



# INGLE ANGLE

See us on Facebook

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## President's Report

I would like to take this opportunity to thank Jan for his support during my absence in October. I appreciate his willingness to ensure the smooth running of the Week 2 meeting.

I would like to make a special mention of our amazing editor, Christine Salter. Despite being hospitalised on two occasions, and recovering from a severe injury, she has continued to ensure the publication of our newsletter, Ingle Angle, in October and November. We all appreciate her ongoing dedication.

Each year as a club we set goals from a list of twenty-five provided by Rotary International. The minimum required for recognition is thirteen.

In this edition I would like to highlight some of our achievements in these chosen goals. You can read more about these in earlier editions of Ingle Angle, and through our Facebook page. Please 'like', follow us, and spread the word.

To enhance the participation and engagement of our Members and Friends of Rotary, we have offered a range of social activities that have included a walk, cruise on Nepean Belle, and dinner at a local restaurant. Many of our activities allow everyone the opportunity to get to know each other, such as the recent visit to Parliament House.

We have been able to increase our impact through a wide range of projects in areas such as Vocational,

Community, New Generations, Mental Health, and Internationally.

A strong focus of our current projects has been around the activities of the Mental Health and Well-Being Committee and has seen our heavy involvement with Minto Gardens Retirement Village, our Hidden Homeless Project, and RUOK.

Our Gifts of Hope program provides 530 students, facing a bleak Christmas, with a gift, and is strongly supported by the club, Friends of Rotary, community members, Ingleburn RSL, and a range of businesses and organisations. We are humbled by the outpouring of support. As part of this program, the school and community of Macquarie Fields Public School have once again donated nonperishable items to enable us to make up food hampers.

Locally we are proud supporters of the 24-Hour Fight Against Cancer, Fisher's Ghost Art Awards, Macarthur's Young Champions' Awards, and the End Polio Train Ride.

Our Community Director is a magician balancing the wide range of BBQs for fundraising and sponsorship purposes, Campbelltown City Council events, activities and celebrations at Minto Gardens, Sorry Day, NAIDOC Week, and monthly Vintage Car Display. He could not do this without a great support network of members, families, Friends of Rotary, and our young people.

We have been able to expand our reach through the ongoing support of the Interact Clubs at Hurlstone Agricultural and Sarah Redfern High Schools, and a provisional one at James Meehan High School. We were one of the 8 Macarthur Clubs that proudly sponsored the Macarthur Rotaract Club. These young people continue to support a range of our community programs.

This is only the first 5 months of my Presidency, and the club has achieved so much already. What an amazing effort and what a difference we are all making.

I look forward to sharing more our and goals and achievements in the upcoming editions.

Yours in Rotary,



PAG GAIL TAYLOR  
*President 2024-25*

### ***The Words and Wisdom of Paul Harris***

Individual effort when well-directed can accomplish much, but the greatest good must necessarily come from the combined efforts of many people (men). Individual effort may be turned to individual needs, but combined effort should be dedicated to the service of mankind. The power of combined effort knows no limitation.

The superlative power no person (man) may appropriate to his own use. This is the world's subconscious conclusion. We must clearly understand the justice of it and measure up to its requirements.

Rotary, even in its most sanguine moments, has fallen short of realising its own strength. On no occasion

has the cumulative power of all Rotary even been felt. We shall strike a might blow some day and we, thence forth, shall know ourselves.

THE ROTARIAN, July 1917

# Club Celebrations: December 2024



In December, we celebrate three birthdays:  
**Rotarian Brenda Simpson** (6 Dec),  
**Rotarian Jan Domanski** (16 Dec) and  
**Friend of Rotary Carolyn Flint** (28 Dec).



We wish each of you a wonderful birthday celebration and all the best for the remainder of 2024 and for 2025!



**Friend of Rotary Christine & Brad Castle** (1 Dec), **Friend of Rotary Devendra & Parlina Sapkota** (14 Dec), and **Rotarian Mohammad & Romana Foiz** (29 Dec) will celebrate wedding anniversaries in December, and we wish them all the best for future years together.

During December, **Rotarian Jan Domanski** will mark his 12<sup>th</sup> Rotary anniversary.

Our club, and Rotary International, sincerely thanks Jan for his continued service, and support of Rotary International, and the community.



