make an impact, are attractive to those who see that. A positive public image can be conveyed in number of ways.
- ◆ Communication. A vital ingredient for any organisation and, most certainly, for a healthy and



positive thinking club.



BILL SALTER & DREW PERCIVAL  
Co-Membership Directors 2023-24

## New Generations

### INTERACT



Embedded photos of Interactors assisting at the 24-Hour Fight Against Cancer Macarthur barbeque – well done, and sincere thanks, to all students who participated in this yearly event.



Visits, and contact, have been made with both Sarah Redfern High School, and Hurlstone Agricultural High School, recently to discuss any possible support they are able to provide for the *Gifts of Hope* Program.

One of the schools is raising funds to support this project, and both schools are planning to provide some assistance on the wrapping and packing day, Sunday, 10 December.

### RYLA (*Rotary Youth Leadership Awards*)

I am in final discussions with a candidate to attend the RLYA program in January 2024. Once the application has been finalised, he will be invited to attend a Club meeting.



BARRY WOOLFE  
New Generations Director 2023-24

### *The Words and Wisdom of Paul Harris*

Friendship was the foundation rock on which Rotary was built and tolerance is the element which holds it together. There is enough atomic energy in every Rotary club to blow it into a thousand bits were it not for the spirit of tolerance.

*My Road to Rotary*

# Vocational Service



**VOCATIONAL SERVICE** - *this is both a Club, and members, responsibility.*

The concept of **VOCATIONAL SERVICE**.

This concept is effectively in all our walks of life. From assisting family members, educating staff, educating and supporting the communities in which we live and work.

It is stated that it is rooted in the Second Object of Rotary: ..... to encourage and foster. How? By:

- ❖ Having high ethical standards in business and professions.
- ❖ Recognition of the worthiness of all useful occupations. How can we help them?
- ❖ Dignifying of an Rotarian's occupation as an opportunity to serve society. Look how many very worthy occupations there are in the community.
- ❖ Using your professional skills to serve a community.
- ❖ Mentoring.
- ❖ Communication. This can be achieved in a number of ways.



DREW PERCIVAL  
*Vocational Service Director 2023-24*

# Mental Health Committee



The interaction between young people and retired citizens has a profound, and positive, impact on both generations, and the broader community. These intergenerational exchanges foster a rich exchange of wisdom, experiences, and perspectives. Found young individuals, it provides a unique opportunity to learn from the life experiences of retirees, gaining valuable insights and lessons that cannot be found in textbooks. On the flip side, retired citizens often feel reinvigorated, and purposeful, when sharing their knowledge and stories with the younger generation, leading to improved mental well-being, and a sense of continued relevance. Moreover, these interactions bridge generational gaps, combat social isolation among older adults, and nurture a sense of empathy, and social cohesion within communities.

Ultimately, the exchange of ideas and support between young, and retired citizens, strengthens the social fabric, promoting a more inclusive and harmonious society.

This year, Campbellfield Public School, and Minto Gardens Retirement Village have embarked on such an

intergenerational program. Students were selected from Years 4, 5, and 6 and, with their teachers, Melinda, and Alex, as well as Community Liaison Officer, Polly (*who is a Friend of Rotary*), take the short walk to Minto Gardens Retirement Village each fortnight to engage with the residents in meaningful, challenging, and confidence-building activities.

Under the direction of Village Manager, Kate, 15 enthusiastic residents readily volunteers for the life-enhancing program. What they could bring to the conversation and activities was personalisation, wisdom and encouragement.

Each fortnight, activities were designed to make the most of the experience and engage both the students and seniors.

To break the ice and begin the journey, Buddy partnerships were formed and “Get to Know You” question and picture cards soon get the Buddy Groups talking and sharing experiences. A highly competitive trivia competition combined teams of students and residents trying to win bragging rights and, of course, the treasured prize of chocolate. More importantly, it continued to build a deep level of respect and understanding of what each generation can contribute.

