



Emergency Zoom meeting

At Wellington Bridge Club

Thursday 2nd September

Rob Pope

Cyber Security

DUTIES

Greeter	Alan Fraser
Host Speaker	Kerry Ansell
Attendance	Brian Poole
Reflection	Laurie Bond
Happy Dollars	Alan Fraser
Thank Speaker	Pat Helm
Parting Thought	Adrian Ellingham

If the meeting is switched to Zoom a notice will be circulated

Apologies and Guests to Maurice Scott
mjpscott@gmail.com by 10am Wednesday

Contributions please by the Tuesday following a luncheon meeting or the Tuesday in the week prior to a meeting.

At KPC

~~Thursday 26th August 6.30pm~~

Warren Young

DEFERRED UNTIL A LATER DATE

At Wellington Bridge Club

Thursday 16th September

Theresa O'Toole

Palliative Care

Trends and Challenges

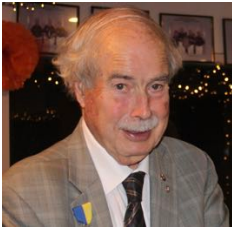
DUTIES

Greeter	Graeme Waters
Host Speaker	TBA
Attendance	Maurice Scott
Reflection	TBA
Happy Dollars	Graeme Waters
Thank Speaker	Maurice Manttan
Parting Thought	Gerald McGhie



SERVE TO CHANGE LIVES

EDITORIAL REFLECTION - EVOLUTION



When I first joined the club of 70 members in 1978, the Bulletin was produced with the assistance of a typist and copied on an ancient photo copier. When printed, it was inserted into

envelopes and mailed to members. The most modern tool was a rubber stamp impression applied to certain envelopes. It read "You are on Duty", a timely reminder.

Over the years there were a number of Editors. Havel Stephen-Smith won the prize for Bulletin of the Year and the office of Hercus King & Co. printed it for many years. In the late 80's some distribution was handled via the new-fangled fax machine. A decade later email distribution started to take over and it was only following the recent passing of Peter Gibbons that email achieved 100%. As DG in 2000, I still received about 60 hard copy weekly Bulletins in my Post Office box. Margaret had the task of reading them and pointing out anything I ought to know.

Following Adrian Ellingham, who introduced wider Rotary information, I became Editor in 2001 and introduced colour and photographs. Since then David Pickering and I have alternated as Editor. Twenty-one years on, it's time for a rethink about how we communicate with members and our wider circle of readers. Today, Social Media rules and we have to ask ourselves "Are we ready?". I recall the Antifaxers who, today, might be the Anti Vaccers!

Zaheda is doing a great job on absorbing us into a Facebook way of thinking. However, that is only the start of how we reorganise our communications to move with the times. For those unfamiliar with Facebook, the first of a series of user guides is included in this Bulletin. Covid-19 has steered us into the age of virtual meetings, which, we can't deny, are here to stay. As for the fortnightly Bulletin – will it follow past history and fade into obscurity? Let me know your thoughts.

Footnote – In the late 80's I was convinced that I would never need to learn how to use a keyboard!

Morris Robertson, Editor

NEXT LUNCHEON SPEAKER

ROB POPE



Rob Pope joined the Police force in 1975, serving in uniform duties for five years before joining the Criminal Investigative Branch in the Canterbury District. He gained a national profile in the late

1990s while overseeing the investigation into the disappearance of Marlborough teens Ben Smart and Olivia Hope. He was then promoted to national crime manager in 2002.

He received a succession of promotions, rising to national crime manager before being appointed Wellington district commander in 2004. He resigned in January 2011 as Deputy Police Commissioner

LUNCHEON MEETING 19 AUGUST

Having been impacted by the Level 4 Lockdown, a Zoom alternative meeting was quickly organised. While we missed out on fellowship and food we were able to link with a number of guests, something we plan to encourage in the future.



Roy Ferguson was able to join us from Melbourne's Lockdown and gave the first reflection, citing the current situation in Melbourne. He was followed by David Young, who had been Roy's backup. David reflected on the evolving situation in Afghanistan, the 40-years since the Springbok tour and the Government decisions of the week.

