

# Weekly Bulletin 20200414



District 9520 South Australia  
PO Box 340  
MARDEN, SA 5070

Club website:

<https://portal.clubrunner.ca/stpeters>

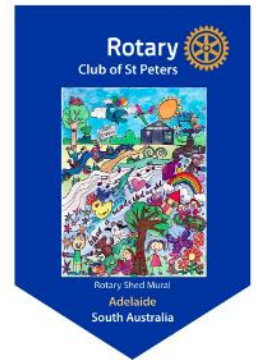
facebook website:

<https://www.facebook.com/StPetersRotary/>



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## Club Bulletin for the eMeeting 3127 held on Tuesday 14th April 2020

### Second Rotary Club of St Peters meeting held via Video Conferencing



**PP Brian Kretschmer** was meeting host and brought everyone online and people seemed to be getting the hang of this new form of holding a meeting.

There was a bit of banter while people were setting up their computers or tablets, getting themselves in the picture and making sure their audio was working.

Bruce Ballantyne almost always wears a tie at regular meetings, but got admonished for not wearing one to the 'Zoom' meeting!

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*Pam Vaughton* recited the Rotary Four Way test –

THE FOUR WAY TEST  
Of the things we think, say or do  
Is it the TRUTH?  
Is it FAIR to all concerned?  
Will it build GOODWILL and BETTER FRIENDSHIPS?  
Will it be BENEFICIAL to all concerned?

Pam called for members to stand and raise their fancy glass for the Loyal Toast

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### President's Announcements

President *John George* welcomed everyone to the meeting especially guests David Jones from the Rotary Club of Mitcham (District 9510 Governor Elect), Damien Leach from the Rotary Club of Campbelltown (D9520 Youth Co-ordinator) and Glenn Mitchell from the Rotary Club of Tea Tree Gully (President).

- Social connections are working well. This week the person to call is the fourth name below one's own name on the list of members provided by the secretary.
- Corporate Membership – Need to change the Club Bylaws.
- Board meeting next Tuesday 21<sup>st</sup> at 10.30 am.
- Cambodia trip being planned for later in the year.

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**Guest Speaker** was our own *John George* who gave a brief outline of his life and work.

Born in the eastern suburbs, attended Rose Park Primary and Adelaide High Schools. John said he apparently could count well so he took a job in the insurance industry. He married Margaret in 1968 and they moved to Port Pirie where their son Paul was born. They played tennis, went water skiing and had a pretty good life there.

After a move back to Adelaide they went in to insurance broking business, starting the company MGA Insurance and they later bought Whittles. They now have 40 branches in Australia and one in Cambodia.

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John and Margaret have 2 children and 6 beautiful grandchildren and he paid tribute to his family who stood by him through some tough times. They have a property at Swan Reach and John has an interest in vintage cars. He joined the Rotary Club of St Peters in 1996.

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### *From the Secretary*

Phone calls in *The Time of Virus*

Please keep them up. If you have time slip in a couple of random calls as well. I can assure you they will be appreciated.



Zoom Success

I feel very pleased with Tuesday's second Club Zoom Meeting. We had 27 participants. The Board encourages all members to join in on our Zoom meetings. I urge anyone who missed out on connecting to please contact Brian. He is happy to run through a trial so you can hook straight in next Tuesday evening. There is a chance for all members to have a quick chat from 7.10 before we start the meeting at 7.30.

21 April Meeting Topic: A Virtual Tour of President John's Car Gallery! Courtesy of Zoom!

Zoom Cartoons

Please forward any clever cartoons / short videos that are suitable for light relief for our meetings.

We have enjoyed some "crackers" already.

The next Board Meeting is at the new time of **10.30a.m. Tuesday 21 April on Zoom**

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## Members Reports

**Arthur Manser** said MGA Insurance will be a sponsor of the Rotary District 9510 Conference to be held in Bendigo, Victoria from 16<sup>th</sup> to 18<sup>th</sup> April 2021.