A scavenger hunt throughout the village enabled the students to gain an insight into the lives of the residents. It was a time when the residents could share their retired life and show off their village. Hunting for food treasures brought another level of enthusiasm to the event.

Card games such as Go Fish, Snap, and Memory, allowed buddies to play together on equal footing and showed that there is much in common within the partnerships.

The impact of the Buddy Program can be measured by increased student attendance, and student excitement to be part of the program. One parent has commented that their child previously dragged-out time and lethargy on school mornings, but now races to get dressed and ready for school when they mention the day being a Buddy Day.

The school staff has noticed an increase in student confidence when communicating with others, and a clear development of positive connection with whom they are matched.

There is joy in the room during interactions and activities with genuine laughter and friendly competitiveness. The retirees are excited to see the students arrive, show enjoyment through the interaction and, whilst mentoring, are also learning about themselves and the young people.

The success of the program is large attributed to the staff and the commitment of residents and students to be open-minded, and willing to challenge comfort zones.

Congratulations to Campbellfield Public School, and Minto Gardens Retirement Village, for embarking on this wonderful intergenerational experience.

Beth on behalf of IngleMinds.



BETH GODWIN  
*Mental Health Committee 2023-24*

# Social Committee

Social activity be it at home, at work, or in a Club environment, is very beneficial for a number of reasons. You enjoy yourself; you help others enjoy themselves, you help bring a positive and happy atmosphere to the occasion, and you, and others, remember the good time had.

The Social Committee for the Rotary Club of Ingleburn constantly are looking at 'social activities' for the members and Friends of Rotary. A varied list of activities are considered and tried.

Recently the Macarthur 24-Hour Walk for Cancer event took place. Members, friends, and a few students from Sarah Redfern High School actioned the BBQ. Whilst a club project, and many dollars were raised for the charity, great 'social' interaction took place for all the volunteers, and the many others, walking for the cause. Well done.

**SAUSAGES AT SUNSET:** was set for 27 October; however, for a few reasons, this event has been delayed to Friday, 10 November. Come along, and enjoy the low cost, but very social, event.

**INGLEBURN ROTARY CHRISTMAS FUNCTION:** Invitations have been sent out for the Christmas function on Tuesday, 28 November. **RSVP date is 7 November** as we need to book in numbers and dietary requirements with Ottimo House very soon after. This is ALWAYS a great social, and enjoyable, occasion.

**GIFTS OF HOPE FOR CHILDREN:** Again, whilst a project, and excellent one at that, this is a project that provides many things including social interaction. Rotarian Beth Godwin has compiled, and distributed, a timeline of activities for this culminating with the wrapping of gifts on Sunday, 10 December, then distribution. Be part of this VERY worthwhile project and share the social interaction.



A number of social activities have been pencilled in for 2024. More on those in the near future.



DREW PERCIVAL, GAIL TAYLOR & JENNY WOOLFE  
*Social Committee 2023-24*

Let's try again to meet for  
**SAUSAGES AT SUNSET**

Revised date Friday – 10 November 2023  
At Milton Park, Ingleburn  
From 6pm

Bring your family and friends  
Bring what you want to eat, (council barbeques will be available)  
your drinks and a chair

This is an Ingleburn Rotary social function  
So come along and join in the fun!  
A great way to end the week!





**Rotary**



Club of Ingleburn

## GIFTS OF HOPE FOR CHILDREN

The Rotary Club of Ingleburn  
is seeking gifts to provide  
Christmas cheer  
for children in need in  
our local area.

Unwrapped gifts, to the value of \$20,  
for children 0-15 years are needed.

*(No toy weapons please)*

Money donations are also welcome  
so we can purchase gifts  
to match children's age and interests.