*Put these dates in your calendar!*

Event	Date	
Rotary Christmas at Ottimo House	Tuesday	3 December
Campbelltown Council BBQ at Milton Park	Saturday	7 December
Bunnings BBQ Casula	Saturday	14 December

*December is  
Disease Prevention and Treatment Month*



Disease prevention and treatment is one of the Rotary Foundation Areas of Focus; and for good reason.

This Area of Focus is one in which many of us would be aware of the numerous projects around the world supported by clubs, and the Foundation, as the health and energy of a person, a family, and a community can be seriously weakened by what, in many cases, is a preventable disease.

Disease prevention is really a bedrock to progress in other areas as well because of the relationship with other Areas of Focus like Water and Sanitation, and Maternal and Child Health.

Disease prevention and treatment takes on many forms, from supporting studies to helping immunise people to improving drinking water, and the sanitation infrastructure. The world relies on Rotary to tackle these global challenges, and to set an example for others to follow.

Rotarians believe good health care is everyone's right; yet 400 million people in the world can't afford, or don't have access to, basic health care.

The eradication of polio has, of course, been Rotary International's major worldwide, corporate effort since the early 1980s; with remarkable progress having been made. The job is not yet finished; however, you can rest assured that we will not, cannot, set this torch down until that job is finished.

Disease results in misery, pain, and poverty for millions of people. Rotary lead efforts, both large and small. Rotarians set up temporary clinics, blood donation centres, and training facilities in underserved communities struggling with outbreaks and health care access. Rotarians design, and build infrastructure, that allows doctors, patients, and governments to work together.



With hundreds of health projects happening around the world at any time, Rotarians educate and equip communities to stop the spread of life-threatening diseases.

The Rotary Foundation lessens the causes and effects of disease by:

- ▽ Improving the capacity of local health care professionals;
- ▽ Combating the spread of HIV/AIDS, Malaria, Multiple Sclerosis, Diabetes, and Polio and other diseases;
- ▽ Enhancing the health infrastructure of local communities;
- ▽ Setting up temporary clinics, blood donation centres, bringing people routine hearing, vision, and dental care, and training facilities in underserved communities struggling with outbreaks and health care access;
- ▽ Supporting studies related to disease prevention and treatment.

That's why treating and preventing disease is so important. You're a Rotarian – you are a Difference Maker!



CHRISTINE SALTER  
*Bulletin Editor, 2024-25*

## Rotary Foundation

### *“Rotary Opens Opportunities”*

As you look ahead to what comes next, have you contemplated the thought of *“Grow Rotary”*?

When I think of Grow Rotary, I think of more than growing membership. Not that growing membership is not important, but my thought is that by combining Our Foundation and Rotary's Public Image, Rotary can grow in a more united and stronger way.

When thinking about increasing membership, how about implementing a few thoughts that incorporate Our Foundation and really tell our story? Begin by:

- ◆ Creating a list of all the remarkable things about our club and telling others;
- ◆ Knowing our club's strengths when promoting service/social activities;
- ◆ Being persistent and vibrant while talking about how Rotary impacts your life and that of your family.

The Public Image *“People of Action”* campaign brings the Rotary brand to life by highlighting what happens when community leaders within Rotary join together, share their vision, exchange ideas about solutions, and take action to make it a reality.

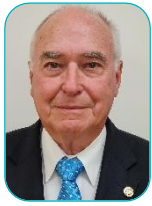
### **How about our Foundation?**

The work of Rotary, as we all know, is boundless; with Rotarians always ready to assist. Our club has made applications for District Grants. Think about the impact of that grant on the recipients, and the opportunities it can present.

Since it was founded in 1917, more than 100 years ago, The Foundation has spent more than \$4 billion on life-changing, sustainable transforming countless lives. It allocates grants averaging around \$1 million per day. These aspects collectively define The Rotary Foundation as a pivotal force in Rotary's global philanthropic endeavours. How many lives have been saved, or transformed, by Our Rotary Foundation projects over the years? I doubt we will ever be able to quantify that outcome exactly, but I do know that millions would not be an exaggeration. Telling our story about the good things we do with Our Foundation will be a sure fire, winning combination when it comes to attracting members.

Create a membership campaign that shows Rotary's work being supported by Our Foundation, telling our story and truly, consistently, living as *People of Action*.

The Rotary Foundation should always be in our thoughts whenever we think about Rotary; it is the crux that underpins many of our projects.



PDG BILL SALTER  
*Foundation Director 2024-25*

## Community Service

November has been a quiet month for club projects, which is good as we have a very busy month coming up in December with the festive season upon us.

