Rotary Club of St Peters

Rotary St Peters Monthly Newsletter

Phone: 0493 281 503 email: stpeters@rotaryclub.org.au Website: https://rotarystpeters.org.au/ Facebook: https://www.facebook.com/StPetersRotary/

> Weekly Meetings - The Rotary Club of St Peters meets on Tuesdays at 6:00 PM at the Kensington Hotel, 23 Regent St., Kensington, S.A. 5068. Visitors are welcome.

Welcome to the June 2024 edition of the Rotary St Peters Monthly Newsletter

Blokes Kitchen

A motivated group of eight mature blokes from the local community have met monthly since August 2023 in a year-long Club pilot project developed for participants to learn some of the finer points of meal making, and to enjoy a fun time together.

At the 10th and final session of the 2023-24 Blokes' Kitchen each Bloke made a quiche (yes, these real men do eat quiche!) and in pairs prepared pancakes. The quiche preparation allowed for an interpretation of the basic recipe, with varying amounts of ham, cheese, corn, and onion in them. One Bloke made a vegetarian quiche.

> While the quiches were cooking, they sat down to eat their pancakes with strawberries, banana, and whipped cream. Once the quiches were cooked and cooled, each Bloke took his home.

> Finally, each Bloke completed a written evaluation of the course, and all would like to continue into further sessions.

A discussion with NPSP Council representatives has indicated that they will provide the kitchen again at no cost - in addition they will be advertising the possibility of a new series in their current e-newsletter.

The BLOKES KITCHEN is a Rotary Club of St Peters Community Service project.









28th Annual Music Awards

For many years, the Rotary Club of St Peters has given local secondary school students the opportunity to perform in front of their families, friends, Rotarians and their partners at the Annual Music Night Concert. Each year a new group of very talented students take part, much to the delight of the audience.

Students play a wide range of instruments including piano, violin, wind, percussion either individually or as a group. There are also vocalists and on occasions a school orchestra.

Each student is presented with a monetary contribution to assist them with their studies.

This year we held a very successful Music Night at St Johns Anglican Church, Halifax Street, Adelaide.

There were 11 students on the night across 7 schools. Loretto College, St Peters College, Norwood International, Prince Alfred College, Mary MacKillop School, St Peters Girls School, and Marryatville High School.



The response after from teachers, parents and students was very positive and schools said they would return again next year. Lots of students, teachers and parents took photos on the main stage after the event.

Rotarian Mary-Anne Hannay worked very hard with schools and students to coordinate the performances with great success.

The MUSIC AWARDS NIGHT is a Rotary Club of St Peters Youth Service project.

Club Meetings

A summary of Rotary Club of St Peters Club meetings.

Guest Speaker – Phil Smith

Phil is recently retired with over 40 years work as a professional planner. Phil worked for the State Planning Department for 34 years – specializing in planning legislation – and environmental, economic and social impact assessment on large development projects across the State.



After leaving the State Government Phil served as a member of 3 metropolitan and one country Council assessment panels, including for the Norwood Payneham and St Peters Council. In this role Phil made decisions on many complex and often controversial development proposals coming before the Panels.

Club Meetings

Guest Speaker – Gordon Miller

In 2005 Gordon developed Cardiomyopathy as a result of a viral infection. In 2010 he suffered a cardiac arrest (at the Hillbilly Hoot!). Luckily Medical Aid and an AED were close by and he received prompt treatment.

He was placed on the heart transplant list in 2016. During the next 19 months and 10 days Gordon was unable to work and became very ill.

One morning in 2018 he had planned a fishing trip and was expecting an early morning call. It turned out to be a summons received from Sydney to catch a commercial flight to St Vincent's Hospital. They had a healthy heart (in a box complete with pump) for him.



Guest Speaker – Lyall Pearce - Gordon Miller's friend through Heart Transplant Rehabilitation

Lyall's journey was quite different from Gordon's. At age 50 he was diagnosed with Amyloidosis. This is a condition with similar symptoms to multiple myeloma – cancer of the plasma cells.

Lyall had five years of illness before he was able to receive a heart transplant. He also had to undergo a bone marrow transplant.

Gordon and Lyall have experienced a challenging journey with success through grit, determination and expert medical care.

Our Scottish Night The invitation said "Wear a touch of tartan"

The RI International President Gordon McInally is Scottish as is our President Jim Owler.

At the beginning of the year members were asked to work on their Scottish words. How did we go?

On Scottish Night Jim E (born in Ayrshire) gave us a verse from Robbie Burns.

Wee, sleeket, cowran, tim'rous beastie, O, what a panic's in thy breastie! Thou need na start awa sae hasty, Wi' bickerin brattle! I wad be laith to rin an' chase thee Wi' murd'ring pattle!

The audience had no idea Burns was referring to a mouse whose nest had been disturbed by a plough – in 1785! - but we enjoyed a wonderful evening of Scottish fun.





Alan Nisbet played and sang for us and there was a great deal of conviviality.

Our Scottish Night









Dennis enjoyed the music as we danced to Auld Lang Syne.

Our Scottish Night





President of the RC of Norwood Rob Rushton-Smith enjoyed the evening.







Our thanks to Patricia Bozin who captured memorable photos. Ed.

MONSTER GARAGE SALE in the BIG GREEN SHED every Saturday morning in Linde Reserve

Our **Rotary on Linde BIG GREEN SHED** provides clothing, shoes and bric-a-brac items. Also, books, toys, art, DVDs and LP records as well as household electrical, sports equipment and tools.

All at affordable prices.

Location - in Linde Reserve at Stepney (Bus stop 6, Payneham Road). Follow the roadside signs.

Opening times - Every Saturday morning from 8:30 am to 12:30 pm.



Our Café – Serves coffee, light BBQ snacks and drinks. Come and enjoy our new shelter.

Dog Owners with their pets on a leash are welcome.





Electronics Recycling – there's a bin at the Shed for items. This provides work for the employees at Minda.





We need your help - to DONATE items, to help SORT items, to SERVE on Saturdays.

Bring items to the Shed on Saturdays, phone us on 8411 0277 or contact us at -

stpeters@rotaryclub.org.au