

Weekly Bulletin 20191008



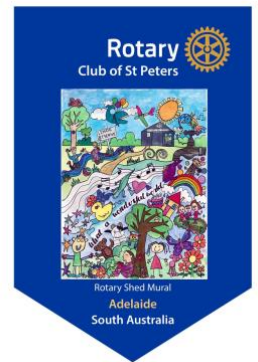
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Club website:

<https://portal.clubrunner.ca/stpeters>

facebook website:

<https://www.facebook.com/StPetersRotary/>



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Secretary: Pamela Vaughton
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Meeting 3106 held on 8th October 2019 at the Kensington Hotel

Meeting Opening – Sergeant Milton Jones called the meeting to order and Phil Smith gave the Invocation and Loyal Toast.

President's Welcome - President John George welcomed Rotarians and mentioned David Strange, back from two European cruises, and also Pauline Yates who has been on the sick list.

Guest Speaker –

As there was no guest speaker, an enjoyable fellowship meeting ensued.



President John showed his hidden talents by entertaining Rotarians with a karaoke rendition of, appropriately, 'Garden Party' (with apologies to Ricky Nelson).



President John's Announcements –

AllKids Gala Garden Party – Rotarians are asked to advise John about the numbers attending on Sunday 3rd November. He said thanks to the Rotarians and Partners who have volunteered to help on the day.

Classic Car Day - Reminder of the 20th October event at Thornden Park, Paradise organized by the Rotary Club of Campbelltown. More details next week.

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Meeting Chairman – Those rostered as Chairman need to contact the guest speaker prior to the meeting to obtain a CV and to ascertain any computer requirements for their presentation.

Rotary Information – President John suggested a 5 minute spot be re-introduced.

John also spoke about John and Kathy Tucker's work in Cambodia.

From their website - <https://newhopeforcambodianchildren.org>

John and Kathy Tucker, an American couple, came to Cambodia in year 2000 to work with the Maryknoll organization, providing assistance to adults who were dying with AIDS.

They soon realized that, as the adults died, they often left behind children with no one to care for them. More often than not, the children were also infected with the HIV virus. Many of them were very sick and dying as well. In response, John and Kathy founded and directed the successful Little Sprouts program through the Maryknoll organization.

They began raising funds to purchase antiretroviral medications (ARVs) for Cambodian children. ARV medications totally suppress but do not destroy the HIV virus. They must be taken daily and consistently to keep the virus inactive. If not, the virus reactivates and begins to destroy the body's immune system, making a child vulnerable to developing the many opportunistic infections that lead to death.

Members Minutes - *Romaine Dawson - Rotary Foundation*

Hat Day - Next meeting Rotarians are asked to wear a hat and make a donation.

Hat Day is an initiative of Australian Rotary Health, one of Australia's largest funding bodies of mental illness research. Established in 1981, Australian Rotary Health has contributed more than \$33 million towards health research projects in areas such as Alzheimer's, arthritis, diabetes, cancer, multiple sclerosis, heart disease and spinal injury.

Since year 2000 the focus has been on mental health. More than four million Australians are affected by mental illness every year, while almost half of us will be affected in our lifetime.

The World Health Organization predicts that by 2020 mental illness will be the leading cause of disability and the second leading cause of death in first world countries.

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Shed Raffle – \$1 a ticket in aid of Australian Rotary Health projects. Romaine and Angela Williams have found some suitable prizes.

Hutt Street Centre – Romaine said the centre has lockable areas where homeless people can keep their valuables, so our club should continue to support the centre.

Rotary Centurions - Centurion \$100 payments can be made any time now. Romaine plans to collect at the Creativity and Design meeting (formally Vocational meeting). We will again send members payments through the club except for those who manage their own account. It is still our aim to have a full complement of Centurions, ie. all our club members. Please support our Rotary Charity.

Note – Treasurer John Reynolds has agreed that if members prefer, these donations can be made to the Rotary Club of St Peters General Account from which they will be sent to the Rotary Foundation. BSB - 06 5129 Account number 00901697 Please indicate your name.

