

# Rotary Club of St Peters



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Weekly Meetings - The Rotary Club of St Peters meets on Tuesdays at 6:00 PM  
at the Kensington Hotel, 23 Regent St., Kensington, S.A. 5068. Visitors are welcome.

**Next Club Meeting is on Tuesday 28 November at the Kensington Hotel  
Program – Scottish Night – President Jim Owler**

## Future Events

<u>Meeting #</u>	<u>Date</u>	<u>Venue</u>	<u>Speaker/Program</u>	<u>Information</u>
3321	4/6/24	Kensington Hotel	Scottish Night	Partners night Wear a touch of tartan
3322	11/6/24	Kensington Hotel	Club Assembly	Come along and have your say
3323	18/6/24	Kensington Hotel	Leigh Mills	My Life

## Report of Meeting 3320 held on Tuesday 28 May at the Kensington Hotel

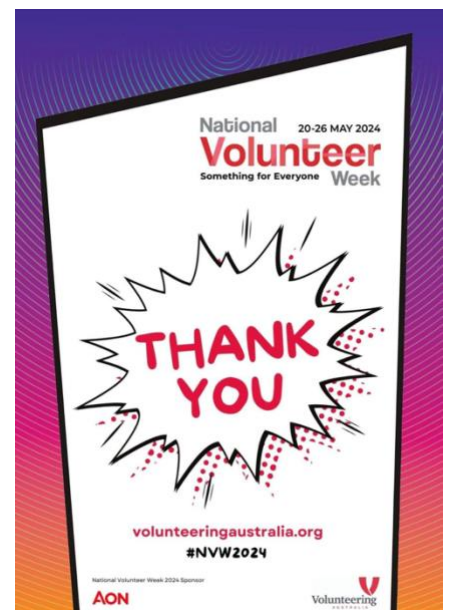
**Sergeant Brian Kretschmer** called the meeting to order and **Milton Jones** gave the Invocation and toast.

**President Jim Owler** welcomed all especially Guest Speaker Gordon Miller, his friend Lyall Pearce and Lyall's brother Ian.

**President's Announcements:** Next meeting Tuesday 4 June - Scottish Night 5.45 for a 6.15pm start - At the Kensington Hotel.  
Scottish Singer (Tenor) & Accordionist  
Alan Nisbet will perform a lively musical repertoire.  
Sergeant Greg McRogers will be conducting random tests on speaking with a fine Scottish Accent.  
Dress Code – A Touch of Tartan.  
Please notify Jim or Wendy of your attendance.

**14 June – Friday – Volunteers Lunch at the Shed – 11.30 for 12 noon.**  
This is for all volunteers who work at the Shed on any day. Details to follow.

**RI Brazil Disaster Appeal Support** – Exceptional payment of \$5000. Club approval given. Details P. 5.



## Guest Speaker – Gordon Miller

Gordon and his wife Eunju brought their white Tesla Electric Vehicle to the Shed last year and spoke of their EV experience.

This was a very popular topic.

What folk did not know is that Gordon had a heart transplant in 2018.

At the current meeting Gordon and his friend Lyall spoke of their health journeys. Each has had a heart transplant.

In 2005 Gordon developed Cardiomyopathy as a result of a viral infection.

In 2010 he suffered a cardiac arrest (at the Hillbilly Hoot!). Luckily Medical Aid and an AED were close by and he received prompt treatment.

*(Also Gordon had followed recommendations and had his Medical Records on the fridge for the ambulance officers. More details on P.3)*

Various medical procedures followed but Gordon's health deteriorated. 30 individual doctor appointments followed as he was placed on the heart transplant list in 2016. During the next 19 months and 10 days Gordon was unable to work and became very ill.

One morning in 2018 he had planned a fishing trip and was expecting an early morning call. It turned out to be a summons received from Sydney to catch a commercial flight to St Vincent's Hospital.

They had a healthy heart (in a box complete with pump) for him.

The next three months were very challenging.

Gordon had to stay in Sydney and have a myriad of medical procedures including very unpleasant heart biopsies that left him bruised and sore. However he followed medical, diet and fitness recommendations and gradually returned to good health.

