Local in Action, Global in Vision.





## **Notify your attendance** or apology (by Sunday 5pm) to Steve Jenkins ph 478 8467 or email jenkins@kiwilink.co.nz

The Club normally meets Monday at Pupuke Golf Club, 231 East Coast Rd. Mairangi Bay www.ecbrotary.co.nz



This month's Rotary District 9910 area of focus is Economic and Community Development Next meeting 6 for 6.30 pm

07 October

**District Governor** lan Kiernan's visit. Please wear PHF regalia. Partners' night.

20/10 Auckland Marathon -need 20 marshals. Contact Alistair if you can help.

## Golf 21 November still needed are sponsors, hole sponsors. prizes, raffle prizes and auction items.

Fine Houses of Devonport is on Friday, 1 November 9.30 to 4.30 to visit ten homes. Tickets are \$70 each half of which will come to our club. Contact Paul if you are interested.

District Quiz cancelled.

Waitakere Rotary bingo fund raiser for Riding for Disabled. Wednesday, October 9 see previous Bulletin. Sky tower jump sponsors needed. See later. Our IYE Yee-Hsien could do with some work over the holidays to help pay for his South Island trip. Vintage car cluster group fundraiser 26 October. 8-4 p.m. Help is needed for a bucket collection in 4 two-hour spells. Contact Robyn, Pres. Jennifer or Jenna if you can help. Bob Baird was visited by Steve and Peter and is cheerful and sends his best wishes. He is aiming to be independently mobile again.

TGIF 11/10. Christmas function at Mc Hugh's Cheltenham.



President Jennifer.

We are enjoying ourselves and mostly very good weather. Here's someone we visited this Friday, on his home ground. We stayed overnight with the Lehman's, they were all very welcoming. Darius (Swiss IYE) took us out for a long walk in the countryside around his home ( home turf for his scout troop). Here he is with his mum and dad, sister Anina who visited NZ earlier this year and her boyfriend.

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## Volume 49 Issue 15 Tuesday 01 October 2019

7 October	14 October	21 October	28 October			
DG Visit	Speaker TBA	Club Satisfaction Survey	No meeting			
Governor lan Kiernan		Report.	Labour Day Holiday			
Partners Night		PP. Gary Morgan				
Fay Norman	Warren Patterson	Gary Morgan				
Therese Leslie	Beverley Lea	Lynette Miller				
Steve Jenkins	Steve Jenkins	Steve Jenkins				
Paul Asquith						
Ian Collard	Ian Collard	Ian Collard				
Amanda Chambers	Amanda Chambers	Amanda Chambers				
John Shadbolt	John Shadbolt	John Shadbolt				
Stephen Wheeler	Graham Rice	Alistair New				
Martin Reiss	Steve Goeldner	Jim Mayo				
Warren Patterson	Barry McLean	Rod Fergusson				
Sean Harris	Keith Young	President Jennifer				
Peter Garnett	Fay Norman	Jenna Tuuta				
Warren Patterson	Amanda Chambers	Kumar Naik				
Amanda Chambers	Ian Collard	Paul Asquith				
ut your allocated duty, it	is your responsibility t	o arrange for someone else t	o do that duty			
Yee-Hsien Wu is staying with Dr Naseem Ali and his wife Dr Nazimah Nazeem ph 021 2602520						
	DG Visit Governor lan Kiernan Partners Night Fay Norman Therese Leslie Steve Jenkins Paul Asquith Ian Collard Amanda Chambers John Shadbolt Stephen Wheeler Martin Reiss Warren Patterson Sean Harris Peter Garnett Warren Patterson Amanda Chambers ut your allocated duty, it	7 October14 OctoberDG VisitSpeaker TBAGovernor Ian KiernanSpeaker TBAPartners NightVarren PattersonFay NormanWarren PattersonTherese LeslieBeverley LeaSteve JenkinsSteve JenkinsPaul AsquithIan CollardIan CollardIan CollardAmanda ChambersAmanda ChambersJohn ShadboltJohn ShadboltStephen WheelerGraham RiceMartin ReissSteve GoeldnerWarren PattersonBarry McLeanSean HarrisKeith YoungPeter GarnettFay NormanWarren PattersonAmanda ChambersAmanda ChambersIan Collard	DG Visit Governor Ian Kiernan Partners NightSpeaker TBAClub Satisfaction Survey Report. PP. Gary MorganFay NormanWarren PattersonGary MorganTherese LeslieBeverley LeaLynette MillerSteve JenkinsSteve JenkinsSteve JenkinsPaul AsquithIan CollardIan CollardIan CollardIan CollardIan CollardAmanda ChambersAmanda ChambersAmanda ChambersJohn ShadboltJohn ShadboltJohn ShadboltSteve PattersonBarry McLeanRod FergussonWarren PattersonBarry McLeanRod FergussonSean HarrisKeith YoungPresident JenniferPeter GarnettFay NormanJenna TuutaWarren PattersonAmanda ChambersKumar NaikAmanda ChambersIan CollardPaul AsquithUmbed Sean HarrisKeith YoungPresident JenniferPeter GarnettFay NormanJenna TuutaWarren PattersonAmanda ChambersKumar NaikAmanda ChambersIan CollardPaul Asquith			



Our guest speaker Lynley Allison started ballet at five and found she could not do some of the movements and had considerable pain. After seeing a specialist it was diagnosed that her right hip joint was not properly formed. She spent some time on crutches and had no jumping or PE but she was able to swim. As she reached puberty

her body improved so she was able to take up rowing as it was easier on the hips. She joined a novice eight which won at the Maadi Cup Regatta and in the following year her Westlake crew won the fours and easily won the eights. She finished

school having won 4 U19 titles. In 2001 she did the iron Man in Taupo and the London marathon also winning her age group at Kona. She turned pro for three years and was able to make a living but eventually hip pain forced her to stop. She had both hips replaced two months apart and then did some coaching of para athletes. Ten years on she tried competing at the back of the field but after 11km of the run had to give up with back pain. After some



but after 11km of the run had to give up with back pain. After some years of scans and discussions she went in for spinal surgery in 2016 involving screws and Polyfilla.



During the operation an artery was nicked and she lost lots of blood and nine days later she had a clot. She ended up in ICU and was put on Heparin for a fast blood thinner. Unfortunately she was one of the .01% who are allergic. She realised she had to look after her mindset and let the specialists do their job. Some gory photos showed what had happened. She eventually had her leg amputated just below the knee. She is now able to ride a bike and swim with a special waterproof leg. While teaching her school had a pirate day and she fitted in perfectly. She is a strong person with resilience and courage and great trauma fitness.