



*Local in Action, Global in Vision.*



**Attendance (by Sunday 5pm) to Steve Jenkins**  
**ph 478 8467**

**jenkins@kiwilink.co.nz**  
 Meet Pupuke Golf Club,  
**231 East Coast Rd,**  
**Mairangi Bay.**

**Mondays 5.30 for 6pm**  
[www.ecbrotary.co.nz](http://www.ecbrotary.co.nz)



Vocational Service  
 Month

**Next meeting**  
**5.30 for 6pm**  
**4 February 2019**

**Bonnie Choi IYE in**  
**Belgium 2018.**

**Dates**  
**18 February**  
 Joint area meeting  
**09 March** stand at  
 Cairo to Cape day  
**10 March** Home and  
 Garden stand  
**06 April** Quiz night at  
 Pinehurst  
**08 April** Mairangi Bay  
 wine and food festival.  
**12-14 April** District  
 Conference

Well it was back to work on the first formal meeting of the year, with Committee meetings to bring us back down to earth after a summer break.

To remind us what it is all about though, it was a pleasure to hear Niamh Franklin talk about her experiences on Outward Bound. She is a talented student and had already achieved a partial Scholarship to attend a "Mind Body Soul" course last year. East Coast Bays Rotary was able to top that up to enable her to go.

Niamh gave a very thoughtful talk, something of the physical exertions of the course, which were considerable, but she accompanied this with a very mature, philosophical discussion on the "Mind and Soul" aspects of the experience. She has come out of it nearly feeling invincible, knowing that she is only limited by her mind in whatever she wants to achieve, even half-marathons with less than 24 hours notice.

I felt proud that we were able to contribute to such an important, life changing experience for Niamh and I am sure she will engage in her medical studies with the same determination that enabled her success at Outward Bound.

Presentations like this remind us how important our contributions can be in our local community and further afield, making the Committee work that followed all the more worthwhile.

Ciaran Seymour IYE departs for Chile.



	28 January	4 February	11 February	18 February
	<b>No Meeting – Anniversary Day</b>	<b>Bonnie Choi – My IYE Experience in Belgium 2018</b>	<b>Partners Night Ross Buckley MD KPMG NZ. Influencing the Future with Lessons from the Past</b>	<b>Erica Stanford MP for East Coast Bays Combined area</b>
Invocation	Auckland	Alan Astrop	Amanda Chambers	Paul Asquith
Reception	Anniversary	Monica Webb	Barry McLean	Beverley Lea
Attendance	Day	Steve Jenkins	Steve Jenkins	Steve Jenkins
Cash Desk			Bob Baird	Bob Baird
Fellowship		Amanda Chambers	Amanda Chambers	Amanda Chambers
		Murray Thoms	Murray Thoms	Murray Thoms
		Warwick Moulton	Warwick Moulton	Warwick Moulton
Stewards		Graham Rice	Alistair New	Stephen Wheeler
		Rod Fergusson	Bruce Dunlop	Bernie Woods
		Barry McLean	Alan Astrop	Warren Patterson
<b>5 Min. Talk</b>		Nathan Richards Outward Bound		
Intro. Speaker		Jenna Tuuta	Peter Garnett	Graham Rice
Thank Speaker		Sean Harris	Warren Patterson	Keith Young
Parting Thought		Bernie Woods	Stephen Wheeler	Steve Goeldner
Introduce Guest		Martin Reiss	Jenna Tuuta	Jim Mayo
Darius		Beverley Lea	Gary Morgan	Warwick Moulton
<b>If you cannot carry out your allocated duty, it is your responsibility to arrange for someone else to do that duty</b>				
<b>Darius is currently with Sean &amp; Vicky Harris, 43 William Gamble Dr. Albany. Ph. 09 441 4955</b>				
<b>His contact details are – Mob: 021 1486600. E-mail: <a href="mailto:darius.lehmann@stud.kslzh.ch">darius.lehmann@stud.kslzh.ch</a></b>				

1. Partners Night - Monday 11th February - Pupuke Golf Club - 6:00pm- for 6:30pm  
Guest Speaker - Ross Buckley CEO KPMG. Dinner and Dessert - \$30.00  
(members \$10.00)

2. Combined North Shore Rotary Clubs Meeting - Monday 18th February at  
Pupuke Golf Club - 6:00 for 6:30pm.  
Guest Speaker - Erica Stanford - MP East Coast Bays. Meal Cost to be advised.

3. Gibbs Farm Visit - Thursday 21st February - No Cost - meet at Farm  
Gate 10:00am. Bring Picnic Lunch.

President Jennifer said the three Paul Harris fellows on Great Barrier Island were very pleased with their awards and the locals were chuffed that their medical professionals had had outside recognition.

Niamh Franklin thanked the club for their sponsorship when she attended Outward Bound last September/October. She valued the challenge of the 21-day course and hoped she would use the opportunity to springboard to adulthood. 13 started the course and ten finished which included many days of tramping and sailing. One day they tramped for 16 hours and on another when they got to the top of the hill it was snowing. Much of the course was group work that encouraged personal growth, perseverance, strength and determination. Often obstacles are own self-doubt. Towards the end they had a two-day solo retreat where they were not allowed to move which became a rest and recovery period. She also ran a half marathon having never been physically inclined and realising that most of that was mind over matter.