

Rotary Club of St Peters



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SERVE TO CHANGE LIVES

Weekly Meetings - The Rotary Club of St Peters meets on Tuesdays at 6:00 PM at the Kensington Hotel, 23 Regent St., Kensington, S.A. 5068. Visitors are welcome.

Coming Events

**Next Club Meeting is on Tuesday 1 February on Zoom at 7:30 pm.
Program –**

<u>Date</u>	<u>Venue</u>	<u>Speaker/Program</u>	<u>Organisation</u>
1 February	Zoom	Club Meeting	RCStP
8 February	Zoom	Club Meeting	RCStP
27 March	St Peters' Girls School	Garden Party	RCStP/Allkids Cambodia

Report of Zoom Meeting 3209 held on Tuesday 25 January 2022 at the Kensington Hotel

Vice president Arthur called the meeting to order and Rod Carey gave the invocation and proposed the toasts.

President Keith welcomed guests: Una Hobday PDG, RC of Hobart, Susie Llewelyn RC of Epping NSW and MaryAnne Hannay.

Keith also welcomed Rotarians and partners. Please see P 4 for apologies.

The Board has agreed at this stage, with current restrictions, Zoom meetings will continue for the month of February.

President's Remarks

- Our District 9510 has been asked to contribute towards the Tonga Volcano/Tsunami disaster. Motion was passed: "The Club recommends \$3,000 be contributed towards this appeal."

Rotary Action Group: Plant Solutions – Una Hobday - PDG, RC of Hobart



“The Food Plant Solutions project was designed to address malnutrition through the use of readily available and local food sources. We create educational publications that help people understand the connection between plant selection and nutrition, and empower them to grow a range of highly nutritious plants with differing seasonal requirements and maturities. We identify food plants that are potentially important for a country or region because they are suited to the environment, they are high in nutrients and they grow with minimal inputs. This is a sustainable solution that empowers people in need, not just for now, but into the future. Food Plant Solutions does not send people in-country, but forms partnerships with existing aid providers who use the FPS publications to educate communities, and particularly women and children, on the nutrient value of their local foods. Not only does this sustainably address malnutrition and food security, it also empowers women. In many cases this will increase incomes, particularly for women, which benefits the family unit as a whole, and it safeguards and strengthens the capacity of women to provide food security, health and nutrition for their family. Most projects (whether they be housing, water, schools, maternal health, etc.), would be further enhanced by adding a Food Plant Solutions component to them. Most people who are in dire situations require a sustainable way to grow and access nutritious food.

With program partners, FPS encourages the establishment of demonstration food gardens in schools and communities, as these provide ongoing education and improve the health and nutrition of participants, who are provided with nutritious food prepared from these gardens.

*With some of our programs achieving a **reduction in malnutrition by as much as 95%**, this approach is proven, cost-effective and sustainable.*

Contact us at info@foodplantsolutions.org to get involved.”

(From the website) <https://foodplantsolutions.org/about-us/>



The RCStP International Committee is supporting this wonderful project.

It gave us great pleasure to have Una Hobday online to view our donation which was outlined on Zoom by Milton Jones.

Pictured are members of the International Committee; Director Phil Smith and member John Dubberley

Shed News - David Heilbronn

The Shed continues to trade and donation enquiries abound.
Gumtree is operating effectively under the stewardship of Jim Owler.
Thank you Jim.

Update: The “Café” will reopen on 5 February with the following conditions:

- **there will be 2 Covid Marshalls on duty**
- **all workers and patrons to wear masks and be double vaxxed**
- **tables will be sanitised after each use**
- **all workers will be supplied with a KN95 mask**
 - Apparently the largest risk with KN95 masks is not giving a thought to the fact that the masks may be contaminated after use.
 - · Remove them by the ear loops
 - · Immediately place them in a breathable bag and leave in a ventilated place for a day before touching them
- **all workers will be asked to take their coffee breaks at the back of the Shed and be seated for eating and drinking**

The idea of a weatherproof shelter in the park at the front of the Shed is being explored

Just five more minutes of spin cycle
and the fitness tracker would reach
10,000 steps for the day.



News From Port Augusta - Medical Student Brigette Treloar

Hi Brian,

I will be an apology for the meeting this evening. I have an event here in Port Augusta.

Feel free to pass on this update regarding my experience this far: we had an online orientation via zoom to the medicine course for this year, which will include the following subject domains: obstetrics, gynaecology, paediatrics, human reproductive health, general practice, and geriatrics.



I had an introduction to some of the staff who will be supporting me on my placement this year, and next week I will begin my first week of placement for the year with the Royal Flying Doctor Service.

If you could please notify the group of this update, and I hope to be able to join next week!