About Gordon in 2024

"I'm 51. I've been on the wrong side of cardiology since 2004. I love living in Adelaide. For work I work at Kennard's Hire which allows me to play with machines most of the day, and for fun I've been known to run or walk or both lots of distance. (e.g. Gordon and his dog Murray walk to Marino from Royston Park and back – Murray has a rest the next day!)

I like to play with cars if I can but rarely put them back together."



## Guest Speaker – Lyall Pearce - Gordon Miller's friend through Heart Transplant Rehabilitation

Lyall's journey was quite different from Gordon's. At age 50 he was diagnosed with Amyloidosis. This is a condition with similar symptoms to multiple myeloma – cancer of the plasma cells. Lyall had five years of illness before he was able to receive a heart transplant. He also had to undergo a bone marrow transplant.

Lyall has worked hard to regain his health and now works from home in the IT industry.

It was lovely that his brother Ian could also come along to Rotary as a guest to hear his brother's presentation.

Gordon and Lyall have experienced a challenging journey with success through grit, determination and expert medical care.

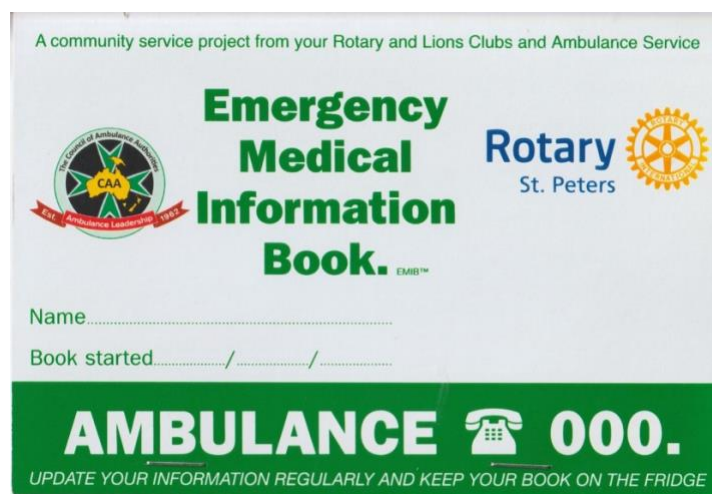
Keith Shaw gave the Vote of Thanks.



*(Also Gordon had followed recommendations and had his Medical Records for the ambulance officers..... and his documentation was on the fridge – from Rotary. In 2010 at age 37 Gordon had a cardiac arrest – this booklet helped save his life.)*

Several years ago our Club adopted this project. Members received this booklet.

Gordon urges each one of us to fill in our Medical Records and put them on the fridge for when an ambulance is called. It will help save lives.



	<b>Save the Date</b>
30 June 2024	Changeover Lunch – Mt Osmond Golf Club <a href="#">Click here to book attendance</a>
20 July 2024	ROMAC Fundraiser – Inside Out 2 Children’s Film – Details next week

**Members Minutes**

**Phil Smith - Shed Report**

Phil reminded members and volunteers of the safety procedure to be followed when dealing with and reporting a Shed incident. The Team Leader must be informed and a report written. The Incident Book is kept on the bench in the back “kitchen” area.

Shed trading on Saturday was brisk and successful.

**Wendy Gaborit – Christmas Party**

The Christmas party will be held on Saturday 14 December. Venue “On Statenborough” as for last year. This was a very popular and enjoyable event.

**Keith Shaw - Wellbeing Report**

Sending best wishes and speedy recovery messages to Ann McIntosh and Adrian Esterman

**Julia Verran – Centurion - Rotary Foundation**

Last week we welcomed new member Julia Verran as a Centurion. Secretary Wendy presented Julia with a pin and certificate. The Rotary Foundation is the charity of Rotary. Being a Centurion means donating \$100 annually to the Rotary Foundation.



## The Rotary Foundation Brazil Flood Response Fund

Dear Jim,

The Rotary Foundation has created the Brazil Flood Response Fund in the wake of devastating flooding in the southern part of the country that has affected more than 1.45 million people.

The fund will support disaster response grants for member-led projects that provide supplies to people in the state of Rio Grande do Sul who have been displaced from their homes or lack power and access to clean water. Here's how you can help:

- [Donate](#) to the Brazil Flood Response Fund.
- [Fundraise](#) among your colleagues, friends, and family through Raise for Rotary.
- [Learn](#) about local Rotary disaster response efforts.