Phil Smith - Australian Rotary Health –
Mental Health Week 5th to 11th October 2019

Community Services Chair, Phil Smith announced that a donation of \$1,000 had been made by the Club to Australian Rotary Health to support its 'Lift the Lid on Mental Illness' program. He went on to present details of the history & works of Australian Rotary Health since its inception.

History

ARH was founded by Ian Scott, a member of the Rotary Club of Mornington, Victoria in 1981. Ian was so moved by the impact of sudden infant death syndrome (SIDS) on families in Australia he resolved to set up a fund to support research on this and other family health problems. This resulted in the establishment of the Australian Rotary Health Research Fund (later called ARH) with Royce Abbey as the inaugural chair of the board. The Fund offered its first research grants in 1985. The Fund initially supported research on SIDS. An information campaign following this research led to a rapid fall in the deaths from SIDS in Australia. Subsequently, the Fund supported a number of areas of research, including environmental health problems of the aged, adolescent health and family health.

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From 2000, it began to specialise in support for mental illness research in recognition of the adverse effects that mental illness had on the health and wellbeing of children, youth and adults in Australia. ARH is currently the largest non-government funder of research in this area in Australia. In 2009, the name was changed to Australian Rotary Health because the organisation had broadened its scope to include community mental health awareness and education activities, in addition to support for research.

Support for research

ARH currently provides a number of types of support for mental illness research, including project grants, PhD scholarships and Post-doctoral Fellowships. In addition, it supports research into a wide range of other health problems with Funding Partner Grants, which involve Rotary Clubs raising money for a specific project and ARH providing matching support. ARH also supports students training as health professionals with Indigenous Health Scholarships, Rural Medical Scholarships and Rural Nursing Scholarships.

ARH has provided funding for a number of projects that have had a practical impact on Australia or have received awards for their importance. These include projects on: nutrition and mental health, clonidine added to psychostimulant medication for hyperactive and aggressive children, e-therapy for anxiety disorders, media reporting of suicide and mental health first aid guidelines.

Community awareness and education activities

ARH has broadened its activities to include many community awareness and education activities, particularly in the mental health area. They have included Community Mental Health Forums, Mental Health First Aid Workshops and training of young researchers to better communicate with the public. ARH also offers an annual Knowledge Dissemination Award through the Australasian Society for Psychiatric Research, for excellence in knowledge dissemination and research translation.

Fundraising

Most of the funds provided by ARH have come from donations by Rotarians. In order to broaden the donor base, ARH launched Hat Day in 2011 as an annual fund-raising event aimed at the general public.

Almoner – Keith Shaw – No report.

Sergeant – Milton Jones – Fines for the usual birthdays, people back, bar drinkers and lairy socks.

Apologies (submitted to Keith Shaw) - John Bested, George Dimitriadis, Carmel O'Reilly, Peter Hewitt, Dennis Henschke, Arthur & Shirley Manser.

Birthdays –

- 1) Members - John George 09-Oct, Rod Carey 10-Oct
- 2) Rotary Birthdays - Keith Shaw 52 11-Oct, David Birkedale 15 12-Oct
- 3) Wedding Anniversaries -
Bill Winslow Mai (Duong) 08-Oct, Peter Hewitt Marg 13-Oct

Meeting Closure – President John thanked everyone and closed the meeting.

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Weekly Meetings - The Rotary Club of St Peters meets on Tuesdays at 6:00 PM at the Kensington Hotel, 23 Regent St., Kensington, S.A. 5068. Visitors are welcome.

Club Website and Facebook page - General information about our club can be found on our website at - <https://portal.clubrunner.ca/stpeters> The latest information about club activities and projects can be found on our facebook page at – <https://www.facebook.com/StPetersRotary/>

SHED SALE - The Rotary-on-Linde SHED SALE is the major Community Service activity of the Rotary Club of St Peters. It is held each Saturday from 8:30 am to 12:30 pm (8:00 am to 11:00 am if temperature is 35 degrees or above) in Linde Reserve at Stepney (Bus stop 6, Payneham Road).



