

Weekly Bulletin 20200324



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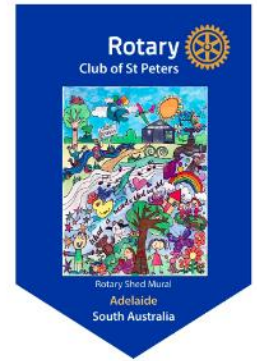
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Our Club Bulletin Continues

Editor's note –

I have decided that under the current circumstances the bulletin from the Rotary Club of St Peters should still be produced on a weekly basis. It is important for Rotarians and their partners to continue to have communication and fortunately we can do this safely via the internet.

I asked a few members to contribute articles for this first interim bulletin and received a good response and I thank those people. For future publications I will be grateful to receive relevant emailed contributions from anyone on our bulletin mailing list.

However, I cannot guarantee that all contributions will be published and some may be edited. Also, I intend to spread out the articles so your contribution may be published in a later bulletin.

Keith Payne – Please email articles to - gkpaynerotary@gmail.com

From President **John George** - Dear Rotarians,

As our Government navigates our country and citizens through one of the most significant and devastating crises that we have seen in our lifetimes, we need to keep the team together. Sitting around home, it is easy to drift away from the mainstream, our friends and associates.

As Rotarians, we all enjoy a rich environment of friendship and comradery. We need to maintain that so that when we can all be together physically again, it is business as usual.

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With technology we can keep in touch and I urge any of you who have something to say to let our Bulletin Editor Keith know so he can publish it. It may not be world beating, anything that you have come across or done, where you are, what you are doing and would normally speak to your Rotary colleagues about, drop Keith a line.

While on the subject of Keith, thanks mate for your work. You never fail to reach out to make sure that you produce an excellent publication that is an important part of the glue that binds us together in St Peters. My heartfelt regards to you and Geraldine.

I met with Brian, Pamela, Bill and Arthur this morning on an app called Zoom. It is a quality video app. As the exec committee we will be able to meet regularly in this fashion. We are also working with the Board to continue our meetings. If nothing else it brings on a sudden surge of technology savvy!

To all Rotarians, the Television is hammering away 24/7 it seems about Covid-19 so there's plenty of information on staying safe. If we all comply, we will defeat this thing eventually. None of us are 16 years old anymore, we are in the tricky zone so must be especially diligent in respecting this virus and conducting our lives accordingly.

This quote was from Joe Jackson, 107 years old and a survivor of the Spanish Flu. Joe said,

"you have to be my crutch, I have to be yours. It's been that way through every crisis we've had" he said." And then we find when we do look back that is what got us through it"

Take Care,
John

From President Elect *Bill Winslow* –

As each of our club members should already know, the decision to suspend our weekly meetings and fundraising open days at the shed was made primarily with the health of our members in mind.

Many of us are in an age group that makes us more vulnerable to serious or fatal consequences of infection with COVID-19 and it would have been irresponsible to continue as normal.

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We have no control on how the other patrons present themselves to us. As it turns out, the social distancing guidelines recently issued by our governments in consultation with medical experts confirm that we made the correct decision for our members as well as our patrons.

It would appear that COVID-19 is a zoonotic infection; it originally spread from an animal to humans who are unlikely to have any immunity to it. Like the flu, it attaches to cells in the upper respiratory track but differs in that in some cases, it progresses to the lower respiratory tract where serious complications may arise including viral or a secondary bacterial pneumonia.

Another disturbing fact is that its genetic material is RNA. RNA is more prone to replication errors or “mutations” which can change the presentation of the virus. Influenza is also an RNA virus and this is why a new flu shot immunisation is required each year as the virus changes due to imperfect replication. There are scientific and medical challenges ahead in trying to identify effective medications and immunisation targets and these will unlikely be solved in a short amount of time.

