

Rotary
Norwood



**CREATE HOPE
in the WORLD**



PEOPLE OF ACTION

August 2023

THE NORWOOD NEWS

What we have done

**Rotary Club of Norwood 69th
Birthday Party**

**Joint meeting with RC Burnside and
Eastwood SA.**

**Joint meeting with Rotary Club of
Morialta**

Our upcoming events:

**Richards Park Replanting Completion
& Celebratory Lunch**

Where: The Kensi

When: August 2nd, 2023, 06:30 PM

Club Assembly Meeting

Where: The Kensi

When: September 6th, 2023, 06:30 PM

**Club Meeting for Regionalisation Pilot
Project—Update, with Speaker**

Where: The Kensi

When: September 20th, 2023, 06:30 PM



Meetings Fortnightly Evenings: 6:00pm for 6:30pm start 1st, 3rd and 5th Wed of each month

Where: The Kensington Hotel 23 Regent Street, Kensington, South Australia

Rotary Club of Norwood, District 9520, R.I. Charter, 30th June, 1954

Visit us: <https://www.facebook.com/norwoodrotaryclub> OR <https://portal.clubrunner.ca/12643>

Contact us: rotarynorwood@outlook.com OR PG Bos 3588, Norwood SA 507

The Norwood Rotarian



ROTARY CLUB OF NORWOOD 69TH BIRTHDAY PARTY

On Sunday, 27th August, the Rotary Club of Norwood members and friends gathered at Roger and Janet's home on the Esplanade at Grange.

It was a sunny day. Euan cooked a lovely BBQ and we also had fresh salad, drinks, plenty of nibbles, fruit and cheese platter etc. In addition, two birthday cakes were also provided for attendants to enjoy.

In addition to the food, we also shared our thoughts about Rotary, the history of our Club, the life experiences, as well as the expectation towards the future of Rotary. Particularly, we all agreed to contact and invite many previous members to join our birthday party in 2024 which will be the 70th Birthday of Rotary Club of Norwood.

Roger and Janet were wonderful hosts....thank you !

We would also like to express our thanks to our Area Governor , Elizabeth Gagliardi, who kindly joined us for our Birthday celebrations.



Euan, the BBQ King, baked sausages, chicken kebabs and meat pie for party



Attendees enjoyed the food and conversation with happiness



Sigrid and Paul had conversation with laugh

BUNNINGS BBQ FUNDRAISING

We have achieved moderate fundraising in both the July and August Bunnings BBQs. The profit shared by our club accounted for around \$1,300 in total from these efforts.

JOINT MEETING WITH RC BURNSIDE AND EASTWOOD SA.

RC Norwood met with members from RC Burnside and Eastwood SA at the Kensi on Wednesday, 2nd August.

The highlight of this meeting was the speech provided by 3 of the students who joined the five-day voyage aboard the One & All as part of the Rotary Youth Sailing Challenge along with other 21 teenagers. Two of them, Daisy Braithwaite, 17, and Ruby Marsh, 15, were sponsored by the City of Burnside to participate in the challenge.

The five-day training program aboard the One & All is designed to push participants in ways they would never experience on dry land. As soon as they step on board their mobile phones are removed for the duration of the trip and they spend their first three days learning what is required to sail a square-rigged ship. On the final two days, the participants are tasked with sailing the vessel home by themselves (under the safe and watchful eye of the crew).

Here are some comments shared by them in this meeting:

'This was my first-time sailing - it was a really good opportunity to challenge myself, I wish I could go back and do it again.'

'I made a lot of friends and we still catch up over FaceTime and are looking to catch up in person again soon.'

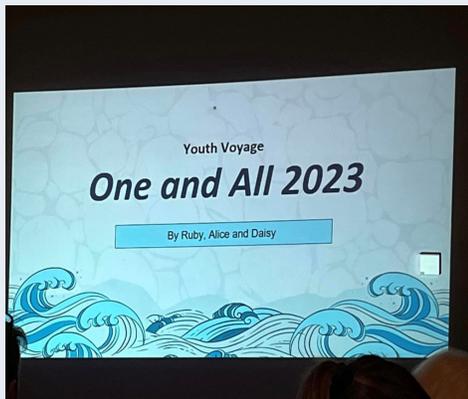
'I applied because I really wanted to improve my confidence and leadership skills which I feel like I have.'

'It was an adventure for a lot of people, it really took them out of their comfort zone.'

To find out more about how you or a loved one can get involved in a future voyage with the Rotary Youth Sailing Challenge, contact the Community Connections team of the City of Burnside at communitycentres@burnside.sa.gov.au.



The One & All



Title of girls' speech



Ruby, Alice and Daisy, the guest speakers for joint meeting to share experience for Youth Voyage

DISCUSSED ISSUES FROM OUR RECENT CLUB ASSEMBLY MEETING.