President Stephen reported back on the previous Monday's Board meeting. He referred to the Forum, due on 23 September, the reduced funding opportunities and various upcoming events. President Elect Zai promoted the greater use of Facebook as a communications tool for the Club.

Points of note from the Board meeting are: Treasurer Maurice Scott confirmed we have paid \$370 to contribute to the shipment of masks to Fiji. This comprised the Happy Dollars collection from the last meeting which raised a generous \$185 and was matched by a similar figure from our Charitable Trust. This illustrates our Club is able to respond promptly albeit in some small way to the dire situation afflicting our Pacific Neighbours.

The Board discussed the proposed Club Forum due on Thursday evening 23 September and the challenges of raising funds and how we might allocate these to the many worthy causes both in the wider Rotary World and more locally in our communities.

PE Zai Davies has put hard work into our Facebook page. Zai asked that we all check us out on Facebook and give plenty of "Likes"

Some dates to note from the District Networks 1 & 2 meeting on 9 August: The District Conference will be 19/20 March in Wellington; The End Polio Now Campaign will have a sausage sizzle at the Railway Station Thursday 11 November and volunteers will be called for. Also, a Steam Train ride is being organised for Sunday 14 November. More details to come.

The Board also noted the requirement under our Bylaws that at least 6 weeks prior to the annual meeting which is likely to be held on 18 November, a nominating committee for appointing a President Nominee shall be established. This is to note that President Stephen expects to bring a proposal to our next lunchtime meeting on 2 September for the membership of the nominating committee.

SPEAKER MADELEINE TAYLOR

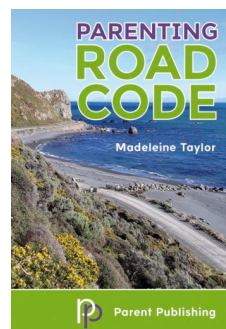


Madeleine Taylor is an experienced people skills consultant, having worked in organisational development since 1982. She has been a parent educator since 1993.

Madeleine contracts to both public and private organisations. Her work involves supporting courageous conversations, training, mentoring, facilitation, management development and professional coaching.

She is currently providing a range of training programmes such as Conflict Management, Negotiation skills, Managing Difficult Behaviour (your own and others), Understanding the impact of Overindulgence, Facilitation Skills, Understanding Stress, Being Resilient, Grief and Loss and developing Emotional and Social Intelligence.

Madeleine began by describing the new normal where screens played a major part of life for children. She reflected on overindulgence, which can cause harm by giving children too much of what looks good. She identified three unhelpful grandparenting styles as 'giving too much', 'over nurturing' and 'soft structure'. These can lead to negative aspects such as, children feeling that they are the centre of the universe, are ungrateful and have poor self control.



However, not all is lost if the proper tools are applied. Therein lies the answers.

Graeme Waters gave the Vote of Thanks

FROM THE PRESIDENT



Well it's deja-vu again! The new lockdown I think came as a surprise although we'd been warned it was only a matter of time before it happened again. We must hope the hard and early approach works once more and that we soon see a relaxation down from Level 4.

Meanwhile we had our first Zoom meeting of the year last Thursday which was put together at short notice. Thanks to guest speaker Madeline Taylor who kindly agreed to continue with her very interesting and relevant talk on the role of parents and grandparents in the challenging modern world of parenting.

Overall the technicalities worked well and special thanks to Zai Davies and Ross Foubister and also

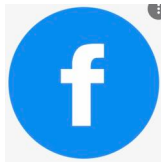
to all our other participants for making it possible.

Our planned Thursday evening meeting on 26 August will need to be deferred and we'll hope to be able to listen to guest speaker Warren Young in the near future.

Looking ahead to next week's lunchtime meeting, we will either run with a "real" meeting at the Bridge Club or we'll have another Zoom meeting. In any event our Club will continue to do its good work within the constraints of the lockdown and we need to remind ourselves that in spite of the current inconveniences, we continue to live in a very privileged place when we look at events around the world.

Nga mihi nui
Stephen

FACEBOOK 101



The Editorial on page 2 referred to the evolution of communications and how our club is likely to be impacted by the trend to Social Media. For

those who are unfamiliar with Facebook, Zai has been preparing tutorials, beginning with this issue.