Our only project to report upon is our monthly Car Show BBQ which we run in conjunction with Macca’s Garage. A beautiful sunny Spring morning brought out lots of car enthusiasts to display their vehicles and have a chat. This was the best attended Car Show for the entire year, and our BBQ did a wonderful trade selling egg and bacon rolls. We came very close to a total sellout!

Thanks go to Gail, Brian, Beth, and Ken who all came out to support me at the event. Brian did a sterling job cooking all morning on the barbeque.

We even had a surprise visitor turn up in his own trailer .....



The Christmas Grinch



We are all looking forward to next month with all our Christmas BBQs and festivities.



PETER FLEW  
*Community Service Director 2024-25*

# International

Unfortunately, there is little to report for November.

On 9 August we lodged our District Grant application for the Science Lab in Nepal; we are awaiting a decision.



PAG GAIL TAYLOR  
*International Director 2024-25*

# Membership



*The Rotary Club of Ingleburn is known for upholding the motto of 'People of Action' and is always looking for new members.*

*Should you know anyone with a passion to serve our community, please have them contact us.*

The two, that is right - two, official mottos of Rotary are -

- ◆ **SERVICE ABOVE SELF** and
- ◆ **ONE PROFITS MOST WHO SERVES BEST.**

Whilst you can do both of these things individually, it is much easier to undertake, and succeed, if you are part of a strong and vibrant group (ROTARY) in undertaking such things!

The Presidential theme for 2024-25 is the '*Magic of Rotary*'. That is primarily meant to be for members to recognise, and amplify, the organisation's (Rotary) power to save lives.

We say this can be broadened by individual members, in a collective being their club, to assist their communities (local and internationally) with providing service, and then profiting morally by serving to their best.

Membership is not just about service. The many benefits of membership to Rotary include:

- ◆ Friendship
- ◆ Giving back to the community
- ◆ Fun
- ◆ Entertainment
- ◆ Personal growth and development

- ◆ Service to communities (local and International) in doing something for others, and to sense the self-fulfillment that comes in the process, and the return that satisfaction to your own life.

Building a strong Rotary club and help in building a stronger community.



BILL SALTER & DREW PERCIVAL  
Co-Membership Directors 2024-25

# New Generations

## **RYLA** (*Rotary Youth Leadership Award*)

We have two candidates, for January 2025, confirmed for this program.

It was pleasing to have Lucy Colville, one of the candidates, at the recent Rotary meeting where she spoke about her current studies and aspirations, and how much she is looking forward to the RYLA experience.

The second candidate, Lydija, was unable to attend due to work/study commitments.

As always, we look forward to hearing from both candidates following the RYLA camp in January 2025.



## **INTERACT**

After having spoken to both Hurlstone Agricultural and Sarah Redfern High Schools, and Fiona speaking to James Meehan High School, we anticipate having students from these schools volunteer to support the *Gifts of Hope* wrapping day program.

## **ABORIGINAL STUDENT REGIONAL AWARDS OF EXCELLENCE**



It is quite common for us to have support from the Interact Clubs for our Rotary projects. In this case, we were asked if the Rotary Club of Ingleburn would support the *Aboriginal Student Awards* evening being hosted at Hurlstone Agricultural High School.

The request was for us to cook 850 sausages and onions for the participants. Six representatives of the Club got to work, in windy conditions, and completed the task in under two hours using excellent barbeques at the school. (Attach photos)

It was good to show the co-operation between the school and our Rotary club and we thank Cassandra Jones, the Community Liaison Officer, for her support and organisation.





**BARRY WOOLFE**  
*New Generations Director 2024-25*

## Vocational Service



**VOCATIONAL SERVICE** - *this is both a Club, and members, responsibility.*

January is identified as the Vocational Service month. However Vocational Service operates, as does Rotary, for the whole year!!

Vocational Service is one of the five (5) areas of Rotary. Therefore, it is of considerable importance to both clubs and Rotary members.

What does '*Vocational*' mean in Rotary?

*'The recognition of the worthiness of all useful occupations, not just your own or those that are pursued by Rotarians'.*

Rotary's founder, Paul Harris, recognised that people could use their vocation to help others in the community; that view has continued very well for over 100 years.