We discussed some of the critical Club issues in our Club Assembly on 16th August:

- ◇ Club archives: Euan is in liaison with the State Library to gain a full approval to lodge a full set of annual reports in the Mortlock Library archives. He is also approaching the NPSP History Centre to see if we can lodge the minutes of meetings there.
- ◇ Service Clubs Awards : We agreed to apply for Service Clubs Awards for our Richards Park Replanting and Beautification project.
- ◇ Volunteer Grants Program of Federal Government: We are interested in submitting an application before the due date - 8th September. Members are to suggest ideas to Euan or Rob.
- ◇ Treasurer's report: We would like to keep the member fee at \$260 and are interested in exploring more fundraising options to subsidize members' subscriptions.
- ◇ Preparation of RC Norwood 69th Birthday Party
- ◇ Reviewing and updating list of recipients for Club Newsletter
- ◇ Richards Park Project: We plan to complete the planting in August or September.
- ◇ Film Night: We are considering a further Film Night fundraising event.
- ◇ And other issues.

WHAT WE WILL DO

RICHARDS PARK REPLANTING COMPLETION & CELEBRATORY LUNCH

The planned Richards Park planting on 12th August was cancelled and is rescheduled for Saturday the 2nd of September. This may be our last planting session this year, but we will have ongoing weeding, maintenance and clean-up sessions.

When: September 2nd, 2023, 9:30 AM

Where: Richards Park, 134 Magill Rd, Norwood



WALK FOR MENTAL HEALTH

The Rotary Clubs of Eastwood and Regency Park invite you to join them on a walk to raise Research Funds for Australian Rotary Health. Free Sausage Sizzle or Vegetarian Pattie will be provided for all participants (including dogs) and a Coffee Van will also be on site.

This year's walk features the new expansive wetlands in the parklands.

The event will commence at 8:30am on Sunday, 8th October 2023 in Beaumont Rd, Adelaide, near the corner of East and South Terrace, and includes options as 5km for the full walk, and 3km for the short walk.

Please review the attached poster and click <https://www.trybooking.com/events/landing/1078580> for registration.



LIFT THE LID WALK

The other walk event for promotion is 2nd annual LIFT THE LID WALK, hosted by Rotary Club of Campbelltown and Magill Sunrise. Scheduled on Sunday, 8th October, 2023 at 9:00am when walk start in Campbelltown Memorial Oval. The main walk is 5km, with an optional 2km walk so that you can complete at most 7km in this event.

All proceeds for this event will go into mental health research through Australian Rotary Health. For more information, please visit <https://www.liftthelidwalk.com.au/> or contact Betty: bettygebert17@gmail.com.

Please click here for registration: <https://www.eventbrite.com/e/lift-the-lid-walk-for-mental-health-campbelltown-sa-2023-tickets-624877384077>





President's Message

Dear members,

Most Rotary Clubs are settling down now after a frantic June/July frenzy of activities....we need a rest !

You will note the new Rotary Calendar format. The events are subject to change. Please especially note the dates for our Club Assembly meetings. They are an opportunity

for all Club members to have input in to what are often significant agendas for our Club.

The Regionalisation Pilot Project is gearing up now and this will effect how each and every Rotary Club functions in the two world regions involved. Our Club meeting on the 20th of September will focus on the recent and advancing progress with the Pilot Project.

We have made a significant impact with beautifying Richards Park. I thank all the volunteers involved. After the 2nd of September we will focus on weeding, maintenance and clean-up roles over spring and summer.

At some stage I plan another Club meeting (BBQ) in the Park .

Our Club has a long and proud history. We plan to record our progress over the years (see details relating to our Club Assembly meeting on the 16th of August)

I am keen to acknowledge the input and effort by Club members Paul and George in relation to international projects, which significantly benefit communities in the Philippines, Vietnam and Fiji, in addition to the very inspiring and ongoing water and sanitation projects in Zimbabwe so well supported by Sigrid .

Membership subscriptions are a sensitive issue for many of us, and I feel we need transparency as to where and how our Club's \$ 260 per Rotary member per year are distributed and used.

The Heart of the Nation Project, which is a collaborative arrangement with all District 9510 Area 8 Clubs engaging with local Councils , business and community organisations will gear up soon.

On a personal note, I attended (also Euan and Sigrid) the Rotary Club of Adelaide's Founders Day Luncheon , to celebrate their Centenary meeting, along with well over 250 people....this was a very well organised event.

I will represent our Club at a formal reception at Government House on Monday the 10th of October.

A number of our members have been travelling a lot lately. Ian is still away. The two walks in support of Mental Health on Sunday the 8th of October are inspiring.

A busy time aheadalways.