**Brian Kretschmer** said he will be creating a recurring Zoom meeting – each one will then have the same login details.

**Glenn Mitchell** said some clubs are advertising their Zoom meetings on Facebook so others can join in and have picked up a couple of new members.

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**Damien Leach** advised that most Rotary Youth programs are in abeyance for the time being. They are looking at innovative ways to promote Rotary activities.

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**David Jones** - We have to find ways to keep in touch. Training programs will be done via Zoom. Challenging times ahead and there will be a video about the District Conference available soon.

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**Shirley Manser** - Books from the Shed have been sorted by Phil and Lucy Smith and donated to the Leukaemia Foundation.

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**Apologies** – Chris and Romaine Dawson, John Reynolds, Angela Williams, Milton Jones.

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### Birthdays –

Members - David Birkedale 17th April.

Partners – David Birkedale 17th April.

Wedding anniversaries – None.

Rotary birthdays Pam Vaughton – 7 years on 16th April.

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## Rotary Theme for April – Maternal & Child Health

### Editor's note –

*For future publications I will be grateful to receive relevant emailed contributions from anyone on our bulletin mailing list.*

Keith Payne – Please email articles to - [gkpaynerotary@gmail.com](mailto:gkpaynerotary@gmail.com)

Being the more senior members of society, I think we are doing quite well to embrace the technology, considering we grew up with only a fixed telephone where, by turning a handle, we could alert the operator (in country areas). She (normally a she) would then put us through to a local number or a long distant (trunk call) during which every 3 minutes she would butt in with “are you extending?”



Later we had the luxury to actually dial STD calls direct that gave a beep every 3 minutes to remind us how much money we were spending. Then much later, we marvelled at getting a mobile phone (the size of a brick).

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### **Tips and tricks to make the best of a Zoom video call (compiled from numerous internet sites).**

#### **YOUR DEVICE**

Close unused applications on your device because video can take up a lot of computer/tablet power.

When possible, establish online video conferencing connections several minutes before the meeting start time.

#### **LIGHT UP YOUR FACE**

Be sure that your camera is properly positioned on the main monitor you will be using for the video conference. A camera that is pointed too low on your body or pointed somewhere else in the room can be both distracting and unflattering. Make sure the camera is in a stable position and focused at your eye level. Doing so allows for more direct engagement with the other meeting participants.

Also, be sure you have good lighting; natural side lighting is usually the best. Have your largest light source either right in front of you or no more than 45 degrees away from directly in front of you. Be aware that your screen can be a large source of light, so adjust your screen brightness, especially without natural light. A bright screen can affect the highlights on your face. You can overdo it too, so experiment until you find a good balance. Try pointing a strong desk lamp at the wall you're facing. You get good front light without having to look directly into a harsh light.

#### **RAISE YOUR CAMERA**

The only acceptable camera angle is head-on and at eye level. Take note of where the camera is on your device. Your table is almost certainly going to be lower than your face, and that means people are going to get an unflattering look up at you. Use a set of books, or a higher table to make sure your camera is at the same level as your eyes. You don't want people to feel like they are looking up or down at you. Don't allow your camera positioning to become a distraction to other participants in your video meeting.

#### **BACKGROUND**

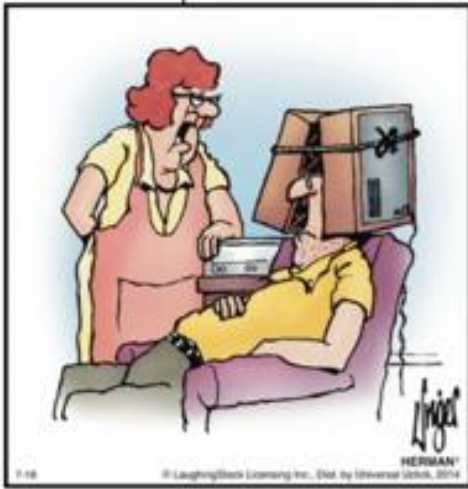
Be positioned with a suitable non distracting background. The latest, more powerful computers have a Zoom feature whereby you can use a picture of your choice as an artificial background if you wish. Dress in suitable attire that looks good on the screen. Wear neutral, solid coloured clothing. Avoid black, white, or striped clothing. The key to this is to dress simply. Patterns can look terrible in a video player and white tends to either look over exposed or dirty. If you have vertical mini-blinds do not have them in the background. Minimize your hand gestures and body/head movements as well.