A wide range of goods are for sale at bargain prices, including good pre-loved clothing, shoes, books, toys, art, DVDs, LPs, small household electrical, small furniture, sporting equipment, tools and bric-a-brac items.

Club volunteers work in the shed on various days, sorting the articles and preparing them for sale. All the proceeds of the sales are used for Rotary projects both locally and internationally, as determined by the club.

GOODS ARE WANTED - We need donations of saleable goods for our shed sale. We can't take large furniture - small items that can fit in a car are OK. If you have items that you need us to collect - Please phone 08 8411 0277 and leave a message.

VOLUNTEERS ARE ALWAYS NEEDED - If you, or someone you know would like to volunteer to help us prepare goods for sale or work in the shed please let us know.

Club Officers 2019-20 *President, John George – President Elect, Bill Winslow*
Secretary, Pam Vaughton – Past President, Brian Kretschmer - Treasurer, John Reynolds -
Community Service Director, Phil Smith - Vocational / Youth Services Director, David Heilbronn -
International Service Director, David Strange – Fundraising, Rod Carey - Membership; Arthur
Manser.

Sergeant, Milton Jones - Fellowship; Greg Rogers - Almoner, Apologies & Catering; Keith Shaw -
Rotary Foundation; Romaine Dawson - Public Officer; Bruce Ballantyne - Program; Shirley Manser
- Historian; Dennis Henschke - Shed Managers; Rod & Jen Carey & David Heilbronn - Website &
Bulletin; Keith Payne.

The Bulletin - All items for the bulletin should be submitted to the editor electronically by each Wednesday night. *Editor: Keith Payne gkpaynerotary@gmail.com*

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Subscriptions 2019-20 - Subs are due and can be paid in full or six-monthly. The subscription of \$200 can be paid in cash, cheque or by payment into the Rotary Club of St Peters General Account. BSB - 06 5129 Account number 00901697 Please indicate your name.

Duties Roster

Day	Tuesday	Tuesday	Tuesday	Sunday
Date	15 Oct 2019	22 Oct 2019	29 Oct 2019	3 Nov 2019
Meeting	3107	3108	3109	3110
Venue	Kensington Hotel	Kensington Hotel	Kensington Hotel	Gala Garden Party
Topic - Guest Speaker	Club Assembly	Days for Girls	Angela Organ Variety Bash	AllKids Cambodia
Chairperson	John George	Phil Smith	Keith Shaw	Fundraiser
Vote of Thanks	Bill Winslow	Romaine Dawson	John George	
Miscellaneous		Board Meeting		
Reception	Chris Dawson	Angela Williams	David Strange	Note -
Cashier 1	Dennis Henschke	Chris Dawson	Phil Smith	<i>No meeting on</i>
Cashier 2	Wayne Holton	Pauline Yates	Carmel O'Reilly	Tuesday
Steward	David Strange	John Bested	Bill Winslow	5 Nov 2019
Invocation	Chris Dawson	Angela Williams	David Strange	
Information type				
Information				
Sergeant	Milton Jones	Milton Jones	Milton Jones	Milton Jones
Special Events				
Day				
SHED	Saturday	Saturday	Saturday	Saturday
Team Leader	12 Oct 2019	19 Oct 2019	26 Oct 2019	2 Nov 2019
Counter Sales	Joan Shaw	Shirley Manser	Romaine Dawson	Pam Vaughton
Counter Sales	Julie Reynolds	Arthur Manser	Chris Dawson	Greg Rogers
BBQ	Barbie Birkdale	Sonia Schepetiuk	Sue Bardy	Carmel O'Reilly
Coffee	Peter Shaw	Pauline Yates	David Strange	Dave Strange
ASSISTING SMALL HOUSEHOLD	Angela Williams	Jen Carey	Angela Williams	Angela Williams
Emergencies	Keith Shaw John Reynolds	Keith Shaw Angela Williams	Keith Shaw	Keith Shaw Angela Williams
Pick up Crew				
Pick up Crew	Pauline Yates	Pauline Yates	Pauline Yates	Pauline Yates
Pick up Crew				