



*Local in Action, Global in Vision.*



**Notify your attendance or apology (by Sunday 2pm) to Kumar kumar.naik007@googlemail.com**

The Club normally meets Monday at Pupuke Golf Club, 231 East Coast Rd, Mairangi Bay



This month's Rotary District 9910 area of focus is Disease Prevention and treatment.

**Next meeting  
02 December  
5.45 for 6.15 pm.**

**Away meeting at  
Milford Cruising  
Club with Takapuna  
North**

**Apologies please to Kumar ph 889 2861 email [kumar.naik007@googlemail.com](mailto:kumar.naik007@googlemail.com) by 2pm Sunday.**

Thank you so much to the Golf Committee and to all who helped on the day at the Golf Tournament on Thursday. It was a beautiful day, and the way everything ran so smoothly attests to the hard work and hours of planning that went into it. The golfers all looked relaxed and happy (and noisy) at dinner and the bigger auction prizes went with respectable bids.

We are down to our last three meetings of the year and they all look good enough to easily compete on the Christmas social calendar.

Remember that Monday 2nd is an away meeting. We are joining with the Takapuna North Club for the evening. They are looking forward to welcoming us. Their speaker that night is David Cooper of Malcolm Pacific speaking on Immigration - should be interesting. Please notify your attendance early as we have to let them know before Sunday for their caterer.

Monday 9th we have Rotarian Greg Dunning speaking, some of you have heard him speak on different subjects though he assures me he hasn't spoken at an ECB Club meeting before. I have left the topic up to him, I hear he has some interesting travel tales - like kayaking the length of the Mississippi River - so it will be a fascinating evening,

And Monday 16th of course is the Christmas dinner at McHugh's on Cheltenham and our official changeover to President Sean. Dress code is Christmas colours and sparkles - the brighter the better - to set the mood for a thoroughly enjoyable evening and finish the Rotary year on a high.

	2 December	9 December	16 December	23 December
	<b>No Meeting at Pupuke. Visit to Takapuna North Club, Milford Cruising Club</b>	<b>Greg Dunning, Rotarian North Harbour Club</b>	<b>Christmas Function and Changeover at McHugh's, Cheltenham Partners Night</b>	<b>No Meeting Christmas Break</b>
Invocation		Amanda Chambers		
Reception		Lynette Miller		
Attendance	Kumar Naik	Kumar Naik	Kumar Naik	
Cash Desk	<b>Apologies to Kumar by Sunday 2.00pm 1 Dec.</b>			
Fellowship		Paul Asquith		
	<b>Meeting 5.45 for 615pm</b>	Warwick Moulton		
	Bar is open at 5.30pm	Ian Collard		
Stewards		Alistair New		
	Meal cost is extra \$2.50	Martin Reiss		
		Bruce Dunlop		
3 Min. Talk				
Intro. Speaker		Jim Mayo		
Thank Speaker		Steve Goeldner		
Parting Thought		Fay Norman		
Yee Hsien Hosting	Therese Leslie	John Shadbolt		

**If you cannot carry out your allocated duty, it is your responsibility to arrange for someone else to do that duty**

**Yee-Hsien Wu** is staying with Dr Naseem Ali and his wife Dr Nazimah Naseem ph 021 2602520

Thanks to skipper Ian and tour guide Paul for the enjoyable and informative trip to Tiri. North Island Robin, Saddleback and many other birds were seen.

Steve G thanked all those who helped at the Pinehurst BBQ and raised \$500 for the club.

Steve –see later.

Kumar – his right eye has become inflamed.

Monique had a fall and is suffering from severe concussion.

Sean talked about some outcomes from the club's satisfaction survey and a summary will be sent to members shortly.

Rod thanked everybody for their help at the golf day and while we were two down on teams all holes were sponsored. It should be a good result.

A visiting Rotarian Ajith Singh told us about his club which is part of district 2982 and has 28 members. The main project is to provide survival kits for poor children and help them get an education.

### **Steve Jenkins' Update – by Steve Jenkins (with very minor editing by Carol!)**

On Friday 22nd the Hospital was asking me if I felt like going home and they would continue my treatment as an out Patient, with the continued infusion of the antibiotic I am on until 13<sup>th</sup> December, administered by the District Nurse service.

I certainly didn't feel like going home with my loss of voice and general feeling. They said that the Ear Nose and Throat team considered that surgery is necessary to clear my sinuses and that could be done as an outpatient, but they were unsure as to when. I told them that under the circumstances I didn't feel well enough to be discharged and asked them to re-think.

Afterwards I realised that on Friday at 1.00pm I had an appointment with an Ear Nose and Throat Specialist – Nic Bodenstein, which I'd had to reschedule due to my hospital admission. He knows me well having treated me at least twice in the past. As the Health Service proposal was to treat me as an outpatient, I decided to change my approach, get them to discharge me in time for me to see Bodenstein. When I told them this they seemed somewhat relieved, glad to see the back of me and treat me as an outpatient. They also met my one condition that the discharge papers were ready and available by 12 noon.

When I saw Bodenstein, he confirmed the view that surgery was necessary and that he would prefer to refer me to a colleague who specialised in this and will write to him. He did explain that it was likely that they would defer the operation until my general state of health was better.

So, I am home, feeling pretty weak, but at least I can now watch the Test match. I still have no voice, but the general professional view appears to be that as long as I rinse my nose, inhale menthol and eucalyptus and gargle about 4 times a day that should in time improve. I'm sure that the rest of the world would prefer it to remain a permanent state, so that they didn't have to suffer my pontifications.

Whilst I am decidedly weak after almost 3 weeks in NSH, I can manage that but my main affliction at present is the throat and voice. Most frustrating and tiring.

The other problem is that wherever I go Charlie goes with me (my 24 hour antibiotic, which is being administered daily by the District Nurse. She calls daily between 11am and 1.30pm until 13<sup>th</sup> December. Currently all she is doing is changing the bottle of antibiotic, but further down the track there may be more she has to do.)

Good to be back home because whilst everything is a chore and energy sapping I AM IN CONTROL ONCE MORE – WHOOPPEE. I can do things when I feel like it, watch the Test match (no TV for the last 3 weeks), listen to music, read and quite often have 40 winks, and I don't have to worry about other people whilst doing it.