Yours in Rotary

Rob Rushton-Smith,



September 2023 - Education and Literacy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 BUNNINGS BBQ	2 Richards Park Planting Session
3	4	5	6 RCN Norwood Club Assembly meeting	7	8	9
10 DG Talkback	11	12	13	14	15	16
17 DLB & DLT	18	19	20 RCN Norwood Regionalisation Pilot Update	21	22	23
24	25	26	27	28	29	30



PEACEBUILDING AND
CONFLICT PREVENTION



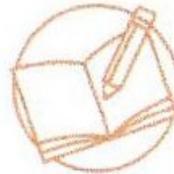
DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

October 2023 - Community Economic development

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labour Day, NSW &SA	3	4 RCN Norwood District/Rotary Governance (speaker)	5	6	7
8 Lift the Lid Walk DG Talkback	9 RCN President Invite to Govern- ment House	10	11	12	13 RCN President Zoom meeting with District Governor Craig Dowling	14
15	16	17	18 RCN Norwood Club Assembly DGN & OGE Training	19 OGN & OGE Training	20 OGN & OGE Training	21
22	23	24	25	26	27	28
29 DLB	30	31				



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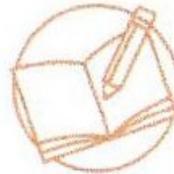
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ENVIRONMENT

November 2023 - The Rotary Foundation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 RCN Norwood International Theme	2	3 BUNNINGS BBQ	4
5	6	7	8	9	10	11
12 DG Talkback	13	14	15 RCN Norwood Club Assembly	16	17	18 Norwood Christmas Pageant
19	20	21	22	23 District 9510 Area 8 meeting To be confirmed	24 World End Polio Day	25
26	27	28	29 RCN Norwood Fellowship/ Membership Initiative	30		





December 2023 - Disease Prevention and Treatment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31					BUNNINGS BBQ	2
3	4	5	6 RCN AGM	7	8	9
10 DG Talkback	11	12	13	14	15	16
17 DLB & DLT	18	19	20 RCN Christmas Party	21	22	23
24	25 Christmas	26	27	28	29	30



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
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WATER, SANITATION,
AND HYGIENE



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CHILD HEALTH



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COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT



LIFT THE LID WALK

PHYSICAL HEALTH FOR MENTAL HEALTH



Contact - Betty Gebert
Mobile - 0429 148143
Email - bettygeb17@gmail.com



CAMPBELLTOWN S.A. PARTNERSHIP OPPORTUNITIES FOR 2023

WWW.LIFTTHELIDWALK.COM.AU

LAUNCHING OUR SECOND ANNUAL LTLW EVENT!

We are thrilled to join with the clubs around Australia already hosting these amazing events and launch our second annual LIFT THE LID WALK for Mental Health in Campbelltown.

EVENT DETAILS:

The Rotary Clubs of **Campbelltown, SA** and **Magill Sunrise** are hosting their next **LIFT THE LID WALK** on Sunday 8th October 2023!

These walks are a great way to spread awareness of the 1 in 5 Australians who are suffering from a mental illness. Help us **Lift the Lid on Mental Illness** this summer by walking with us!
All proceeds go into mental health research through [Australian Rotary Health](#).

Time Details:

On the day registrations will be accepted from 8:00 am. The Inaugural Ambassador's Welcome address will be at 8:30 am before the 9:00 am walk start.

Location Details:

The walk is 5km, starting from Campbelltown Memorial Oval, Corner of Darley and Lower North-East Roads, linking to nearby River Torrens Linear Park, and returning to Campbelltown Memorial Oval. There is an optional 2km walk available at the end of the 5km walk, along the footpath on Darley Rd., Paradise, into the entrance of Campbelltown Memorial Oval on Lower North-East Rd, Paradise and around the Oval itself to complete a 7km walk.

To note: the entrance for all walkers is to be strictly via Lower North-East Road onto the Campbelltown Memorial Oval, where there will be ample car parks available. Thank you!

Fee Details:

\$30 early-bird registrations will include a t-shirt. Kids under 15 walk FREE! (no free shirt)

More Information www.liftthelidwalk.com.au

Email Betty—bettygeb17@gmail.com





Eastwood and Regency Park



WALK FOR MENTAL HEALTH

The Rotary Clubs of Eastwood and Regency Park invite you to join them on a walk to raise Research Funds for the **Australian Rotary Health**

Where: Start & Finish. Beaumont Rd, Adelaide, near corner of East & South Terrace.

How long? Around 5 km for the full walk and 3 km for the short walk

When: Sunday, 8th October 2023

Time: 8:30am

Cost: Adults \$25, Teens \$10, Under 13 Free, Dogs of all ages welcome.

Free Sausage Sizzle or Vegetarian Pattie for all participants (including dogs)
Coffee Van on site from 8am for your caffeine fix.

This year's walk features the new expansive wetlands in the parklands.

Please Register: **TRYBOOKING** (Simply key in: WALK FOR MENTAL HEALTH on 8/10/23 and event will appear)

[REGISTER HERE](#)