Today, we learn how you can help us get more readership and traction from our social media. It's a quick way to get a message across to multiple people with as little effort as possible. It works very much like pyramid marketing.

So, when you are on Facebook, you can easily find the page for our club by clicking on the magnifying glass symbol just by the Facebook logo and in that box type @rotaryclubwn This brings up the page, which may initially require scrolling down to bring up Wellington North. Once there click on it and the Club page opens. Regular use will improve your search priority.



Click the button in the header and it will grow the number of people who like the page and it will tell Facebook that you want to see posts from us when they are put up.

Zai adds "when on the page, scroll down to read the posts which at present are mostly photos that I am uploading of various activities or meetings we have had to keep



interested people in the know. When you see a photo or post that interests you, I'd like to encourage you to again click on the thumbs up alongside the 'Like' and also please click on the 'comment' box alongside your photo and write a comment – where I have marked xx - an observation, suggestion- anything. To load your comment, press the return key."



KIWI COMMUNITY ASSISTANCE RECIPIENTS BENEFIT FROM PANDEMIC SURPLUS

The short notice given for the Lockdown left restaurants and hotels with food they could not use.

Long-term KCA sponsors, James Cook Hotel Grand Chancellor made contact with Tracy offering to donate all the food from their chiller room for KCA to share with their partner agency, Compassion Soup Kitchen in Wellington City. Some of the food donated was potatoes, kumaras, eggs, mango mousse, fruit salad, fresh milk and cream, pineapple, carrots, mushrooms. This food was scheduled to be used on 24th August to feed 260 people.



The first of two van loads of fine food en route to the Compassion Soup Kitchen

KCA is also grateful to the flower growers in Wellington area for their generous donations of flowers. Their generosity has allowed KCA to ship

out flowers to the nursing homes where the elderly are in their own bubbles away from their families. Flowers were also given to essential workers at Wellington Hospital



Huge thanks to Goodman Fielder for delivering this fresh milk and cream to the KCA warehouse. Stock arrived in just before 11am and it was all picked up St Annes Pantry Foodbank, Salvation Army Porirua Te Roopu Awhina within 60 minutes. It was kept chilled until they arrived.

MEDIA EXPOSURE

Regular articles are being submitted to the Independent Herald as part of raising the Club's profile in the Western and Northern suburbs.

This article is the fourth in this Rotary year with more to come. Further suggestions would be welcomed by the Bulletin Editor. Each article is approximately 400 words plus a hi-res photo.

The Herald is available on-line every Thursday morning and free in supermarkets, libraries etc.

The following article was published on 26 August.

Rotarians and Scouts join in native tree planting effort

A large group of volunteers, organised by the Wellington North Rotary Club ascended to the hills of the Owhi Reserve earlier this month to help with the increased native tree planting effort.

The Reserve, which lies on the ridge between Ngaio and Khandallah, is home to two large water reservoirs.

The Ngaio Scout Group, accompanied by family members, joined Rotarians and their families in the effort.

The gathering was to take part in the Rotary Forest, Remembrance and Community Forum Trust, which is a continental initiative marking the founding of Rotary in Australia New Zealand in 1921.

During the century, Rotary's power has come from harnessing communities and volunteers to make a difference.

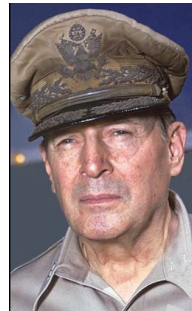


Rotarians and Ngaio Scout families gather on the hills to continue their tree planting mission.

Rotarians and Ngaio Scout families gather on the hills to continue their tree planting mission. The ultimate goal is to create native ecosystems that support the goal of a positive Aotearoa New Zealand and help address climate change. The Rotary Forest Trust will initially provide for the planting of a minimum of 200,000 eco-sourced native plants throughout the country. Adam Greenow, Park Ranger for WCC, organised and supervised the planting of the trees supplied by the City Council. Many thanks to those who helped with this worthwhile project.

PARTING THOUGHT

Delivered remotely by Steve Brazier



Never get involved in a land war in Asia.

General Douglas MacArthur -



Scan for Facebook access

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