#### **TEST YOUR VIDEO BEFOREHAND**

Go to the settings that show you a preview of your video before the call starts. If you're using Zoom on a computer, click the small arrow next to the video icon on the toolbar, choose Video Settings, and go to the Video tab. If you're using a mobile phone or tablet, you'll need to tap More (the three dots), then Meeting Settings.

You want to show up at your meeting already looking good so that you're not adjusting your surroundings, screen brightness, angle, or hair live for everyone to see.

## FIND A QUIET PLACE (AND YOUR BEST HEADPHONES)



"Why don't you buy a proper set of headphones?"

Most of us don't have a great deal of control over audio, but you'll sound better if you are in a quiet place. Sound quality is surprisingly important. Scratches or static can be incredibly annoying. It's actually OK to have lower quality video, but lower quality audio can be a conference killer.

You don't need a super-fancy, expensive microphone. But don't plant your computer three feet away and hope the built-in mic will pick you up. It will create an echo that's annoying to most listeners. Ideally, use a separate microphone, whether that's the earbuds from your phone or headphones with a microphone.

Don't try to use ordinary headphones, only use those that include a microphone. Use the Zoom settings to test the speaker/headphones and microphone sound levels.

As a courtesy to others, keep your microphone muted unless you are talking. In Zoom, there is a feature that lets you unmute yourself while holding down the space bar (provided the host hasn't muted you).

Take a breath at the end of every sentence. When you finish a thought, take another breath before continuing. These two pauses give the host or others in your call time to jump in if they have something to say.

## GET COMFORTABLE

Much like being in a physical meeting, once you join a call, you shouldn't be getting up and moving around. Find a comfortable place to sit for a long period of time. If you are using a laptop you can sit in an easy chair with the laptop on a pillow. Plug the laptop in to wall power because battery use can adversely affect video quality.

Always bring something to drink into your session, but drink in sips. You want to keep your throat from getting dry.

A common mistake is looking at the video feed instead of the camera when speaking to a remote participant. While it may seem like the right thing to do, it actually makes it appear as if you're looking off and not paying attention.

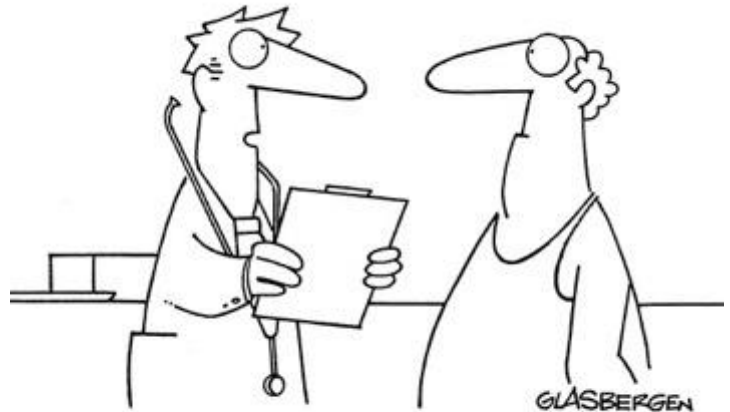
Looking into the camera lens is the equivalent of looking into the person's eyes, so practice doing so until you're comfortable with it. Remember, you are on a video conference, people can see what you are doing at all times.

And finally: stay professional.



Sitting on the couch & my husband sweetly whispered.. "The best part about all of this is that I get to spend more time with you" as I looked over at him lovingly I realized he was talking to the dog not me

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"The handle on your recliner does not qualify as an exercise machine."

**NO, I'M NOT COMING DOWN!**  
We've been on 20 walks today. Leave me alone.