You can donate to the Brazil Flood Response Fund now through 31 August to make funding available for relief efforts led by your fellow Rotary members in the area. If the needs diminish, or if more funds are raised than are requested through [disaster response grants](#), your donations may eventually be used to respond to disasters elsewhere in the world.

Events like this can devastate communities without warning, leaving people in urgent need of medical care, housing, and other basics they need to survive. We hope you can help the people in Brazil who have experienced these catastrophic floods.

Sincerely,

R. Gordon R. McInally  
2023-24 President  
Rotary International

Barry Rassin  
2023-24 Trustee Chair  
The Rotary Foundation

The Club has agreed to donate \$5000 towards this fund.

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### The Four Way Test



Apologies

Mary-Anne Hannay, Chris Dawson, Romaine Dawson, Keith Payne, Bill Winslow, Ann McIntosh

Meeting Roster

Date	4-Jun	11-Jun	18-Jun
Meeting Number	3321	3322	3323
Meeting	Kensington Hotel	Kensington Hotel	Kensington Hotel
Venue Topic / Guest Speaker	Social Night Jim Owler	Club Assembly	My Life Leigh Mills
Chairperson	Jim Owler	Jim Owler	Peter Hewitt
Vote of Thanks		Wendy Gaborit	David Heilbronn
Special			Board Meeting
Reception	David Heilbronn	TBA	Romaine Dawson
Cashier 1	Leigh Mills	Sonia Schepetiuk	Chris Dawson
Cashier 2	Peter Hewitt		
Steward	TBA	David Heilbronn	Phil Smith
Invocation	David Heilbronn	TBA	Romaine Dawson
Bulletin	Pam Vaughton	Keith Payne	Pam Vaughton
Information Spot			
Sergeant	Greg Rogers	Keith Shaw	Ann McIntosh
Well being Support	Mary-Anne Hannay	Mary-Anne Hannay	Mary-Anne Hannay
Information			Board Meeting

Shed Roster

PLEASE NOTE START TIME IS 8.30am and CLOSE DOORS AT 12.30 pm

DAY	Saturday	Saturday	Saturday	Saturday
DATE	01-Jun-24	08-Jun-24	15-Jun-24	22-Jun-24
		<b>KING'S BDAY LONG WEEKEND</b>		
	<b>PANCAKE SAT</b>			
<b>TEAM LEADER</b>	Arthur Manser	John Reynolds	Mary-Anne Hannay	Jim Owler
<b>FRONT COUNTER</b>				
<b>Counter Sales 1</b>	Arthur Manser			
<b>Counter Sales 2</b>	Carmel O'Reilly	Margaret Hewitt	TBA	Romaine/Chris Dawson
		Julie Reynolds Joan Shaw	Rachel Elliott	Mary-Anne Hannay
<b>GENERAL HELP</b>	David Heilbronn			
		John Reynolds & Peter Hewitt	Bill Winslow	Jim Owler
<b>CAFÉ BBQ</b>	Rod Carey			
<b>COFFEE</b>	Jen Carey	Rod Carey	David Elliott	David Heilbronn
<b>ASSISTANT</b>	Adrian Esterman	Barb Joy <i>until midday</i>	Wendy Gaborit	Angela Williams
		Angela Williams	<i>After Midday</i>	
<b>GOODS IN Counter When Needed</b>	David Heilbronn			
		John Reynolds & Peter Hewitt	Bill Winslow	Jim Owler
<b>SMALL HOUSEHOLD</b>	Keith Shaw Angela Williams (Assist on Café As needed)			
		Keith Shaw Angela Williams (Assist on Café As needed)	Keith Shaw Angela Williams (Assist on Café As needed)	Keith Shaw
<b>EMERGENCIES</b>	Phil Smith or Wendy Gaborit			
		Phil Smith or Wendy Gaborit	Phil Smith	Phil Smith or Wendy Gaborit
<b>PICK UP CREW 1</b>	Pauline Yates			
<b>PICK UP CREW 2</b>	Marlene Balacco	Pauline Yates	Pauline Yates	Pauline Yates