Kind regards,
Brigette Treloar

Apologies: Bill Winslow, David Birkedale, Tony Camporeale, Chris Dawson, Romaine Dawson, John Reynolds, Helen Moyes, Brigette Treloar

Anniversaries

Birthdays

1) Members	-	Ann Price	19th January
2) Partner's Birthdays	-	Nil	
3) Rotary Birthdays	-	John Gallehawk	28th January. (19 yrs)
		Arthur Manser	29th January. (14 yrs)
4) Wedding Anniversaries	-	Nil	



Rotary

The Four-Way Test

of what we think, say or do

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build good will and better friendships?
4. Will it be beneficial to all concerned?

Imagine Rotary - Theme 2022-2023

Announced by RI President Elect: Jennifer Jones



The theme graphic was designed by an Australian indigenous artist to link with the Melbourne convention in 2023.

Circle - connections to one another

Dots around it - Our People

There are 7 Dots because of our Rotary's 7 areas of focus

Circle + dots around it - Navigation star, our guiding light

Green solid line - digging stick (used when doing hard work);
for us it's People of Action, represents the tools for getting things done

Colors: Purple, Green & White -

Celebrate DEI- Diversity, Equity and Inclusion.

Freedom to express ourselves differently but still with a special connection.

Purple- Polio

Green- the Environment

White - Peace

Represents Empowerment and Newness and also the colours were utilised for the women's movement giving us the opportunity to grow our female membership.

Stop Press: We received the following written feedback Zoom Guest Una Hobday after the presentation:

"A fantastic theme and a great year to come. Thank you all for the support of Food Plant Solutions."

Doggy News – Jatz – David and Rhonda Heilbronn



Jatz – in his favourite spot on the couch.

First – his name - as most of you know the grandkids named him. His favourite day of the week is Friday as there are usually lots of grandkids at our place. He follows them around waiting for one of them to put their snacks within reach. He can snatch food from their hands without them even knowing.

He is now 3 years old and already looks like an old man. Jatz goes everywhere and is invariably well behaved. He sleeps next to our bed and never stirs from lights out until daylight.

He is very laid back. Sometimes some of the local dogs start barking. He will go outside – listen for a few seconds and then turn around and come back inside without saying a word.

Most who visit the Rotary Shed on a Saturday know Jatz. He sits in his bed under the ladies table and watches the world go by. All that is required is an occasional walk around the Linde Reserve.



Jatz after coming back from the beauty parlour. Is it really him or have they switched dogs?

Meeting Roster

Day	Tuesday	Tuesday	Tuesday
Date	1-Feb-22	8-Feb-22	15-Feb-22
Meeting	3210	3211	3212
Venue	Kensington Hotel	Kensington Hotel	Kensington Hotel
Topic / Guest Speaker			
Chairperson	Arthur Manser	Arthur Manser	
Vote of Thanks			
Special		Board Meeting?	
Reception			
Cashier 1			
Cashier 2			
Steward			
Invocation	David Birkedale	John Dubberley	Angela Williams
Bulletin	Pam Vaughton	Pam Vaughton	Pam Vaughton
Information Spot			

Shed Roster

**THE TEAM LEADER IS RESPONSIBLE FOR THE TEAM
FOR FOLLOWING THE SHED GUIDELINES AND BANKING THE DAY'S TAKINGS**

THE COVID 19 PLAN MUST ALWAYS BE FOLLOWED

DAY	Saturday	Saturday	Saturday	Saturday
DATE	29-Jan-22	05-Feb-22	12-Feb-22	19-Feb-22
	SCHOOL HOLIDAYS			
		PANCAKE SAT.		
COVID MARSHALL ENTRY CHECK	Brian Kretschmer Sue Bardy	Barbara Joy	Peter Hewitt	Sue Bardy
FRONT COUNTER				
Counter Sales 1	Trenna Kretschmer	Greg Rogers	Julie Reynolds	Romaine Dawson
Counter Sales 2	Rachel Elliot	Milton Jones	Joan Shaw Margaret Hewitt	Mary-Anne Hannay
GENERAL HELP	David Elliot	Rod Carey	John Reynolds	Chris Dawson
CAFÉ				
BBQ		Wendy Gaborit	Peter Shaw	Dave Strange
Coffee		Jen Carey Angela Williams	Angela Williams	Bill Winslow
GOODS IN	David Elliot	Rod Carey	John Reynolds	Chris Dawson
SMALL HOUSEHOLD	John Seeliger	John Seeliger	John Seeliger	John Seeliger
EMERGENCIES	Phil Smith	Phil Smith	Phil Smith	Phil Smith
PICK UP CREW 1	Pauline Yates	Pauline Yates	Pauline Yates	Pauline Yates
PICK UP CREW 2	Marlene Balacco	Marlene Balacco	Marlene Balacco	Marlene Balacco

PLEASE NOTE: START TIME IS 7.45 am