Vocational Service can be undertaken in many ways, and this includes projects and associations. Some of those associations that the Rotary Club of Ingleburn has are -

- ❖ POTY (*Police Officer of the Year*)
- ❖ RESCA (*Rotary Emergency Services Community Awards*)
- ❖ RIWA (*Rotary International Women Awards*)
- ❖ PCYC (*Police Citizen Youth Club*)
- ❖ Vocational visits
- ❖ Mentoring

- ❖ Three (3) minuter talks by Rotary members and Friends of Rotary
- ❖ Workshops.



DREW PERCIVAL  
*Vocational Service Director 2024-25*

## Mental Health Committee



A kind word to someone can change their day for the better. It is surprising how many people feel invisible as they go about their daily lives and, by acknowledging them through a smile or kind word, can let them know that they are visible.

During the month of November, IngleMinds welcomed Brenda Simpson to the team. Brenda is a powerhouse of connection and creativity. She has supported the mental health activities of our club for years and brings a wealth of experience and knowledge. Thank you Brenda for joining IngleMinds.

### HIDDEN HOMELESS

*“Yes Chef”*: 1 kitchen, 5 Chefs, 2 hours and 60 meals

This was the outcome of a “cook up” of meals delivered to our Hidden Homeless project in November. With thanks to donations, and fundraising activities, we have been able to provide home-cooked meals for those who do not have the facilities or resources to meet this basic need.

Thanks to Brenda, Carolyn, Brian, Gail, and Beth.



### SUMMER CLOTHING APPEAL

Our community has stepped up once again to donate summer clothing for people living in temporary accommodation.

The team of Gail, Carolyn, Ken, Julie-Ann, and Beth sorted and displayed the clothing for people to choose what they needed. This is done with dignity and respect ensuring the privacy of those in need.

**CREATIVE ENDEAVOURS TO BUILD CONNECT AND CONFIDENCE**



Our Minto Gardens craft activity this month was to create Christmas decorations using the rising trend of Diamond Dot Art.

The guidance provided by Gail, Liz, Brenda, and Beth saw all participating residents make two decorations. From experts to first timers everyone achieved!



**WORLD KINDNESS DAY**

The 13 November was *World Kindness Day*.

The Macarthur Rotaract Club joined Beth in making 20 care packs for the Hidden Homeless people in our area. They developed a streamlined process and, in under an hour, had the task completed. These were then delivered to some of our most needy community.

To date, as a club, we have provided 215 care packs. The care pack contain essential self-care items and mindful activities. This has changed the lives of those who are not often noticed and, during a very difficult time in their lives, gives hope.

***A special acknowledgement***

Care pack bags have been sewn, products donated, and people have given the gift of time to help others.

We are grateful for the generous donation of \$500 from The Save Macarthur from DV. We are using this money to provide food and care packs for those who find themselves homeless, and a result of domestic violence. With the community joining together we are able to help change lives.

Beth, on behalf IngleMinds.



BETH GODWIN  
*Mental Health Committee 2024-25*

***The Words and Wisdom of Paul Harris***

After all that has been said and done, this is in fact our world, our own good old world. Whether we are white, black, red, brown, or yellow, we may all well be proud of its hills and valleys, lakes and rivers, clouds and sunshine. It must be the very best world that God ever made. It is not granted us to know what other worlds are like, but what can that possibly have to compare with friendship, compassion, or mother love?

*THE ROTARIAN,  
February 1922*

# Social Committee

The Festive Season has arrived, and the social calendar has ramped up very quickly for most people.

The Social Committee is looking forward to finishing 2024 in a big way with our annual Christmas function on Tuesday, 3 December following on from a couple of great events recently.



**Tuesday 29 October** – a casual dinner was held at **DJ Vietnamese Restaurant** in Ingleburn. This was a fun, and enjoyable, evening for 15 people when we dined on delicious Vietnamese food at our local DJ Restaurant, well catered for by Jasmine Vu and her staff.



We also had a most unconventional 'orange' birthday cake for Roz! Those who attended have indicated they would like to do this or similar again in the future.

**Sunday 17 November - A walk from Glenfield to Casula Powerhouse Art Centre** was enjoyed on a beautiful Sunday morning by 8 people. Roz was the guide, and organizer, for the walk making sure we were all well prepared with hats, sunscreen, and water.



We took the paved walk from the entrance to Throsby Park, Glenfield Road (where there is good parking available) to the Casula Powerhouse Museum. The Powerhouse was crowded with people waiting for a concert, so there was a queue for our well-deserved coffee; however, we enjoyed the facilities and the shady areas outside before returning along the path, lined with trees, birdsong, and water ponds. A good social, and healthy, activity.