Many of you may be aware that I am back in the lab to help with the surge of testing requests. SA Pathology has a number of very capable infectious diseases experts who have always been on the ready for such a pandemic and they responded very quickly in developing and verifying the tests we are using. The Commonwealth government also jumped onto this by releasing funding for the expected increase in demand for health services.

You may have seen an article the local paper that highlighted that South Australia is leading the world in the per capita number of tests performed. More testing helps with tracing and understanding the spread that lends itself to a better understanding of the epidemiology with a view to controlling its spread.

Unfortunately, it appears that the spread has not yet reached its peak. This is an additional reason to protect yourselves by following the recommendations issued by the government.

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On another note, be careful of news posted on social media, there is so much absolute misinformation circulating. For more information on how to protect yourselves, visit -

<https://www.health.gov.au>

Hoping everyone can escape this menace and that it ends sooner rather than later so we can get back to doing what we do best.....serving those who are less fortunate!

Bill Winslow

From Secretary Pam Vaughton –

Phone calls in The Time of Virus

We are in the process of setting up a social call system for all members.

More details to follow



Online Video Link-ups

I am delighted with the progress we are making towards online Board Meetings. I am optimistic this can be extended

One step at a time. Led by Brian.

This is new Technology for most of us, but everyone has embraced it.

Yesterday we increased our participants to five for our admin meeting.

By Tuesday we hope to have all ten Board members online for a Board Meeting!

From Phil Smith - Gumtree Convenor -

"The Correct Way to Balance an Olive" by ARNOLD ST CLAIRE

Recently I was at the Rotary Shed & I noticed an unusual painting leaning on the side of our 'pickups to be sorted box'. Paint was flaking off the very basic frame & initially it was hard to tell if it was an old print or an original. The signature was partly obscured by the frame but I thought I could make out a name.

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I 'Googled' the name Arnold St Claire & discovered that there was an Australian artist in the 1960's by that name.

On further investigation I discovered that Arnold was a talented artist who lived in Campbelltown, NSW. He was a finalist in the 1965 Sulman prize & also a finalist in the 1966 Archibald Prize. Arnold must have been quite a character as he held an art exhibition in a local butchers shop in 1966 where he exhibited 35 of his works. He also painted murals in the local Railway Hotel. Sadly Arnold suffered mental illness & alcoholism and died in May 1974 following 8 days of "Deep Sleep Therapy".

I had planned to take an old Victorian Queen Anne bed donated by John Bested to Scammells Auctioneers for evaluation. On the spur of the moment I decided to take the painting to see if their expert saw any value in it. On viewing the painting they asked if they could keep it to do some research. Later that week I called back to their showroom to be advised that they believed that it could have an auction value of up to \$200.

At the auction the painting sold for \$280 which I thought was pretty good. Currently at the shed we have quite a large amount of artwork which has been donated to us. Maybe now is an ideal opportunity for a few of us to sort through this stock & see if we have more hidden treasures there.

Phil Smith.

Notes about members –

*Romaine Dawson and Rod Carey are recuperating after elective surgery.
Geraldine Payne is spending a few days in hospital.*

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News from Medicare, BUPA and Elective Surgery Especially for Rotarians

That caught your eye, didn't it?

Only me, Romaine, letting you know she is home and suffering after her knee replacement at the new Calvary. Home a bit early because of clearing rooms for safety.

"Not happy, Jan, but trying hard".

After 12 years and barely coping for the last 5 years with a partly replacement knee, it was getting increasingly difficult climbing onto cruise ships and being traumatised as sightseeing people fell over my slow-moving body.

Great after Hospital Care through BUPA for the next 4 weeks. My first nurse visit kept me chortling as she said her 2 year old had put their last toilet roll down the loo and tried to flush. He only does it when he is cross with her.

The Physio informed me that the knee was very swollen and bruised and did I know how it got like that. Also not to worry if I cried when exercising.....my excellent Cook, Bottle Washer and Bed Warmer, Chris, is off buying more effective knee icing bags.

Keep Safe,

Romaine Dawson

Rotary Theme for March – Water and Sanitation