**Can you assist?**

Please contact Gail on  
[gail.p.taylor13@gmail.com](mailto:gail.p.taylor13@gmail.com)





# Calendar of Events



Day	Date	Function	Where / Time
<b>Rotary worldwide will celebrate World Interact Week - 30 October to 5 November 2023</b>			
<b>NOVEMBER</b>			
Wednesday	1 November		
Thursday	2 November		
Friday	3 November	Rotary NSW Police Officer of the Year Awards	
Saturday	4 November	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	5 November		
Monday	6 November		
Tuesday	7 November	Meeting	Ingleburn RSL Club - Dinner 6.00 pm   Meeting 7:00 pm
Wednesday	8 November	Macarthur Rotary Clubs – Camden Musical Society	Venue: Narellan - \$50.00 pp
Thursday	9 November		
Friday	10 November	Blue Wren House Fundraiser - 4-person Ambrose Golf Day	Antill Park Golf Club Picton: \$80.00 pp 7:30 am for 8:30 am start
Friday	10 November	Sausages at Sunset <i>(invite your family and friends)</i>	Milton Park, Ingleburn From 6:00 pm BYI food   drink   chairs
Saturday	11 November	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	12 November		
Monday	13 November	Board Meeting	By Zoom – 5:30 pm
Tuesday	14 November	'IngleMinds' Meeting	By Zoom - 7.00 pm to 8.00 pm
Wednesday	15 November		
Thursday	16 November		
Friday	17 November		
Saturday	18 November	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	19 November		
Monday	20 November		
Tuesday	21 November	Meeting – Guest Speaker: Sergeant Phillip Gornall <i>Macarthur Policer of the Year Macarthur Winner</i>	Ingleburn RSL Club - Dinner 6.00 pm   Meeting 7:00 pm
Wednesday	22 November		
Thursday	23 November		
Friday	24 November		
Saturday	25 November	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	26 November		
Monday	27 November		
Tuesday	28 November	Social: Christmas   EOY Function	Ottimo House – Refer to flyer

<i>Day</i>	<i>Date</i>	<i>Function</i>	<i>Where / Time</i>
			Remember: Bring your 'Gift of Hope'
Wednesday	29 November	Connecting Through Cards	Workshop at: Meals on Wheels Ruse 11:00 am to 1:00 pm
Thursday	30 November		
<b>DECEMBER</b>			
Friday	1 December		
Saturday	2 December	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	3 December		
Monday	4 December		
Tuesday	5 December	Meeting - Annual General Meeting	Ingleburn RSL Club - Dinner 6.00 pm   Meeting 7:00 pm
Wednesday	6 December		
Thursday	7 December		
Friday	8 December	Christmas Carols - Minto Gardens Retirement Village and Campbellfield Public School	Christmas Carol BBQ - Minto Gardens 6:00 pm to 8:00 pm
Saturday	9 December	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	10 December	Gifts of Hope: <i>Wrapping of Gifts</i>	Ingleburn RSL Club 10:00 am to 3:00 pm
Monday	11 December	Gifts of Hope: <i>Delivery of Gifts</i>	
Tuesday	12 December	Board Meeting	By Zoom – 5:30 pm
Wednesday	13 December	'IngleMinds' Meeting	By Zoom - 7.00 pm to 8.00 pm
Thursday	14 December	Minto Gardens Market Stall	Minto Gardens Retirement Village 10:00 am to 2:00 pm   <i>setup → 8:30am</i>
Friday	15 December	Minto Gardens Christmas Craft	Minto Gardens Retirement Village 10:00 am to 12:00 pm
Saturday	16 December	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	17 December		
Monday	18 December		
Tuesday	19 December	Meeting	Ingleburn RSL Club - Dinner 6.00 pm   Meeting 7:00 pm
Wednesday	20 December	An Aussie Christmas at Minto Gardens	Minto Gardens Retirement Village 12:00 pm to 2:00 pm <i>in conjunction with Hands on Heart</i>
Thursday	21 December		
Friday	22 December		
Saturday	23 December	Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	24 December		
Monday	25 December	CHRISTMAS DAY	
Tuesday	26 December	BOXING DAY	
Wednesday	27 December		
Thursday	28 December		
Friday	29 December		
Saturday	30 December		
Sunday	31 December	NEW YEAR'S EVE	