## Time to party!

**Tuesday 3 December is when the Ingleburn Rotary Club Christmas function will be held at Ottimo House.** The plans for a fun-filled night are in place and over 60 people are expected on the night. We hope everyone will come in festive dress and be ready for a great time.



The Rotary Club of Ingleburn project – **Gifts of Hope for Children** for Christmas is in full swing with some wonderful donations of gifts and money towards gifts from many in the Club and the community already received. These gifts make a huge difference in the lives of many children in need, as well as showing great community spirit and support for those who work with the families.



Sorting and preparing is underway and a wrapping day is scheduled for Sunday 8 December. It's not too late to donate.

Reminders to all:



- the Club Christmas Party will be held on Tuesday, 3 December,
- Gifts of Hope - being presents gifting for children less fortunate. Value of presents of about \$20:00 - so *'shop, shop, and please shop'*.

**Rotary**  
Club of Ingleburn

**GIFTS OF HOPE FOR CHILDREN**

The Rotary Club of Ingleburn  
is seeking gifts to provide  
Christmas cheer  
for children in need in  
our local area.

Unwrapped gifts, to the value of \$20,  
for children 0-15 years are needed.  
*(No toy weapons please)*

Money donations are also welcome  
so we can purchase gifts  
to match children's age and interests.

**Can you assist?**  
Please contact Beth on  
[bjgodwin61@gmail.com](mailto:bjgodwin61@gmail.com)



DREW PERCIVAL, GAIL TAYLOR & JENNY WOOLFE  
*Social Committee 2024-25*

# Calendar of Events



Day	Date	Function	Where / Time
Saturday	30 November	Wheel	Minto Marketplace 9.30 am to 11.30 am
<b>DECEMBER</b>			
Sunday	1 December		
Monday	2 December	Minto Gardens: Christmas Card Delivery	
Tuesday	3 December	Social Outing: Club Christmas Party	Ottimo House 6:30 pm for 7:00 pm
Wednesday	4 December	Market Day	Minto Gardens Retirement Home Time: 10:00 am to 1:00 pm
Thursday	5 December	Gits of Hope Project: Sorting Day	Ingleburn RSL 10:00 am to 2:00 pm
Friday	6 December	Gits of Hope Project: Sorting Day	Ingleburn RSL From 10:00 am – Only if necessary
Saturday	7 December	Arrival of Santa BBQ	Minto Park Time: TBA
Sunday	8 December	Gifts of Hope Project: Wrapping Day	Ingleburn RSL 10:00 am to 2:00 pm
Monday	9 December	Gifts of Hope Project: Delivery of gifts	Delivery to recipient groups
Monday	9 December	Craft Activity	Minto Gardens Retirement Home 10:00 am to 12:00 pm
Monday	9 December	Board Meeting	Via Zoom 5:30 pm
Tuesday	10 December	Minto Gardens Aussie Christmas with Rotary Santa	Minto Gardens Retirement Home Volunteers need to cook BBQ lunch Time: TBC
Tuesday	10 December	Meeting: Club AGM	Ingleburn RSL Club Dinner 6:00 pm   Meeting 7:00 pm
Wednesday	11 December	Preparation: Christmas Hampers	Venue & Time TBA
Thursday	12 December		
Friday	13 December	Minto Gardens: Karaoke & BBQ	Venue: TBA Time: 6:00 pm to 9:00 pm
Saturday	14 December	Bunnings BBQ	Bunnings Crossroads 8:00 am to 4:00 pm
Sunday	15 December		
Monday	16 December		
Tuesday	17 December		
Wednesday	18 December		
Thursday	19 December		
Friday	20 December		
Saturday	21 December	Christmas Wheel	Minto Marketplace 9.30 am to 11.30 am
Sunday	22 December		

<i>Day</i>	<i>Date</i>	<i>Function</i>	<i>Where   Time</i>
Monday	23 December		
Tuesday	24 December	<b>CHRISTMAS EVE</b>	
Wednesday	25 December	<b>CHRISTMAS DAY</b>	
Thursday	26 December		
Friday	27 December		
Saturday	28 December		
Sunday	29 December		
Monday	30 December		
Tuesday	31 December	<b>NEW YEAR'S EVE</b>	